COOKING RECIPES.

Brownie Cakes .- Mix one-half a pound of carmeal, one-half a pound of flour, one rounding tablespoonful of sugar, rounding tablespoonfuls of butter. Add moist dough. Roll out lightly half an over with beaten egg and cook in a the vinegar and oil together. griddle.

Corn Griddle Cakes.—Separate three eggs and beat the yolks. To the latter add two cups of milk. Sift together one pint of flour and one rounding teaspoonful of baking powder. To this add half a can of corn, from which the juice has been strained, the egg and milk mixture, and finally the flour. Beat together thoroughly and put in gradually one tablespoonful of melted butter. Now sift in the well-beaten whites of the eggs. Bake on a griddle and serve

piping hot. Scotch Scones .- Sift one and one-half pints of flour into a bowl and add one level teaspoonful of bicarbonate of soda. Sift these together four times. Make a groove in the middle of the flour and pour in two cups of thick sour buttermilk. Mix in the flour quickly and carefully until a soft bread dough is formed. Roll out on a floured board and knead lightly and rapidly. Spread out to an inch in thickness and cut into scones with a round cake cutter. Rub the griddle with a little suet and cook the scones slowly for five minutes on the other side. They should be thoroughly done and nicely browned.

Red Cabbage and Apples .- One goodsized head of cabbage, about five good good sour apples, and three or four slices of bacon with the rind on. Slice the cabbage as for slaw and chop the apples, wash the bacon and scrape the rind clean. Put all together in a kettle, with enough water to cover it well. Add about a tablespoonful of sugar. Cook until scarcely any water remains. Let the bacon do the seasoning.

Gibier Salad.-Select large green bell peppers and firm red tomatoes and white onions as near the same size as possible; peel tomatoes and onions and put all on the ice. Take the heart of Romaine lettuce without separating the leaves, wash and thoroughly dry, and when ready to serve, not a minute before, out the tomatoes, onions, and peppers in rings and slip them on the lettuce leaves, alternating red, white and green, and pour over all French dressing. To serve with game.

SANDWICHES FOR VEGETARIANS.

Sandwiches with Nut Fillings.—Bread for sandwiches is best when 36 hours old or over, but should never be stale. White, brown or whole wheat bread may be used.

Peanut Filling: Shell the nuts and grind them rather fine in a coffee mill. Make a French salad dressing of 3 tablespoons olive oil, 1 tablespoon good vinegar, 1 teaspoon made mustard, 1/2 teaspoon sugar, 1 saltspoon salt and a dash of pepper. Mix the salt, pepper, mustard and sugar together, add half of the vinegar and blend well together. Now stir in the oil a little at a time, together with the remainder of the vinegar. Stir for a few moments longer and then add enough ground peanuts to make a thick paste. Spread upon slices of bread and press together in the usual manner. Lemon juice may be used instead of vinegar and the seasoning may be varied as the taste requires. A the taste of the sandwiches. For a change, mix the ground peanuts with strained honey and use this for a filling without the lettuce or cress.

Another good sandwich filling is made

Cet SCOTT'S Emulsion

When you go to a drug store and ask for Scott's Emulsion you know what you want; the man knows you ought to have people. it. Don't be surprised, though, if you are offered something else. Wines, cordials, extracts, etc., of cod liver oil are plentiful but don't imagine you are take them. Every year for thirty damages. The cyclist thought two years we've been increasing magistrate, who gave his judgment as Co., Brockville, Ont. the sales of Scott's Emulsion. been better than any substitute for it.

Send for free sample

SCOTT & BOWNE, Chemisto Toronto, Ont. 50c. and \$1.00. All druggists

by mixing the milk and finely grated [meat of a large cocoanut with enough powdered sugar to make a thick paste. press together.

Chestnut Filling: Split the husks of time she wished to be earning money. the chestnuts and put them in a saucenuts in a saucepan with enough water "Tim is not much of a talker, is he, to cover them; let them simmer gently Bridget?" said the mistress of the and three teaspoonfuls of baking pow- until soft; pound to a mortar and rub house the next morning. "I should der. Heat one egg thoroughly and add them through a fine sieve. Mix the scarcely have known there was anyone to the mixture after rubbing in three pounded nuts with French dressing with you last evening." same as above or one made by mixing | "He'll talk more when we've been enenough milk to make into a rather together 3 tablespoons strained honey gaged a while longer, I'm thinking, (or syrup), 2 tablespoons olive oil and ma'am," said little Bridget. "He's too inch thick. Cut into round cakes, brush I of lemon juice or strong vinegar. Mix bashful yet to do anything but eat,

HINTS OF HOME LIFE.

