

About the ...House

THE SELECTION OF FISH.

The average housekeeper knows very little about fish, aside from the "panfish" caught from our small inland lakes and streams—the sunfish, perch, black and rock bass and pickerel that are the usual results of a fishing excursion on part of "the men folks." Put her in the fish market and she is confused and uncertain. Her experience has been with fish "from water to pan" and she learns she doesn't know how to protect herself from the dealer, willing enough to take advantage of her inexperience.

To tell a fresh fish says an authority on the subject, see that the flesh is firm—too firm to admit of pressure leaving a dint; that the eyes are full, the scales bright, the fins stiff, and the gills not pale or dark liver-colored, and that there is no marked odor. When it answers to those tests it is fresh, and in the right season for eating.

As a general thing large fish should be boiled; medium-sized ones baked or broiled and small ones fried. The best size for broiling is three pounds for baking from five to eight, and for planking from six to ten pounds. Do not boil whitefish.

Whitefish is one of the best of our lake fish, and the best come from Lake Superior or the Soo river.

Brook trout is delicious eating, but always high priced. Next in flavor is ranked black bass, a fish the sportsman enjoys taking on account of its game fight for life and liberty. This fish is always found in clean water.

The season for fish, especially the lake fish, is spring and summer. Generally speaking a frozen fish is a spoiled fish. A frozen fish should always be thawed in ice water. Fish should not lie in water after they are cleaned. Invert an old plate in a pan and lay the fish on it. Do not put fish in a refrigerator; butter and milk will taste of it.

Utensils used in cooking fish are apt to get "fish tainted," therefore a boiler, baking pan, etc., should be reserved for fish exclusively.

As for the sea fish sold in our large markets, they are sent through packed in ice and are in good condition when received. Fresh cod can be had almost any time; mackerel is excellent, but is in season in spring and early summer, and should be broiled. Halibut is bought in steaks, which are boiled or broiled, so, too, is sturgeon, which has a rather strong flavor, due perhaps to the fact that it is the scavenger fish of our waters. Salmon is in market all the year; it is boiled or baked.

Finnan haddock is smoked haddock, and requires only to be spread with butter and warmed through in the oven. It may be served with a white sauce also, and baked potatoes should accompany it.

There is a good deal in cleaning fish properly. They should be carefully scaled—if panfish—and put through several waters.

FOR THE COOK.

Grape Marmalade.—This is made of the grape pulp with the juice, unless that has been used for jelly. When fruit is not abundant marmalade may be prepared at the same time with jellies. Pick the grapes from the stems and rinse, then add a little water and cook till soft. Drain off the juice and rub the mass through the sieve, to remove all skins and seeds. Add to the pulp an equal weight of sugar and boil slowly with the juice half or three-quarters of an hour. If the fruit is extra juicy, or too much water has been added in cooking them, only half the juice need be added. Stir very often to prevent burning and be careful to not cook too long. I have found by experience that a cheaper, and to some, more desirable dish is obtained by using less sugar. To the pulp and juice of 1 gallon stemmed grapes use 2½ cups sugar. Follow the above directions and the result will be delicious.

East India Preserve.—Weigh equal quantities of brown sugar and good sour apples, pare and core the apples and chop fine. Make a clear syrup of the sugar, add the apples and the juice and grated rind of sufficient number of lemons to give it a good lemony taste, and then add ginger root, about ¼ lb to 5 lbs fruit, though this is according to taste. Boil till the apple looks clear and yellow. This will keep indefinitely by putting in ordinary jars, air-tight ones not necessary.

Preparing Ginger Conserves.—Wash and pare the roots, and cook them in enough water to cover them, until they are just tender. Do not allow them to become so soft that they will break in pieces. Drain, make a syrup of the water they were boiled in and sugar, using to every pound of ginger 1 lb sugar and 1 pint of water. Drop the roots into the boiling syrup, and keep them boiling for half an hour. Pour into small jars, and be sure there is plenty of syrup to cover them. When cold, cork and seal. They will keep for years. Cut in cubes they are added to cakes, puddings, ices, etc. A tablespoon of the syrup gives a fine flavor to a pudding sauce. The

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ginger is eaten also as it is, with a bit of cake or wafer. A good confection for the little folks is made by preparing the ginger in syrup as above, then dip it out, lay on tins and place in the sun to dry. Reduce the syrup by rapid boiling until it is thick, and pour into a bowl or jar. Each day pour a little over the ginger, until all has been absorbed. When the ginger is dry, store it in boxes, placing a piece of waxed paper between each layer. It will keep for years, and is an excellent sweetmeat.

