

ADVICE TO MOTHERS.

How to Keep the Baby Healthy and Happy—Avoid the So-called Soothing Medicines.

Every mother is naturally solicitous as to the health of her children, but not everyone treats their little troubles in the right way. The so-called soothing remedies are still used altogether too much, although physicians have preached against them for many years. The fact that they put children to sleep is no sign that they are helpful. On the contrary, soothing drugs are dangerous and distinctly harmful. At the slightest sign of ill health or disorders, give the little ones Baby's Own Tablets. This medicine is purely vegetable, and is guaranteed to contain no opiate or poisonous soothing stuff. For indigestion, sour stomach, colic, constipation, simple fevers, diarrhoea, the irritation accompanying the cutting of teeth, there can be no better, no safer remedy than this. Baby's Own Tablets are a sweet, pleasant little tablet which any child will take readily, and dissolved in water, may be given with absolute safety to the youngest infant. Mothers who have used these tablets cheerfully testify to the benefit their little ones have derived from them. Mrs. R. L. McFarlane, Bristol, Que., says:—"In my estimation Baby's Own Tablets have no equal as a medicine for little ones. In cases of children teething I would not be without them on any account, as they keep my baby healthy and happy." Druggists sell them, but if you cannot find them conveniently, send 25 cents directly to us and we will forward a box by mail prepaid. The Dr. Williams Medicine Co., Brockville, Ont. Every mother should have our valuable little book on the care of infants and young children. Sent free for the asking.

BEFORE DEAR UNCLE GEORGE HAS DINED, YOU SEE HIM AT HIS WORST.



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THEY GO FOR YOUR LUNGS.

Despite the fact that we are so constantly hearing about the lungs, there are thousands of persons who cannot tell you exactly where they are, even if their lives depended on it. Yet almost all animals, from the man-eating tiger to the house-cat, know the position of the lungs to a nicety. Watch the cat as it springs on a bird and you will find where the bird's lungs are situated. The cat infallibly springs on the back, just on what would be under the shoulder of a man. If thwarted in its spring, or in any way prevented from doing the thing in its proper style, the cat will probably make for the bird's head or endeavor to cripple it, but with a fair chance it will go for the lungs. The tiger, too, does the same, and the lion follows suit. We can recall cases of well-known travellers who have had a shoulder torn by a lion or tiger. Livingstone described how he felt under the ordeal. These animals usually crush right through the shoulder and get to the lungs.

SOZODONT Tooth Powder 25c

SELF-APPROVAL.

"Young man," said the serious person, "don't you realize that the love of money is the root of all evil?" "Well," answered the spendthrift, "you don't see me hanging on to money as if I loved it, do you?"

JUST A BROKEN ONE.

"Look at the pretty new moon, Freddie," said a mother to her 4-year-old hopeful. "That ain't no new moon," replied the little fellow; "that's an old broken one."

"Civility is particularly due to all women" said Chesterfield. If you wish to be popular as well as civil, give your friends Blue Ribbon Ceylon Tea



NOVEL PICTURE OF KING EDWARD VII.

This is a picture of King Edward VII. of England, and was recently printed in the London Tatler. It is entitled "A Royal Buttonhole," and for this reason has been criticised as a misnomer at least. As an artistic arrangement, however, it has been highly commended.

COUNSEL TO SMOKERS.

From the Royal Academy of Belgium comes the following sage advice to smokers:—"Do not use moist tobacco, since nicotine then escapes with the vapor and is not decomposed. "Do not smoke either while fasting or a short time before meals. "When smoking cigars or cigarettes always use an amber, meerschbaum, horn or cherry holder. "Nicotine vaporizes at 250 degrees and that portion of it which is not decomposed in the centre is attracted toward the tip and accumulates there; it is, therefore, prudent to throw away the last quarter of a cigar. "Do not smoke a pipe which has a short stem. "Of all methods of smoking the cigarette is the most offensive." Both coal and tobacco smoke are very injurious to lacquered surfaces.

THE PLUMBERS OF CANADA INVITED.

JOHN S. MORGAN'S LETTER OPEN FOR THEIR PERUSAL.

Nova Scotia Member of the Guild Wants His Case Published—An Eight Year Sufferer from Backache—Cured Recently by Dodd's Kidney Pills.

Bridgewater, N. S., Nov. 4. (Special).—The case of John S. Morgan plumber and tinsmith of this town, should be put prominently before every union and non-union man in Canada. In a matter like this there should be no distinction, the benefit belongs to all.

