4 Kind Tone is a G: eat Charm and Does Wonders in a Home.

It is said that there is nothing so difficult to acquire as a kind tone. One roust start in youth and be on the watch night and day, while at work and while at play, to get and keep a voice which shall speak at all times the thought of a kind heart.

But this is the time when a sharp voice is more apt to be acquired. You often hear boys and girls say words at play with a quick, sharp tone, almost like the snap of a whip. If any newadays that if a man wants to of them get vexed, you hear a voice marry a girl he has to work till he which sounds as if it were made up gets her. Dashaway - But if it's the of a snarl, a whine, and a bark Such | right girl he doesn't have to work afta voice often speaks worse than the wards. heart feels. It shows more ill-will in | His Reason,-Costigan-Casey hozn't him through life and stirs up ill-will always sober men that gits hurted. and grief, and falls like a drop of gall I suppose you have been a good boy, meet elsewhere. The advice to all one circus a summer nowadays. boys and girls is, "Use your best voice | Jones-She's a fine looking woman; voice is a lark's song to heart and trolley cars. home. It is to the heart what light | What are you buying all those traps is to the eye.

TREATMENT FOR SPRAINS.

Simple Method by Which the Pain May Re Pased.

A little common-sense treatment is often all that is needed when the strain is at ankle or wrist and without complications. It will swell very alarmingly at first and gradually develop a frightful looking bruise; but from the first it should have complete rest, and a treatment of hot and cold douches-the hot being used at first when the swelling is painful and the cold later on as a sort of tonic to the relaxed muscles. The hot must be very hot and the cold very cold as the tepid water does harm rather than good.

all the wrenched cartilages and muslike icing; spread this on a cloth and goods man. bandage in place. Cover all with oilsilk or a thick bath towel to protect | the statement that women can't throw the sheets, since the egg leaks out straight." She: "That is noble of you, sontinually. After this has reliev- my dear." He: "Yes; I have to read the soreness begin with hot water member with what accurate and effomentation and wear a light firm bandage except at night.

8HE PATIENTLY BORE DISGRACE

A Sad Letter From a Lady Whose Husband Was Dissipated.

How She Cured Him With a Secret Remedy.



"I had for years patiently borne the disgrace, suffering, misery and privations due to my husband's drinking habits. Hearof drunkenness, which I could give my husband secretly, I decided to try it. I procured a package and mixed it in his food and coffee, and, as the remedy was odorless and tasteless, he did not know what it was that so quickly relieved his craving for liquor. He soon began to pick up flesh, his appetite for solid food returned, he stuck to his work regularly, and we now have a happy home. After he was completely cured I told him what I had done, when he acknowledged that it had been his saving, as he had not the resolution to break off of his own accord. I heartily advise all women afflicted as I was to give your remedy a trial."

of Tasteless Samaria Prescription SENT FREE with full particulars in plain sealed ly confidential. Address The Samaria box. Remedy Co., 23 Jordan street, Toronte,

ONE TASTE OF

CEYLON GREEN TEA will captivate the taste of any Japan tea drinker.

FLASHES OF FUN.

Compensation .- Cleverton - I find me!"

tone than in words. It is often in drank a dhrop since he took out the mirth that one gets a voice or a tone accident, policy. Cassidy - Whoy; which is sharp, and which sticks to Costigan-He/sez he's noticed that it's

on the listener. Some people have a said the youngster's uncle. Well, was sharp home voice for use and keep the answer. I haven't had to be as their best voice for those whom they good as usual. You see, we only have

at home." Watch it by day as a pearl and then such a splendid carriage she of great price, for it will be worth has! Smith-Splendid carriage? Guess more to you in the days to come than | there's some mistake. Never knew the best pearl hid in the sea. A kind knew her to ride in anything but the

> for? Doctor's orders. He tells me 1 need a little recreation and insists that I should go duck-hunting with him. Huh! Seems to me that's a sort of quack remedy.

> Obliging .- First Traveler - Can we have beds here to-night? Obliging Hostess-Oh, yes, sir. First Traveler-Have you-er-any-er-insects in this house? Obliging Hostess-No, sir. But we can get you some!

Then you regret being an old maid? Yes, I do. I might as well have been downtrodden by a husband and six children of my own as be at the beck and call of the husbands and children of all my sisters and intimate friends. Do you believe in the saying that a cat has nine lives? Yes, sir, answered the man who keeps irregular hours. And having observed the nocturnal habits of the cat, I am led irresistibly to the conclusion that staying out all For the first day of a strain, when night is highly conducive of longevity.

sles are aching, great relief is found day where you boarded this summer? too rapid and for the gouty it is rein a poultice of egg and salt. To No, said the sad-looking citizen, the make it, beat the white of an egg farmer we visited bought everything till light, but not stiff. Stir in gra- at the cross-roads grocery store. aually a cup and a half of salt or There's only one thing worse than a more if needed, to make a thick paste- green goods man and that's a canned

He: "I always take pains to deny

THE ONLY ALTERNATIVE.

