

About the ...House

LAYER CAKES.

Fig Paste for Cakes.—One pound figs, 2 large cup sugar and 2 cup water. Chop the figs, and then cook with the sugar and water until thick as paste.

Raisin Filling for Layer Cakes.—One teacup coffee sugar and 3 tablespoonfuls water boiled five minutes. Beat the whites of two eggs to a stiff froth, and pour the boiling syrup over it. Seed and chop 1 lb. raisins and beat all together till cold.

Layer Cream Cake.—Six eggs, 2 cups sugar, 2 tablespoons water, 2 cups flour, 2 teaspoons cream tartar and 1 teaspoon soda. Bake 20 minutes with a quick fire and when cold cut it in two. Then spread on the cream, made after the following recipe: Two eggs, 1 cup sugar and 1/2 cup cornstarch. Beat these ingredients well, and pour into 1 pt boiling milk; flavor with the grated rind and juice of a lemon, or 1 teaspoon extract of lemon. Half of the above quantity makes a nice cake for a small family.

Orange Cake.—Bake a simple sponge cake in a round, deep pan, and when cold cut it with a sharp knife into four layers. Peel and slice 6 or 8 oranges, and put a layer of oranges on the first layer of cake and cover them with sugar, then add another layer of cake, then oranges and sugar till they are all used up. Make a soft icing, and just let it brown in the oven.

Chocolate Layer Cake.—The whites of 3 eggs, 2 cups sugar, 1 cup sweet milk, 1 large tablespoon butter, 3 cups flour and 2 heaping teaspoons baking powder. Bake half of the batter in two pans, and to the remaining half add 1/2 cup grated chocolate and bake. When done, pile up the layers alternately, light and dark, and spread chocolate icing between.

Cocoa Cake.—The whites of 6 eggs, 2 cups powdered sugar, 2 cup butter, 1 cup sweet milk, 3 cups flour, 2 teaspoons baking powder and 1 teaspoon lemon essence. Bake this as a loaf cake and the next day cut off the upper and lower crusts.

THE TURPENTINE WOULDN'T WORK.

THE PITIFUL EXPERIMENTS OF A YOUNG MAN TO CURE HIMSELF OF RHEUMATISM.

Liniments, Oils, and Everything Failed to Relieve His Sufferings.—He Used Dodd's Kidney Pills, And They Cured Him.

Boisevain, Man., Jan. 27.—(Special)—Five years ago, Mr. C. S. Holden, of this place, then quite a young man and a farmer's son, became almost a cripple with Rheumatism. His own account of his experience is very interesting. He says:

"For about a year and a half I had a dull pain in my right shoulder. It grew much worse in cold weather, and in winter was so bad that I could scarcely use my arm at all. When I went to bed I would have to take my left hand and hold my right shoulder to turn over. The pain was nearly unbearable. Words cannot express it. I often said if I had to endure such pain all my life I would rather have no arm.

"I was almost a cripple and could not help complaining very bitterly. Everybody had something to tell me to do. One said, 'Rub on Spirits of Turpentine.' I did so, but only grew worse. Besides this I tried every other liniment and oil I could hear of or get, but all to no purpose. Nothing seemed to give me the slightest relief. I was growing very downhearted as it looked as if I was never going to find anything to cure my dreadful pain.

"Now it happened that we had some of Dodd's Kidney Pills in the house—we always keep them—and having tried everything else, my father suggested that I take some. I commenced, and when I had taken three doses I felt some better, and I kept on till in a few days the pain was all gone.

"This is five years ago, and I have not had the slightest pain or ache since."

Trim the brown off the sides, and slice it in four layers. Grate 2 coconuts and put in the icing. Spread each layer, the top and sides, with plenty of icing. When cut, it will be perfectly white all through and a very handsome cake.

Fig Cake.—The whites of 6 eggs, 2 cups sugar, 1/2 cup butter, 1 cup milk, 1/2 cup cornstarch, 2 cups flour and 3 teaspoons baking powder. Take one-third of the batter, and add 1 teaspoon cinnamon, 1 teaspoon allspice or cloves and 1 doz. figs cut in small pieces. Bake in layers, two white and one dark one, and spread them with the following icing: The whites of 3 eggs, beaten to a stiff froth, 2 teacups granulated sugar and 4 tablespoons water. Boil the sugar and water together five minutes, then pour it on the whites and beat till cold. One-half pound blanched almonds pounded to a paste in an addition.

SALADA

Ceylon Tea is the finest Tea the world produces, and is sold only in lead packets.

Black, Mixed and Green.
Japan tea drinkers try "Salada" Green tea.

SOME BEAN RECIPES.

