

The Home

A FEW DESSERTS.

The following recipes will be found useful in preparing simple desserts for everyday use, that can be made without much labor or expense.

Baked Custard—To make baked custard scald 1 qt milk and add by degrees to the beaten yolks of 4 eggs. When well mixed stir in the whites. Sweeten, flavor with nutmeg and vanilla and pour into a deep dish or custard cups. Bake until firm and serve cold.

Boiled Custard—A delicious, boiled custard is made by heating 1 qt milk in a double boiler, and adding to it by degrees the beaten yolks of 5 eggs mixed with 6 tablespoons sugar. Stir in 5 whites whipped stiff. Flavor with vanilla, and pour into a glass dish. Serve in saucers. A little preserved strawberry or cherry, or a little bright jelly may be placed upon each.

Bread Pudding—To make bread pudding beat the yolks of 8 eggs very light, and having soaked 2 cups of stale and dry bread crumbs well in milk, stir all together. Then season with nutmeg and add 1-4 teaspoon soda, dissolved in hot water, and lastly the whites of the 8 eggs. Bake brown and serve with pudding or hard sauce, which is made by stirring to a cream 1-2 cup butter and adding 2 cups powdered sugar. Beat long and hard.

Custard Pie—A very nice custard pie is made by beating the yolks of 4 eggs and 4 tablespoons sugar light. Then mix 1 qt milk with beaten yolks, flavor with vanilla, whip in the whites, which should be a stiff froth, mix well and pour into pans lined with pie crust. Grate nutmeg upon the top and bake. Serve cold.

Blancmange—A firm, delicious blancmange is made by heating 1 qt milk to boiling point and stirring in 4 tablespoons cornstarch. Wet in a little cold water and a saltspoon of salt and boil together five minutes, in a double boiler. Then add the well-beaten yolks of 3 eggs with 1 cup sugar. Boil two minutes longer, stirring all the while, remove from the fire and beat in the whipped whites while it is boiling hot. Pour into a mold wet with cold water and set in a cold place. Serve cold with sugar and cream.

Apple Snow—To make apple snow, pare core, stem and strain 1-2 doz large, tart apples until tender. Press through a sieve and set aside to cool. When cold add 1 cup sugar and the juice of a lemon. Beat the whites of 6 eggs and add carefully to the apples. Serve immediately.

Lemon Pudding—Heat to the boiling point 1 pt milk, and stir in 2 tablespoons cornstarch wet with a little water. Boil five minutes, stirring constantly. While hot put in 1 tablespoonful butter and set away to cool. Beat the yolks of 4 eggs light and add 1 cup sugar, mixing thoroughly before putting in the juice of 2 lemons and the grated rind of 1. Beat the mixture to a stiff cream and add gradually to the cornstarch when the latter is cold. Stir all smooth, put in a buttered dish and bake. Serve cold.

CAKES FROM BREAD DOUGH.

A dainty produced from the bread pan is a light cake that is delicious for tea. Take 1 cup of the light dough, add 1-2 pt warm milk, 3 eggs, sugar or syrup to sweeten, 1 cup raisins, a few spices, and flour to form a thick batter, as for cake. Pour into a greased tin, and allow to rise until very light, when bake slowly. In place of raisins, dry cherries stewed and sweetened with maple syrup are nice. Citron may be used, and dried apples are equally good. The apples should be soaked for an hour in warm water, and used in the cake without previous cooking.

Another favorite relished by the little folks, as well as "children of an older growth," is to knead up a quantity of dough with a little butter. Roll out very thin. Butter a flat tin, and lay in the dough, so it will cover the bottom and sides. Cut a long, narrow strip of dough, wet the edges, and press the strip along them firmly. Fill the centre with apples, peeled, sliced and sweetened with sugar, dotted with bits of butter, and flavored with cinnamon. The flavoring may be varied with lemon juice, vanilla or nutmeg. Allow it to become very light, when bake in a slow oven. This forms a favorite dessert, when served warm with cream, or a sweet sauce. Dried or

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SALADA

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"Salada," Toronto.

canned fruits may be substituted in place of apples. When seasonable, fresh currents are very nice.

Cinnamon roses are nice for the children's luncheon. Roll out some bread dough quite thin, spread with a little butter, and sprinkle thickly with sugar and cinnamon. Now roll it up as for roll jelly cake, moisten the edge with water, so it will adhere firmly. With a sharp knife, cut off slices from the roll about one inch thick, lay them in a greased pan, and when light, bake.

WHAT THE TWENTIETH CENTURY GIRL SHOULD DO.

She should be gentle and kind to others.

She should go out of her way to do a kindness to those who are older and younger than herself.

