SELECTED RECIPES.

Ginger Pears-To 8 lbs. pears after pared and cut in small pieces add 6 lbs. sugar, 3 lemons cut fine, a piece of ginger root an inch long tied in a cloth, 1 pt. water and 1 pint vin- with rainwater. Wet the hair in this egar. Cook until thick.

take 1 small cup sugar, 1 of salt, 1 alcohol. Perfume as you desire. teaspoon pulverized alum, 1 oz. stick If you wish to clean and restore a Natal Hero Who Saved a Garrison pour hot over pickles.

pare, scrape out the seeds, and theil brilliancy of the glass. weigh. To every pound allow a lb. A mustard bath is much superior of the orange or lemon, and the one gallon of water. strained juice. Let it boil slowly, Creosote should never be put into ing not quite full. When cold, pour leaving only the stump.

suet, onions, one-half pound oatmeal, gar. Stir till all is smooth, and offered to get the message sent, and four pounds of potatoes, one pound serve with steak, bloater, etc. of flour, one-fourth pound of lard. The white holland window cur- an expert horseman and hunter, of baking powder. Chop the suet very tains that are discarded, if sent to Durban. King consented to take fine, cut the onions small, pare the a laundry to wash and be bleached, the message. Captain Smith providpotatoes very thin, and cut in slices make very good shirt waists and ed him with two horses, and Mr. Take a large agate pie dish, scatter white tailored dresses. They are all Cate rowed him across the bay to some suet in first, then some onions, linen, and work up beautifully in the Bluff, where his famous ride bethen some meal, and a layer of po- this way. tatoes, pepper, and salt, till all is For a dainty dish of peas, stew Riding his horses alternately, he

Hot Pot-One pound flank of mut- the cooking ton, carrot, turnip, onion, four Ink spilled on a carpet may be pounds of potatoes. Wash and pare taken up without leaving any stain potatoes, cut into four or six; pare if dried salt be applied immediately. turnip, cut in slices; scrape carrot As the salt becomes discolored brush and cut in slices; cut onion fine; cut it off and apply more. Wet slightly mutton into small pieces; put a little continue till the ink has disappeared. of it into the bottom of the agate A simple expedient for riding the stewpan, then potatoes, onion, car- house of mice is to place a little oil rot, turnip, mixed with pepper and of peppermint or sprays of the fresh salt, then some more mutton, till al! herb round their haunts, as they steam for two hours. Serve hot.

Add half as many English walnut meats as you have pieces of celery Chop part of them, using some whole to scatter on top of the salad. Mix with a good mayonnaise and fill apples which have been previously scooped out. Serve on lettuce leaves.

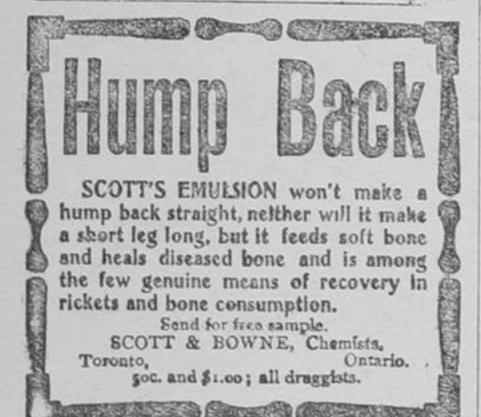
Celery with Grated Cheese.—Serve crisp celery upon a low dish. The cheese should be finely grated, heaped upon a dish, and served with a spoon to each guest who desires it. The celery is dipped into the cheese and bitten off.

Grecian Rice Pudding .- Cook three tablespoonfuls of rice in three cupfuls of milk. Sweeten with a small cupful of powdered sugar and season with half a teaspoonful of salt an a the grated rind of an orange. Add two ounces of cleaned and dried currants, four ounces of macarchi crumbs, an ounce of finely shredded candied orange peel, four egg yolks, and the white of one, and a gill of brandy. Cook in a double boiler until thick, turn into a pretty serving dish and serve with English orange sauce made as follows: Put into a saucepan four egg yolks and four tablespoonfuls of sugar and beat until the mixture becomes thick and whitish in color. Add one cupful of to the East End child of London. It sweet cream, the grated rind and is no cuphemistic expression for chicjuice of a sweet orange, and cook ken and lemonade. When it is lackover hot water until creamy. Remove ing in any home, as it often is, the the pudding from the fire, let cool, children of the neighborhood all and beat until well frothed.

