Through Storm and Sunshine

She must stand alone guarding the self." honor of her house For evil days had dawned upon Lancewood - evil asked, sadly. days for the beautiful home where heroes had lived and died, where pure and noble women had lived almost saintly lives-evil days for the grand old home wherein no shame had ever been sheltered. She stood as guardian of the place, trying her best, doing her best, yet wearing her heart away in bitter sorrow for the svil she could not remedy.

The sympathy of the whole county went with her. There were few houses in which the imprudent conduct of Lady Nellie was not canvassed. It was all the same to "miladi." She laughed at it. People would come to their senses in time, and she would do as she liked. She rode with Mon- Neslie," he said quietly, "even if I sieur de Nouchet, she insisted on his being treated as an equal, she scoffed at all advice; she dressed, she sang, I came to Lancewood. I have always the laughed, danced, flirted, and pleased herself; while no further mention was made of Oswald's lessons, and Gerald Dorman silently went on teaching.

Lady Neslie up. Vivien herself was thought; but others were involved, so not discarded. She was invited to j that I could not give them up. the best houses in the county. Lady "You did quite right to adhere to Neslie's name was passed over in them," observed Vivien. significant silence-no one inquired "Do not be angry with me, Miss for her. She sent out invitations that Nesliet if I, say that I took the memwere invariably refused. Then she ory of your face and voice with me." became defiant. She braved her neighbours' contempt-she was seen oftener than ever riding with Monsieur de Nouchet.

"Why does she not marry him?" people asked. The question could THE STORY OF A DYSPEPTIC WHO have been answered by "miladi" heralf.

Months passed on, and as winter drew near "miladi" began to find Lancewood dull. While she had plenty of visitors-while parties and balls and picnics had occupied her-she had liked it well enough. Now it was dull; she had little to amuse herself with.

"Vivien," she said one morning, "do you know whether these absurd people intend to persist in declining my acquaintance?"

"Yes-so long as you set the ordinary rules of society at defiance," replied Vivien.

"No one can do that-not even a queen on her throne," replied Miss Neslie.

"Then I will do what a queen cannot. What I wanted to say is thisif these immaculate neighbours yours will not visit me, I shall invite friends of my own-people that I knew in France years ago."

"Then heaven help Lancewood!" thought Vivien, but she made no reply.

"I knew some gay, light-hearted happy people there who do not measure everything by rule as you English do. I shall send for them."

Evil days indeed were coming to the home of the proud Neslies.

Before many weeks had passed Lancewood was filled with guests, but they were of a kind never seen there before-ladies who laughed loudly and long, ill-bred men who aped fashionable manners. It was something in those degenerate days to see a ridng-party start from the grand entrance trodden once by the feet of kings. It was no wonder that the whole neighbourhood talked of the strange proceedings at Lancewood.

There was perhaps nothing to be said against the morality of any one under its roof, but a cloud hung over the place-ladies gave a slight shudder when the place was mentioned.

The verdict of society did not affect the gayeties there. The inmates had private theatricals, charades, dances. There were times when Vivien Neslie, listening to the loud laughter and conversation, thought she' would lose her reason. The life led at the Abbey seemed to her now one round of orgies. She wondered that the very walls did not fall upon the revelers. Single-handed and alone she tried to stop the current of folly, gayety, and dissipation. She might renew and build up the blood, and -oh, believe me, Lord St. Just !-if it as well have tried to stop the flow- strengthen the nerves, thus driving had passed from me to one noble, good ing tide; yet she did her best for the disease from the system. If your just, loyal, one who would have loved honor of the house.

to the Park; I expect some very ville, Ont.

She must weather the storm alone. nice visitors, and you will enjoy your-

"How can I leave Lancewood?" she

"The people will not set the house on fire-though it seems to me they have done everything else," said Lady Smeaton. "You look pale and ill; come for a change. You will be all the stronger for the combat when you do return."

And Vivien allowed herself to be persuaded; the notion of rest, even if only for a few days, was very sweet to her-her life was so terribly full of misery. She went to the Park, and one of the first people she met there was Lord St. Just. He had just returned from Egypt, and was delighted to see her.

"I had intended to find you, . Miss had to search all England over. It was in the hope of meeting you that lived in the hope of seeing you again. I should have returned to England at once, but my plans were all arranged for a sketching tour down the Rhine, to be followed by a journey to Egypt. So the dreary months rolled by, and Had I had only myself to consult Vivien found that slowly but surely about these plans, the disarrangement all her father's old friends had given of them would not have cost me a

She was not angry with him.