Brown Soup.—For one meal a brown soup may be made. For this, take what beans you may have on hand, measure and pour into the stewpan. Add four times their amount in water. Season to suit the taste. Then when the stock is boiling briskly, stir in a thickening made from one heaping tablespoonful browned flour to each pint of stock, stirred up in a little cold water. Cook for a few moments and serve as hot as can be eaten.

Thin Soup.—This is made by crushing all the beans with a potato masher, straining them, measuring and adding twice or three times the amount of water. If those who are to partake of it do not use vinegar with their beans, milk may be used and make the soup better. Thicken with a small amount of flour and serve with crackers.

Bean Tarts.—Fill shells of biscuit dough with the beans and a small amount of their liquor. Cook in a brisk oven until the shell is well done, by which time the beans should be well browned on top. If not, put them on the grate for a few moments. Serve while hot.

Bean Cakes.—For bean cakes for breakfast, take a teacup full of boiled beans, drain the liquor from them and mash fine. Strain and add to the pulpy mass three tablespoonfuls buttermilk, one-half teaspoon milk, same amount of salt, and stir well. Add to this two heaping teaspoonfuls wheat or graham flour, and beat up well. Drop in spoonfuls on a hot greased griddle, and fry on both sides to a delicate brown. Serve hot with salt, butter and pepper.

CARE OF THE HAIR.

A well-known hair specialist, who stands at the head of his profession, has been giving some much-needed advice to his patrons. "Treat your hair as you would a plant," he says, "carefully, tenderly, judiciously. If the plant seems hardy so much the better, and so much better is your chance for keeping it. Hair tendencies are inherited, and one should profit by the examination of her ancestors. For instance if your father grew bald and gray in his early thirties and your mother's hair was brittle and harsh at 40 your efforts to keep your own hair in good condition must be redoubled."

"A certain hair specialist once said that if a woman did not care for her hair before 20 she would have no hair to care for at 40. And there never was a truer saying. From childhood it has been constantly dinned into our ears that the hair, to be kept in a healthy condition, should be brushed with a stiff hair brush for 10 minutes night and morning. This is a most absurd fallacy. It is impossible to lay down rules of that description for woman-kind in general. How often and how long hair should be brushed depends altogether on the individual head of hair. You would not think of digging mercilessly into the roots of a tender plant, and if your hair is fine, thin and silky too vigorous treatment with the brush will produce bald spots in short order. On the other hand, a hardy head of hair is made much better for much brushing."

Minard's Liniment for Rheumatism

TREATMENT OF PINE FLOORS

Hard-pine floors should be first filled with white shellac—in proportions of two gallons of shellac diluted with one gallon of wood alcohol—and after two coats of shellac there should be one or two of fine heavy varnish. Sweeping with a long handled hair broom is light, quick work, and if a floor used daily be wiped up with a damp cloth once a week it will be clean indeed. If such a floor is rubbed twice a year with paraffine oil it will lengthen the time for redressing. Chestnut stairs should be treated the same, but chestnut is a more porous wood, and it will require more of shellac filling. Kitchen, bathroom and laundry floors are best oiled about once a month. Boiled linseed oil and turpentine, mixed half and half, make an excellent oil for this purpose. Soft-pine floors should be painted, but hard-pine wood never, as the paint will peel off.

COLORS THAT DO NOT FIGHT.

The color of the eyes should deter-

mine the choice of the dress and millinery.

A blonde may wear pure white with advantage, but the brunette nearly always looks better in cream-colored fabrics. This ought to be more generally recognized.

Brown eyes and a brown dress go well together.

Blue eyed girls should wear blue as often as possible.

The tan shades are not suitable for slim figures, while black satin intensifies round shoulders.

A small toque is excessively unbecoming above a large, round face.

Dull black is the best choice for a fair-haired woman, while a brunette must order something brilliantly black if she really wishes to look her best.

Tucks and stripes running downward become the Juno type of woman; but the thin, angular beauty should have the stripes and tucks running around her dress and she will be surprised to find how much her appearance will be improved.

RULES FOR DIET.

1. Eat when you are hungry.
2. Drink when you are thirsty.
3. Eat enough, and then stop.
4. Eat what your appetite calls for.
5. Train your appetite and stomach by eating the greatest possible variety. You are not a shirk; why should you let your stomach become one? Many foods are not liked the first time they are tasted, such as oysters; hence, unless you try a thing several times, you do not know whether you like it or not. Hence, never say you dislike a thing till you have eaten it three times.

EMPIRE STATE EXPRESS—FAMOUS FAST TRAIN.

This magnificent train, one of the fastest trains in the world, runs daily except Sunday from New York to Buffalo, a distance of 440 miles in the fast time of eight hours and fifteen minutes.

