

THE SUPERIORITY OVER JAPAN'S OF "SALADA"

Ceylon Natural GREEN Tea is unquestionable.
IT IS ALL PURE TEA.

Sold in Lead Packets Only, at 40c, 50c and 60c per pound. By all Grocers.
HIGHEST AWARD, ST. LOUIS, 1904.

About the House

SELECTED RECIPES.

Russian Tart.—Bake an open crust, and fill with whipped cream sweetened a little and flavored with vanilla. Sprinkle this with grated cocoanut and dot with bits of currant jelly.

Potatoes can be made savory by peeling and cutting into small cubes. Boil until tender in salted water, into which two stalks of celery, cut small, and half a minced onion have been stewed. Stir a cup of white sauce with the potatoes after they have been drained from the water, season with salt and pepper and bake to a light brown.

Oatmeal Bread.—To 2 cups of oatmeal add 1 teaspoon salt, 1/2 cup molasses, 2 cups boiling water. Let stand till cool, then add 1/2 compressed yeast cake, and stir in enough wheat flour to make a stiff dough. Let rise till light then cut down, put into pans, let rise again, and bake in a moderate oven.

Stewed Duck, Irish Style.—Prepare the ducks for cooking. Cut into eight pieces two ducks, season with pepper and salt and fry to a light brown on both sides in butter. Add a sliced onion and four ounces of raw lean ham cut in dice. As soon as these have browned a little dredge with one and one-half ounces of flour and fry again till the flour is brown, then add one and one-half pints beef broth, a gill of port wine, a bunch of parsley, a pinch of sweet herbs, and cook three-quarters of an hour. Remove the herbs/skin off all the fat, and serve with wild grape jelly.

Western Sandwiches.—Chop four or five olives, a dozen capers, and one gherkin, and mix with two tablespoonfuls of stiff mayonnaise sauce. Cut thin some slices from a sandwich loaf, spread half with this mixture and the other half with fresh cream cheese, season with salt and pepper, and press together; with a cutter stamp each sandwich round, and garnish with parsley on a pretty plate.

Turkey Mayonnaise in Jelly Ring.—Cut cold turkey in small pieces, add one-fourth as much chopped celery as turkey. Just before serving mix with mayonnaise dressing. To make the jelly: Whip half a pint of thick cream until it becomes a thick froth, then stir in a cup of strong aspic jelly cool and add two tablespoonfuls of potted ham. Beat all together and pack in a ring mold. Set on ice to harden, over a platter with watercress, turn the jelly ring on this, and put the turkey in the centre.

Uncle Tom's Hockeak.—One pint of Indian meal. Scald this by pouring enough boiling water to make a smooth batter. Add a small teaspoonful of salt, a lump of butter the size of a walnut; stir briskly, then put in a greased tin, spread sweet cream or butter over the top (cream is the best to use); place in a hot oven, let it brown nicely on top and bottom. Eat hot with butter.

New England Fried Pies.—Those who have eaten the old-fashioned New England fried pies may be glad to know a tried and true recipe for making them. Originally they were only made with dried apple sauce or mince meat as a filling, but in these days jam, marmalade, jelly, or fresh apple sauce cooked quite stiff are used. For the crust for twelve pies use 3 cups flour sifted with 4 level teaspoons baking powder and a little salt. Beat 1 egg very light, add 1/2 cup of sugar, 1/2 cup sweet milk and 1 teaspoon melted shortening. Mix all together and roll out a little thicker than ordinary pie crust. Cut out the size of a saucer, place a spoonful of filling on one half and fold the other half over, fastening the edges together firmly or they will separate when the dough begins to rise in frying. Fry in hot lard like doughnuts, drain on brown paper.

MIND IN HOUSEWORK.

One often meets a woman with a dogged determination to delve incessantly, who believes that the same old laborious way to do things is best, because "mother did it," says Ruth Fletcher. She is scandalized when one speaks of sitting down to wash and wipe the dishes or to prepare vegetables for the stove. To this class I extend pity; to the large majority who are willing to profit by new methods, I offer different ways of saving time and strength.

The first thing to do is to marshal one's duties all in line, and decide which can best wait to be performed. Farmers ought to have their meals at regular hours, and if we work our brains a little it saves an end of manual labor. Don't let any outside duty interfere with getting the good man's breakfast. It will simplify matters wonderfully if you have made some preparations for breakfast the night before. Housekeepers should reduce this thing to a science.

It leaves the wife with a bitter taste in her mouth if her husband has been impatient over the delay, and we can't really see how the poor man can help it.