HAS FOUND A CURE.

There Is an Intimate Connection Between' Good Health, Happiness and Good Digestion-Dr. Williams' Pink Pills Bring About These Conditions.

From the Tribune, Deseronto.

Without good digestion there can be neither good health nor happiness. More depends upon the perfect workach leaves the victim irritable, melancholy and apathetic. In such cases most people resort to laxative medicines, but these only further aggravate the trouble. What is needed is "Ah, well, that I shall continue to a tonic; something that will build do! I consider myself in a position up the system, instead of weakening to follow my own rules of conduct." it as purgative medicines do. For this purpose there is no medicine They enrich the blood and strengthen her and stimulate the digestive tract from first dose to last. In proof of this assertion the case of Mr. Thomas A. Stewart, the well known and genial proprietor of the Oriental Hotel, Deseronto, may be quoted To a reporter of the Tribune who mentioned the fact that he was suffering from dyspepsia, Mr. Stewart said:-"Why don't you take Dr. Williams' Pink Pills?" Asked why he gave this advice Mr. Stewart continued: "Simply because they are the best medicine for that complaint I know of. For years I was a great her. sufferer from indigestion, and during that time I think I tried a score of medicines. In some cases I got tem- "You saw nothing in Egypt, Lord St. porary relief, but not a cure. I fairly dreaded meal times and the food that I ate gave me but little nourishment. On the recommendation of a friend I began using Dr. Williams' Pink Pills a little over a year ago. I soon experienced relief and no longer dreaded meal time, but as I was determined that the cure should be permanent if possible. I continued taking the pills in light doses for several months. The result is every vestige of the trouble left me and I have as good an appetite now as any boarder in the house, and my digestive organs work like a charm. I may also add that my general health was greatly improved as a result of using the

this in the Tribune?" asked the re- won three times the value of its rent-

porter. licity," said Mr. Stewart, "but if you as other people love living friends; disease is inability to walk properthink it will help anyone who suffers at was everything to me. I had never as I did, you may publish the facts." | thought of any other lot in life exing to the root of the disease. They trained and fitted myself for it. If dealer does not keep them, they will it, I should have been pleased; it was "Vivien," said Lady Smeaton, on be sent postpaid at 50 cents a box, not so much that I wanted Lancewood meeting her at a friend's house one or six boxes for \$2.50, by addressing as that I wished it to be in wise, lovday, "I insist upon your coming over the Dr. Williams' Medicine Co., Brock- ing keeping. You understand me?"

There was a new faint exquisite sen- perfectly. I love my own home, King's | "If your father uttered such strong every nerve and flushed her face with | hands." a strange, sweet happiness.

"You would even be amused," con- eager interest. tinued Lord St. Just, "if I told you how your face has haunted me. On peculiar name!" the banks of the Nile, under the shade of the mighty pyramids, under the plied. You have heard of the Hertwell shadow of giant palms, I have Woods in Devonshire a famous huntthought of you; and the first thing ing place of the old English kings? interesting little curio in the world I did on reaching England was to One of them built a magnificent house is the property of Mr. Temple, of Loncome in search of you."

luminous smile.

asked. "I did not tell it you."

"No-you were cruelly reticent, but I soon learned it. All the English King's Rest. It is more like a palace. Inside of this tiny circle of gold where I was stopping knew of Miss Neslie, heiress of Lancewood."

A shadow fell over ber face and deepened in her eyes.

"I am no longer heiress of Lancewood," she said.

"So I understand-I have heard the story. I could not tell how often I wondered what had caused your sorrow. It was neither sickness nor death, nor the loss of friends or of fortune. I have pondered it for hours; now I understand you were lamenting the loss of Lancewood."

The scene returned so vividly to her -the blue, cloudless sky, the deep, clear river, the picturesque ruins, the arched window with its clinging ivy; the soft thick grass, on which she had flung herself in the passion of her despair.

"I have lived through so much since then," she said; "yet I remember the pain of that morning better perhaps than aught else in my life."

"And I have wandered far and wide -I have seen some of the wonders of the world-but I have never forgotten that hour," he observed, gravely.

