About the

WAYS OF USING APPLES.

....House

The necessity of fruit, all the year round, as part of the daily diet, is generally acknowledged. Among fruits the apple is given the first place. Eaten raw, there is no better stimulant for a sluggish liver, and the liver is as important in the scheme of living as the ten commandments. Be bilious and be a villain-one is the natural sequence of the other. Eat apples, and you will be both happy and good-you can't possibly help it. Think of Eve as the exception that proved the rule. A lover of the delicious spheres, biting into the spicy heart of a fine one, sees a very brilliant silver lining to the cloud his Snakeship cast would be naked. One defect of or- aimlessly about looking for the bug, over Paradise, at all events.

Without apples-one shudders to think of the howling waste! With apples-one can answer satisfactorily arms, leaving its legs and half its seemed to become more and more at any season, the vexing old con- body exposed. undrum-"what shall we have to cat?"

roast of pork for dinner.

Red ones of a size, scooped out baked.

Tart apples, combined with celery domain should be flooded with light. and walnuts make a salad fit for the gods, and beside which their ambrosia would be insipid.

The very nicest way to bake them A is to select the sweet enes, core them and fill with a mixture of su-BATTLE BETWEEN BIG RED gar, butter and chopped nuts, flavored with cinnamon. Pour a little water around and bake carefully. To make 'porcupine apples' just stick them full of shredded and blanced almonds.

The "apfel juchen" of our German thing better. Try this recipe.

into two cups of flour, in which you have sifted two teaspoonfuls of baking powder and a teaspoonful of salt. Beat well one egg, and fill up had opened up. the cup with milk. Grease a large, shallow pan, and spread the dough the scavengers came briskly out from water what remained of the green from a hidden receptacle of the sequently there was constantly going about half an inch thick have pared, cored and quartered apples ready, where behind the partition and de- can, and descending leisurely, car- child there; I never hear it cry," mens over the frontiers, and usually and press them into the dough in ployed over the floor in search of ried it away to his clay house be said one of the guards to her. "That our savant accompanied these, as close, even rows. Sprinkle well with anything dead or alive that might hind the partition. sugar and cinnamon, and bake in a serve them as food. moderate oven half an hour. This is excellent for the little folks, and good hot or cold.

apple pudding, let your quest end of molasses, one quart of milk, one spoonful of ginger and cinnamon.

When the milk boils in the double The three seemed to hold a consulstirring often. Now add the other their commander.

ly. Eat with cream or apple syrup. rich syrup and when cold covered had fallen from my plate, there a with a meringue, sprinkled with nutmeats and slightly browned. Gelatine scheme to get a kernel of rice across previously dissolved, may be added a crack that stretched like a great to the syrup while still warm. Turn canon between them and their forinto a ring mould. At serving time fill the centre with sweetened whipped cream, with or without nuts. These jellied apples should be served ice cold. Evaporated apples stewed are improved by adding raisins in the proportion of half a cup of raisins to a half pound of apples. Flavor with lemon.

A pie not like that his mother used to make, and perhaps not even to his way of thinking, an improvement, is built as follows:

Line the pie-plate with the best crust you can make and fill with tering the three toilers in as many those who use them." pared apples, cut in eights. Sweeten well and dredge with cinnamon and flour. Pour over all one-half cup of rich cream, or the same amount of made custard. Top off Hubby's dinner with a quarter section of this pie, and see how quickly the wherewithall for your new hat will be forthcoming. Bake with a top crust or heat with meringue or whipped cream, as you prefer.

HINTS FOR YOUNG MOTHERS.

Mothers should remember that it is of great importance to look well to ly swung himself round with a a child's first teeth, as well as to to be infected by decay of the first scended they just touched the further set, and dentists fully recognise the side and his feet took a firm hold. teeth. A tooth grows from a little looked for a moment as if the ant borrow money from him.

Those who are gaining flesh and strength by regular treatment with

Scott's Emulsion

should continue the treatment In hot weather; smaller dose and a little cool milk with it will do away with any objection which is attached to fatty products during the heated

Send for free sample. SCOTT & BOWNE, Chemists, Toronto, Ontario.

50c. and \$1.00; all druggists.

THE PROPERTY OF THE PROPERTY O

successors.