CEREALS COOKED WITH FRUIT

Though most housekeepers realize the value of fresh fruit served with cereals, few know how much more satisfactory the breakfast can be made by cooking dried fruit with the cereal used. Any cereal can be used in combination with figs, dates or raisins, and besides being more healthful than when served plain, it is more pleasing to everyone.

Place the required amount of cereal and water in the double boiler and add 1 to 2-3 of a cup of figs dates for each three cups water used. Cut the fruit in small pieces and st It in so it will be well distributed, and cook a little longer than when no fruit is used. If any is left after the meal is over it may be put in cups and served cold, being much better than without the fruit.



Graham flour can also be used in "Yes!" they shricked. ter and 1 lb. finely cut figs with broke down twice." enough graham flour to make a stiff | That made no difference. which is best when eaten cold, the thirty-eight shillings a week. addition of the sugar making it un- | In the end the curate yielded, and suitable to serve hot.

HINTS FOR THE HOME.

If you wish to keep your hair in curl, beat the white of an egg in a cup to a froth, then fill the cup up something to eat at her house!" and roll up on kid curlers.

soft nor shrivel up. Pour boiling of gum tragacanth, seven ounces of feated Hilda entirely concurred. water over them and let stand four rose water, and when dissolved add hours. To every gallon of vinegar one-half ounce each of glycerine and

cimnamon, 4 oz. cloves. Boil and dull mirror, soak a cloth in alcohol and rub thoroughly every portion of Pumpkin Marmalade.-Cut a ripe, it. Follow this with a dry cloth. yellow pumpkin into large pieces, and you will be surprised at the

of sugar and an orange or lemon. to the ordinary warm bath for bring-Grate the pumpkin on a coarse grat- ing out the rash in eruptive fevers. er, and put it into a preserving ket- It is prepared by adding from one to tle with the sugar, the grated rind two tablespoonfuls of mustard to

stirring frequently and skimming well a hollow tooth for toothache. It reuntil you have a smooth, thick mar- lieves pain, but inevitably destroys malade. While still hot pour it into the substance of the tooth itself, glass or china jars or tumblers, fill- which breaks away soon after

paraffin, cover with the lid or brow, smoothly half a teaspoonful of made paper and keep in a cool, dark place mustard with a dessertspoonful of ments. Potato Pie-One-fourth pound of sugar and a tablespoonful of vine- Mr. Cate, an old Natal pioneer, gaze. Cavendish, so far as we have

powder; bake for two hours in a to the age of the peas. If the peas long and perilous ride through are at all old add a little sugar in

is in; add one pint of water, and have a great antipathy to the odor For cockroaches, potato ash formed lief had arrived. Celery Salad in Apple Cups-Cut a by burning the parings to a cinder good-sized head of celery into half- on the back of the stove, will effecinch pieces, slice two cucumbers thin, tually banish them if scattered about cut a dozen stuffed olives in rings the places where they congregate. Water bugs, that pest of the city. apartment, will vanish if all cracks and crevices where they run are sprayed three or four times a day with water in which carbolic acid has been dissolved in the proportion of two tablespoonfuls of acid to one pint of water. Care must be taken in handling the acid.

PULLING ONIONS.

To peel onions without bringing tears to the eyes, put them in a deep pan and pour boiling water over them, as for skinning tomatoes. By the time you can bear your hands in the water the onion skins are loosened enough to be easily slipped of often without any aid from a knife Should there be any not so readily loosened, hold them well under the riton, Ont., says:-"Dr. Williams" warm water while peeling. eyes will be spared and your hands tilda, when I felt that her case was will absorb less of the odor than in the common way of paring.

BIASED JUDGMENT.

End of London.