Nut and Apple Salad.—This is very dainty for a luncheon, especially if served in cups of ripe, ruddy tomatoes. Boil together for 10 minutes, 1 cup English walnut meats, ½ teaspoon salt, a slice of onion, 1 bay leaf and a blade of mace. Then cool the nuts in cold water. Pare, core and chop into small pieces 2 large or 3 small sour apples. Mix with the nuts and cover and garnish with a cooked dressing made as follows: Beat the yolks of 2 eggs and to them put 1 tablespoon cold water, 3 tablespoons vinegar, ¼ teaspoon salt, ¼ teaspoon dry mustard and a dash of red pepper. Stir constantly over hot water until very thick. Then remove from the fire and add 2 tablespoons butter creamed extremely soft. Chill thoroughly and lastly mix in 2-3 cup whipped cream. This delicious dressing may also be used for other salads by those who object to oil.

FUSSING OVER CHILDREN.

The coachman's rough and ready rule is not a bad one to judge by; if his horse eats he thinks there is not much wrong. If your young hopeful takes food well no great alarm need be felt; for in children the stomach is a quick-acting index to the general condition. Even with healthy and strong children there is danger if they are asked to much about how they feel, or hear too much about the wholesomeness or possible ill effects of this or that diet. Some of the foretold effects will very likely soon be observed by a sensitive child, more fussing follows on the part of an anxious parent, and the prophecy is presently in a fair way to fulfilment.

STAINS ON TABLE LINEN.

This is the season for guarding against permanent injury to the table linen from fruit stains and the like. Removal of the discoloration or weakening the damage before putting the articles in the wash will be found satisfactory. A little salt applied on the instant, supplemented by the pouring on of boiling water will remove wine stains. To efface grass stains, dampen the spot and apply cream of tartar, rubbing it well in. Javelle water is effective in removing fruit and berry stains. Its use should not be left to the discretion of an inexperienced laundress, however, since if in too great strength it will eat into and destroy the fabric. Javelle water may be made as follows: Carbonate of potassium, four ounces; chlorate of lime, six ounces; water one gallon.

USEFUL HINTS.

Iron pieces of manilla paper, then paint them, and you will find you have something quite as good as oilcloth to tack behind your sink. Do not keep ironed clothes on bars in the kitchen any longer than is necessary for thoroughly drying. They gather unpleasant odors. Try turning a pan over your flat-irons while they are on the stove. It is an excellent way to save fuel, as you can keep them hot with one-half the fire.

TO DESTROY ANTS.

Grease plates with lard, and set them where the insects abound. They prefer lard to anything, and will forsake even sugar for it. Place a few sticks around the plate for the ants to climb up by. Occasionally turn the plate bottom up over the fire, and the ants will fall in with the melting lard. Reset the plate, and in a short time the plague should have disappeared.

FARM LABORERS IN SWEDEN.

There is a special class of farm laborers in Sweden who are given so many acres of land for their own use in consideration of so many days' labor during the year for the owner of the farm. They are a sort of fixture to an estate, and their like exists in no other country.

Clergyman (mildly)—I've been wanting to see you, Mr. Kurd, with regard to the quality of milk with which you are serving me? Milkman (uneasily)—Yes, sir. Clergyman (very mildly)—I only want to say, Mr. Kurd, that I use the milk for dietary purposes exclusively, and not for christening.

A CHINESE JOKE.

An Incident of the Recent Boxer Troubles.

A strange state of mind evidently prevailed in Pekin during the Boxer outrages outside the walls, outrages which were momentarily expected to be repeated within the city limits. Everybody was preparing for a catastrophe, and nobody could be sure why. It all seemed like a huge practical joke, which could not be taken seriously, and yet it was serious, and everybody knew it was. There was apparent peace, with a certainty of coming trouble. The foreigners were gathering in places of safety, and the compounds they had left remained unmolested.

One incident curiously shows the combined lightness and frenzy of the public mind. On a certain evening a boy of about sixteen walked down a street, marking a door here and there with a circle of white chalk, before which he bowed solemnly.

