

The Liberal

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"In Essentials, Unity; in Non-Essentials, Liberty; in all things, Charity."

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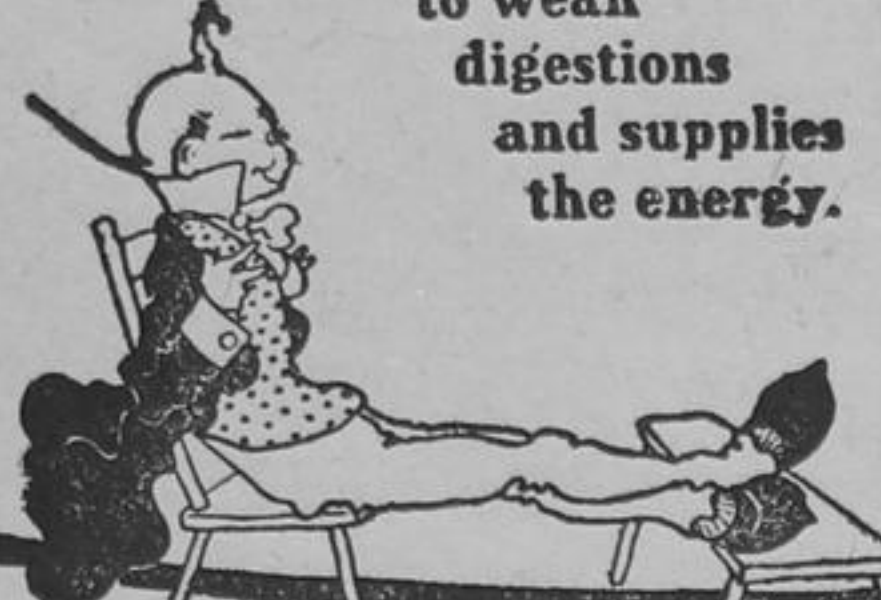
Jim Dumps had tried some time in vain
To ease an after-dinner pain
Which gnawed at him his belt below,
And filled his world with indigo.
Dyspepsia now can't bother him,
For "Force" has made him "Sunny Jim."

"Force"

The Ready-to-Serve Cereal

A Foe to Indigestion.
"Every summer I have had to take tonics, but now I use 'Force.' I am enjoying excellent health; it has built me up, I eat 'Force' at night and it gives me a restful sleep. It builds me, satisfies and is pleasant to eat and a foe to indigestion."
—Mrs. KATH W. DOW

gives work to weak digestions and supplies the energy.



Women's Institutes For Farmers' Wives

Three hundred meetings attended by farmers' wives for the purpose of receiving and giving instruction in better methods of housekeeping! Such a series of meetings has just been held in this Province under the auspices of the Ontario Department of Agriculture. Sixteen ladies were engaged for this work, and the most excellent reports received by the Department of the work done, quite justified the expenditure involved.

The objects of Women's Institutes as stated in the rules and regulations are:
"The dissemination of knowledge relating to domestic economy, including household architecture, with special attention to home sanitation; a better understanding of the economic and hygienic value of foods, with a view to raising the general standard of health and morals of our people."

We are pleased to see that the farmers' wives and daughters are taking readily to the work. As an evidence of this I quote from a letter just received from one of the secretaries in a northern district:

"I have much pleasure in presenting the annual report of the Institute. I think we may fairly claim for our one-year-old Institution a successful start and a prosperous year."

In June, 1902, we organized with but a handful of for the most part doubting, indifferent members, and at the close of the year we have a membership of 74, most of whom are active and zealous, and all very much interested in this latest and much-needed method of raising the standard of the lives of the women on the farm.

For a new departure our winter meetings were well attended, many, do doubt, attending through curiosity to find out what the new fad meant, but I am pleased to say that after nearly every meeting the sentiment expressed was one of genuine respect for the Institute and those taking an active part in the work.

As might have been expected mistakes were made by reason of the entire newness of this kind of work to most of us, but I think we may congratulate ourselves that the mistakes were neither many nor serious. But for all that we feel that there is a great work ahead of us, so big in fact that one is practically tempted to shirk it, but it is hard to sit still knowing the tremendous difference there is between what is and what might be in the conditions of Canadian farm life.

