

WHEN WOMAN IS SUPREME

"Liberia is the paradise of mother-in-laws," says Miss Agnes McAllister, the author of "A Lone Woman in Africa," who has been in the past twelve years in charge of the Garway Mission, Liberia. "A woman can command the services of her sons-in-law for certain duties, and it matters not what their other obligations are, they must obey her. For that reason daughters are exceedingly desirable possessions among Liberians. "When a child is born some member of the family is sent at once to the devil doctor to inquire who it is and what its name shall be. He goes up into the house top, taking with him a cow horn. This he blows to call the devil, and the devil is supposed to tell who it is that has come back into the world. For the people believe that every new-born child is some deceased member of the family who has returned to life among them. It sometimes receives the same name it had before, and sometimes the name is changed.

"A young mother is never permitted to have the care of her child, an older woman being called in. These nurses may be seen any morning sitting on one of their common chairs, which is nothing more than a stick of stove wood, out of doors, with a pepper board by their side. They will rub one finger in the pepper on the board, then thrust it as far down the child's throat as possible, and massage and stretch the throat thoroughly until the poor little creature is almost strangled and throws up all that is in its stomach. The wretched infant is then laid down to sleep on its little mat on the floor by the fire.

"When a child is 9 to 10 months old small bells are tied to its person at its wrists, waist and ankles. These are intended to coax it to walk. The mother then takes it to a devil doctor, who makes a charm, which she ties about its waist. But often I have seen children without even these charms, and when I asked for an explanation I was told that the child was supposed to be some one who had returned from the spirit world only to find articles to carry back: If its parents should dress it or give it anything it would not stay, but would take the things and be gone. So it is forbidden clothing and ornaments, in hopes that it will change its mind and remain on earth.

"When a girl is from 6 to 10 years of age she wears on her forearms brass rods, sometimes twisted in a spiral and sometimes bent into separate rings. These are put on half way up to the elbow—put on with a hammer to stay. They are worn night and day until the arms become sore. Then they may be taken off, for the scars will always be there to prove that the girl wore jewelry when she was young. If a woman grows up without these marks on her arms it is a lasting source of annoyance to her; for should her neighbors become vexed they cast it up to her that her mother was too poor to put jewelry on her child. This is a great insult, as they all aspire to be considered wealthy.

"Girls are usually betrothed at 7 years of age, and when about 10 she is taken to live with her betrothed's people, where she will be associated with him and learn "his fashion." She is supposed to study his wishes and live to please him.

"A man going off to his work in the morning is never sure he will find his wife on his return. It is a common thing for her to run away, and she is considered a very queer woman who has not at some time left her husband. When he goes visiting he usually takes her with him, to carry his chair, light his pipe and to make sure of having her when he gets back. After harvest the women go on dancing parties from town to town, and are entertained with feasting by their friends.

"Every town has its head women, who judges and punishes offenders without asking the advice or consent of the man. I have asked for an explanation of this custom, and have always been told: 'Woman is the mother of man, and he ought to listen to her.' Some of these women are remarkable orators. I have often seen one of them standing in the midst of a crowd of people—kings, chiefs, soldiers and women—all seated on the ground, and acceding profound attention to the 'queedá,' as they call her. The men of a town dare do nothing to which the women seriously object, as they think women have more influence with God and the spirit world."

SOMETHING QUITE NEW—

SALADA

CEYLON GREEN TEA

Same flavor as Japan, only more delicious.

NATURAL FEET IN CHINA.

At last a movement is under way to abolish the hideous custom of binding the feet of the Chinese women. It will probably be many years before much will be accomplished, for the idea is so entirely novel to the antediluvian Celestials, but gradually the custom may be broken down. Mrs. Little, an English woman, doing mission work in China, some time ago organized "The Tien Tsu Hai," or "Natural Feet Society," and all the missionaries are using their influence to bring about the reform. In speaking of the matter Mrs. Little says:

"This custom of footbinding dates back one thousand years, and until the women of China are released from this terrible bondage, endured only to please the men, there is no hope for China.