Five minutes of planning will save hours of work in the day. We see women rise in the morning, and start the day's work, and if they have a hundred things to do, and ninety-nine can wait, they do every last one before they do the one that cannot wait. They spend their lives in a rush from dawn till midnight, when a little concentrated thought would bring order out of the dire, heart-breaking confusion. Too many housekeepers spend their lives chasing time. Every thing goes wrong—every thing is in a stew.

A farmer's wife should be the healthiest, strongest, happiest woman in the world, and a large majority of them lack nothing but a determination to so construct things to make their lot most enviable. Don't think that I am theorizing. For 35 years I have been cook, nurse, teacher, doctor, tailor, dairymaid, washerwoman, private secretary, etc., for a farmer and still think it the most desirable calling in the world. Household labor can be reduced greatly by leaving off non-essentials such as making pies when the fruit without the crust is so much more healthful, serving hot suppers when cold would answer, dressing children in white every day with tucks and frills to launder, and a thousand other things that I haven't space to mention. Cultivate mind in housework, and it will lengthen days.

HOUSEHOLD HINTS.

Raisins should never be washed for a pudding, as it will make them heavy. Rub them clean between towels.

A strip of carpet glued to a piece of wood will remove mud from boots very quickly and without the slightest injury to the leather, and is much better than the usual brush.

Burning Garbage.—In burning garbage in the range it is a mistake to put it directly on the fire. Put it under the side or back lids, where the fire does not come in contact with it, and it will dry out. It is best to put the garbage in the stove at night, and by morning it is dried to a tinder, and will blaze up and burn when the fire gets hotter, leaving no odor whatever. Never allow any scraps of food to be put in the scuttle. Avoid filling kettles in the morning.

All Run Down

THIS is a common expression we hear on every side. Unless there is some organic trouble, the condition can doubtless be remedied. Your doctor is the best adviser. Do not dose yourself with all kinds of advertised remedies—get his opinion. More than likely you need a concentrated fat food to enrich your blood and tone up the system.

Scott's Emulsion of Cod Liver Oil

is just such a food in its best form. It will build up the weakened and wasted body when all other foods fail to nourish. If you are run down or emaciated, give it a trial: it cannot hurt you. It is essentially the best possible nourishment for delicate children and pale, anaemic girls. We will send you a sample free.



Be sure that this picture in the form of a label is on the wrapper of every bottle of Emulsion you buy.
SCOTT & BOWNE
Chemists
Toronto, Ont.
50c. and \$1. All Druggists

with the first water that comes from the tap, for it has been in a lead or iron pipe all night, and is, therefore, unwholesome. This caution is to be remembered whether the water is to be boiled or not. Dishcloths must be washed after using if they are to be kept sweet and nice. First wash in a lather of soap and water, then rinse in clean hot water and hang out to dry. One of the nicest kinds of dishcloths is made of knitted soft cotton, which will wash again and again and look as good as new. Another excellent dishcloth is made of a neatly-hemmed square of the coarse crash used for roller towels; its great merit lies in the ease with which it can be kept clean.

WHAT TO SERVE WITH POULTRY.

Chicken, roast—Bread sauce and brown gravy or espagnol sauce, toasted bacon, brown chestnut sauce.

Chicken, boiled—Veloute or egg sauce, toasted bacon.

Chicken, grilled—Tartare sauce, watercress sprinkled with a little oil and tarragon vinegar.

Duck, roast—Sage and onion stuffing, brown gravy, orange sauce or salad, green peas.

Goose, roast—Apple sauce, boiled groats, sage and onion stuffing, thick brown gravy.

Turkey, roast—Stuffed with sausage meat or veal or chestnut stuffing oyster or cranberry sauce, a purée of chestnuts, fried sausages.

A PROBLEM SOLVED.

A busy knitter, who was annoyed at the way her ball of wool would roll away from her and become the plaything of the kitten, pondered long upon ways and means to avoid these vexations. One day, it suddenly occurred to her to take a safety pin, and fasten a small paper grocery bag firmly to her side as she sat at work, and to drop her ball into the bag. The scheme worked to a charm, and she cordially recommends it to her friends and other devotees of the twinkling needles.

POLITICS IN ENGLAND

SOME WAYS OF TREATING THE CHRONIC HECKLER.

Instances of Rapid Retorts at Public Meetings Given by British Statesmen.

The best way to treat a heckler at a political meeting is undoubtedly to humor him, not in the sense of tempting him to continue his pursuit, but in that of reducing him to silence by a witty reply, a course that rarely fails to find favor with the other members of the audience, says London Tit-Bits.

There are occasions, of course, on which the candidate finds himself in hopeless difficulties when seeking for a retort. For instance, some years ago Mr. Willis was orating at the top of his voice in a most strenuous manner, and he happened to use the well worn phrase from "David Copperfield": "Barkis is willin'," when a man in the back of the hall bawled out, "No, Willis is barkin'," the laugh being against the politician.

