

About the House

COOKING RECIPES.

Eggless Cookies.—One cup of granulated sugar, one cup of water, one scant cup of butter or lard, two rounding teaspoons baking powder, pinch of salt if lard is used, flour to make dough stiff enough to roll. Roll thin, sprinkle with sugar, cut with plain or fancy cake cutters, and bake to a golden brown in a quick oven. Flavoring may be added if desired. These will keep for weeks, as they are brittle and do not get hard like cookies made with milk and eggs.

Chewing Candy.—Sugar, five pounds; glucose, three pounds; paraffin, one-quarter pound; cream, one-half gallon. Dissolve three ounces gelatine, first in one-half pint of cream, add to the batch, and cook to 250 degrees; pour on slab, and when cool pull on hook and place in a box lined with heavy oiled paper; turn out and tear off the paper; leave in one lump and break as you eat it.

Raisin Cake.—Two cupsfuls granulated sugar, two-thirds cupful of butter, one cup sweet milk, two and one-half cups flour, two teaspoonfuls baking powder, whites of six eggs; cream, butter and sugar; add milk, then flour, then baking powder, and whites of eggs last, beaten stiff. Flavor with vanilla and bake in three layers. **Filling.**—Beat the whites of two eggs stiff. Boil two cups sugar in one-half cup water until the sirup dropped from a spoon spins a thread; then add a pinch of cream of tartar and pour into beaten egg, beating constantly until thick. Then add one cup of seeded and chopped raisins, one half-cup chopped hickorynut meats, one teaspoon vanilla and spread. Cover top and sides with plain boiled icing.

National Cake.—Cream two cups of sugar and one cup of butter together, add one cup of sweet milk and three cups of flour, to which has been added two teaspoonfuls of baking powder; add the whites of three eggs, flavor with lemon extract, beat well; now divide into three equal parts and put in separate dishes. Put enough red sugar in one part to make it red, and enough blue sugar in another part to make it blue; leave the third part white. This is enough to make two layers of each color. Put together a layer of red, then white, then blue, then red, white and blue; now beat the whites of two eggs stiff, add one cup of granulated sugar; beat thoroughly; take out a spoonful and put in separate dish. Add enough blue sugar to the remainder to make it blue; spread over cake; take the spoonful of white, drop over it in little white dots, to represent stars.

Fruit Salad.—Three each of oranges, lemons, bananas and cups of sugar, one box gelatin, one can pineapple, juice and water enough to make two cupfuls. Pour this over gelatin and let set two hours; then pour five cups of boiling water over the gelatin; add other things, bananas last; let cool. Slice bananas,

oranges and lemons thin, removing seeds.

Delicate Cake.—Three cups of flour, two of sugar, three-fourths of sweet milk, whites of six eggs, half cup of butter, teaspoonful of cream of tartar, half teaspoonful of soda; flavor with lemon. Good and easily made. Nice for loaf or layer. Fillings for same, if layer is preferred: 1. Cream Filling.—One pint of cream, one cup of sugar, stiffly beaten whites of two eggs, one tablespoonful of corn starch or two of flour; mix cold. Cook in a double boiler fifteen minutes; thicken as usual; stir in a tablespoonful of butter, and flavor to taste. 2. Rich chocolate filling is made by grating one block of baker's chocolate to above ingredients while cold; flavor with vanilla; proceed as with cream filling. 3. Rich coconut filling is made by stirring coconut in cream filling when cold.

Light Biscuits.—Sift about one quart of flour and make a hole in the centre, put in one-third teaspoonful of soda, one teaspoonful of salt, one heaping teaspoonful of baking powder, sifted in a little of the flour, one heaping tablespoonful of lard, pour in one cup of sour milk, and with the hand work in enough of the flour to make a soft dough; roll, cut in rounds; grease the top of each by dipping in a pan of melted lard; put in a greased pan and bake in a hot oven.