"Two and one-half inches is the proper length for a Chinese woman's foot. Little girls, while undergoing the binding, are tortured for three years, the bandages being tightened every five days. It often causes paralysis, and sometimes the toes and feet drop off. More than one in ten die during the operation. In some provinces rich and poor alike bind their feet. Its horrors cannot be exaggerated. Everything in China moves with tremendous slowness, particularly innovations, and the reformers expect it will take a century or more to make the change complete.

"The greatest problem to be overcome is the aversion of Chinese men to marrying women whose feet are not squeezed into deformed objects bearing little or no resemblance to the natural human foot. A woman whose foot is anywhere near the size nature intended is an outcast so far as matrimony is concerned. The men think it a disgrace to marry her, and an unmarried woman is a burden to her relatives and herself."

RECIPES FOR MARRIED HAPPINESS.

For the Husband.—Take of remembrance of the mistakes of female education one drachm; of patient love one hundred ounces; from business habits scrape all late hours; and wash off all false pride of man's lordship. Let misunderstandings simmer, but never boil over, and carefully throw away the scum and froth till the whole is quite clear; sweeten with agreeable conversation and sympathy, and garnish with tender regard for home interests. Some professional men throw in a spice of ambition, but it is apt to produce fermentation, and is often found to be pernicious. N. B. No secrets should on any account be introduced into the above.

For the Wife.—Take of punctuality, cleanliness and cheerfulness as much as you can secure; add a strong belief in good motives when anything offends, and let the ambition to make tart replies stand till it is quite cool. Flavor strongly with unwavering love and truth, and having grilled the tongue upon the fire of patience, serve up with a smile, without sauce. Ready forgiveness is the most graceful ornament, and is sure to be appreciated. N. B. If the weather be rather stormy, silence is a valuable addition, and will be found to relish.

Blood Disorders

are simply kidney disorders. The kidneys filter the blood of all that shouldn't be there. The blood passes through the kidneys every three minutes. If the kidneys do their work no impurity or cause of disorder can remain in the circulation longer than that time. Therefore if your blood is out of order your kidneys have failed in their work. They are in need of stimulation, strengthening or doctoring. One medicine will do all three, the finest and most imitated blood medicine there is.

Dodd's Kidney Pills

COMMON-SENSE DIET.

He who comprehends the true principle of diet and keeps well under the tendency to overeat may feel tolerably safe in eating almost anything set before him, good, bad or indifferent, that is, for example, if hungry enough at breakfast to eat plain Graham bread and fruit, he may make the meal of buckwheat cakes and maple syrup, or on a chop and fried potatoes, or waffles and honey.

Providing one cultivates a robust habit, takes plenty of sharp, all-round exercise, sleeps in a profusely ventilated, cool room; wears the least amount of clothing consistent with comfort, his system will make good food out of almost any sort of mixed food, providing that it does not consist largely of white flour products, which can hardly be classed as food.

Heavy feeders on animal food are predisposed to all kinds of inflammatory disorders, and when any such person finds himself getting out of condition he may safely hedge in the matter of flesh food, cutting down the amount of such food, or omitting it altogether with perfect safety.

The Japanese are a healthy, handsome race. They are plump and hearty, but little beyond a simple vegetarian diet is the rule there. The jin-a day with a seated passenger and seem proof against fatigue, and they thrive on a diet chiefly of rice.

Pain Cannot Stay

Where Nerviline—nerve-pain cure—is used. Composed of the most powerful pain-subduing remedies known, Nerviline never fails to give prompt relief in rheumatism, neuralgia, cramps, pain in the back and side, and the host of painful affections, internal or external, arising from inflammatory action. Unequal for all nerve pains.

AN EXPLANATION.

