

## THE CAUSE OF WOMAN'S TROUBLE

IS DISEASED KIDNEYS AND THE CURE IS DODD'S KIDNEY PILLS.

**Wonderful Cure of Mrs. James Kinsella, Who Slept in a Chair for Two Summers—What She Says of It.**

St. Malachie, Que., Feby. 5.—(Special).—A cure of great interest to women has attracted the attention of those interested in medical matters in this neighborhood. Mrs. Jas. Kinsella, wife of a well-known citizen, had suffered for about two years. She had a pain in the right hip, in the back and was obliged to pass water every fifteen minutes in a burning itching sort of way.

She could not sleep at night and had to sit up in a chair for two summers.

Dodd's Kidney Pills cured her. Mrs. Kinsella, speaking of her cure, says, "After the first box of Dodd's Kidney Pills I felt much better. Then I got more and they did me a world of good. I have never slept in the chair since I used Dodd's Kidney Pills."

Woman's health depends on her kidneys. Nine-tenths of the so-called female complaints are caused by uric acid in the blood. Cure your kidneys with Dodd's Kidney Pills and you can have no uric acid in the blood.

Teacher: "Johnny, you may give me a definition of 'hypocrisy.'" "It's when a boy says he loves his teacher!"

Holloway's Corn Cure is the medicine to remove all kinds of corns and warts, and only costs the small sum of twenty-five cents.

"Hello, Jack!" called out little Harry, "Is Tommy in the house?" "Course he is. Don't you see his shirt on the line?"

More Iron Needed in the blood of pale, run-down people. "Ferrovin," the best tonic, will put it there. At all general stores and Druggists.

### EVERYDAY RAYS.

The rays of heat and light are quite independent of each other in their ability to penetrate different substances. For illustration, glass allows the sun's heat to pass through as readily as it does the rays of light, and that without heating the glass to any extent. If the glass be coated with lampblack, the rays of light are arrested; but the heat passes through as before, not a single degree's difference in the latter phenomenon being noticeable. Then, again, both heat and light pass through water, provided it is clear. One of the oddities in this connection is this—although the heat and light pass through water in its normal state, the addition of a little powdered alum, which readily dissolves without leaving the least murkiness, will arrest the rays of heat to such an extent as to almost immediately raise the temperature of the water to a perceptible degree, yet the light continues to pass through as before. Ice, like glass, also transmits both heat and light.

### FATHER'S GRACE.

Teacher: "Now, boys, why do we say grace before and after meals?" No reply. Teacher: "Come, come; surely one of you can answer me! Tell me what grace is?" Still no answer. Teacher: "This is really terrible! Now, Jenkins, tell me what your father does after a meal?" Johnny: "Please, miss, he rubs his waistcoat." Teacher: "That is not what I meant. I want to know what he says?" Johnny: "Please, miss, he says, 'Hal hal! Richard is hisself again.'"

### OVER SEA HABIT.

**Difference on This Side of the Water.**

The persistent effect upon the heart of caffeine in coffee cannot but result in the gravest conditions, in time.

Each attack of the drug (and that means each cup of coffee) weakens the organ a little more, and the end is almost a matter of mathematical demonstration. A lady writes from a Western state:

"I am of German descent and it was natural that I should learn at a very early age to drink coffee. Until I was 23 years old I drank scarcely anything else at my meals.

"A few years ago I began to be affected by a steadily increasing nervousness, which eventually developed into a distressing heart trouble that made me very weak and miserable. Then, some three years ago, was added asthma in its worst form. My sufferings from these things can be better imagined than described.

"During all this time my husband realized more fully than I did that coffee was injurious to me, and made every effort to make me stop.

"Finally it was decided a few months ago, to quit the use of coffee absolutely, and to adopt Postum Food Coffee as our hot table drink. I had but little idea that it would help me, but consented to try it to please my husband. I prepared it very carefully, exactly according to directions, and was delighted with its delicious flavor and refreshing qualities.

"Just as soon as the poison from the coffee had time to get out of my system the nutritive properties of the Postum began to build me up, and I am now fully recovered from all my nervousness, heart trouble and asthma. I gladly acknowledge that now, for the first time in years, I enjoy perfect health, and that I owe it all to Postum." Name given by Postum Co., Battle Creek, Mich.

"There's a reason. Read the little book, 'The Road to Wellville' in pkgs. Postum Food Coffee contains no drugs of any description whatsoever.

Old Cashly (giving his son a cheque): "Now, be careful, my boy. Remember, a fool and his money are soon parted." Spendall Cashly: "Yes, sir; and thank you for having obliged me so promptly."

"Salada" Ceylon Tea can now be had everywhere and within the reach of every person as it can be purchased in Gold label at 60c. per lb., Red label at 50c., Blue label at 40c., Green label at 30c., and Brown label at 25c. per lb., all equally pure tea, but, of course, the cheaper grades are not as fine flavored, not being grown at as high an elevation as the expensive teas. The latter are produced at an elevation of 6,000 feet above the sea level.

