FRUIT PUDDINGS.

not only insures their having sufficient piece over with a little lemon. Put the man wearing a nice skirt, but she can Astounding revelations of army waste, time to cook but allows the ingredients water and sugar together into a lined do something to preserve it from per- muddle and inefficiency, following on the to blend together and the fruits to give saucepan and let them boil until they manent ruin. In the first place, when close of the war in South Africa, by out their full flavors. A mixture of form a thickish syrup; then put in the returning from a muddy street, she which hundreds of thousands of pounds wheaten flours is a good thing in a plain apples with the rind of the lemon, cut should hang the skirt before a fire, but have been lost to the nation, are made pudding. Whole rice, cooked and used thin, with the juice of the same. Let not too close, so that the mud spots in the report of the Comptroller and dry, added to ordinary flour, makes a the apples simmer until tender, then should be loosened by rubbing with the Auditor-General on the British army sweet and nourishing pudding, while take out carefully, and drain on a edge of a penny, and the dust should appropriation account for 1904-5. flaked rice with the addition of an egg seive. Reduce the syrup by boiling it then be gently brushed off with a brush At the outset the Comptroller states will make a pudding by itself that will quickly for a few minutes. When both of moderate firmness. Too rough a that similar cases to those mentioned in be of quite another texture and equally are cold arrange apples neatly on a brush must not be used, especially upon his last annual report have been noticed, nourishing. The flaked rice and milk glass dish, pour over the syrup, and smooth-faced cloths, for it is liable to in which surplus supplies sold to conshould be first boiled together until stiff, garnish with strips of candied citron. roughen the surface. If after this brush- tractors and resold by them to other the egg added with butter, fruit, spices, This is a recipe from the famous Seyer, ing the mud marks are still visible, contractors have been repurchased from and sugar, then placed in a mold and and may be expected to be famously sponge the spots with alcohol or meth- the latter by the army at considerably

its mold, in order to settle its shape; add two-thirds cup sugar, two cloves, thrown down carelessly in that condiif flour has been the foundation it must and a grating of nutmeg. Sprinkle over tion it will contract inelegant creases. be turned out just before serving. The half-cup currants, two tablespoons common fault of puddings of this sort whisky, rind of one lemon and juice of is want of sufficient boiling. It is diffi- two, a few small pieces of butter, about cult to overboil a rich pudding, and a a tablespoon. Cover the top with a good Dr. Williams' Pink Pills Make Rich, plain one grows richer by long boiling. pie crust and bake in a moderately quick like one twice its cost in materials.

flour, bread crumbs, and chopped figs; two bananas, sliced, and four tableadd syrup or brown sugar enough to spoons sherry. Cut rounds from slices sweeten, a pinch of salt, and the same of stale bread and fry the slices in hot of mixed spice, but if too dry add a butter. Put the fruit over the fire and little milk. Make this also over night boil for a few minutes, heap on the bread and boil four or five hours. Serve with and serve hot.

sweet wine sauce. Children's Raisin Pudding .- Mix together equal quantities of finely shred suet, flour, bread crumbs, and raisins, chopped and stoned; moisten with milk or with syrup and a little water. Boil three or four hours, and serve with more syrup or with custard sauce. Chopped figs or large raisins, cut fine, soaked in syrup or honey, make delicious roll puddings for the nursery table.

Paradise Pudding.-Half pound each of dry crumbs and self-raising flour, the same quantity of pared and minced apples, the same of raisins, stoned and chopped, and of currants, six wellbeaten eggs, a glassful of brandy, half a pound each of chopped suet and brown sugar; mix all thoroughly and keep a day before boiling. Allow four hours for cooking.

APPLE FANCIES.

Apple Snow .- Three large tart apples,

erished blood, needs a proper lemon juice, half teaspoon grated nuting the soil can tell you what products.

If your blood is impoverished your doctor will tell you what it the rich, red corpuscles that need a tonic, but more likely you and fat is the element lacking puffy, and delectable. in your system.

lated as

of Cod Liver Oil

It will nourish and strengthen the body when milk and cream fail to do it. Scott's Emulsion is always the same; always To remove rust from steel rub the rustpalatable and always beneficial where the body is wasting from hours. Then rub with a soft leather. any cause, either in children slaked lime until the rust disappears. or adults.

We will send you a sample free.



ture in the form of a label is on the wrapper you hardly anything. of every bottle of Emulsion you buy.