John S. Morgan for eight years was hampered in his work by backache. Stooping continually at work is the cause of a great deal of backache, though not in the way most people imagine. Mr. Morgan's letter explains the truth of the matter when he says Dodd's Kidney Pills cured his backache. It was really Kidney ache that Dodd's Kidney Pills cured. It was really Kidney ache that troubled Mr. Morgan.

Backache is the commonest symptom of Kidney Disease. Kidney Disease is the commonest of human ailments, and Dodd's Kidney Pills are the one infallible cure for all Kidney diseases. Read what Mr. Morgan says about them himself.

"I have been subject to lame back for eight years. The different remedies I tried were no good. I got so that I was crippled up entirely and couldn't do a tap of work. Another thing was a frequent desire to urinate altogether unnatural.

"About a year ago I commenced to use Dodd's Kidney Pills. I had run down in weight to about 140 pounds. During the time I was using Dodd's Kidney Pills I gained 23 pounds. My back got better and better as I continued taking the pills until to-day I am as free from backaches as ever I was in my life. This after eight years of it means an awful lot to me. I realize the danger I was in and know what I owe to Dodd's Kidney Pills.

"I recommend Dodd's Kidney Pills to anyone who has backache or any other Kidney complaint." The largest egg laid by any European bird is that of the swan; the smallest that of the golden-crested wren.

WHAT A BUREAU REALLY IS.

When parchment was used for writing, and when book-binding was in its infancy, and a bound book was a costly luxury, it was the custom to place the book on a piece of cloth or a strip of wool, in order to prevent the binding from possible damage on the rough wood of the table. Those

Sozodont

Good for Bad Teeth Not Bad for Good Teeth

Sozodont 25c
Sozodont Tooth Powder 25c
Large Liquid and Powder 75c

HALL & RUCKEL, Montreal

who had to deal with money also had a strip of cloth on the table or counter, so that the coins should not roll. This strip was called "bureau." In course of time the custom changed, and the same word was applied to the writing-table, covered with green or other colored cloth, and at length descended to the modern table with the centre protected by leather. As an office contains one or more of these tables, it is not difficult to understand that the name should, in one country, have been given to the room that contained the bureau.

SEEMS LIKE A DREAM

To be now entirely free from Asthma after eight years' suffering. That is what a Vancouver lady says, after being cured by Clarke's Kola Compound.

If the person who suffers from Asthma could see the thousands of letters on file at our different offices he would no longer doubt that Asthma can be cured by Clarke's Kola Compound.

Mrs. J. Wise, Mount Pleasant, Vancouver, B. C., writes: "I have been a most unfortunate sufferer from Bronchial Asthma for the past eight years, and I don't think any person with this disease could have suffered more during that time. Many times for weeks I could not lie down at all. My doctor told me I could never get better. Just then I heard of a Vancouver gentleman who had been cured by Clarke's Kola Compound, so I tried it. The first bottle did not relieve me much, but soon I began to improve, and before I had finished the fourth bottle the attacks ceased altogether, and during the past six months of damp, cold and foggy weather have not had a single attack. It seems like a dream to be free from this worst of all diseases after so many years of suffering. I have since regained my lost strength and weight and don't think I ever felt better than now. I consider Clarke's Kola Compound a marvelous remedy, and would urge any person suffering from this disease to try it."

Sold by all druggists. Dr. Clarke's book on Asthma mailed free. Address The G. & M. Co., Limited, 121 Church St., Toronto, Canada. A free sample will be sent to any person troubled with Asthma. Enclose 6c in stamps.

DISCONTENT.

The same old chorus, year by year, Man raises, willy nilly; We rail at summer's heat severe And grieve when winter's chilly.

C. C. RICHARDS & Co.

Dear Sirs,—A few days ago I was taken with a severe pain and contraction of the cords of my leg, and had to be taken home in a rig. I could not sleep for the pain, and was unable to put my foot to the floor. A friend told me of your MINARD'S LINIMENT, and one hour from the first application, I was able to walk, and the pain entirely disappeared.

You can use my name as freely as you like, as I consider it the best remedy I have ever used. CHRISTOPHER GERRY, Ingersoll, Ont.

The 46 principal British fire insurance companies have a premium income of over \$100,000,000 a year.

SOZODONT for the TEETH 25c

It takes about 50 tons of paint to cover the 120 acres which the surface of the Forth Bridge represents.

Minard's Liniment Cures Bistemper.

Double the time of the sun's rising gives the length of the night; double that of his setting gives the length of the day.