"He says his wife is largely responsible for his business success." "Well, she has certainly made it absolutely necessary for him to earn more money."

What should be forgotten? Everything that mars. What should not be forgotten? The D & L's Menthol Plasters; a positive cure for muscular rheumatism and neuralgia.

"But what reason have you for thinking women have no aim in life?" "Well, I've seen several of them try to throw stones."

"By Medicine Life May be Prolonged."—So wrote Shakespeare nearly three hundred years ago. It is so to-day. Medicine will prolong life, but be sure of the qualities of the medicine. Life is prolonged by keeping the body free from disease. Dr. Thomas' Electric Oil used internally will cure coughs and colds; eradicate asthma, overcome croup and give strength to the respiratory organs. Give it a trial.

She (delightedly): "Papa says if we want to get married he'll pay half the expenses of furnishing a house for us." He (despondently): "But who would pay the other half?"

Prevent disorder.—At the first symptoms of internal disorder, Parmelee's Vegetable Pills should be resorted to immediately. Two or three of these salutary pellets, taken before going to bed, followed by doses of one or two pills for two or three nights in succession, will serve as a preventive of attacks of dyspepsia and all the discomforts which follow in the train of that fell disorder. The means are simple when the way is known.

Mrs. Wise: "The new girl Mrs. Close-keep has got must be a jewel." Mrs. Young: "Why, she complains about her more than she did about any of her others." "Of course. She wants us all to think that the girl isn't worth entangling away."

How Dr. Von Stan's Pineapple Tablets Give Instant Relief.—They're handy to carry—take one after eating—or whenever you feel stomach distress coming on—sufferers have proved it the only remedy known that will give instant relief and permanent cure—no long tedious treatments with questionable results—best for all sorts of stomach troubles. 35 cents.—96

Only a very lazy man is afraid to earn money because it may be tainted.

If you are a sufferer from colds get a bottle of Bickel's Anti-Consumptive Syrup and test its qualities. It will be found that no praise bestowed on it is too high. It does all that is claimed for it, and does it thoroughly. Do not take any substitute for Bickel's Syrup, because it is the best, having stood the test of years. All the best dealers sell it.

"A man can be almost anything he's a mind to be," remarked Wiseman. "Yes; in his mind!" murmured Synnicks.

Warrior Woes.—Through damp, cold and exposure many a native soldier who left his native hearth as "fit" as man could be to fight for country's honor, has been "invalided home" because of the vulture of the battle ground—Rheumatism. South American Rheumatic Cure will absolutely cure every case of Rheumatism in existence. Relief in six hours.—98

### PENCILS AND CONTAGION.

**Doctors Condemn Habit of Children Exchanging Lead Pencils.**

Doctors in England are taking a great deal of interest in the reports received from America to the effect that half a hundred cases of diphtheria in one of the public schools have been traced to the practice of children exchanging lead-pencils and putting the lead-pencils in their mouths while at study in the schools. This system of collecting the pencils at the close of the school-day, and distributing them the next morning has been in vogue in England, and several of the most prominent physicians in London have started a campaign against the practice.

"It does not follow that the pencils were the only medium of contagion," said one of the doctors, "but it is quite possible. There is no doubt but that the practice of distributing pencils is responsible for many unpleasant ailments.

"Nine children out of ten suck the ends of their pencils, and, in my opinion, there could be no more potent way of spreading the germs of tuberculosis and other diseases. The simplest way to overcome the difficulty would be to have a small drawer fitted to each school desk, so that each child could keep its own pencil. It is perfectly hopeless to try to teach them not to suck the end."

"Good-night," he whispered, passionately, at the front door; "good-night, good-night, good-night, go—""Excuse me," said an elderly bass voice over the baluster, "but it's been good-morning for the last two hours. I thought you'd like to know."

"Oh, Mrs. Binks," said a lodger to his landlady one day, "I wish you could give me a change for breakfast, as I get rather tired of a boiled egg every day." "Certainly, sir, I will do as you ask with pleasure." Next morning he was served with two boiled eggs!



## Sunlight Soap

is a perfect cleaner and will not injure anything.

Best for all household purposes, Sunlight Soap's superiority is most conspicuous in the washing of clothes.

Common soaps destroy the painted or varnished surfaces of woodwork and take the color out of clothes.

Even the daintiest linen or lace, or the most delicate colors may be safely washed with Sunlight Soap in the Sunlight way (follow directions).

Equally good with hard or soft water.

Your money refunded by the dealer from whom you buy Sunlight Soap if you find any cause for complaint.