CHEMISTS

Toronto, Ont. 50c. and \$1.00. All Druggists.

one lemon, half pound loaf sugar, one use an oil heating stove in a room unand a half pints water. Select the apples less there is a crack of a window open. The English way is to make these of a moderate size, peel, and cut in Cleaning a Muddy Skirt. - Muddy puddings the day before required. This halves, remove the cores, and rub each weather is always a sore trial to a wo-

Turkish Pudding. - Half a pound powder, one cup flour. Beat the eggs shop, and in the school - sap the viof stale bread crumbs; to this add lightly, and add milk, flour, salt, and lalily of even the strongest. The blood paid to that colony. A cheque for £2, silky and beautiful to-day. two tablespoons shred pearl sage, baking powder, and beat until light. becomes clogged with impurities, the 999 0s. 6d. was paid to Messrs. Meyer three-fourths pound figs, finely shredded, Pare, core, and slice apples across, dip liver sluggish, the kidneys weakened, by the Director of Customs of the Orange

eggs. Mix well over night and steam Cover these with the juice of four or boil in a buttered mold for four hours. oranges, and let them stand twelve Fig Pudding.—Take equal amounts of hours. One hour before serving add

PEERLESS POTATOES.

The dearth of vegetable and fruit variety will be most delectably diminished, at least in appearance, if the few potatoes at the housemistress' command be served in a variety of ways. This is a good time to look up novel ways of preparing potatoes, onions, turnips, and other winter staples.

Potato Scones.-Two cups mashed pospoons rich, melted butter, one teaspoon the butter into the flour, add to it the

oven to brown. Fill the centre with any Prockville, Ont. minced meat or creamed fish.

Potato-Fritters.-Two large potatoes, four eggs, two tablespoons cream, two butter at a time into it and fry until a be true. golden brown. Serve with sauce.

mashed potatoes and stir into it one for War has promised to make inquiries you need to fertilize it and give tablespoon of melted butter, beating to about it. a white cream before adding anything are lacking in it. It may be you en extremely light, one cup cream, and need a concentrated fat food, until it is nice and brown. If properly each pair of trousers, the work occupy-

Sweet Polalo Pudding. - Peel and of the money she earned. There is no fat food that is grate with a large grater. While the time beat four eggs to a cream, add one said was correct. tablespoon butter to the milk and potauntil the custard is firm. Serve hot as a week.

HOUSEHOLD HINTS.

ed article well with sweet oil and allow the oil to remain upon it forty-eight Sprinkle with finely-powdered un-

Cheap Floor Polish .- Save all the ends

ings.-Get a piece of soft thin wash- have found Baby's Own Tablets unsurleather, cut it the shape of the toes and rassed for teething troubles, breaking heels of your stockings, and sew neatly up colds, reducing fevers, and other in, making it to fit easily without puck- ills, and they make a child sleep naering. This will prevent them wearing in turally. I now always keep them in holes, and will also be found quite the house." Ask for the Tablets at your comfortable for wear if properly sewn oruggist or you can get them by mail

three whites of eggs, half cup powdered sugar, half cup jelly. Stew or steam the same rules apply. Clean and reffli the apples, cored and quartered but not every time after using, and be careful pared, drain, and then rub them to turn the wicks a little below the rim through a hair seive. Beat the whites of or the oil will spread from the wick over the eggs stiff, add the sugar, beat again; the outside and when lighted give out add the apples and beat till like snow. an unpleasant odor. Once a week put Pile light in a glass dish; garnish with a half teaspoon of table salt into the oil, jelly or holly leaves; serve with boiled and if a stove has stood unused for a length of time, wash and dry the wicks, Compote of Apples.-Six ripe apples, dip into vinegar and dry again. Never

A fruit pudding whose foundation is Scotch Apple Tart.-Pare, core, and left clean and unmarked. In taking off brought under the notice of the Royal bread may be allowed to stand at least quarter six good sized apples. Put a damp skirt be careful to hang it out Commission now enquiring into the five minutes before being turned out of them in a deep dish, cover with water, as flat as possible over a chair, as if system of sales and repurchases, and The Above Illustration Plainly Shows:

A SPRING TONIC.

pounded almonds, a little salt, and three Fruit Potpourri.-Two ounces candied are low spirited, perhaps have headache It comes to all unless the blood is fortified by a good tonic-by Dr. Williams' Pink Pills. These pills not only banish this feeling, but they guard against the more serious ailments which usually fol low - rheumatism, nervous debility, anaemia, indigestion and kidney trouble. Dr. Williams' Pink Pills are an ideal spring medicine. Every dose makes new, rich, red blood. Every drop of new blood helps to strengthen The loss to the army in this case was the overworked nerves. Overcomes £1,208 12s. 6d. weakness and drives the germs of disease from the body. A thorough treatment gives you vim and energy to resist the torrid heat of the coming summer. Mr. Mack A. Meuse, Sluice Point down that I could hardly work. I de- have proved unsuccessful, and the treas-N. S., says: "I was so completely run cided to try Dr. William's Pink Pills, as I had heard them highly spoken of, tatoes, two cups flour, two level table- and a few boxes worked a great change in my condition . I am feeling as well salt, two teaspoons baking powder, and strong as ever I did and can icsufficient milk to make a dough. Rub commend the pills to all weak people." and bake in a quick oven for twenty-five to act on the blood, not one to act on able recorded. the bowels, which is necessary. Dr. It appears that certain contractors lized less than the amount of special

WORKED FOR PENNY AN HOUR.