She, whose experience of life had been so bitter, looked upon him in

wonder. "You have thought so much of our

meeting," she said simply. "You will never know how much," he replied; and then a deep silence

fell upon them. and Vivien had been then some days | home that I have loved with such pasat Smeaton Park. They had been very happy days, despite the trouble ing of the digestive organs than that lay so heavy at her heart. Lord known dishonor-this has produced a most people imagine, and even slight St. Just had been so pleased to see sorrow for which there is no cure." functional disturbances of the stom- her-they had become such intimate friends. Lady Smeaton, who desired nothing better than that Vivien should marry, threw them as much observed. "If I could save Lancewood as possible together. She was de- by sacrificing my life I would do so. lighted at finding Lord St. Just ad- I would do anything to restore it and mired the beautiful Miss Neslie. make it what it was in my father's She gave a quiet hint to her daughters to that effect; and Vivien hardly guessed how many hours each day equal to Dr. Williams' Pink Pills. she spent in the company of new friend. They were standing one evening in the Park -they had been walking for some time and had paused at a low stile that led to the cornfields. How fair and calm and sweet it was! The rich sunlight fell on the golden wheat-sheaves the hedge-rows were filled with masses of bloom, the western wind seemed to breathe of love, hope, and happiness, far away stretched the wide, undulating park. It was a fair, tranquil home-picture.

Vivien sat down on the moss-covered stepping-stones, and looked around

"This is surely fairer than any scene in France or Italy," she said. Just, like this?"

"No," he replied; "I prefer English scenery, as I love English facess best. But, Miss Neslie, pardon me, it is of you yourself I want to talk-you will not be angry with me? When I look at you, it seems to me that you have suffered so much. You should not have that shadow of painful thought always in your eyes. Tell me, is it indeed for the loss of Lancewood you are in such despair ?"

She raised her beautiful dark eyes

and looked frankly at him. "I will tell you," she said, "because I think that you will understand me, I have said but little of my sorrowpeople mistake it; they think it is the loss of wealth and position. It is "Do you object to my publishing not that. If I had lost Lancewood and roll, I should not have cared for it "Well, I have no desire for pub- I was so proud of my home; I loved it Dr. Williams' Pink Pills cure by go- cept taking care of Lancewood; I had

melody - something that thrilled than know that it was in unworthy Just.'

She looked up at him with quick,

"King's Rest," she said-"what a

"It is an appropriate one" he re- One of the Most Interesting Little Curios near to them, where with his court don. This gentleman is a nephew of She turned to him with a slow, he used to reside for weeks at a time. the celebrated Sir Richard Temple, and It was called the 'King's Rest' then; the ring in question is a highly-prized "How did you know my name?" she long years afterward it was purchas- old family heir-loom. Its history is ed by the founder of our family, and pathetic and romantic in the exwe are known as the St. Just's of treme. the loveliest places in England,"

musingly.

unconscious gaze.

"I hope you will some day. You will

ers and turrets of the Abbey from be- of the unfortunate Louis and his lovetween the trees. Miss Neslie, will you ly, doomed queen, Marie Antoinette. let me speak to you as a friend-as He was arrested, thrown into jail, an old friend? Try to imagine that where he lingered for days and weeks. we have known each other for many long years-that we are trusted, true loyal friends."

"I can easily imagine it; it is not difficult with you," she replied dream-

"Then let me talk to you. In common with every one else, I hear unpleasant stories about Lancewood-are they true?"

"I will tell you just how much is true," she replied, and she told him exactly what had happened-how the place was crowded with strange French visitors, people whom her father would not have admitted.

"And you can do nothing to put an end to it?" he said.

"No, my interference makes it worse; that is the sorrow of my life," she said-" the sorrow that takes the brightness from my days, the sleep from my nights-the sorrow that seems to hang over me and hide all It was about the middle of August, hope from me. To see degraded the sionate love, to imagine the shameful future of a race that has never

"I feel keenly, for you," he said, gently.

"No one knows what I suffer," she

"But these friends of Lady Neslie's -who are they?" he asked.

"I cannot tell you. There are two or three military men-French captains, who play at billiards and drink cognac all day. The ladies-well, they are quite unlike any other ladies I have seen; they quarrel a great deal amongst themselves, but in one thing they all unite-in flattery and praise of Lady Neslie."

"Why do you not leave the place?" he said. "It must be very uncomfortable for you."

"It is uncomfortable," she replied "but I cannot leave it, Lord St. Just, because my father confided the honor of his house to my hands." And then she told him of the will.

sation stirring in her heart - some- Rest, just in the same fashion. I words as those, he must have had thing like the rhythm of a beautiful would rather burn it to the ground doubts about his wife," said Lord St.