When cleaning spinach in winter I have better results by using warm water. It freshens up the leaves and removes the grit with less trouble.

Rubber bands are most useful for keeping sleeves out of the way when doing housework. Pull your sleeves up as far as you want them to go, and put the bands round your arms over the sieeves.

White woolen shawls, caps, etc., can be made to look like new by washing in buckwheat flour. Cover with the flour and let stand over night, then wash with the hands the same as you would in water, and the beauty of it is that there is no shrinking.

titles of sweet oil, lemon juice and gly- Williams' Pink Pills. The rich, red cerine. Shake all together before using, blood which these pills make bring the hands once or twice.

the open air, dissolve one tablespoonful Miss Maggie Donahue, Erinsville, Ont., When this is cold, immerse the article Williams' Pink Pills I was badly run to be bleached, and then dry/it in the down, and it seemed as though my sun. Repeat, if necessary.

with soda, which causes the enamel to palpitation of the heart, and often I discolor and crack. Sand also is too would pass sleepless nights. I found sharp; it scratches the glaze. The cloth nothing to help me until I began the should be dipped in some fine ash or use of Dr. Williams' Pink Pills, and crushed egg-shells to remove stains.

cut-glass with a paste of whiting and health than I am now doing." ammonia. For marble make a paste of When Dr. Williams' Pink Pills retwo parts soda, one of powdered pum- place bad blood with good blood they ice, and one of salt. Sift, mix with strike straight at the root of all coimwater, rub well on marble, and wash mon ailments like anaemia, decline,

nail driven in the wall gets loose, and St. Vitus dance, paralysis, rheumatism, the plaster begins to break around it, it and the special ailments of growing can be made solid and firm by the fol- girls and women. Be sure you get lowing process: Saturate a bit of wad- the genuine pills with the full name, ding with thick glue, wrap as much of "Dr. Williams' Pink Pills for Pale Peoit around the nail as possible, and re- ple," printed on the wrapper around insert the latter in the hole, pressing it each box. Sold by medicine dealers or home as strongly as possible. Remove sent by mail at 50 cents a box or six the excess of glue, wiping it cleanly off boxes for \$2.50 by writing The Dr. Wilwith a rag dipped in water, then leave liams' Medicine Co., Brockville, Ont. to dry. The nail will thus be firmly fastened in its place.

Needs of the Housewife.-A great deal of the worry entailed by unnecessary labor by the housewife would be obviated if she would take the trouble to have plenty of cooking utensils and other "tools" necessary for the proper finery, and delight to see themselves conduct of household work. More per- decked out with gorgeous trappings. sonal needs for her are her aprons- The native princes of India are very large overalls, thick aprons, and those particular in choosing their state eleof thinner material for use at different phants, and will give fabulous sums for times and on different occasions. When an animal that exactly meets the someat work in the kitchen it will pay the what fanciful standards they have erecthousewife to have a holder and clean ed. For these they have made cloths towel fastened to her belt. The holder of silk so heavily embroidered with gold is most necessary where the cooking is that two men are hardly able to lift done over gas, as every utensil used is them. apt to become heated all over.

DINNER TABLE ETIQUETTE.

Never invite more people than your table will comfortably hold.

The table should never be lighted dinate place. from above. Such lighting makes The animal delighted with its finery, leaf or two of crisp lettuce or cress helps everyone around appear at their worst. Either low electric lights or prettily- and kicks of pleasure that general atshaped lamps are best.

> the lady he is taking in, and places her sion was formed, and the previous wearon his right when sitting down to table. er of the gold cloths being restored to raise it at the nearest side to you.

be allowed to make the smallest sound against the plate or against each other. Asparagus is supposed to be taken up attacking the leader of the parade. with the fingers, but if it is overdone, so that the points hang limp and loose, or if there is melted butter poured over it, a fork may be used.

which is first round, the ordinary dinner plate. It is eaten with a fork only, these Tablets cleanse the stomach and a spoon or a fork. If very stiffly frozen perfect health. Ask any mother who has

a fork is better than a spoon. would be extremely rude to your guests Mrs. James Hall, Beach Hill, N. S. to arrange a dinner party of thirteen says: "My baby was troubled with in-

A MODERN SOLOMON.