Army Contract. fertilizer. A chemist by analyz- lightly with a fork. Beat the egs well, good, the Lambeth woman who told the low grade, for which he had an offer of 4d. leaving out one of the whites. Add the local guardians that she "finished" Vol- 15s. a dozen in Johannesburg, and In the report of the comptroller on the Have plenty of hot butter or lard in the which averaged less than a penny an source of supply. frying kettle; drop a tablespoon of the hour, was reported to the guardians to

Mrs. Thorogood applied to the Lamelse. Then put with this two eggs beat- beth Guardians for out-relief, on the ground that she was unable to earn a salt to taste. Beat all well and pour into living wage, and told the guardians a deep dish, and bake in a quick oven that she was paid 2%d. for "finishing" mixed it will come out of the oven light, ing three hours per pair. She had to provide the necessary thread and silk out

wash a large sweet potato, wipe dry and Mr. Fielder, who has investigated the circumstances on behalf of the guarpotato is being grated heat one quart of dians, stated at a meeting of the Board so easily digested and assimi- milk, stir a cup of the grated potato recently that he had seen a record of into the hot milk, and let it boil. Mean- the woman's work, and found what she

He said that for years she had risen Scott's Emulsion toes, and take them off the fire. Stir the at 3 o'clock in the morning, worked unbeaten eggs with the milk and potatoes, til 8, and then gone to the factory, where season the pudding palatably with salt she has been engaged until night. and pepper, and put into an earthen Working all those hours she has only dish and bake for twenty minutes, or been able to earn between 8s. and 9s. a

THE CARE OF CHILDREN.

Now-a-days wise mothers do not dose their children with harsh, griping castor oil or purgatives, nor do they give them poisonous opiates in the form of sc-called soothing medicines. Baby's Own Tablets take the place of these harsh and dangerous medicines, and the mother has the word of a Governof candles, put them in a jar, and melt ment analyst that the Tablets are absoon the stove, mix with enough turpen- lutely safe. Baby's Own Tablets cure tine to make a soft paste, and you will indigestion, constipation, colic teething have an excellent polishing material for troubles, diarrhoea, simple fevers, and oilcloth, linoleum. etc., which will cost cther little ills of childhood. An occasional dose will keep children well. Mrs. To Avoid Holes in the Feet of Stock- R. E. Long, Peachland, B. C., says: 'I from The Dr. Williams' Medicine Co., To Keep an Oil Stove in Good Order. Brockville, Ont., at 25 cents a box.

CULPABLE WASTE IN THE WAR IN SOUTH AFRICA.

Randreds of Thousands of Pounds Went to Contractors by Repurchase.

The revelations, however, are sufficiently remarkable without these details, and a few of the cases are given below.

LOSSES BY REBATES.

Four and even five hours' boiling will oven one hour.

The ensemble of the army in the Transvaal by Messrs. The eggs, half pint confinement in over-heated, badly ven natural color, prevents thin hair, stops itching the Messrs.

The hours in the hours. milk, a little salt, one teaspoon baking tilated rooms—in the home, in the Meyer, Limited, were resold to the army cures dandruff, scurf of scalp, pimples, and makes. the same shred of suet, two ounces the slices in the batter, and fry in hot sleep is not restful — you awake just River Colony, in January, 1904, as chopped candied ginger, two ounces butter. Serve hot with powdered sugar, as tired as when you went to bed; you Customs rebate. This cheque, it is spoonfuls golden syrup with three beaten cherries, two ounces green gages. and blotchy skin—that is the condition funds, Messrs. Meyer being only enof thousands of people every spring. titled to a rebale from the Transvaal on exportation. Action is being taken to recover the amount due to the army.

A contractor for bread supplies in the Orange River Colony received Customs rebates on the imported flour used to the amount of £955 4s. 11d., which should have gone to the army. In another instance the contractor was allowed to import duty free flour which was sold to the army at duty-paid prices.