Singleton—I wonder why a spinster nearly always has a cat or a dog for a pet?

Welderly—Oh, I suppose she wants something that will stay out at night occasionally, so she will have something to worry about.

SHE WAS SAVED.

From days of agony and discomfort, not by great interpositions, but by the use of the only sure-pop corn cure—Putnam's Painless Corn Extractor. Tender, painful corns are removed by its use in a few days, without the slightest discomfort. Many substitutes in the market make it necessary that only "Putnam's" should be asked for and taken. Sure, safe, harmless.

A HEART-BREAKER.

Mrs. Seaside—Oh! I think divorces are simply awful! I never could bear to hear of another woman filling my place—never!

Mrs. Breezy—You couldn't?

Mrs. Seaside—No! It would simply break my heart to think of any other woman writing to Harold for money!

How's This?

We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure.

F. J. CHENEY & CO., Props., Toledo, O. We, the undersigned, have known F. J. Cheney for the last 15 years and believe him perfectly honorable in all business transactions, and financially able to carry out any obligation made by their firm.

WEST & TRUAX, Wholesale Druggists, Toledo, O. WALKING, KINNAN & MARVIN, Wholesale Druggists, Toledo, O.

Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system. Price, 75c. per bottle. Sold by all druggists. Testimonials free.

Hall's Family Pills are the best.

HIS REASON.

She, slyly—How is it—er— George, that you have never thought seriously of getting married?

George, dreamily,—I have always seriously thought of it—that's why I am a bachelor.

MONTREAL HOTEL DIRECTORY.

The "Balmoral," Free Bus Am. Plan. \$1.50 & up. AVE. HOUSE McGill—College Avenue Family Hotel rates \$1.50 per day.

WHAT KILLED TOMMY.

Hello, Billy, I hear your brother Tommy's dead. What did he die of? Water on th' brain! Is that so? How sad!

Yes, you see, we was playin' which could lean over int' th' well the furthest, and Tommy won.

WHEN YOU BUY

LUDELLA

CEYLON TEA it is a purchase, not a speculation. You are always certain to obtain good results. In Lead Packets. 25, 30, 40, 50 and 60c.



GUARD THE BABY

AGAINST

CHOLERA-INFANTUM

most fatal during hot weather.