How to Cook Rice.—Wash the rice in fresh cold water; put it into a saucepan, cover well with hot water and boil briskly for half an hour. When the water is all gone, put the rice into a colander and set the colander on a saucepan filled with boiling water and finish your cooking by steam. When properly cooked each grain is separate.

THE HOUSEHOLD MONEY.

Simon Ford gives an instance of the trials experienced by a newly-married couple of his acquaintance with reference to the question of "household money."

One day the young husband determined to have an understanding with his wife about what he considered her extravagance.

"See here, Mary!" exclaimed he, "I don't understand this thing at all! When I give you a lot of money for the house you spend it all; but when I don't give you so much, you seem to get along just about as well. How is it?"

"The explanation is perfectly simple," replied the wife. "When you give me a lot of money I use it to pay the debts I get into when you don't give so much."

Just why this sort of thing should go on is hard to explain. It seems just impossible for a woman to ask for money without feeling that in some way she should have made the last go further, though she may have done her best and, indeed, done wonders with it. Then it seems impossible for most men to realize that the household expenses are not all to be charged to the woman's account, but that the home is run equally for both. A careful calculation by both together of what should be spent, and then a special place, a bank account if feasible, if not, then a box or bag in the home where a definite sum is placed each week, will leave the housewife free from the feeling of begging, free to save for a new dish or carpet, free to spend in the best way.

ADVICE TO YOUNG HOUSEKEEPERS.

Have system for the hub of the housework wheel, and let every spoke or branch of the work be governed by it, writes Aunt Margaret. Without system no great amount of work can be accomplished. Have a place for everything, and see that everything is in its place. If you have not been doing this, begin at once, and see how much easier the work becomes.

Rise early. Wash in cold water, which brings the roses to your cheeks. Brush and coil your hair in a tasteful manner. Do not neglect this, as no husband wishes to sit opposite an untidy wife, with her hair in strings around her face and neck at breakfast time.

Always have a pocket in your work aprons, and in that pocket a clean handkerchief. If you are not busy, learn at once to be so; there is no time like the present to begin.

Have a snowy cloth on the breakfast table, and let an air of neatness abound. A vase or glass of bright, dewy flowers lends cheer to it all, and suggests cheery thoughts, which are always a stamp of refinement.

Now, don't say that country people cannot take the time and trouble to do all these little things, for they can, my dears. I am an old housekeeper, and the mother of three children, and have always done my own work, and seldom my table has not been arrayed in a snowy cloth and blossoms of some kind.

I take great pride in keeping my house nice, and you must, too, if your influence is going to count for anything good with growing daughters around you. Teach them as they grow year by year to be systematic in all that they do. My daughters are gone to homes of their own, and are good housekeepers and homemakers, and I can truly say it pays to have system. Teach system in housework.

HARM OF MOTHER INDULGENCE.

To be truly selfish one must live most unselfishly. All things come from within. Children should be taught that diseases are self-caused, intemperance being the chief instrument. If the over-indulgent parent of to-day could be made to see that for its own good a child must live unselfishly, the coming generation would be greatly benefited.

All joy is of what goes from us to others, not others to us. In proportion as we are kind, thoughtful and loving, so are we thought of, cared for, loved. All things tend toward our good if done in an unselfish, sacrificing spirit.

If unselfish work could be done effectively with the mothers—not mothers of large families, or the toil-worn—but with the mothers who have more money than judgment, the mothers who indulge their children to their own misery and

the child's everlasting injury, that the child shall be not better or more contented, but to outdo some other foolish mother, or for equally silly reasons.

Oh, if we could only be more thoughtful of the future, give more time to teaching our little ones right living and thinking; if we could fix in our minds the fact that few great characters are formed from such home influence, but from homes where clean thinking, simple living and work constitute life!

THE KINDLY MUZHIK.

Instances of the Kindness of the Russian Soldier.

However the correspondents may disagree on other things, those who went through the recent Manchurian campaigns agree entirely in regard to the kindness and good nature of the Russian peasant soldier. Two incidents which illustrate it are recorded by Maurice Baring, who was the representative in the field of the London Morning Post.