I am pleased to be able to report that we have a capital complement of Branch officers, and if we can but keep this kind of school in working order for a year or two more you may anticipate great results.

Personally it has been one of the greatest pleasures and surprises of my life in the short experience while at work in our winter meetings to meet and make so many warm friends.

It is impossible to take part in this work without getting a broader and more cheerful view of life, and for this, if for nothing else, the Institute should recommend itself to every woman."

WANTED—SEVERAL INDUSTRIOUS PERSONS in each state to travel for house established eleven years and with a large capital, to call upon merchants and agents for successful and profitable line. Permanent engagement. Weekly cash salary at \$18 and all traveling expenses and hotel bills advanced in cash each week. Experience not essential. Mention reference and enclose self-addressed envelope. THE NATIONAL, 334 Dearborn St., Chicago.

Vaughan Council

Council met on Tuesday, Aug. 11, at 1 p. m. Reeve Watson in the chair. Members present: Messrs. Malloy, Devins, Longhouse and Thomas.

Minutes of last meeting read and adopted.

Longhouse—Thomas—that the treasurer pay the following road accounts:

G. Millings, team on grader	\$ 3 00
J. Woods, team on grader	1 50
H. Creighton, team on grader	1 20
J. Nattress, team on grader	5 70
R. Kellam, drawing gravel	7 50
A. Agar, drawing gravel	7 50
R. Burton, drawing gravel	3 00
G. Woods, work in pit	5 00
T. Webster, drawing tile	60
T. Webster, putting in pipe	38
C. London, putting in pipe	38
J. Nattress, repairing bridge	1 28
H. Creighton, sharpening picks	30
G. Sutton, hauling gravel, etc.	28 50
G. Locke, drawing earth	1 20
A. Farr, drawing timber	1 80
A. Lawrie, work with team	13 50
Winger & Son, concrete pipe	11 20
J. Clarkson, drawing pipe	1 50
G. T. R., freight on lumber	26 25
Commuted Statute Labor Account	
A. McNeil, Div. No. 10	\$ 2 87
J. Nattress, Div. No. 17	116 04
R. Watson, Kleiburg Div	14 63

Devins—Malloy—that the treasurer pay the following:
H. Creighton, for Vaughan Ag. Society \$25 00
Treas. R.H. & Y.S. Ag. Society. 10 00

T. F. McMahon—
Printing 100 bills \$ 2 00
Printing 100 school forms 1 00
Adv. Court of Revision 2 50
200 voters' lists, 124 pages 91 50
Adv. posting up voters' list .. 2 50
Brown Bros., cash book 5 00

Devins—Longhouse—that the reeve and Councillor Thomas be a deputation to wait upon Mr. Francis, commissioner for Youge St., in regard to work done on said road.—Carried.

Malloy—Thomas—that the sum of \$450 be set apart as an appropriation for the maintenance of Youge St. between Vaughan and Markham during the year 1903.—Carried.

By-Laws Nos. 768 and 769 were read a first, second and third time and passed, to levy and collect the necessary school money for the sections and union school sections in the township.

Council adjourned to meet on the 8th of September, at 1 p. m.

We have all the finest Canadian refined sugars in stock. We will sell you this week best powdered sugar, which is excellent for the table, 21 lbs. for \$1; and a nice grocery sugar 32 lbs. for \$1. Atkinson & Switzer.

TRIP TO ROCHESTER.