Presently all the people came to their doors in a great state of excitement, and began to discuss the proceeding and debate as to what it might mean. The marked houses might belong to the friends or foes of the Boxers, the saved or lost.

Suddenly a man went up to the boy, seized him by the pigtail, and asked him what he meant. The bystanders were amazed at a courage which dared interfere with an emissary of the Boxers, and the boy himself tried to swagger a little, and brazen it out.

"What were you doing it for?" insisted the man. "Tell, or I take you to the police station."

Then the boy fell on his knees and owned that he was only doing it for a joke, to frighten the people. His success had exceeded his hopes.

COMPLETE SUCCESS.

AFTER MANY FAILURES W. C. ANDERSON MAKES HIS DISCOVERY AT LAST.

Treated in Vain by Five Different Doctors for Kidney Trouble—Took Many Medicines Without Success—Dodd's Pills Succeed Where Other Things Fail.

Waterside, N. B., Sept. 2.—W. C. Anderson, of this town, is a remarkable example of persistence. For years he has been trying to find a cure for his trouble, and for years he has been tasting the bitterness of disappointment. But tried again and now at last he has succeeded.

His trouble was Kidney trouble, by no means uncommon in this province. Indeed some physicians go so far as to say it is the most prevalent malady in Canada. At any rate, it was the affliction of Mr. Anderson.

Five different doctors have attended Mr. Anderson in his time. None of them touched the root of his suffering. The amount of medicine Mr. Anderson has swallowed would doubtless surprise that gentleman himself could he see it all poured out together.

One year ago, Mr. Anderson told his friends he had found a sure cure at last. His friends smiled, but said nothing in reply. His continued hopefulness was proverbial, but everybody had long since paid little attention to the remarkable remedies he was continually discovering and subsequently proving failures. But this time it was no failure. It was Dodd's Kidney Pills.

W. C. Anderson considers himself to-day as successful a man as there is in New Brunswick. He has found good health after many disappointments. Dodd's Kidney Pills have raised the burden off his life. Six boxes cured him of every symptom of Kidney Disease and he acknowledges he owes his success to them.

QUITE ALARMING.

A countryman presented himself at the clerk's desk in an hotel and, after having a room assigned to him inquired at what hours meals were served.

"Breakfast from 7 to 11, luncheon from 11 to 3, dinner from 3 to 8, supper from 8 to 11," recited the clerk, glibly.

"Good gracious!" ejaculated the countryman, with bulging eyes. "When am I going to git time to see the town?"

LOGICAL.

Mamma—"Willie, shut that window screen. You're letting the flies in."

Willie—"Well, you've got to let some of 'em in."

Mamma—"Why?"

Willie—"Cause if you don't let 'em in, how are they going to get on the fly-paper?"

England has 27 railway tunnels of a mile or more in length.

LUDELLA

CEYLON TEA It is clear that the public recognize the superiority of this popular blend.

If You Want best results SHIP all your BUTTER, EGGS, POULTRY, APPLES, other FRUITS and PRODUCE, to The Dawson Commission Co. Limited, Cor. West Market and Colborne St., Toronto.

EARS NEVER STOP GROWING.

Luckily Most Human Noses Have Not the Same Peculiarity.

The systematic examination of more than 40,000 pairs of human ears in England and France has resulted in some interesting conclusions. For one thing, it is ascertained that the ear continues to grow in the later decades of life; in fact, it appears never to stop growing until death. If one will take the trouble to look around in any assemblage of people, as at church, he will discover that the old folks have ears considerably larger than those of the middle-aged. A woman who has small, shell-like ears at 20 years of age will be very apt to possess medium-sized ears at 40 years and larger ears at 60.

Why ears should go on growing all one's life, any more than noses, is a mystery. There are a good many other points about them that are instructive, their shape being markedly persistent through heredity. An ear will be handed down, so to speak, from father to son for generation after generation with comparatively little modification. Some authorities on criminology assert that criminals are very apt to possess a peculiar kind of ear, which is recognized by an expert in such matters.