HOME WORK FOR EVERYBODY—DON'T BE IDLE

THE PEOPLE'S KNITTING SYNDICATE, LIMITED

(Authorized Capital, \$180,000) To Fill Large Contracts—Good Wages Easily Earned

We want a few more workers in this locality, at once, and in order to secure your co-operation without the delay of correspondence, we hereby explain our full plan in this advertisement. The work is simple, and the Machine is easily operated, and with the Guide, requires no teacher. If you wish to join our staff of Workers let us hear from you promptly with remittance, and we will send machine and outfit to begin work at once.

We wish to secure the services of families to do knitting for us in their homes. We are the introducers of this plan in Canada and are the largest knitting concern on the continent. Ordinary intelligence to quickly learn to do the work from the Instruction Guide, which all kinds of seamless knitting is done by our Family Machine, thereby enabling anyone of us expressly for this purpose, and the operation so simple, it cannot possibly be a mistake in its work.

The great demand now is for Woodmen's Socks, and Motormen's Mittens, and as we are unable to supply the demand, we have taken this method of advertising for new help. Our plan is to send out each machine to beginners with a sock or stocking partially knitted, and remaining in the machine ready to be continued, and also enough yarn to knit one pair of sample socks or stockings a day, and when the time of a family is devoted to the work, we can readily see that from 47 to 60 per week can be easily earned.

We furnish our workers all the materials, yarn, etc., free, and everything that is necessary for the work. We furnish the machine only for the exclusive use of those desiring to take employment with us, who must, in order to become a member, send us at least one good reference, and remittance accordingly, to give us the necessary assurance that the quantity and quality of the work will not be wasted or misappropriated. Our interests are mutual, and this confidence must be established if we are to succeed. We guarantee fair dealing and prompt payment for work, so do not ask us to deviate from our terms, as we cannot make a distinction with one and not another; besides, we are doing an extensive business, and must be governed by business principles.

The manufacturer can have the machine in 45, and positively will not sell to any others than those who will agree to do knitting for us. There is a large demand by the trade for this class of work. Our workers can depend upon it year after year, and if you engage with us (whole or spare time) we will keep you supplied with work as long as you do it satisfactorily for us and return it promptly. We entrust our workers with large quantities of valuable yarn, and as we give references as to our honesty and integrity, we stock you to do the same, in order that we may know with whom we are dealing.

We have, in as brief a manner as possible, endeavored to show you what our work is, and we simply say as to the machine, it is just what we require it to be, and will positively do everything we claim for it, or refund the money. As a machine, securely packed with an outfit, is set up for work, thoroughly tested, and a sock or stocking partially knitted before boxing and shipping. Should you decide to engage with us, it will be necessary to send us Cash Contract Order Form, properly signed by you, and at least one good reference, together with the remittance, accordingly, upon receipt of which we will forward machine and outfit ready to commence.

We are so frequently and unnecessarily asked if one can learn to knit without a teacher. We say, Yes; it requires no teacher; any person of ordinary intelligence who can read the Instruction Guide can learn to knit at once. If at any time a worker becomes dissatisfied and wishes to discontinue in our employ we will take back the machine and return the money, provided the machine is in as good condition as when received and provided an amount of work equal to the amount paid for the machine has been done. In ordering you must give the name of some responsible friend or neighbor as a reference—one who will speak as to your honesty, also name your nearest express office.

Address: THE PEOPLE'S KNITTING SYNDICATE, LIMITED, Head Office: McKinnon Bldg., Toronto.

LUDELLA CEYLON TEA

Is appreciated by people who want Flavor and Quality. It is always reliable because it is the product of the best Ceylon gardens and Canadian skill. In Lead Packages, 25, 30, 40, 50, 60c.

POULTRY

We need large quantities for local and export orders and can pay the top market price for any quantity of well fatted and well dressed Turkeys, Geese, Ducks and Chickens during next 2 months

The Dawson Commission Co., Limited, Toronto. We also need APPLES, ONIONS, BEANS, HONEY, BUTTER, EGGS, &c.

THE UNOBSERVANT WIDOWER.

Father—"Miranda, isn't it about time for you to think of getting married?" Miranda—"Mercy, pa, I have been thinking about it ever since I was thirteen years old."

Beef and herring have exactly the same value as food. Taking beef as 100 in units of food value, duck is worth 104, salmon 108, butter 124.

THE MOST NUTRITIOUS.

EPPS'S GRATEFUL-COMFORTING. COCOA BREAKFAST-SUPPER.