"On the retreat from Ta-shih-chiao," he says, "I arrived at Haichen at seven in the evening, missed the train to Liau-yang, and returning from the station, found the gates of the city closed.

"I went back to the deserted railway-station half dead with fatigue. It began to rain. I fell on a chair outside the buffet. An official told me I must not sleep on that chair—anywhere else, but not there. I lay down on the ground of the platform, a little further up.

"A soldier had been watching the proceedings. He waited until I was asleep, then brought his own matting, lifted me up, put it under me, built a small tent of matting over me, and brought me a sack as a pillow. I woke up and protested against taking his belongings, but he insisted, and made himself comfortable with a greatcoat and a piece of matting. The next morning," he concludes, "he brought me a cup of hot tea at dawn. I offered him a ruble. He refused it. I never saw him again, but his 'little unremembered' act will never be forgotten by me."

Later, riding from Liau-yang back to Haichen, Mr. Baring stopped for the night at a small guard station beside the road—a station at which trains did not stop.

"The soldier in charge of the station," he says, "invited me into supper. Five men partook. The senior man, my host, apologized for the insufficiency of the meal, and said it was the best he had to offer. He went and brought his last remaining delicacies, some cucumber and two lumps of sugar. He put both bits of sugar in my tea. I cannot give an adequate idea of what a rarity and delicacy sugar was at that time at the front.

"He also found a great rarity, a small crystal of lemon extract, and gave it to me. I never enjoyed a meal more. I asked my host if he had been a long time at this station. I thought he would say a week or so, but to my surprise, he said four years and a half.

"Then all at once I realized this man's life, isolated in a plain in the south of Manchuria, at a place where the trains never stopped. He made me a comfortable bed and brought me, before I slept, another cup of tea and his last crystal of lemon."

PURE RED BLOOD.

Is Necessary to Health, Strength and Happiness.

Pure, rich, red blood is what is needed by every woman, young or old. Thin, weak, watery blood is the cause of all the headaches, and backaches, and side-aches—all the weakness and weariness, all the nervousness and fainting spells that afflict girls and women. The only thing that can help you is Dr. Williams' Pink Pills. These pills make new, rich, red blood, that gives new life and strength to every organ of the body. In this way they make pale, feeble girls develop into healthy, happy women, and for the same reason bring ease and comfort, and regularity to women at all ages of life. Miss J. Dietrich, St. Clements, Que., is one of the many thousands made well and happy through the use of Dr. Williams' Pink Pills. She says: "I tried several medicines but got nothing to help me until I took Dr. Williams' Pink Pills. I was subject to palpitation of the heart, a throbbing in the head, and dizziness and fainting spells. I had no appetite, and was weak, pale and discouraged when I began the use of Dr. Williams' Pink Pills. Six boxes of these have made me feel like an altogether different person, and have given me new health and strength."

Rich, red blood is the true secret of health and strength, and it is simply because Dr. Williams' Pink Pills make new, pure blood, that they cure such troubles as anaemia, loss of appetite, indigestion, neuralgia, rheumatism, St. Vitus dance, partial paralysis, kidney troubles, and the special ailments that only women-folks know. But you must get the genuine with the full name, "Dr. Williams' Pink Pills for Pale People," on the wrapper around each box. If in doubt, send to The Dr. Williams' Medicine Co., and the pills will be mailed at 50 cents a box, or six boxes for \$2.50.

AS BIDDY VIEWED HIM.

"My husband, Bridget," said her mistress, proudly, "is a colonel in the militia."

"I thought as much, ma'am," said Bridget—"sure! It's th' foine malicious look he has, ma'am."

SIR EVELYN WOOD A SAILOR.

Before entering the Army, General Sir Evelyn Wood gained distinction in the Navy. He served as a middy in the Crimean War. Severely wounded in the storming of the Redan, the young hero—then only sixteen—was invalided home, and narrowly escaped the V.C., he succeeded in gaining a few years later as a cavalry officer in the Indian Mutiny.

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Ceylon Natural GREEN Tea will prove its superiority over all Japan Teas.