"Daily bread" means "daily bread" know it, and sympathize with a feeing born of common suffering. In an easily, and continued to decline in East End mission was held one night weight, until I felt that she was a week a "Happy Hour for Child- in a hopeless decline. At this time ren," says the author of "Seven my attention was called to Dr. Wil-Years Hard," in the course of which liams' Pink Pills, and I began givfriendly competitions were held in ing them to her. She had not been singing, dancing and games. Small taking the pills many weeks when money prizes and ribbons were given her appetite was greatly improved,

the "champions." girls, Connie and Hilda, were oppos- pills until she had taken eight or father was out of work, and there picture of healthy girlhood. Every was great distress at her home. The symptom of her trouble had disap- thoughts. little ones were crying for food, and peared, she has increased in weight, their parents were half-crazy with and is strong and robust. Her reworry and hunger. The "Happy Hour' children knew this, but the curate did not. They manifested the most intense interest, buzzing like so many flies when the two girls

stepped upon the platform. There was not the slightest doubt of the superiority of Hilda's voice. She sang in a clear, correct soprano. Connie, on the other hand, whose voice would have been inferior at any time, was further hindered by a severe cold, so that she broke down twice and was croaky and throaty. Yet when the children were asked to vote, with one accord they shouted, "Connie!"

Not a hand went up.

"For Connie?" A shoal of hands appeared.

this way, using two cups boiling wa- 'But, my dear children, Connie

mush. Cook in the double boiler shouted, "Connie!" and only "Conlike the cereals. By adding half a nie!" and would not have Hilda at cup sugar it makes a nice pudding any price. Her father was earning

with a roar of delight the little East Enders applauded while he gave Connie the money prize.

"Lov-ely!" exclaimed a little girl in a front seat. "Now they'll have Then the curate understood and appreciated the biased judgment of his Bottled Pickles-These neither turn To soften the hands take 30 grains flock-a judgment in which the de-

MEMORIAL TO DICK KING.

Sixty Years Ago.

Natal is considering the erection of a suitable memorial to Dick King who saved a British garrison from HENRY destruction in the Boer war of over sixty years ago by an heroic ride of

Captain Smith, with a small British force, had marched overland to Durban in 1842, and there his troops

at midnight he saw Richard King,

in, put potatoes on the top, then the green peas with a little butte: reached and had crossed the Umlazi cover with a crust made of the flour, and no water in a covered pit till River by daybreak. He was now safe lard, and one teaspoonful of baking tender, the time varying according from pursuit by the Boers, but a savage country lay before him.

On the ninth day after leaving Durban he rode into Grahamstown 600 miles and crossed numerous rivswim. Urgent messages were sent to the Cape, and thirty-one days later rockets and blue lights from the Southampton in Durban Bay told the anxious garrison, then on the point of surrendering, that re-

DEADLY ANAEMIA.

to Consumption Unless Leads Promptly Cured.

Many a young life might be saved from consumption if simple anaemia were promptly treated. Anaemia is the doctors' name for weak, watery weighed the world. blood. When the blood is in this Your Pink Pills cured my daughter Maalmost hopeless. For more than a year she was a sufferer from anaemia. She gradually grew weak, was subject to violent headache, and dark circles appeared under her eyes. A Singing Contest in the East She was melancholy, had no appetite and complained of being constantly tired. At different times she was treated by two doctors, but with no improvement. As her case progressed, she was attacked by violent palpitation of the heart, and a suffocating shortness of breath. She had a deathly pallor, took cold covery is looked upon as marvellous, for the doctors thought her case

hopeless." Dr. Williams' Pink Pills will cure any case of bloodlessness just as surely as they cured this case. The pale, anaemic need only one thingnew blood. Dr. Williams' Pink Pills do only one thing-they make new, rich, life-giving blood. That is why Dr. Williams' Pink Pills cure all common diseases like anaemia, headaches and backaches, indigestion, kidney trouble, palpitation of the heart, neuralgia, nervous troubles, and those special ailments that "You should vote for the girl who make the lives of so many growing thusiastic, heroic or chivalrous in the stances. Are you married?" sang best not the one you like girls and women miserable. Be carebest," said the curate. "We will ful to get the genuine pills with the was there anything mean, groveling vote again. Now, then, for Hilda?" full name Dr. Williams' Pink Pills or ignoble. He was almost passionfor Pale People on the wrapper less. All that needed for its apprearound each box. If in doubt, send hension more than pure intellect or box, or six boxes for \$2.50.