There is probably nobody in the world who has a pair of ears perfectly matched; in most people the two differ perceptibly, not only in shape, but also in size. Frequently they are not placed precisely alike on the head. The age of a person may be judged with great accuracy by the ears, which, after youth is past, assume an increasing harshness of contour. A pretty woman whose first youth has departed may not show the fact in other ways, but these tell-tale features will surely tell the story of the fight of time. Then there is the little wrinkle that comes just in front of each ear during the 30's—a fatal and ineradicable sign.

Near the top of each ear, just

C. C. RICHARDS & CO.

Dear Sirs,—For some years I have had only partial use of my arm, caused by a sudden strain. I have used every remedy without effect, until I got a sample bottle of MINARD'S LINIMENT. The benefit I received from it caused me to continue its use, and now I am happy to say my arm is completely restored. Glamis, Ont. R. W. HARRISON.

within the down-turned edge and slightly toward the back, will be found, if one feels for it, a small lump of cartilage. This is a remnant of what was originally the tip of the ear, when, ever so long ago, that organ in our remote ancestors had a point to it. Most of the apes to-day have pointed ears, but in human beings the upper edge of the organ has, in the course of ages, been folded over so as to cover the real tip.

SCOTCH CRAFT.

A drunken Irishman was once lodged in the cell of a Scotch country police station, when he made a tremendous noise by kicking the cell door with his heave hob-nailed boots.

The constable who had charge of the police station, going to the cell door, opened it a little, and said: "Man, ye nicht pit off yer buits, an' I'll gie them a bit rub, so that ye'll be respectable-like when ye come up afore the bailie the morn."

The prisoner, flattered at the request, at once complied, and saw his mistake only when the constable shut the door upon him, saying coolly: "Ye can kick awa' noo, my man, as lang as ye like."

Minard's Liniment Relieves Neuralgia

"I wish I could think of some new and unusual birthday present to surprise mamma with this year," said Miss de Muir, wrinkling her fair brow in deep perplexity. "How do you think she'd like a son-in-law?" hoarsely whispered young Spoonsmore, falling readily into the only line of thought that seemed to suggest itself.

Wife (with a determined air)—"I want to see that letter." Husband—"What letter?" Wife—"That one you just opened. I know by the handwriting that it is from a woman, and you turned pale when you read it. I will see it! Give it to me, sir!" Husband—"Here it is. It's your milliner's bill."

Deafness Cannot be Cured

by local applications, as they cannot reach the diseased portion of the ear. There is only one way to cure deafness, and that is by constitutional remedies. Deafness is caused by an inflamed condition of the mucous lining of the Eustachian Tube. When this tube is inflamed you have a rumbling sound or imperfect hearing, and when it is entirely closed deafness is the result, and unless the inflammation can be taken out and this tube restored to its normal condition, hearing will be destroyed forever; nine cases out of ten are caused by catarrh, which is nothing but an inflamed condition of the mucous surface.

We will give One Hundred Dollars for any case of Deafness (caused by catarrh) that can be cured by Hall's Catarrh Cure. Send for circulars, free.

F. J. CHENEY & CO., Toledo, O. Sold by Druggists, 75c. Hall's Family Pills are the best.

A traveller riding in an unfrequented part of Scotland came to the edge of a morass which he had thought was quite safe. Hailing a peasant lad who was standing close by, he asked him if the bog was hard at the bottom. "Ou, aye, quite hard!"

For Over Fifty Years

Mrs. WINSLOW'S SOOTHING SYRUP has been used by millions of mothers for their children while teething. It soothes the child, softens the gums, always cures wind colic, regulates the stomach and bowels, and is the best remedy for Diarrhoea. Twenty-five cents a bottle. Sold by druggists throughout the world. Be sure and ask for "Mrs. WINSLOW'S SOOTHING SYRUP."

"Darling," exclaimed the happy husband, after the minister had pronounced them one, "I am not worthy of your love." "Of course you're not," she replied, "but at my age a girl can't afford to let even an opportunity like this go by."

Minard's Liniment for sale everywhere

She—"You're lucky at cards!" He—"Very." "Lucky at cards, un-lucky in love!" "I don't believe it. I've been refused three times."

Minard's Liniment Cures Burns, etc.

Twenty members of the present British Parliament are between 70 and 80 years of age, and over a hundred between 60 and 70.

Minard's Liniment Cures Dandruff

"Our party," said the politician, confidently, "will sweep the city." "I'll vote for it, then," replied the citizen; "the city certainly needs sweeping."

W. P. C. 1092

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