DR. HAMMOND-HALL'S ENGLISH TEETHING SYRUP

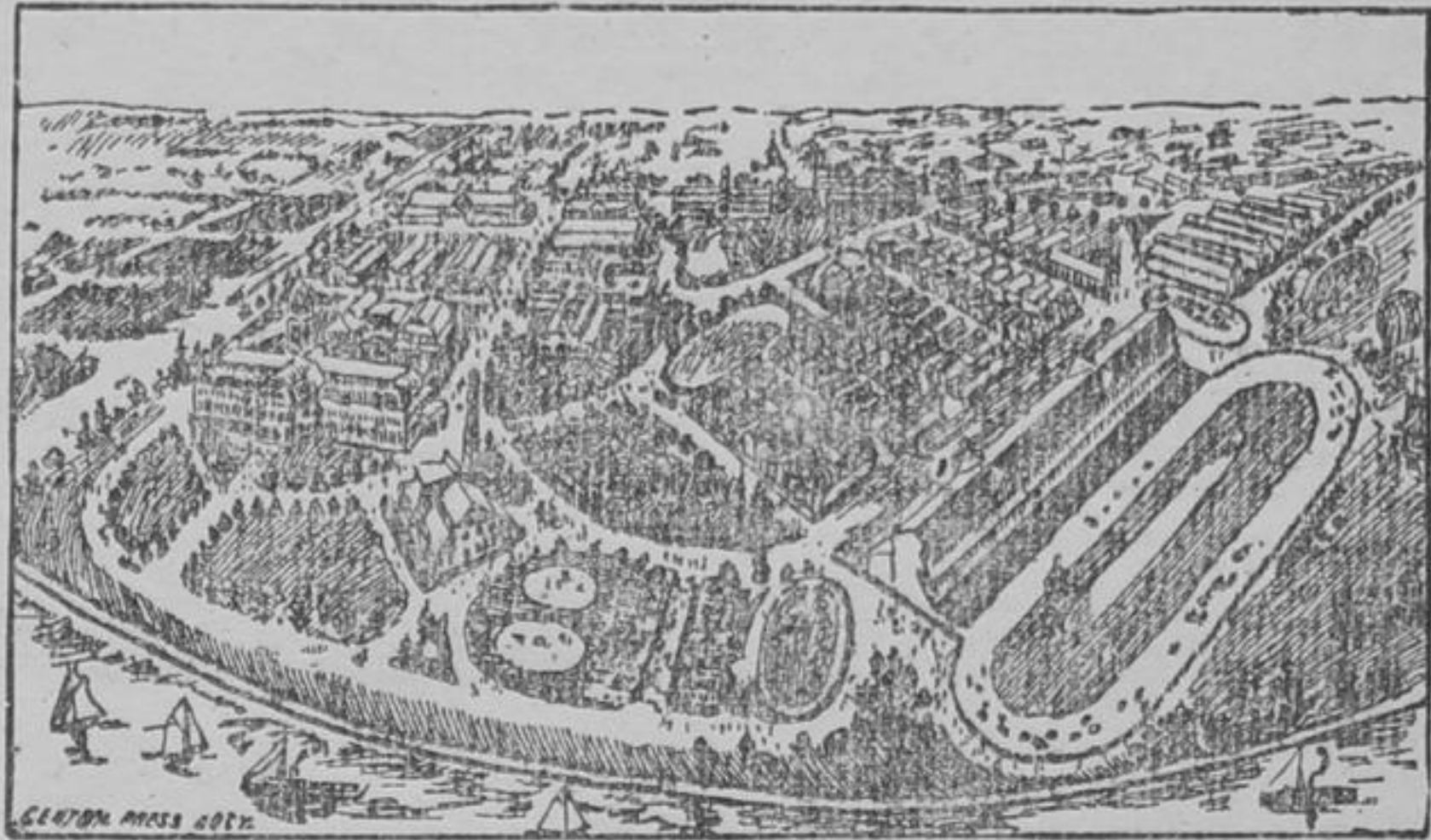
WILL POSITIVELY PREVENT IT.

CURES, BOWEL COMPLAINTS, HIVES, AND ALL TEETHING TROUBLES. NO OPIATES, NO ASTRINGENT EXTRACTS

All Druggists, Price 25 Cts.

BRITISH CHEMISTS COMPANY, LONDON, ENG., NEW YORK, TORONTO. 89-68

TORONTO'S ALL-CANADA EXHIBITION.



"Educational and Entertaining, Aggressive and Progressive," are the very appropriate watch-words adopted by the Toronto Industrial Exhibition this year, which will be held from August 27th to September 8th. This is the twenty-second successive year of Canada's great Exposition at Toronto, and each year has not only seen an improvement in the arrangements as compared with the years that have gone, but the quality of the stock is very far ahead of what it was at the beginning, thus proving the inestimable value of Fairs such as that held annually at Toronto. It is an old story to say that the exhibition immediately approaching will be superior to all its predecessors, but it can safely be said that arrangements have been made, and negotiations are pending, that warrant the statement that the Toronto Fair of 1900 will fully maintain the reputation it has gained of being the best of all that are annually held. A good deal of the space has already been taken up, and a number of entries have been made, but there are so many divisions comprised in