One is bound to admit, however, that the ready-witted candidate has frequently extricated himself from a desperate situation in the most triumphant manner when other men would have been COVERED WITH CONFUSION.

When Charles Burleigh, the Abolitionist, was called upon to answer a cowardly and despicable "rotten egg" heckler, he did so by calmly remarking as he wiped his face: "This is a striking evidence of what I have always maintained, that pro-slavery arguments are unsound." The late Sir Henry Havelock-Allan got over the difficulty by fixing his eyes on the spot whence the almost winged messenger had been projected into space, and remarking, with just the slightest indication of disgust, "I say, my friend, the hen that laid that egg had a very bad breath."

It is a strange circumstance that whereas candidates can perpetrate veritable herds of "bulls" without exciting the retort unbecoming from the heckler, the same individual regards a quotation delivered in a language other than his own with feelings similar to those entertained by another species of bull when a red rag comes within his range of vision.

When at the general election of 1900 the chairman of an overflow meeting at Burnley remarked that many of our brave soldiers were sent to the front "without a pair of trousers to their backs" his remark failed to bring forth a comment from the heckler, while a statement of a platform speaker at Chipping Norton, about the same time, to the effect that the Unionist candidate had "laid down his life for his country, and expected to be returned by a large majority," was received with

TUMULTUOUS APPLAUSE.

"Why such remarks as these should not be commented upon, when so many others, far less provocative of interpolation, should be seized upon, it is difficult to say; but there are occasions, such as that upon which Sir Lewis Molesworth informed the electorate of Bodmin that "Home Rule is only dead so long as we keep it alive," when the nature of the remark temporarily deprives the heckler of his breathing capacity.

With regard to the foreign quotation interpolation, probably no more effective way of dealing with it could be devised than that resorted to recently at a trans-Atlantic political meeting, when Mr. J. H. Hawthornthwaite, a Lancashire-born man, though a member of the British Columbian Legislature, innocently let drop a Latin quotation, with the usual result that he was admonished to "talk to us in a language

THE LAYING HEN

Is the paying hen beyond a doubt.
One dozen of eggs on the average sells for the same as one pound of butter, and the labor is much less.
Nothing on the farm gives such paying results, if properly fed, as the hen, as it is her natural action to lay eggs.

Hercules Poultry Food

contains the harmless ingredients that makes your hens lay in winter time when eggs are at the highest price.
Besides, it keeps them in splendid condition to resist disease.
HERCULES LOUSE KILLER will keep your fowl free from vermin, and **CLYDESDALE CARBOLINE ANTISEPTIC** will keep your hen-house clean.
This adds to the egg production.
All our preparations are sold under a **POSITIVE GUARANTEE OF SATISFACTION** or money cheerfully refunded by the dealer.
Clydesdale Stock Food Co., Limited, Toronto, Ont.

we can understand," whereupon, without a moment's hesitation, he turned to the heckler and made the hall resound to a stentorian cry of "Hee-haw! Hee-haw!" When the convulsion of laughter had subsided, the speaker completed his adversary's discomfiture by quietly adding, "I regard it as a duty to oblige my friends to the best of my ability."

Although the sledgehammer retort is very effective in quelling the contumacious heckler, it can scarcely be expected to earn the vote of the victim, whereas the gentle answer that turneth away wrath undoubtedly has that pleasing effect at times. The Right Hon. John Morley is one of the few political speakers who can quell a heckler with a smiling retort as effectively as the famous Campbell, of Monzie, who, when he asked an Edinburgh burgess to vote for him and received the angry answer, "Vote for you! I'd sooner vote for Satan himself," sweetly replied, "Yes, but if your friend doesn't stand, may I depend upon your support?" a remark that earned him

A STAUNCH ADHERENT.

A short time ago, when Mr. Morley was speaking at Montrose, a heckler demanded permission to put an important question to the right honorable gentleman, that turned out to be, "Why doesn't he play golf?" in answer to which the sitting member probably retorted, "I don't think I'm old enough to begin yet," a statement that excited much hilarity, and put the audience on excellent terms with the speaker.

That success, however, does not always rest with the candidate was clearly indicated when Mr. J. Balfour Browne, K. C., was recently speaking in Dumfriesshire and an elector remarked: "Had we not better utilize our own resources to the full allowing labor and capital free access to the land of our own country instead of attempting to bolster up certain industries at the expense of others?"

Said the candidate, with emphasis: "I do not follow the question. It sounds like a question taken from a book on political economy, the author of which did not know much."

Then did the heckler lift up his voice a second time and remark: "It is taken from your own valuable book, Mr. Browne, on fiscal reform."