"Marie," he cried, in desperation, "I shall wait no longer. Either you must consent to become my wife, or end the farce. Your repeated delays are killing me."

"Very well, Hubert," she answered camly. "If you take that ground there is but one alternative for me." She drew off the diamond ring which sparkled on her finger, and handed it to him.

He took it sadly, and bitterly exclaimed; "Oh, false, cruel girl, to thus, carelessly trample upon a heart whose every throb is for you alone. Let it perish, as I hope may also the love of which it was the emblem."

His hand was raised to throw the ring into the grate, but she grasped it quickly.

wedding-ring just a trifle smaller than this."

EXPENSIVE TRIFLES.

Speaking of handkerchiefs, it is said that the most beautiful thing of this kind in all the European courts belongs to Queen Margherita of Italy, and it is at the same time the most costly, being valued at \$30,000. In ing of your marvelous remedy for the cure making this marvel three artists worked constantly for more than twenty years. It is so fine that were the eyes closed and the handkerchief passed across the hand a person of the most acute sensibilities would find it impossible to feel any thing. The queen keeps it religiously in a tiny jewel case of gold in the form and just the size of an ordinary bean pod. The Queen of England owns a dress which almost equals this. It SENT FREE TO ALL. - A sample package was a wedding gift from India, and is so fine and light that the whole envelope. All letters considered sacred dress can be placed in a small fan On this nine persons worked during ten years.

IN HER HONOR.

Many know how good a lecturer Miss Mary Kingsley was and her lectures were illustrated by lantern slides. One slide showed magnificent figures of some of the worst insect pests of the country. She had presented natural history specimens to the savants at South Kensington, who found some of the insects new and interesting. Speaking of her reception by these gentlemen Miss Kingsley said: "They were very civil and said many kind things; and"-pointing to a ferocious-looking creature - "I suppose they meant it as a compliment; they have named that beast after

> One of the most dangerous and repulsive forms of Kidney Disease is

for which Dodd's Kidney Pills are the only certain cure. In Dropsy the Kidneys are actually dammed up, and the water, which should be expelled in the form of urine, flows back and lodges in the cells of the flesh and puffs out the skin. Remove the filth which plugs up the drain. Restore the Kidneys to health. There is only one Kidney Medicine

CIDAR AND DYSPEPSIA.

The juice of the apple as a beverage has at times been looked upon with suspicion. Those who abstain through fear from taking it may be reassured by the results of the investigations of two French medical men, M. M. Carrion and Cantru, who, referring to it among other gaseous beverages which they recommend for certain peculiarities of digestion, speak most highly of cider. In some forms of dyspepsia they declare it to be very desirable, especi-Did they have fresh vegetables every ally when the process of digestion is commended as a corrective of the uric acid diathesis.

Hay Fever Very Prevalent.

Thousands now suffer from Hay Fever. Science now knows that it is a germ disease-destroy the germ and you destroy the disease, Ointments cannot do this, neither can douches or powders snuffed up. There is just one remedy that will cure Hay Fever and cure it quickly. It is carried by the air to the remotest air passages of the nasal passages and lungs. It is a germ killer-it is a healing agent. It cures Hay Fever, Asthma, Bronchitis, and Catarrh, Catarrhozone is a guarantee to cure; your money back if you are not benefited. Druggists sell it everywhere. We will send a regular 25 cent trial size to any address in Canada or U.S., on receipt of 10 cents, or the full treatment, post paid, for \$1.00. N. C. Polson & Co., Mfg., Chemists, Kingston, Ont.

HEALTHFUL BREATHING.

Enough cannot be said of full, deep breathing. It is no hobby or wild notion, but if you prove its benefits, prace tice it daily, and you will increase the circulation, purify the blood, and send it rich and hot and warm to the feet. For this bauble I have no further use. | make ruby lips and plant roses on the cheeks. It will air your digestion, and give you a clean, sweet breath, promote sleep, quiet the nervous system, strengthen the throat and vocal organs and increase the chest capa- day, said Miss Tommey. "I merely wished to say, Hubert, city. It will also cure asthma, cathat I would like you to have the tarrh and bronchitis and prevent lung ing up her hands in consternation,

> FOR OVER FIFTY YEARS MRS. WINSLOW'S SOOTHING SYRUP has been used by mothers for their children teething. It soothe the child, softens the gums, allays pain, cures wind polic, and is the best remedy for diarrhosa. 25c.a bottle. Sold by all druggists throughout the world. Be sure and ask for "Mrs. Winslow's Soothing Syrup."