Verily the duchy of Baden possesses Solomon in the person of one of her magistrates. He is the burgomaster of a village in a street whereof a cyclist ran over and killed a goose. The owngetting cod liver oil when you er of the bird dmanded three marks ample. The case came before the chieffollows: "The plaintiff declares that if paid three marks he will make no claim Why? Because it has always for the dead goose. The defendant, who is willing to pay two marks, also makes no claim for the body of the goose. Defendant, hand me two marks, and you, p'aintiff, hand me the goose." When both had obeyed his commands he pro- party to the dialogue. duced one mark out of his pocket and handed all three to the plaintiff. The goose he kept for himself, and doubtless ate with the good digestion which comes from the knowledge of having pleased everybody.

SAFE OCCUPATION.

Bridget, the pretty young maid-of-allwork, confided to her mistress when Spread this on both halves of the sand- taking service that she had lately become wich; on one half spread a teaspoon of engaged to be married. She stated, tart jelly or jam over the cocoanut and however, that she and Tim would have to wait two years, and in the mean-

When Tim made his first call one pan with a spoonful of oil and a very evening the family remarked that they little water. Put over the fire, cover had never known so quiet a man. The closely and let them heat, tossing the sound of Bridget's voice rose now and nuts now and then. In 20 minutes the then from the kitchen, but Tim's words hulls may be easily removed. Put the were apparently few and far between.

ma'am, when he's wid me!"

PALE, LISTLESS GIRLS.

Can Only Obtain Health Through New, Rich Pure Blood Made by Dr. Williams' Pink Pills.

Growing girls-girls in their teensroust have rich, pure blood. Healthy womanhood depends upon the vital change from girlhood to maturity. Every woman should most carefully watch her daughter's health at this critical period. If a girl at this period has headaches, if she is pale, thin and languid, it shows that her slender blood supply is being overlaxed. She will always be ailing and may slip into a hopeless decline or consumption if her For chapped hands take equal quan- bood is not built up at once with Dr. and apply a few drops after washing health and strength to every organ, and make dull, listless, languid girls, When bleaching cannot be done in bright, rosy-cheeked, active and strong. of borax in a quart of boiling water. says: "Before I began the use of Dr. blood had turned to water. I was Enameled pans should not be washed very pale, suffered from headaches and these have fully restored me and I can Clean windows, mirrors, silver, and truthfully say I never enjoyed better

indigestion, kidney and liver troubles, Loose Picture Nails .- As soon as a skin eruptions, erysipelas, neuralgia,

ELEPHANTS DELIGHT IN DRESS.

Costly and Magnificent Trappings Are Placed on Them.

Elephants are passionately fond of

An amusing instance of elephant pride is narrated. The elephant which usually led the state procession of a Rajah being ill, the magnificent trappings were placed on one which had up to that time occupied only a subor-

showed its glee by so many little squeaks tention was attracted to it.

A gentleman offers his right arm to Not long after another state proces-If you want to tilt your soup plate health, took his accustomed place and trappings, when the now degraded The knife, spoon or fork should not least, imagining, perhaps, that he was teing defrauded of his promotion, was, with great difficulty, restrained from

STURDY BABIES.

In every home where Bahy's Own Salad is served in a curved plate Tablets are used you will find rosy, sturdy, good-natured babies because Ice pudding may be eaten with either bowels, aid digestion, and thus bring used the Tablets and she will tell you Even if not superstitious yourself, it there is no other medicine so good. digestion, was cross and peevish and rapidly losing flesh. I got Baby's Own Tablets and less than a box cured him and he has ever since enjoyed good health and is growing splendidly.' Mothers should remember that this medicine is absolutely safe and can be given to the weakest, tenderest baby, or to the sturdy well-grown boy or girl derful progress; American tea drinkers with equally good effect. Sold by all medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine

SAVORED OF THE TRUTH.

"That's no lie," remarked the man with the newspaper.

"What's no lie?" queried the other

cult to counterfeit.