She should never listen to scandal or gossip and should consider personal cleanliness and comeliness as next to Godliness.

She should be neat and quiet in her dress, never wearing what is flashy or what will attract attention.

She should be intelligent, refined, gracious and hospitable.

She should move with grace and dignity as becomes the true girl.

She should cultivate a sweet voice, on the playground, in the home, everywhere; for in the days to come it will be to her a pearl of great price.

She should not only be good, but good for something.

She should acquire a thorough knowledge of housekeeping, so she can be of use to her mother and know how to manage a home of her own when she has one.

She should fit herself for some occupation by which she can earn her own living—if it becomes necessary.

She should not be a doll to be petted but a young woman who can help her father pay for the farm or educate the younger children.

She should treasure her good name as her most precious jewel.

She should make a confidant of her mother, and consider her advice and experience of more value than that of any other person.

Best of all, she should be a Christian girl, mild, gentle and lovely, not letting her left hand know what her right hand is doing.

THE VISITOR WHO IS ENJOYED.

Visiting is a fine art, and she who has mastered it so her presence is desired by every member of the family where she is to sojourn for a time, is fortunate indeed.

In the first place she should arrive at the time set for her coming, thus giving her friends as little trouble as possible. As we have adopted the excellent plan of inviting our friends to remain with us over Sunday or for a week's or a month's stay, as it may be convenient, she will know just the extent of her visit and will remain no longer.

While a guest in her friends' home she is for the time a member of the family and will enter heartily into all their pleasures and duties. She soon discovers what she can best do to be of help to her friends and does this in a gracious, unobtrusive manner. Unless there are servants to do that work she will keep her room in the best of order and will never be tardy at meal time.

She will pay special attention to the old people in the family and to the children, winning their hearts by many courtesies.

She makes the servants no extra trouble and so they are not glad when she and her baggage are gone. In fact, she is so pleased with all that has been done for her, and made herself so generally useful and delightful that her friends regret her departure and long for her return.

A MARTYR TO PRINCIPLE.

Ah, poor thing! Her end was sad in the extreme.

Indeed! You know she always revolted at the idea that there could be anything in common between her and the lower classes.

So I have always heard. Well, she caught cold from her cook and was so ashamed that she refused all medical aid and died!

Young Folks.

SLEIGH SONG.

Jingle, jingle, clear the way,
Tis the merry, merry sleigh.
As it swiftly scuds along
Hear the burst of happy song.
See the gleam of glances bright,
Flashing o'er the pathway white.
See them with capricious pranks,
Ploughing now the drifted banks.
Jingle, jingle, on they go,
Capes and bonnets white with snow.
Not a single robe they fold
To protect them from the cold.
Jingle, jingle 'mid the storm,
Fun and frolic keep them warm.
Jingle, jingle, down the hills,
O'er the meadows, past the mills.
Now 'tis slow, now 'tis fast,
Winter will not always last.
Jingle, jingle, clear the way,
Tis the merry, merry sleigh.

NELSON'S IMMORTAL SIGNAL.

"England has had many heroes," says Southey, "but never another who so entirely possessed the love of his fellow-countrymen as Nelson."

He was already the "Hero of the Nile," of "Copenhagen," and of a hundred other naval conflicts. It was in 1805, during the great wars with Napoleon, when Nelson, forty-seven years old, received orders to resume the command of the Mediterranean fleet, and on the night of Friday, September 13, he left Merton forever.

He sailed away in the "Victory," and on the 28th joined the fleet off Cadiz, under Vice-Admiral Collingwood. Already, be it remembered, he had lost an eye in Corsica, had received a wound in the abdomen, off Cape St. Vincent, had lost an arm at Tenerife, and had been wounded in the head in Egypt—"tolerable, for one war," as he remarked.

Monday, October 21, 1805, he was eight or ten miles from Trafalgar. The Franco-Spanish fleet and England's squadron, were soon to close in conflict. Nelson had little doubt as to the result. "I'll give them," he declared, "such a dressing as they never had before."

About eleven o'clock, after his interview with his officers, he went below to the cabin, to be alone for a few minutes. An officer, going down later, found him on his knees, writing words which were afterward found to be:

"At daylight saw the enemy's combined fleet from east to east southeast; bore away; made the signal for order of sailing, and to prepare for battle, the enemy wearing in succession. May the great God whom I worship, grant to my country, and for the benefit of Europe, in general, a great and glorious victory; and may no misconduct in any one tarnish it; and may humanity, after victory, be the predominant feature in the British fleet. For myself, individually, I commit my life to Him who made me, and may His blessing light upon my endeavors for serving my country faithfully. To Him I resign myself, and the just cause which is entrusted to me to defend. Amen! Amen! Amen!"