(To be continued.)

A REMARKABLE RING.

in the World.

The most charming little ring and

than a house, and is, I think, one of are the works of a perfect little music box. You touch a spring and hold "I should like to see it," she said the ring quite close to your ear. Then you hear the sweetest, weirdest, tini-His face flushed under her simple, est little tune, which seems like a voice from the spirit land.

This ring was once in the possession of one of Mr. Temple's ancestors, who "Have you seen, Lancewood?" she lived in France. He was a staunch royalist, and in the days of the Revo-"Yes-that is, I have seen the tow- lution, he valiantly espoused the cause

One of the few pleasures in the gloomy solitude of his dreary dungeon was to listen to the voice or tune of the little musical ring, which he always were on the third finger of his left hand. He had inherited it from his grandfather, who had it manufactured in Genoa at great cost.

One day, sullen faced men, heavily armed, came to his dark dungeon and told him he must follow them. He knew that this meant the guillotine. He stepped bravely out to meet his fate, determined to die like an English gentleman and a brave man. And he did.

A strange fancy took possession of him just before they led him to the block. He touched the spring of his little ring and lovingly held it to his ear. It sang its little tune merrily and briskly.

Then the signal came. He laid his head on the guillotine which a few hours before had known the life blood of a queen.

In the course of time the little ring found its way back into the Temple family, but it was silent. Its present owner took it to a London jeweller, who found in the musical mechanism a clot of blood that for years had lain there and impeded the working of the machinery.

This was removed and the little ring sings again the same little tune that beguiled the many sad hours of its former owner.

FOLLOWING INSTRUCTIONS

Young Sammie Spender is carrying out his Governor's wishes faithfully, isn't he?

How's that?

Why, the old gentleman left instructions in his will that after his leath his dust was to be scattered to the winds.

THEORY, ONLY.

Weary Watkins-Pardner, did you know that nigh 90 per cent. of the human system is water?

Hungry Higgins-I've heard of it. I s'spose that's the reason we can't live forever.

A Strange Malady Among Soldiers!

Said to be Locemotor Ataxia, a Nervous Disease, Which is Also Prevalent in This Country-Peculiar Symptoms.

States Infantry, has returned from nerves. Manila, suffering with what he says is "a terrible malady which is prevalent among the officers and men. It develops into neuritis or nerve paralysis, and many of its victims are crippled for life."

Dr. Wilson, of Buffalo, N.Y., says that this "mysterious disease" is locomotor ataxia, and is just as prevalent in North America as in the Philippines. It is a degeneration of the nerve cells of the spinal cord, which affects the nerve controlling motion.

There are many examples of the terrible results of this disease to be seen on the streets of Toronto and other Canadian cities. The characteristic symptoms of this nerve-exhausting ly or to control the hands and arms. The feet are raised high up and put down heel and sole together in a sort of flapping motion. The victim is in danger of falling when going up or

"Yes," he replied, "I understand ly rebuilds the wasted nerve cells of children.

Capt. J. P. Finiay, of the 9th United the spinal cord and revitalizes the The time to act is when nervousness

first makes itself apparent. When you find yourself tapping with the fingers, when the nerves of the body twitch after retiring at night, when you lie awake, too nervous to sleep, when you have nervous headache and nervous dyspepsia. These symptoms of exhausted nerve

force are the beginning of a wasting process which must end in locomotor ataxia, paralysis, nervous prostration, or epilepsy unless the system is restored. For the benefit of all readers of this article we cannot do better than to recommend the persistent use of Dr. Chase's Nerve Food, which in a few months will completely rebuild the exhausted nervous system and cure the most serious diseases of the This treatment is recommended

above all others because it is a modern scientific preparation compounded down stairs or around corners. He from a favourite prescription of Dr. walks with his eyes on his feet, ex- | A. W. Chase, who has tested it in periencing shooting pains in the legs | thousands of cases of locomotor ataxand sense of pressure about the waist. ia, paralysis and nervous prostration In the later stages locomotor ataxia | with which he comes in contact in his as this disease is called, is incurable. | immense practice. It is considered by If taken in time it is found to yield | medical men to be the greatest reto the restorative influence of Dr. storative which nature provides for Chase's Nerve Food, which complete- pale, weak, nervous men, women and