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CAVENDISH, GREAT SCIENTIST.

more than 600 miles, says the Daily Man Who Weighed the World-He Was One of the Shyest of Men.

In a few days the house once occuwere defeated by Pretorius, and Pied by Henry Cavendish on Clapwere in danger of being compelled to ham Common, London, England, will surrender, states the Cape Times. have been sold, the great garden will On May 25, seeing that his troops probably very soon be made a dumpwere surrounded, he determined at ing ground for bricks and mortar, over the top a covering of melted Mustard relish is made by mixing all hazards to send a message to says T. P's. Weekly, and the abode Grahamstown asking for reinforce- of one of the shyest of men will be open, in its downfall, to the public any record, was only ill once in his life, and that illness killed him at the respectable age of 79,

He told his physician that "any prolongation of life would only prolong its miseries," and he died, as he had lived, alone. For the ordin ary human relations of life he seemed here to trouble me, or I'll remove to care nothing; he was absorbed in it." his experiments, and loved his books and his laboratory more than anything else on earth. Henry Cavendish, who has been called "the modern Newton," was born in 1731, on'y four years after Newton's death. le was educated at a private school at Hackney, from which he passed to Peterhouse, Cambridge, which he left utterly exhausted, having covered three years later without a degree. Thereafter he was a man of scienc; ers, over some of which he had to devoting his whole life to experimental philosophy.

"The man who weighed the world wrote Henry Cavendish's cousin, the late Duke of Devonshire, "buried his science and his wealth in solitude at Clapham." His science, however, he at all but it is exceedingly to the did not bury, for he published to the purpose, and either brings some exworld certain facts which placed him in the first rank of experimental phil osophers. It was he who converted oxygen and hydrogen into water, and most to a disease. He shrank from proved that it consists of these gases; it was he who first stated the difference between animal and common electricity, and it was he who, mal. At such entertainments as he by a course of ingenious experiments

condition the lungs have no for no one's praise, avoided society would be open it until the approach strength. The whole system begins and was, as one must suppose, an of some one from behind drove him to break down. Then the growing unhappy man. For money he cared forward. girl slips slowly into decline, until little; up to his fortieth year he was On one occasion, at a party at Sir at last the cough starts and her comparatively poor, probably hav- Joseph Bank's house, a certain Dr. doom is sealed. Dr. Williams' Pink ing an annual income of no more Ingenhousz took upon himself to Pills can cure all weak, anaemic than £500, but in 1773 an uncle praise Cavendish to his face in a people without doubt or difficulty. died who left him an enormous for- high flown and pompous manner by They actually make new, rich, tune. Of that he spent very little, way of introduction to an Austrian health-giving blood-they cure anae- he was one of those rare men who gentleman who was present. The mia and prevent consumption. This have no idea of the value of money. Austrian promptly took the cue, has been proved in thousands of His personal needs were very simple, loaded the unfortunate philosopher cases. Mrs. Edward Cochran, Mer- and the fact that he was rich never with compliments, and assured him seems to have struck him as a mat that he had come to London mainly

Gower street and Montague place. drove home at full speed. He had few visitors, but his library Women he hated; his usual method was at the service of any one who of communication with his housecared to use it. Yet, so anxious was keeper was by means of notes left he to be undisturbed that he hired a on the hall table, and if any female house in Dean street in which to ac- servant came into his presence she commodate his books, and paid a was instantly dismissed. To guard librarian to look after them. When against chance meetings with his he wanted to refer to his books he household he had a second staircase went around as though to a circulat- erected in his Clapham villa. Lord ing library, and left a receipt for Brougham remembered "the shrill cry whatever he took away-an admira- he uttered as he shuffled quickly from ble idea, which should be encouraged room to room, seeming to be annoynowadays.