A very interesting and thrilling experience happened to several of our leading young citizens in the persons of the head of our leading financial institution, the proprietor of the Farmers' Emporium in the Grand Central Block, a prominent young farmer and member of the Curling Club from the south of the village, and the genial dispenser of liquid refreshments of the Dominion Hotel. These sports having worked very hard during the hot summer months and consequently suffering somewhat from nervous debilitation, made up their minds to take a trip to Rochester last Saturday, and secured passages from the Messrs. Hepburn, "particular friends of the banker," on the steamship Argyle. A very curious coincidence, of which the party claim they knew nothing, was that the "Young Boys' Hebrew Association" of Toronto, was holding an excursion on the same evening, and very naturally each member of the party, without much stretch of imagination was taken as that account nothing was too good for them on the voyage; and as happens on board ship acquaintances were rapidly made with the many handsome young Jewesses taking in the trip. Upon arrival at Charlotte the thrilling occurrence mentioned above happened and of which an account was given in Tuesday's World, the names of our friends being naturally changed to avoid too much notoriety. The true version is as follows:—A number of the Jewish excursionists were taken into custody by the Customs authorities when the Argyle arrived at Charlotte for attempting to smuggle themselves into the States, and among these were some of the pretty young Jewesses with whom acquaintance was made whilst on board by the party from the Hill. Each being known for his gallant proclivities protested so vigorously against the arrest that the authorities turned their attention to the male defenders, and it was not till much telephoning and use of wireless telegraphy that the Customs officers were made satisfied that our young friends were not Jews, and were quite innocent of the intentions of the excursionists. But to make themselves safe they compelled the financier to place in Bond the balance of his last year's salary; the implement man could only refer them to the Canada Life; the farmer pawned his overcoat, and the dispenser handed meekly over his gold watch and chain, whereupon they were allowed to go, and they quickly took the electric car for Rochester where, after breakfasting at the Whitcomb they took in the sights of the city which were not many, the exception being "Rattlesnake Pete's Den" which is worthy of a visit. In the afternoon a trip was taken to "Ontario Beach," the great resort for the people of Rochester, when fully thirty thousand people enjoyed the music of the 54th Reg. Band. Then they took in the merry-go-rounds, chutes, variety shows, and other amusements. Our friends, however, being brought up in a cleaner atmosphere did not enjoy these desecrations of the Sabbath, and quickly betook themselves to the steamer where they rested in seclusion till it was time for departure to dear old Toronto where they arrived without further mishap about 5 o'clock Monday morning. This is a trip (without the experience) we would recommend, as the Messrs. Hepburn who own the Argyle, try every possible means to make their patrons comfortable.

"I am well now and enjoying better health than ever before in my whole life."

That is the statement of a woman who had never been well until she was made well by the use of Dr. Pierce's Favorite Prescription. There are a great many other women in like case. They have always been sufferers from disease. They have never known the joy of perfect health.

For all such women Dr. Pierce's Favorite Prescription holds out the prospect of perfect and permanent health, by the cure of the womanly diseases which weaken women. It establishes regularity, dries weakening drains, heals inflammation and ulceration, and cures female weakness. It makes weak women strong and sick women well.

"It gives me pleasure to let you know of the great benefit received from Dr. Pierce's medicines and the advice which you so kindly sent," writes Mrs. Bertie Parker, of Bonham, Fannin Co., Texas. "I took your 'Favorite Prescription,' 'Golden Medical Discovery' and 'Pleasant Pellets,' and followed your advice regarding the 'Lotion Tablets,' and am cured. I had been treated by different doctors and spent one hundred dollars for treatment and medicine, but received very little relief. I have only spent seventeen dollars and fifty cents for your medicine and it has cured me in three or four months of ulceration and falling of uterus. I suffered severe misery in my back, also irregular periods. Had bearing-down in lower portion of body and great pain all through my body. Pain in uterus was very severe. Had smothering spells, breath very short all the time, had pain in stomach, pain in my thighs, pain in breast, also between my shoulders. Bowels constipated. I am well now and enjoying better health than ever before in my whole life. Am happy to tell you that I was cured by your good advice and good medicines, the 'Favorite Prescription,' 'Golden Medical Discovery,' 'Pleasant Pellets' and 'Lotion Tablets.' These medicines cured me and will cure others also."

The dealer who offers a substitute for "Favorite Prescription" does so to gain the little more profit paid on the sale of less meritorious medicines. His profit is your loss, therefore accept no substitute.

Dr. Pierce's Pleasant Pellets regulate the bowels.

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One hundred acres of first class land for sale, being lot 32, 4th con. Markham, three-quarters of a mile south of Gormley.

There is a good frame dwelling, large barn on stone wall, Basement stable and other outbuildings; two good orchards. New school House on south lot, and a church across the road from buildings.

For terms full particulars apply to B. McDONALD, Richmond Hill.

S. M. BROWN, Richmond Hill, June 11, 1903. t.f.

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H. P. BLACKFORD, 45-3 mos Toronto.

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Cooking stove, coal or wood, Doherty, Sarnia make, and coal self feeding heater, Buck Brantford. Make cheap for cash if sold at once.

Apply to R. A. FARQUHARSON.

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