OLD FASHIONED.

McJigger-I see Barnpaws, the circus man, was married the other day. That was something of a come down for him.

Thingumbob-Why so?

McJigger-The wedding was nothing been in domestic service? but a one ring performance.

If you have at any time experienced any difficulty in getting a tea that suits your taste in every way. You may overcome this at once by using

CHYLON TEA its high quality which never varies, has become a subject of comment among its regular consumers. In Lead Packets 25, 30, 40, 50 and 600.

How long will it look fresh?



pay to buy good paint-paint that has been tested for years.

RAMSAY'S PAINTS

retain their glossy newness, and look fresh and bright, longer than any others, because they are made right. They are pure paints. They are the best.

That's one question you should

ask when you buy paint. It will

Est'd 1842. MONTREAL, Paint Makers

TEETHING SYRUP Comforts Crying Children Largest sale in the World.

A PUNSTER'S EXCUSE.

It was in Edinburg, and she was pretty and sweet and poetic, and he was young and mischievous. They were sitting out on the veranda in the moonlight, and she grew ethereal.

"Oh, how I love to sit out here in the moonlight," she cooed; "to be fanned by the languorous perfumes of the roses and to be kissed by the soft airs from the south!" Then he kissed her and she grew in-

dignant. "How dare you?" she almost sob-

"Why, I'm a soft heir from the

south," he replied, contritely. She didn't say anything when he kissed her again.

There is more Catarrn in this section of the country than all other diseases put together, and until the last few years was supposed to be incurable. For a great many years doctors pro-nounced it a local disease, and prescribed local remedies, and by constantly failing to cure with ocal treatment, pronounced it incurable. Science has preven catarrh to be a constitutional disease, and therefore requires constitutional treatment. Hall's Catarra Cure, manufactured by F. J. Cheney & Cy., Toledo, Ohio, is the only constitutional cure on the market. It is taken internally in doses from 10 drops to a teaspoonful. It acts directly on the blood and mucous surfaces of the system. They offer one hundred dollars for any case it fells to cure. Send for circulars and testimonials.
Address, F. J. CHENEY & CO., Toledo, O

Sold by Druggists, 75c. Hall's Family Pills are the best:

APROPOS OF MEN

Alice-Aren't men funny? Laura-Yes, they are; suppose a lot of women should rig up in fantastic dostumes and parade.

This signature is on every box of the genuine Laxative Bromo-Quinine Tablets the remedy that cures a cold in one day

A TOTAL LOSS.

I think I'll be married on my birth-

What! exclaimed Miss Frocks, holdand lose one entire set of presents."

MONTREAL HOTEL DIRECTORY. The "Balmoral," Free Bus Am. Plan \$1.50 & up. AVENUE HOUSE -McGill -College Avenue Family Hotel rates \$1.50 per day.

WELL RECOMMENDED.

Mistress; You say you are well recommended?

Indeed, ma'am; I have Maid; thirty-nine excellent references. Mistress; And how long have you

Maid; Two years, ma'am.

Blue Ribbon Ceylon Jea "Askyour friends about its

A new boy had come to school fresh from the country, and the ready Sir and Miss of the city child was quite

unknown to him. What's your name? queried the

George Hamiltion.

Add sir to that, boy.

Sir George Hamilton came the unexpected reply.

Everyone roared, and even the master relaxed into a smile, but the boy from that time remained Sir George.

(Copy of a letter which appeared in the Ceylon Observer.) "CORRESPONDENCE."

Colombo, Aug. 15, 1900. To the Editor of the "Ceylon Observe er." Dear Sir,-I have carefully examin-

ed and tasted the small sample of Tea marked "SALADA" Pure Uncolored Ceylon Green Tea," you sent me last night and find it is as stated. The tea has exceptional leaf frag-

rance and draws a choice, flavoury, cowslip water, somewhat resembling a best grade Japan.

As a specimen of what Green Tea should be in the cup it would be almost impossible to improve on it. If Ceylon planters will only be careful to ship Greens up to this standard of excellence, the capture of the American and Canadian markets is certain and assured.

Yours faithfully. F. F. STREET." Signed.

SMALL VOLCANOES.

Not far from Laytonville, Cal., a crop of little volcanoes has appeared. There are 25 of them, each with the characteristic crater, and from each crater gushes mud and warm vapor. Each "volcano" is about five feet high.

W P C 1043

Carbolic Disinfectants, Soaps, Oint ment, Tooth Powders, etc., have been awarded 100 medals and diplomas for superior excellence. Their regular use prevent infecti ous diseases. Ask your dealer to obtain a supply. Lists mailed free on application.

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