Lever Brothers Limited, Toronto

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if that we have brought

# Blue Ribbon

As near PERFECTION as modern methods and materials will permit, BLUE RIBBON Tea has a DISTINCT INDIVIDUALITY that lifts it above the line COMPARISON with other brands.

TRY THE RED LABEL.

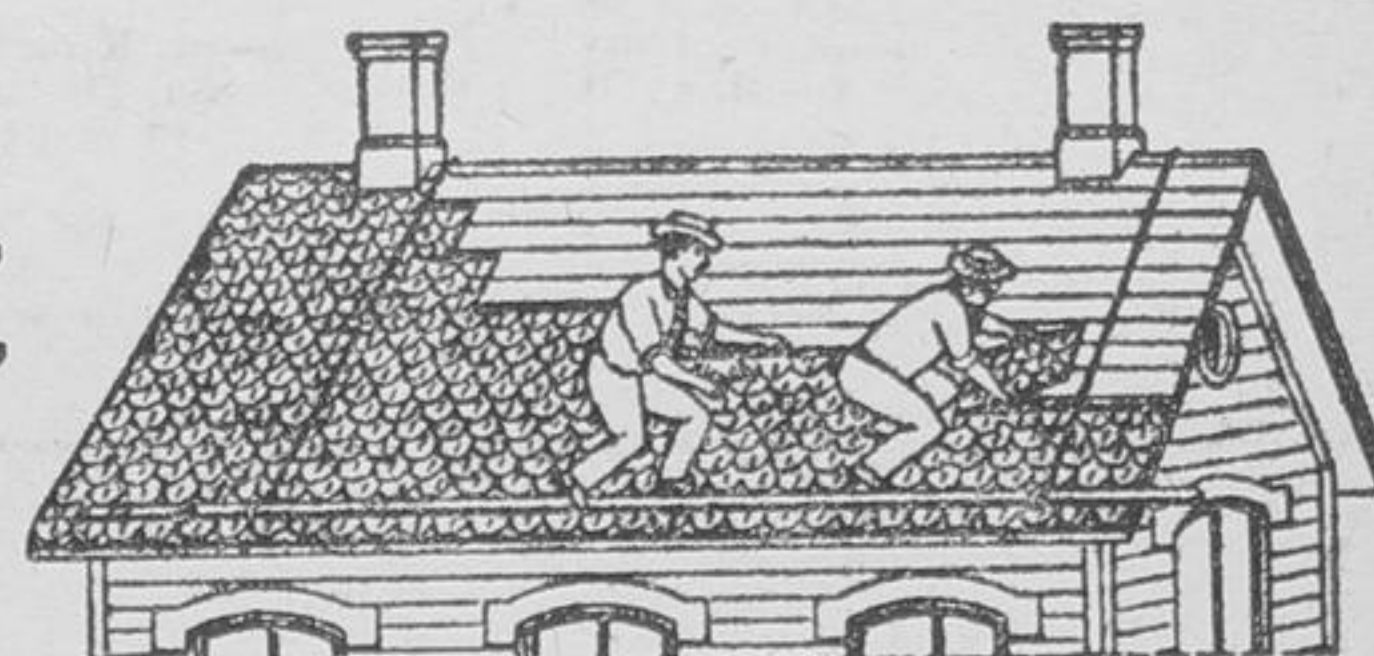
## LANDS In Western Canada

Saskatchewan, only 8 miles from two railways, C.P.R. & G.T.P. Strong soil, 90 per cent. plough land, spring creek, no alouha. About 40 miles N.E. of Indian Head. Price \$10.50 per acre. Write for map and full particulars.

R. PARSONS, 91 Wellesley Street, Toronto, Canada.

## "Oshawa" Steel Shingles

Wind, Water, Storm, and Fire Proof.



Made from Painted or Galvanized Steel, at prices varying from \$2.85 to \$5.10 per hundred square feet covering measure. This is the most desirable covering on the market, and is an ideal covering for Houses, Barns, Stores, Elevators, Churches, etc. Any handy man can lay the "OSHAWA" shingles. A hammer and snips are the only tools required.

We are the largest and oldest company of the kind under the British flag, and have covered thousands of the best buildings throughout Canada, making them

FIRE, WATER AND LIGHTNING-PROOF

We also manufacture Corrugated Iron in long sheets, Conductor Pipe and EAVE TROUGH Etc.

METAL SHINGLES, in imitation of brick or stone.

METAL CEILINGS, in 2,000 designs.

Write for Catalogue No. 14R and free samples of "OSHAWA" Shingles. Write to-day.

### THE PEDLAR PEOPLE,

MONTREAL, QUE. OTTAWA, ONT. TORONTO, ONT. LONDON, ONT. WINNIPEG, MANITOBA, S. O. 767 Craig St. 423 Sussex St. 11 Osborne St. 69 Dundas St. 70 Lombard St. 616 Pender St.

WRITE YOUR NEAREST OFFICE.