Lead Packets only — 40c, 50c and 60c per lb. By all Grocers.

HIGHEST AWARD ST. LOUIS, 1904.



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THE success of pastry depends upon the flour. Bread and pastry must be more than merely appetising; they must be wholesome, digestible, nourishing.

The flour depends upon the wheat and the way it is milled.

is made from spring wheat only. It is milled by the newest and best machinery. It is purified by electricity.

Use it and you get bread not only light, crisp and appetising, but also wholesome, digestible and nourishing.

You will better your baking by buying Ogilvie's Royal Household Flour from your grocer.

Ogilvie Flour Mills Co., Ltd. Montreal.



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IMPROVING OPPORTUNITIES.

Amusing Experiences in the Congo Free State.

The visit of a real medicine-man is a grand time for the natives of the small villages in the territory near the Congo Free State in Africa. Not only do the natives demand medical aid for themselves, but they are quick to see that what helps them ought to help their domestic animals. The author of "On the Border of Pigmy Land" gives some amusing experiences with patients:

One day while dispensing medicine, an unusual shuffling and pushing seemed to be going on in the doorway. I walked round to find out the cause, and saw a cow being pushed by force toward me. The herdsman explained that it was very sick with indigestion. In order to get quickly rid of this undesirable patient I mixed up some castor-oil with salt, and ordered it to be administered in one hour's time.

I rather regretted this afterward, for very soon another veterinary case was brought in for treatment. This time it was our own faithful Muskat donkey, suffering terribly from the plague of flies that generally appear in the dry season. The poor creature's legs were absolutely raw, and, it had almost lost the power of standing.

After the donkey boy had applied antiseptic washing and ointment I tried to fix on bandages, but donkeys' legs were evidently never made the right shape for that. I could not get the bandages to stick. Mr. Fisher suggested trousers. It really sounded suitable, so I set to work on a pair, and when the donkey was put into them he looked most distinguished.

The people gathered round in numbers

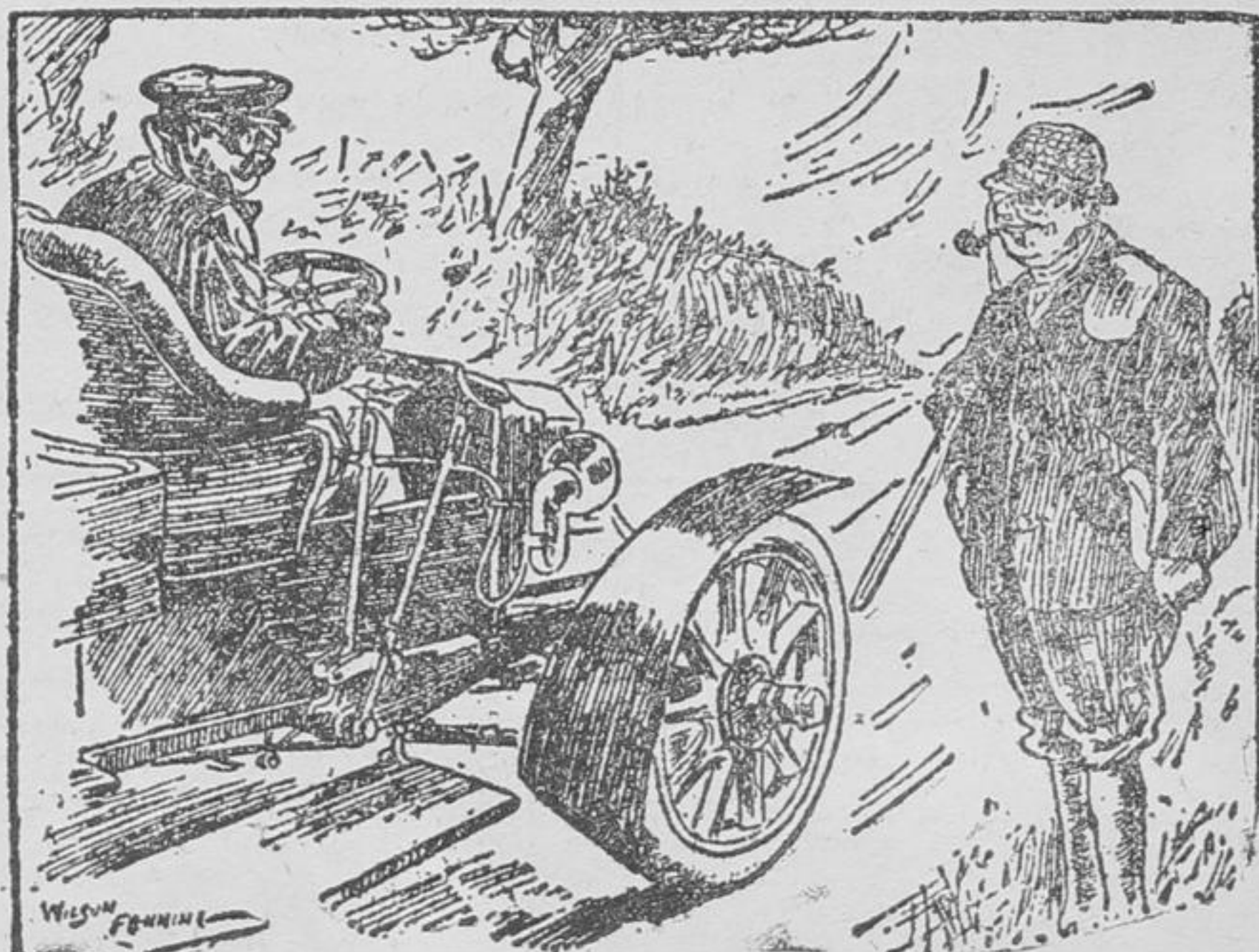
to see it, and exclaimed, "What honor the European gives his animal!" There were several spectators who were not clothed so magnificently, and as I was afraid of giving the impression of extravagant waste, I explained to them the necessity of it.