During warm weather milk for hands of the enemy. almost any other way.

when teething, but do not constant- low marauder. Milk is a food, not by any means a fear he retreated behind the bug.

thirst quencher. advocates the use of sleeping sacks with it to one of the tomato cans for children, with arms and a button under a leg of the dresser mounted at the neck, instead of a nightdress. to the edge and began leisurely to The child could not walk about in a devour his prize. sack, and, therefore, could not get to | For a time the ant seemed frantic a fire and ignite its clothes, for it with grief and rage. He dashed Pasteboard Cannon Balls Filled bodies and are let loose. They know dinary nightdresses is that a rest- as if he could not believe that he less child kicks off the bedclothes and had really been robbed. rolls up the nightdress under its As the fruitless search continued he

room in the house, but do not choose den he paused on the very spot Apples fried in butter or pork fat a top room unless it is absolutely where he had been robbed, and after are nice for breakfast, or with a unavoidable, as the ceilings are gen- what seemed to be a moment's reerally lower than in other rooms, flection started off on the and being close to the tiles are terneatly, make pretty cups for a ribly hot in summer. Children are salad. These applecups may be filled like flowers: unless they get plenty from afar, and dropping the partly with a mixture of cold, chopped of air and sunlight they cannot be devoured bug into the water, ran meat and bread crumbs, seasoned to really healthy, and, as microbes around to the farther edge of the taste, soften with melted butter, and flourish in dark rooms, this is an tin. additional reason that the children's

ANT AND SPIDER.

The Ant Overcomes Great Difficulties and Earns His Dinner.

of the dry season in the Philippines upon the surface of the water.

their nest of clay built up some- bug, dropped it over the side of the smugglers. "You've a very quiet on a trade in ornithological speci-

At first as I watched them they seemed to work at random.

Then one afternoan when the sun-If you are looking for an Indian light was exceptionally bright I Dr. Williams' Pink Pills Makes noticed an ant considerably larger right here. Take one half of a cup and longer limbed than his fellows moving leisurely across the floor and teaspoonful of salt, three scant cups pausing frequently to look about of pared and sliced apples, to which him. During one of these pauses you will add a quarter of a tea- two ants hurried up to him from opposite directions.

boiler, pour it slowly on the meal. tation, and presently the two retir-Cook half an hour in the boiler, ed as if to carry out the orders of

greased pudding dish and bake slow- continued to move leisurely about, inspecting here a body of ants as Apples are delicious stewed in a they toiled at a bit of chicken that couple that were devising some tress behind the partition, and in stili another quarter a trio tugging at a green bug that was not yet dead and that clung tenaciously to

> A BAMBOO SPLINTER. In every instance the little fellows redoubled their efforts at the approach of their commander, but in the case of the green bug with no satisfactory results.

For fully a minute the big ant and then, as if in disgust at their puniness dashed upon the prey, scatdirections, and seizing the bug by a wing quickly jerked it from its position and started off across the floor at a great rate of speed.

now feebly struggling captive, reach- ailments of life. But you must get Madrid in the night; but as those in ed the widest crack in the floor; to the genuine with the full name Dr. the plot were unloading the goods up the other ants a yawning gulf, cross which they were obliged make a detour of half the length of the room. But the captain had no idea of squandering his time in this

Approaching the brink, he suddenwhirling motion that threw his hind his second set. The second are likely legs high in air, and as they dewould be drawn after it, but the hind feet held fast, and presently the captain emerged triumphant with his booty, starting off in a bee line for the clay house behind the partition.

> All went well till he came to within two feet of a pool of water that the servant had spilled upon the floor when filling the empty tomato cans under the legs of the dresser-a couldn't find any remittance. He toll at the octroi. At the black- became his painful duty to attend necessary precaution to keep the searched for it on the floor, under smith's there were extensive cellars the execution of a criminal, when ants from climbing up and taking the table-in fact, everywhere he in which these goods were stored. having seen that all the preliminary possession. The captain scented the thought he might have dropped it. But one who was in the secret be- arrangements were complete, he water from afar, rose up and in- Then quite accidentally he turned trayed it, and the officers of the law bowed, touched his hat to the culspected it till he was satisfied that over the sheet on which the letter came down suddenly on the black- prit, whose black cap was already it was impassable, and then began was written and discovered this smith, penetrated to the cellars, and over his face, and took his leave

This movement took aim beyond the very dickens!"

sac or pocket in the gum, and, the the range of my vision, and a mosecond teeth being developed close ment later I was surprised to see to the first ones, it is only natural him beating a hasty retreat, tugging to believe that the milk teeth will frantically at the bug, much as dehave a good chance of affecting their feated soldiers tug at a field piece to prevent it from falling into the

children should always be boiled be- Suddenly the ant stopped and fore using. 'To do this, heat to sprang round defiantly in front of about 170 deg. Fahrenheit, and keep the bug, and the next moment I saw at this temperature for about thirty a gray spider (the variety which usminutes. This precaution is especial- ually travels with huge bounds like ly necessary when an epidemic of any a flea) approaching warily. It shot kind is prevalent, as infection is forward a few inches, paused, shot carried more quickly by milk than in forward again, and then seemed to debate the advisability of attempt-Babies are generally very thirsty ing to capture the bug from his fel-

ly give them milk to drink. Cold The debate lasted only a moment. quenching the thirst, and, as a rule, him at the near approach of his big babies are not given nearly enough. antagonist, and in a sudden panic of