At thirty-five minutes after eleven, as given by the "Naiaid's" log, he was on deck, ordering the famous signal to the fleet. The story is variously told, but Pasco's version may be accepted as the truest. He was on the poop when Nelson approached him, and, after ordering certain signals to be displayed, the admiral exclaimed: "Mr. Pasco, I wish to say to the fleet, 'England confides that every man shall do his duty,'" adding: "You must be quick, for I have one more to make, which is for close action." Lieutenant Pasco replied: "If your lordship will permit me to substitute 'expects' for 'confides,' the signal will soon be completed. The word 'expects' is in the vocabulary. 'Confides,' must be spelled."

"That will do, Pasco," was the reply.

The signal was given by Sir Horne Popham's Telegraphic Code, and read as follows:

253, 269, 863, 261, 471, 958
England expects that every man will do his duty,
220, 374, 421, 19, 24.

The colors conveying this sentiment, were hoisted, and Captain Blackwood relates that the shout with which the signal was received throughout the fleet, when its significance became fully known, was sublime.

"Now," exclaimed Nelson, turning to Blackwood, "I can do no more. We must trust to the great Disposer of all events, and the justice of our cause, I thank God for this great opportunity of doing my duty."

His signal was not for that fleet alone, but for his countrymen in all the great conflicts of war or peace which are yet to come: "England expects that every man will do his duty."

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SMALLEST WILD CATTLE.

Celebes has the distinction of being the home of the smallest living representative of the wild cattle, or, indeed, of the wild cattle of any period of the earth's history, for no equally diminutive fossil member of the group appears to be known to science. An idea of the extremely diminutive proportions of the anoa, or sapi-utan as the animal in question is respectively called by the inhabitants of the Celebes and the Malays, may be gained when it is stated that its height at the shoulder is only three feet four inches, whereas that of the great Indian wild ox, or gaur, is at least six feet four inches, and may, according to some writers, reach as much as seven feet. In fact, the anoa is really not much, if at all larger, than a well-grown Southdown sheep, and scarcely exceeds in this respect the little domesticated Bramini cattle shown a few years ago at the Indian exhibition held at Earl's court, London. The anoa has many of the charac-

teristics of the large Indian buffalo, but its horns are relatively shorter, less curved and more upright. In this, as well as in certain other respects, it is more like the young, than the adult of the last-named species, and, as young animals frequently show ancestral features which are gradually lost as maturity is approached, it would be a natural supposition that the anoa is a primitive type of buffalo.

A LITTLE RAPIDS SENSATION.

A VERY SICK MAN MADE VERY WELL IN A VERY SHORT TIME.

The Case of D. Haight is an Interesting Story of How a Despairing Invalid Finally Gained Health and Strength Through the Use of Dodd's Kidney Pills.

Little Rapids, Algoma, Ont., Feb. 11. (Special).—Most of the inhabitants of this district are constantly exposed to inclement weather and extremes of heat and cold, with a result that very many bad cases of chronic kidney disease, lame back and rheumatism are to be found among our people. Mr. D. Haight is one of our most respected residents who has been a terrible martyr to the dread torture of chronic kidney disease.

For four years he has suffered. He has tried every prescription, patent medicine and home remedy that has been suggested to him or advertised, but all to no purpose. Mr. Haight enumerates at least a dozen disagreeable doses which he has forced down his throat in the hope of securing some relief, but all in vain. Some of these would help him for a time, but very soon the pain would return with renewed vigor to torture him.

At last some one suggested that kind of kidney remedies, Dodd's Kidney Pills. He had tried so many medicines that he had very little faith, but at the suggestion of his friends he bought and used a box. He commenced to improve from the first dose and gained steadily as the treatment continued, till finally every vestige and symptom of his old enemy had disappeared, and he was a well man. This is over a year ago and Mr. Haight has had no return or sign of the old trouble.

He has been regarded by the people here as one of the most remarkable cures that has ever been effected in Algoma. Mr. Haight says, "Four years ago my kidneys were in a bad state; I tried old medicines and new medicines of all kinds, doctors' prescriptions and homemade cures. Some of them relieved me for a little while, but I was soon as bad as ever again and a second trial of the same thing proved its worthlessness. At last I was recommended to get Dodd's Kidney Pills and they cured me and I have stayed cured."

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PALACE OF KING ALFONSO.

The boy King of Spain, Alfonso XIII., who is the smallest King in the world lives in one of the biggest palaces ever built. It takes visitors two days to go through it. In its vast courtyard there is room for a considerable army to maneuver. The youthful monarch is said to have no affection for his enormous and somewhat gloomy resid-

E. H. Green

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