Our navy costs each individual of the British nation 6 shillings a year. Dutch people pay five shillings a head, and French three shillings and ten-pence yearly.

Beware of Ointments for Catarrh that contain Mercury

Mercury will surely destroy the sense of smell and completely derange the whole system when entering it through the mucous surfaces. Such articles should never be used except on prescription from reputable physicians, as the damage they will do is ten fold to the good you can possibly derive from them. Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, O., contains no mercury, and is taken internally, acting directly upon the blood and mucous surfaces of the system. In buying Hall's Catarrh Cure be sure you get the genuine. It is taken internally, and made in Toledo Ohio, by F. J. Cheney & Co. Testimonials free. Sold by Druggists, price 75c per bottle. Hall's Family Pills are the best.

Askal Chin, in Tibet, is the lake which lies at a greater height than any other in the world. Its level is 16,600 feet. The lowest is the Dead Sea—1,290 feet below sea-level.

TO CURE A COLIC IN ONE DAY. Take Laxative Bromo Quinine Tablets. All druggists refund the money if it fails to cure. E. W. Groves' signature is on each box. 25c.

Rice is the easiest of all common foods to digest, and roast veal and pork the most difficult.

Minard's Liniment Cures Colds, etc.

Britains use 104,000 tons of flax yearly. France comes next with a consumption of 66,000 tons.

Stops the Cough and works off the Cold. Laxative Bromo-Quinine Tablets cure a cold in one day. No Cure, No Pay. Price 25c.

Eight million Germans are insured against illness; fewer than three million British subjects.

Minard's Liniment Cures Diphtheria.

The public houses of London, if placed side by side, would reach a distance of 76 miles.

Minard's Liniment Cures Garget in Cows.

The Amazon and its tributaries hold the record among rivers of possessing 25,000 miles of water suitable for steam navigation. The area the river drains is two-thirds that of Europe.

For Over Fifty Years

Mrs. WINSLOW'S SOOTHING SYRUP has been used by millions of mothers for their children while teething. It soothes the child, softens the gums, allays pain, cures colic and diarrhea, regulates the stomach and bowels, and is the best remedy for Diarrhoea. Twenty-five cents a bottle. Sold by druggists throughout the world. Be sure and ask for "Mrs. WINSLOW'S SOOTHING SYRUP."

Norway's population is the smallest in Europe compared with her area.

Each of her inhabitants could have 40 acres of land, while the Briton would have to be content with less than an acre.

AGENTS WANTED.

HAVE YOU SEEN IT? WHAT! LEE'S Priceless Recipes, 3000 secrets for the Home, Farm, Laboratory, Workshop, and every department of human endeavor, with full index to contents; 368 pages, bound in cloth. Send 25 cents for a copy, and if you think the book is not worth the money send it back and your money will be refunded. This is a good sideline for canvassers. William Briggs, Methodist Book Room, Toronto, Ontario.

AGENTS, WE HAVE NO FAKE SALARY offers to make, but we can put any honest, industrious man or woman in the way of earning \$100 between now and Christmas. Write us to-night. McDermid & Logan, Dep't D, London, Ont.

EDUCATIONAL.

CENTRAL BUSINESS COLLEGE, TORONTO. Twelve Teachers, fine equipment, eighty typewriting machines, modern courses, thorough work, invites correspondence from all interested parties. Address W. D. Shaw, Principal.

VETERINARY COURSE.

FARMERS' SONS WANTED—To take a short, practical course on veterinary work; three months' study during spare time at home will qualify to pass an examination; successful students will be offered permanent positions as \$600 a year in various branches. Splendid opportunity for young men to secure a thorough Veterinary Course and good position; write at once for full particulars. Address—Head Office, Veterinary Science Association, London, Ont.

FIRST CLASS IN GEOGRAPHY. New York School Teacher—"Which is the highest mountain in our State?" Boy—"Sing Sing?" Teacher—"Why?" Boy—"Father went up a year ago, and hasn't come down yet."

W. P. C. 1102

CALVERT'S CARBOLIC OINTMENT.

For all skin ailments. J. O. Calvert & Co., Manchester, England

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Can be done perfectly by our French Process. Try it. BRITISH AMERICAN DYEING CO. MONTREAL, TORONTO, OTTAWA & QUEBEC

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Will make clothes to order for every man in Canada at LOWER PRICES than any other firm, and DELIVER AT YOUR NEAREST EXPRESS STATION. Drop a card for their FASHION PAMPHLET, SAMPLES OF CLOTH, AND MEASUREMENT FORMS.

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