A double payment of £800 has appearently been made to Mr. J. Noreen for wich, where it had been passed by apcattle captured by him when employed in the Intelligence Department in South have been superior to that used in civil Africa. Efforts to recover this sum ury, refusing to sanction the extra expenditure, have left the responsibility

WINE UNDER-PRICED.

with the milk into a dough, and roll out cine to build up the wasted force-pur- the contract sale price of 26s. This tors who had already agreed to pay 26s. about half an inch thick. Cut into shape gatives only weaken. It is a medicine transaction is one of the most remark- for the identical wine.

Potato Casserole.—To a quart of Williams' Pink Pills are a blood medi- purchased the whole of the port at Pre- customs levied some extraordinary, seasoned mashed polatoes add the yolks cine-they make pure, rich, red blood, foria and Maitland for 26 shillings a transactions are revealed. of six eggs. Stir it over the fire to dry and strengthen every organ of the body. dozen. Then they produced expert For instance, £2,549 14s. was paid in it well, then mold into a cup shaped Sold by all medicine dealers or by mail opinion as to defective quality of un- duty on tobacco which was sold for form, brush it over with the yolk of an at 50 cents a box or six boxes for \$2.50 labeled bottles, and on September 3, £708 13s. 4d. The loss to the army was egg, and place for a few minutes in the from the Dr. Williams' Medicine Co., 1903, offered the lower rate of 15s. a therefore £1,841 0s. 8d. The following dozen for such wine. Their offer was not are some further examples: Jam, duty then accepted, and they were instructed paid, £5,054 5s. 4d.; sale value, £4,642 to return the wine to Pretoria.

received. This report, dated October 7, years.

Package

Foso Cures Dandruff. Stops Falling Hair. Quickly Restores Gray or Faded Hair to Its Natural Color.

Foso Never Fails to Grow Hair on Bald Heads, Eyebrows or Lashes.



Will Do As Much For You. Try It.

Men whose hair or beards are straggling or all gone, women whose tresses have been thinned by fever or hair falling out, requiring the use of switches; little children, boys and girls whose hair is coarse and unruly; all find in this great Cold winter months, enforcing close Duty-paid supplies, purchased from hair on bald heads, thickens eyebrows and lengthsilky and beautifully glossy. Fill out free coupon'

Free \$1.00 Package Coupon.

Fill out the blank lines below, cut out the coupon and mail to J. F. Stokes, Mgr., 5336 Fose Blbg., Cincinnati, Ohio. Enclose ten cents in stamps or silver as an evidence of good faith and to help cover packing, postage, etc., and the \$1.00 package will be sent you at once by mail free of charge.

Give full address | write plainly.

stated that the wine was genuine port and fit for hospital use.

It has since been ascertained that the wine had been sent out from Woodproved trade experts, and it is stated to hospitals in London.

ORDERS IGNORED.

Thus, though the War Office had only for the transaction to the Army Council. given -ermission for 1,200 cases, or 12,-000 bottles, to be sold at the lower price, the whole 68,953 bottles were actually As many as 68,953 bottles of port sold at that price. The War Office, It is a mistake to take purgatives in wine, stated to be of defective quality, moreover, were not aware that the offer potatoes, salt, and baking powder, mix the spring. Nature calls for a medi- were sold at 15s. a dozen came from the contrac-

Under the heading of sales that rea-

16s. 16d.; loss to army, £411 8s. 10d. On September 10 the General Officer Port, duly paid, £4,596 16s. 0d.; sale Impoverished soil, like impov- tablespoons sweet wine, two tablespoons What a London Woman Got on an Commanding in South Africa cabled to value, £4,007 17s. 10d.; loss to army, the War Office for authority to sell 1,200 £588 18s. 2d. Chillies, £16 0s. 6d.; sale meg. Boil the potatoes and beat them The sensational story of Mrs. Thoro- cases of so-called port wine of a very' value, £4 0s. 2d.; loss to army, £12 0s.

other ingredients and beat them all to- unteers' trousers, supplied to the War stated that he was having the wine store acounts of the army it is announce fertilizer to use for different gether for at least twenty minutes. Office by a contractor, for payment analyzed and inquiries made as to its ed that all the emergency rations at stations at home and abroad have been The War Office cabled approval, and condemned, and are to be destroyed. on the following day the contractors | The total number is 300,000 at home, and The case has been mentioned in the were informed that their offer of Sep- about 50,000 at stations abroad, the Potato Puff.—Take two cups cold House of Commons, and the Secretary tember 3 was accepted, although the re- original cost being about £23,000. They port of the analyst had not then been have been in store more than three



Willie-What's a green grocer, ma? Mrs. Bilks-Any one that trusts your pa; now run away my boy.