The time occupied from Buffalo to New York is nine hours, and as it lands its passengers right in the city the advantage over other lines must be admitted. The New York Central has a dozen fine express trains between Buffalo and New York daily. It is the best.

Goodheart.—"I've got you down for a couple of tickets. We're getting up a raffle for a poor man of our neighborhood." **Joakley.**—"None for me, thank you! I wouldn't know what to do with a poor man if I won him."

Messrs. C. C. Richards & Co.

Gentlemen.—Last winter I received great benefit from the use of MINARD'S LINIMENT in a severe attack of LaGrippe, and I have frequently proved it to be very effective in cases of Inflammation.

Yours,
W. A. HUTCHINSON.

Stern Father.—"What an uncharitable hour that fellow stops till every night, Doris. What does your mother say about it?" **Daughter.**—"She says men haven't altered a bit since she was young, pa."

CALIFORNIA - OREGON EXCURSIONS.

Every day in the year. The Chicago, Union Pacific & Northwestern Line runs through first-class Pullman and tourist sleeping cars to points in California and Oregon daily. Personally conducted excursions from Chicago to San Francisco, Los Angeles and Portland, leaving Chicago on Tuesdays and Thursdays. Lowest rates. Shortest time on the road. Finest scenery. Inquire of your nearest ticket agent, or write B. H. Bennett, 2 King street east, Toronto, Ont.

The Falkland Islands have hardly any trees, and are devoted entirely to sheep. Their total area is a little less than that of Wales.

Monkey Brand Soap will clean a house from cellar to roof, but won't wash clothes.

The speed of the "Deutschland," the fastest liner in the world, is 23.36 knots an hour, that of her nearest English competitor, the "Lucania," 21.81 knots.

Minard's Liniment Cures LaGrippe

FOOLISH MAN.

"The man who borrows trouble is very foolish," said Dods.
"That's what he is," rejoined Thornton. "He is compelled to pay such a heavy interest on the loan."

SUNLIGHT SOAP

One ounce of Sunlight Soap is worth more than
Two ounces of impure soap.

REDUCES EXPENSE

Ask for the Octagon Bar. If your grocer cannot supply, write to LEVER BROTHERS, LIMITED, Toronto, sending his name and address, and a trial sample of Sunlight Soap will be sent you free of cost.

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There is one thing that certainly will please you if you can get it, and that is

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All Grocers.



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At a day school one of the teachers was giving a lesson on "steam" to a class of boys about eight years old. After having talked to them about half an hour, illustrating her lecture with a boiling kettle, she put the question:—"What are the uses of steam?" First boy—"To make tea, mum!" The teacher smiled, and asked the next. "To burst boilers, mum!"

Stops the Cough and works off the Cold.
Laxative Bromo-Quinine Tablets cure a cold in one day. No Cure, No Pay. Price 25 cents.

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For Over Sixty Years
Mrs. Winslow's SOOTHING SYRUP has been used by millions of mothers for their children while teething. It soothes the child, softens the gums, always pain, cures wind colic, regulates the stomach and bowels, and is the best remedy for Diarrhoea. Twenty-five cents a bottle. Sold by druggists throughout the world. Be sure and ask for "Mrs. Winslow's SOOTHING SYRUP."

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Minard's Liniment is the Best

Switzerland holds the European hospital record, with six beds per 1,000 of her population.

Deafness Cannot be Cured

by local applications, as they cannot reach the diseased portion of the ear. There is only one way to cure deafness, and that is by constitutional remedies. Deafness is caused by an inflamed condition of the mucous lining of the Eustachian Tube. When this tube is inflamed you have a rumbling sound or imperfect hearing, and when it is entirely closed deafness is the result, and unless the inflammation can be taken out and this tube restored to its normal condition, hearing will be destroyed forever; nine cases out of ten are caused by catarrh, which is nothing but an inflamed condition of the mucous surface.

We will give One Hundred Dollars for any case of Deafness (caused by catarrh) that cannot be cured by Hall's Catarrh Cure. Send for circulars free.

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Take Laxative Bromo Quinine Tablets. All druggists refund the money if it fails to cure. E. W. Grove's signature is on each box. 25c.

960,000 emigrants leave Europe yearly; 200,000 return from abroad.

Minard's Liniment the Best Hair Restorer

Inquisitive people sometimes find satisfaction in catechizing little boys about their names and affairs. This is how one of those curious persons recently fared. "Halloa, little boy; what is your name?" "Same as dad's," said the boy. "What's your dad's name?" "Same as mine." "I mean, what do they call you when they call you to breakfast?" "They don't never call me to breakfast." "Why don't they?" "Cause I alluz git there fust."

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