Like a flash the spider leaped upon A doctor, writing to the 'Lancet,' the choice morsel, and hurrying away

excited, chasing about in big, zigzag The nursery should be the sunniest loops as if demented. Then of a sud-

TRAIL OF THE ROBBER. The spider recognized its enemy

The ant seemed quite to have regained his self-possession now, and reaching the can climbed deliberately up, and raising his head cautiously over the edge located the object of his visit. Quick as thought the spider was upon him, and for a moment there was a confused blur of shifting gray and red, as the two fought desperately on the jagged edge of the can.

and a moment later I saw the two an inverted funnel of tin. Then the and so the trick was discovered. struggling in the water. The spider officers put a stick through the neck | There lived near the French from I was confined to my bed in Manila made spasmodic efforts to climb up and turn it about they draw it out tier a learned ornithologist, who not sisters-well, you never tasted any- Phillipine Islands, with dengue fever, the smooth side of the can, but the and find that the rod has been in only himself had a collection of rare writes a traveller. Through my ant, far more active in the water, oil. But the upper bulging sides of stuffed birds, but he also was con-Mix a good tablespoonful of butter mosquito bar I watched the red ants always dragged it back. In a few the can contain smuggled spirits. explore the crazy old Spanish floor moments the spider doubled up con- An old woman died lately at Cau- societies throughout Europe when with its gaping seams which the heat vulsively and lay, a still gray ball, sand who for long hoodwinked the collections were sought to be made

Every morning an army of the lit- tency of his race, fished out of the jar of brandy, which she drew off France or Germany or England. Con-

A SPRING TONIC.

Strength for Summer.

men. They make debilitated men cealed run goods. strong lusty and energetic. They every time-they cannot fail. After themselves at the expense of the rev- birds." a course of Dr. Williams' Pink Pills, every man and woman can withstand the summer's heat free from backache and headaches, weakness and despendency. Mrs. M. A. White, Scal Cove, Que., says: "I cannot "I want you to convey for me a praise Dr. Williams' Pink Pills too highly. They have not only made a new person of myself, but have been of inestimable value in my family. always keep the pills in my home and the result is I have no doctor's bills; nor have I any delicate boys girls, as the pills keep them watched the efforts of his fellows, strong and healthy. I constantly recommend the pills to my friends, and I always hear good words from liqueurs. Get them safe into

with the mere symptoms of disease; without taxing them." they simply make new rich, red Presently the big ant, with his blood, and thus cure all the common to get them into the Prado at Williams' Pink Pills for Pale People, rode an officer. on the wrapper around each box. Sold by all dealers everywhere or by mail at 50 cents a box or six boxes for \$2.50 by writing The Dr. Williams' Medicine Co., Brockville, Ont.

THE RAINY DAY HAD COME.

Mark Twain tells a story of a fellow-worker who was recently in re-

for a rainy day." WIDE DETOUR TO THE RIGHT. the window, and find it's raining like wagons.

Purity is Goodness, Goodness is Strength.

Tea Combines them All.

boiled water is much better for The ant's courage evidently failed Sold only in sealed lead packets. By all Grocers, Black, mixed or green. Highest Award St. Louis 1904

HAVE MANY CLEVER DEVICES FOR HIDING GOODS.

With Brandy-Dogs Carriers of Laces.

tea and spirits, and where we have cover them. a scaboard closely watched, it cansuccessfully.

outwitted, but rarely on a large was in France, sometimes in Switscale, and never can a contraband zerland. But actually the beast he trade be carried on for long unde- travelled with was an ass. Tin retected. It is not at the present day ceptacles had been formed, adapted worth men's while to apply their to his sides and back, and these minds to the overreaching of the were filled with brandy, and the coast guard, says Chamber's Jour- whole was covered over with nal, and consequently the art is in its dotage and decline.

outwit the preventive officers, as passed the frontier one day, as ill when a vessel came into the Colme luck would have it, his bear gave some years ago with its cordage of voice. twisted tobacco, but it was found "Hello!" said the Custom House out. Oil cans are made, or were officer, "what a very remarkable Suddenly there was a tiny splash, made, with an interior consisting of bruin, that brays like a donkey!"

coast guard by carrying about a up; and he undertook to procure the The ant, with the dogged persis- baby. This was actually a bottle or specimens that were desired in

AND HE LET HER PASS.