the prize list, with its 131 classes and \$35,000 in premiums, that there is ample provision for all; and, talking of those divisions, it is interesting to note that there are no fewer than 55 in class 123, knitting, shirts, quilts, cloths, etc.; 254 in class 54, poultry; and an average of 16 or 17 in each of the two dozen classes devoted to horses and cattle. This will give some idea not only of the scope of Toronto's Great Exposition, but also of the opportunities offered to secure a prize. It is a little early to refer to what is promised in the way of entertainment, but when it is stated that \$30,000 is spent annually on this department, visitors have ample guarantee that they will be abundantly provided for, and the admission to the Toronto Exhibition with its myriads of attractions is only 25c. Entries close on August 4th and prize lists can be had by addressing H. J. Hill, Manager Industrial Exhibition, Toronto. As last year, so this, the exhibition will be inaugurated on Tuesday evening, August 28th, with a brilliant Military Tattoo. Reduced rates will be given and excursions held on all lines of travel.

ABOUT THE SIZE OF IT.

Little Willie—Say, pa, what does "M.D." mean on a doctor's card? Pa.—It means "money down," my son.

FOR OVER FIFTY YEARS

MRS. WINSLOW'S SOOTHING SYRUP has been used by mothers for their children's teething. It soothes the child, softens the gums, allays pain, cures wind colic, and is the best remedy for diarrhoea. 25c. a bottle. Sold by all druggists throughout the world. Be sure and ask for "Mrs. Winslow's Soothing Syrup."

A SOCIETY INSPIRATION.

Flossy—I'll give a friendship garden party, I think. Lulu—A "friendship party," what's that? Flossy—Why, everybody that comes brings me a present.

W P C 1035

CALVERT'S

Carbolic Disinfectants, Soaps, Ointment, Tooth Powders, etc., have both awarded 100 medals and diplomas for superior excellence. Their regular use prevent infectious diseases. Ask your dealer to obtain a supply. Lists mailed free on application.

F. C. CALVERT & CO.,

MANCHESTER ENGLAND.

LAW MILLS, MILLS & HALES, Barristers, etc. Removed to Wesley Buildings, Richmond St. W., Toronto.

Brass Band

Instruments, Drums, Uniforms, Etc. Every Town can have a Band. Lowest prices ever quoted. Fine catalogue 500 illustrations mailed free. Write us for anything in Music or Musical Instruments. Whaley Royce & Co., Toronto, Ont., and Winnipeg, Man.

WOOD & PHOTO ENGRAVING J. J. JONES, ENGR. 6 & 10 ADELAIDE ST. W. TORONTO

Catholic Prayer Books, Rosaries, Crucifixes, Scapulars, Religious Pictures, Stationery, and Church Ornaments. Educational Works. Mail orders receive prompt attention. D. & J. SADLER & CO., Montreal.

POULTRY, BUTTER, EGGS, APPLES, and other PRODUCE, to ensure best results consign to The Dawson Commission Co., Limited, Cor. West-Market & Colborne St., Toronto.

Dyeing! Cleaning!

For the very best send your work to the "BRITISH AMERICAN DYEING CO." Look for agent in your town, or send direct. Montreal, Toronto, Ottawa, Quebec.

WRITE FOR CATALOGUE DEALERS PACKARD'S LADIES AND GENTS SHOE DRESSING ALL COLORS FOR ALL SHOES LHPACKARD&CO.MONTREAL

The All-Canada Show! AUG. 27th to SEPT. 8th. 1900

TORONTO The Country's Greatest Exposition and Industrial Fair

All the Latest Novelties. Many direct from Europe.

The Marvellous Resources of our own Country Thoroughly Exploited.

Brilliant and Realistic Battle Spectacle, THE SIEGE OF MAFKING! AND ALSO THE RELIEF! Timely Arrival of Canadian Artillery.

Entries close August 4th. EXCURSIONS ON ALL LINES OF TRAVEL, For prize lists entry forms, etc., address Andrew Smith, F.R.C.V.S., H.J. Hill, President, Manager, Toronto.

Gold was discovered in California in 1848. Blue Ribbon Ceylon Tea was not to be had until 1895.