The situation in which Mr. Browne found himself was not, perhaps, particularly desirable, but it might have been worse. Candidates will recall with a shudder, for instance, that terrible moment when a speaker, wishing to emphasize his strict regard for the truth, remarked that in his youth he had been thrashed for telling it, when from the back of the hall was wafted through the atmosphere the cutting comment, "I guess it's cured yer, gov'nor!"

EVERY PLACE ON THE PRAIRIES

HAS ITS CURES CREDITED TO DODD'S KIDNEY PILLS.

John White Could get Nothing to Help His Rheumatism Till He Tried the Great Canadian Kidney Remedy.

Yellow Grass, Assa., N. W. T., Jan. 8.—(Special).—No place on the prairies but can furnish some proof of the splendid work Dodd's Kidney Pills are doing in wiping out the Kidney ailments of the West. It was near here that little Edith Harris was so wonderfully cured of Dropsy by them, and now Mr. John White is giving an experience almost as remarkable.

"I think," Mr. White says, "I should let the public know of the benefit I got from Dodd's Kidney Pills. I had Rheumatism for years, and neither doctors nor medicines did me a bit of good till last spring I tried Dodd's Kidney Pills. They did me a great deal of good. I feel like recommending Dodd's Kidney Pills even stronger than I talk."

Dodd's Kidney Pills cure the Kidneys, Scour Kidneys strain all seeds of disease out of the blood. They tone up the body to its highest standard of health and energy.

DECEPTIVE TONES.

Bell—They are the homeliest pair I ever saw. I wonder how they came to marry?

One Thousand Farmers Wanted.

We want 1,000 farmers for Western Canada for the spring of 1906. The renter, the young farmer with very limited small capital, and the farmer with a number of sons for whom he wishes to secure farms, are the people who should write us as quickly as they read this notice. We can settle you in the great wheat-belt of Manitoba or the other Provinces of Western Canada, and give you such a chance as we confidently believe has never before been offered to settlers in any new country.

Our lands are the choicest, and situated in the best tried and the best settled farming and wheat-raising districts, and our plans are such as will surprise you by reason of their fairness and helpfulness. A man with a few hundred dollars and with health and energy, by adopting one of them, can in a very short time be well-to-do.

The ordinary settler coming here has to break his land and backset it the first year, and therefore does not secure any return from the land until the harvest of the following year is reaped. Under our plans, the settler will begin to have an income from the start, and at the same time will be going on getting ready his land for cropping. If you intend coming to Western Canada to farm, we can thus put you in the way of helping yourself from the first day that you arrive here, and thus of being independent. We want one thousand settlers for the spring of 1906.

Our lands have been all very carefully selected, and we guarantee the reports of our examiners on the same. No person need apply whose habits are not good, and who is not able to produce first-class references as to his character and industry.

Address, Western Canada Settlers' Mutual Land Co., 23 Canada Life Building, Winnipeg.

MISTRESS OF THE ROBES...

The Changes That May Arise in Great Britain.

The change of Ministry in England is likely to have its effects in court circles, but the probabilities are that only the Mistress of the Robes will go out of office with the Ministry. In the case of a queen consort, however, even this change may not take place. Queen Victoria had a very bitter experience as a girl-Queen when she was obliged to part with her Ladies on a change of Ministry.

The rank of duchess is not absolutely necessary for the position of Mistress of the Robes, but it was never held in Queen Victoria's reign by a lady of lesser degree, and there are duchesses on the Liberal side, none, however, also in favor of Home Rule; if it be necessary for the Mistress of the Robes to see eye to eye politically with the Ministry there may be a deadlock. The idea of changing was, however, adopted because it was feared that the Mistress of the Robes might use her influence with the Queen politically. In the case of a Queen Consort this would not apply. On the other hand, the position is a coveted one, and to an extent the gift of it is a privilege of the Government, although the appointment must be sanctioned by the Queen.

There are others among the Ladies-in-Waiting in which we as Canadians may be interested. The Queen has appointed the Marchioness of Lansdowne as Lady of the Bedchamber, instead of the Dowager Countess of Lytton, who resigned; and among the new Maids of Honor-in-Waiting is the Hon. Margaret Downey, whose mother is sister to Earl Grey and Lady Minto.

MADE WHILE GROWING.

Oriental gardeners are adepts at their work, the most striking production of one of their number being a natural arm-chair, in which the required shape was attained during the growth of a vine. Almost from its first appearance the vine had been carefully treated in anticipation of the use to which it was to be put. By the time it attained full growth it was formed into a rustic arm-chair. All of the joints were made by grafting, so that the chair is practically in one solid piece, and after it had attained a growth of some 3 feet it was cut and thoroughly dried. Finally it was polished, the wood taking a finish not unlike mahogany.