Head Office and Works,

Oshawa, Ont., Canada

## Farmers Wanted as Land Agents.

Farmers wanted all over Canada as agents for Western Canada lands; all selected lands; liberal commission. Address "Farm Lands," P. O. Box 528, Winnipeg, Man.

Philanthropist—My poor man, you are in trouble, I see. Why do you wring your hands? Hobo—I just washed 'em.

Itching Piles.—Dr. Agnew's Ointment is proof against the torments of Itching Piles. Thousands of testimonials of cures effected by its use. No case too aggravating or too long standing for it to soothe, comfort and cure. It cures in from 3 to 6 nights. 35 cents.—95

Young 'Un: "I've had five thousand left me by an uncle who's never seen me." Old 'Un: "That explains it!"

There is nothing equal to Mother Graves' Worm Exterminator for destroying worms. No article of its kind has given such satisfaction.

"What makes you imagine your husband would make a successful writer of fiction?" "The stories he tells me."

"A Graveyard Cough" is the cry of tortured lungs for mercy. Give them Allen's Lung Balsam which is used with good effect even in consumption's early stages.

He—I am told he has more money than he knows what to do with. She—Has he really? Such ignorance must be bliss.

Sunlight Soap is better than other soaps, but is best when used in the Sunlight way. Buy Sunlight Soap and follow directions.

### MORE MEAT AND MILK FOR POULTRY.

Lack of animal food is the weak point with the average poultry ration. The feeder is apt to use scraps of fresh meat as if it were a kind of relish and not as an important part of the food, as his own ration of beef steak. Results of recent tests at experiment stations favor the use for the first few weeks of a ration in which sixty per cent. of the flesh-forming food or protein came from animal food. Growth was more rapid, and equal growth made from less food at a lower cost than other rations having twenty, thirty or forty per cent. of animal protein. After the first few weeks, it was found profitable to increase the proportion of grain. These conclusions are in agreement with common sense, as the young of all birds in the wild state feed largely upon insects.

### THE PEOPLE STARED.

Mrs. Spendcash (the possessor of a new Worth costume)—"Did you notice how people stared at us last evening?"

Husband (meekly)—"Y-e-s; I made a mistake and had mended my old dress coat with white thread!"

"Do you believe the old saying, 'There's no place like home?'" "That depends." "Depends upon what?" "Upon whose home you are referring to!"

FOR SALE—Best, cheapest and nicest located stock farm in the United States; has a beautiful water front, and contains 800 acres. SAMUEL P. WOODCOCK, Salisbury, Md.

**CLEANING LADIES'...** WALKING OR OUTING SUITS. Can be done perfectly by our French Process. Try it. BRITISH AMERICAN DYEING CO. MONTREAL, TORONTO, OTTAWA & QUEBEC

## RHEUMATISM

In any form and cold perspiring feet positively cured within 30 days, by our newly patented Magnetic Discs or money promptly refunded. Mailed anywhere \$1.00. Write for descriptive booklet. Agents wanted. MAGNETIC RHEUMATISM CURE CO., Sherbrooke, Quebec, Canada

**FARMERS!** This is the season of the year when you need to use every precaution with your stock. By the use of our **STOCK TONIC** and other remedies you have the best guarantee of health to your stock. **Valuable Advice Free** Use it and become your own veterinary surgeon. **THE VETERINARY SPECIALTY CO., Limited** 556 DUNDAS ST., TORONTO, ONT.

### WONDERFUL ENDURANCE.

"There's one thing I will say," remarked Mr. Cumrox, "and that is that my daughter Arabella has a fine disposition!" "Indeed?" "Yes, sir. The way she can sit for hours listening to herself play on the piano shows remarkable self-control!"

## Faith

You cannot be expected to have faith in Shiloh's Consumption Cure, the Lung Tonic, as a cure for Colds, Coughs and all diseases of the air passages, if you have not tried it. We have faith in it, and we guarantee it. If it doesn't cure you it costs you nothing. If it does it costs you 25c. That's fair. Try it to-day. Shiloh has cured many thousands of the most obstinate cases, and we do not hesitate to say that it will cure any Cold, Cough, Throat or Lung trouble. If we did not believe this we would not guarantee it. Shiloh has had an unbroken record of success for thirty years. It has stood every possible test without failure. Further

## Proof

is found in the many testimonials of those who have tried Shiloh and been cured. Mrs. Archie Taylor, Asaph, Pa., writes:— "I bought a bottle of Shiloh's Consumption Cure and found it very beneficial. I have two children, and they had a terrible cough. I gave them everything I could think of, but they got no better, and one evening my husband bought a bottle of Shiloh. We gave it to the children when they went to bed, and they slept all night. It cured them completely. I shall always keep it in the house."

## SHILOH

25c. with guarantee wherever medicine is sold.