The donkey did not take kindly to his first pair of trousers. Perhaps they did not fit well; at all events, he kicked them to pieces in two days. A second pair was made on a modified scale, and whether or not the owner had cultivated more civilized instincts it is not easy to affirm, but they remained intact until they were no longer needed, and the donkey was able to run about and be up to his usual pranks again.

BABY'S SMILE.

Baby's Own Tablets has a smile in every dose for the tender babe and the growing child. These Tablets cure indigestion, wind colic, constipation, diarrhoea, and feverishness, break up colds and bring natural, healthy sleep. And the mother has the guarantee of a government analyst that this medicine contains no opiate, narcotic or poisonous "soothing" stuff—it always does good and cannot do harm. Mrs. Joseph-Ross, Hawthorne, Ont., says:—"I have used Baby's Own Tablets and find them just the thing to keep children well." You can get the Tablets from any medicine dealer or by mail at 25 cents a box from the Dr. Williams' Medicine Co., Brockville, Ont.

Mamma—"Ethel, my dear, do you think that Mr. Spooner, who calls so regularly and sits with you in the parlor every night, has serious intentions?" Ethel—"I really don't know, mamma; he keeps one so much in the dark."



"Morning. Killed anything?"
"No. Have you?"

SEED TIME

The experienced farmer has learned that some grains require far different soil than others; some crops need different handling than others. He knows that a great deal depends upon right planting at the right time, and that the soil must be kept enriched. No use of complaining in summer about a mistake made in the spring. Decide before the seed is planted.

The best time to remedy wasting conditions in the human body is before the evil is too deep rooted. At the first evidence of loss of flesh

Scott's Emulsion should be taken immediately. There is nothing that will repair wasted tissue more quickly or replace lost flesh more abundantly than Scott's Emulsion. It nourishes and builds up the body when ordinary foods absolutely fail.

We will send you a sample free.



Be sure that this picture in the form of a label is on the wrapper of every bottle of Emulsion you buy.

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Toronto, Ont.

50c. and \$1; all druggists