cally a workshop; the upper rooms were converted into an observatory the drawing room-Cavendish had no tune of £1,750,000; his heir, Lord use for drawing rooms-was a laboratory, and in an ante-room he had and this was the first sign that they fixed up a forge. On the lawn he One evening it happened that two were helping her. She continued the erected a stage, which enabled him He never changed the fashion of his to reach the top of a large tree, or dress-a fact which naturally drew ed in the singing contest. Connie's nine boxes, when she was again the which secure and isolated perch h. the attention to him which he was could be absolutely alone with his

> As a host one gathers that this strange being was hardly a success, human kindness. the very few people who were admitted to his table were always given the same fare—a leg of mutton. On one occasion four scientific men were to dine with him. When bis housekeeper consulted him as to what she was to give them to eat he said a leg of mutton. "Sir," said the good soul, "that will not be enough for five." "Well, then, get two," he replied. And this man who that she was half scared to death." was content to eat mutton everlastingly had no sense of beauty; ha cared for nothing beyond his own work. His biographer, Dr. George Wilson, said of him:

"There was nothing earnest, ennature of Cavendish, and as little

derful, acute eyes observing, and a pair of very skilful hands experimenting or rec ag, are all that I realize in read is memorials." He simply less income to accu-

Hi, hest award, St. Louis, 1904

mulate. One districts bankers, finding that they ha lauce of £80.000 to his credif, sent up a messenger to consult him about it. Cavendish was extremely perturbed, but he consented to see the messenger. "What do you come here for?" he asked. "What do you want with me?"

"Sir, I thought it proper to wait, upon you, as we have a very large balance in hand of yours, and we wish your orders respecting it." "If it is any trouble to you I will

take it out of your hands. Do not come here to plague me!" "Not the least trouble to us, sir, not the least; but we thought you might like some of it to be invested.'

"Well, well, what do you want to "Perhaps you would like £40,000

invested!"

"Do so, do so! And don't come

He was essentially a shy man, to whom it was even difficult to speak. Dr. Wollaston said: "The way to talk to Cavendish is never to look at him, but to talk, as it were, into vacancy, and then it is not unlikely you may set him g ... ' And Prof. Playfair, who was jurequent visitor to the Royal Society Club, said: "Mr Cavendish is a member of this meeting. He is of an awkward appearance, and has not much the look of a man of rank. He speaks likewise with great difficulty and hesitation, and very seldom. But the gleams of genius break often through this unpromising exterior. He never speaks cellent information or draws some important conclusion."

Cavendish's shyness amounted alspeech with strangers, and if he were approached abruptly he would dart laway with a cry like a scared and attended he would often stand on the landing, afraid to face the company Cavendish had no vanity; he care! on the other side of the door, nor

to meet him. Cavendish stood with Cavendish had two houses, the one downcast eyes, in abject misery, on Clapham Common, to which I speaking never a word. Then he saw have referred, and another near the an opening in the crush, flew to the British Museum, at the corner of door, jumped into his carriage and

ed if looked at, but sometimes ap-His house at Clapham was practi- proaching to hear what was passing among others."

This extraordinary man left a for-George Cavendish, was only permitted to see him once a year, and then so anxious to avoid. He was indeed a man of pure science, in whose constitution there seemed no room for

TWO HALVES MAKE A WHOLE. "What's become of Miss Giggles?"! asked the first bather.

"She's dead," replied the other. "Gracious! No?"

"Oh! yes; she must be. On one occasion recently, I heard her say she was half drowned and on another

PROFESSIONAL ADVICE. Young Man-"Doctor, I am addict.

ed to the liquor habit. Is there any cure for it?" Doctor-"That depends on circum-

Young Man-"No." Doctor-"Then marry a woman

who is more strenuous than you are.

Mr. Isaacs-'Ah, Miss Cohen, I direct to The Dr. Williams' Medicine required the exercise of fancy, imag- lofe to see you pleased!" Miss Co-"What! Do you mean to say that Co., Brockville, Ont., and the pills ination, affection or faith was dis hen-"How's that, Mr. Isaacs?" Mr Connie sang better than Hilda?" ex | will be sent by mail at 50 cents a tasteful to Cavendish. An intellectional Isaacs-"Then I see all the peautiful tual head thinking, a pair of won goldt in your teeth."