runners of smuggled goods had con- "Poll, pretty poll When you are Every man and woman in Canada trived a most ingenious cache. A dead I will stuff you with laces," or needs a tonic medicine at this season little stream falls in cascades from else, "Poll, I will stuff you with eau of the year. They must have new, the mountain above. They diverted de cologne." Now it fell out that rich blood to build them up to bear the stream, formed a cellar under the once our naturalist was conveying a the trying heat of summer. Dr. Wil- spet where the water splashed down, collection of specimens across the liams' Pink Pills are the greatest well covered with broad slates above, frontier, and unluckily he had his spring tonic in the whole world. on which they cast torrent rubble parrot with him. At the custom Every dose makes new, rich blood- and in this hid their kegs. But a house, all at once it screamed out: new vigorous life. They transform storm brought the stream down with "Pretty Poll! When you are dead weak, weary, anaemic girls into such violence that one night it tore I will stuff you with lace! ingredients; pour into a deep, well For fully a half hour the big ant healthy, graceful, well-developed wo- away the roof and revealed the con- Poll! When you are dead I will

Brigadier at Segovia, about to re- your neck for telling secrets." turn with empty caissons to Madrid. "Look here, my friend," said he, quantity of cannon balls and shells to the capital-as many as your him piles of these munitions of war. The Brigadier demurred—the weight would be urodigious. "Bah!" replied the smuggler. "They are all of blackened pasteboard and are full of velvets, tobacco, brandy Prado and you shall be paid for Dr. Williams' Pink Pills do not act your pains 75 louis d'or. They will

The Brigadier agreed, and managed

"Hello!" said he. "The very thing we want. I have orders to send a convoy of shot to Seville against those dogs of English." And he confiscated the lot; but, finding them remarkably light, broke one, and forth gushed

THE FINEST COGNAC.

In Paris for some time by an inceipt of a letter from a man who genious contrivance a good deal of necessity of looking well to the early As the bug dropped out of sight it has regularly made it a practice to wine and spirits was passed beyond the barriers without paying duty. A In this letter the writer surprised subterranean passage had been made his correspondent by saying: "This from the village of Les Vertus, near time I have decided to reverse the St. Denis, in the house of a citizen, usual order of things, and, instead and it led into the cellar of a blackof borrowing from you, I enclose smith near the Foire St. Laurent. herewith £5, which I am going to The passage was lined with planks ask that you will lay aside for me well greased, and kegs were sent rolling along it filled with every kind | morning!" But the recipient of the letter of merchandise that ought to pay | As High Sheriff of a county it once postscript: "I've just looked out of with the contents loaded seventeen with his customary:-

At the present day a great source morning!"

of annoyance to the Spanish frontier guards is the extensive smuggling that goes on from Gibraltar, and dogs are trained as the mediums. They have laces and all kinds of English produce sewn around their perfectly whither they are to go, and the guards fire on all such dogs that they see coursing over the country. Smuggling effectively is one of In the same way in Perigord dogs those fine arts that have decayed, at are educated to poach trufles, which least in England, where, as we have they dig up and hide in well known duties on little else than tobacco, caches, where their masters can re-

On the Swiss and French frontier not be carried out to any extent an Italian plied his trade. He had a bear and a monkey that sat on Now and then the revenue men are the back of bruin. Sometimes he

THE SKIN OF A HUGE BEAR.

Attempts are made occasionally to As the showman with his beasts

sulted by amateurs and by learned may be," replied Nanny, "but I war- they were rare and valuable and rant you he's got a deal o' spirit in liable to injury if roughly handled. Now, it so chanced that he bought a live parrot, with which it entertained him to converse. After a meal In Gower, at Llangenneth, the he would stand by the perch and say: stuff you with eau de cologne!"

When Joseph Bonaparte was King | "I will trouble you," said the cusgive worn, despondent women new of Spain a good many individuals, tom house officer, "to let me investihealth and comfort. They do this even those highly placed, enriched gate your collection of stuffed

> "Aye!" said the ornithologist bit-One day a contrabandista met a terly. "Pretty Poll! I shall wring

A MODERN MOTHER.

Children shudder at castor oil, horses can draw." Then he showed and with good reason. Castor oil is a relic of old-time barbarism. Not only is it repulsive to the taste, but it gripes and tortures delicate children. Modern mothers use Baby's Own Tablets, a gentle laxative which does not gripe; a comforting medicine which may be given to a newborn babe without fear of harm. These Tablets cure all the minor ills upon the bowels; they do not bother let cannon balls rass the barriers of little ones, and promote natural sleep and repose. Mrs. R. H. James, Fenaghvale, Ont., says:-"I find great satisfaction in the use of Baby's Own Tablets, and do not know how I could get along without them. They make children well and keep them well." And you have a guarantee that there is not one particle of opiate or harmful drug in this medicine. Sold by medicine dealers or by mail at 25 cents a box by writing the Dr. Williams Medicine Co., Brockville, Ont.

STRONG IN DEATH.

In the line of absolute and abstract politoness nothing can quite. reach the heights attained by a certair English baronet who became the High Sheriff of London. It was his invariable custom when hurrying along the street to salute any of h.s numerous acquaintances with 4 bow, a touch of the hat and the words "Sir, I wish you a very good

"Sir, I wish you a very good