Universally Acknowledged

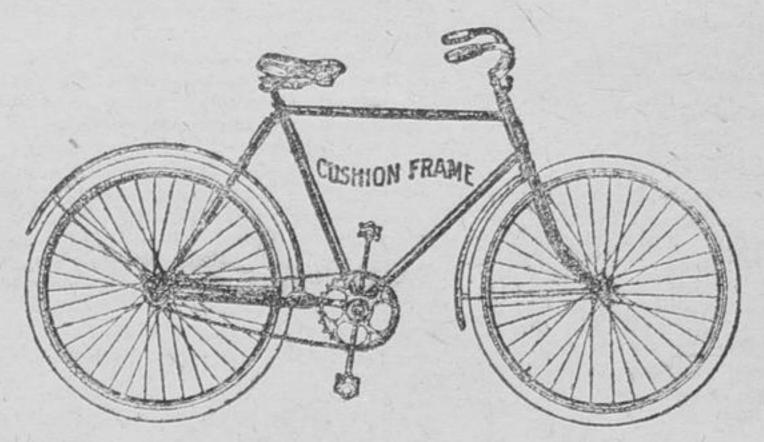
to be superior to the finest Japan grown,

CEYLON GREEN TEA

Get a Trial Packet to-day.

40c, 50c and 60c per lb. Lead packets only. At all Grocers

Cheapest Bicycle



A Cleveland costs say \$60, and lasts easily 10 years. Cost per year \$6.00.

A cheaply made bicycle costs say \$30, and lasts 2 years. Cost per year \$15.00.

Not much of a sum in arithmetic to figure out which is the better investment, is it?

And if you ride a Cleveland, you have a beautiful and easy running bicycle during all that time with no expense except for new tires.

What of your friend who rides the so-called cheap wheel, and whose investment amounts to two and one-half times as much as yours per year?

It pays to pay for quality, for quality is something that is remembered long after the price is forgotten.

Cleveland Bicycles in both Cashion Frame and Rigid Frame Models are made and guaranteed by the

Canada Cycle and Motor Co., LIMITED " Makers of the World's Best Bicycles,"

TORONTO JUNGTION, CANADA

A REVELATION IN TEA.

The Tea trade of the world has undergone a remakable change in the past few years. Twenty years ago practically all the Tea of the world was supplied by China and Japan. About this time there appeared an insect in Ceylon which attacked the coffee tree and in a very short time the entire cof-

fee plantation was destroyed. Some enterprising Scotch planters commenced the planting of tea and the first shipment made to the London market brought the most extraordinary prices, they developing a quality in the cup far superior to anything ever known in tea previously. These Ceylon teas rapidly made a foothold in England until to-day the exports to that country amount to one hundred and twentyfive millions pounds annually.

The "SALADA" Tea Co., commenced their introduction in Canada and the United States packing teas in air-tight, scaled lead packets, and both their black and green teas have made wonfinding this fea superior to anything they ever tasted in either the black or the green teas of China and Japan. The utter absence of coloring matter in their green teas says much for their healthfulness and their delicious flavor speaks for itself.

AN ANALOGUE.

Teacher - Now, a monologue is a re-"This paragraph to the effect that citation in which one person takes part; 'wise men are more often wrong than a dialogue is one where two persons fcols are right," answered the other. take part. Now can anyone give further examples?

Consistency is a jewel that it's diffi- Bright Boy - Is it a calalogue where a cat takes part?

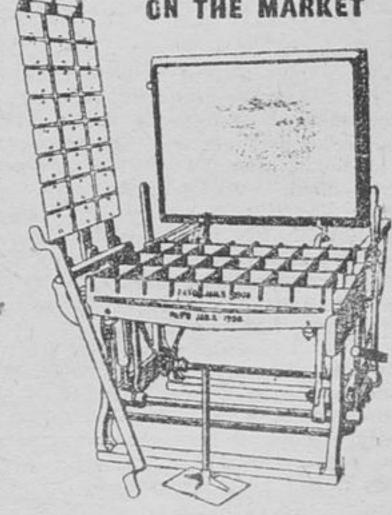
SYMPATHY.

"Timmins is very much imposed on sn't he?"

"Yes," answered Miss Cayenne. "He is one of those people who sympathize so much with everybody that they become objects of sympathy themselves."

LIGHTNING

Pressed Brick Machine BEST AND SIMPLEST CH THE MARKET - Sugar



We also manufacture Pea Harvesters and Bunchers, Manure Loaders, Hay, Grain and Stock, Macks Washing Machines, wagon boxes, scrapers, wheelbarrows. Write for catalogue. WETTLAUFER BROS. & SONS.

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