

**THE STALEST BREAD IN THE WORLD**

It is 4,500 Years Old and Was Found in an Egyptian Tomb.

A loaf of bread 4,500 years old was found in the tomb of Mentuhotep, who died in Egypt 2,500 B.C. It is now in the Museum of Berlin.

This loaf of cake or bread is dark brown in color. Inside are many large holes. Probably this part of the bread long since fell into dust, but much of the bread still remains in the shape of whole kernels and pieces of grain. Examination proves that the bread was made of barley, and the grains were only rudely crushed and not sifted. This proves that barley bread was one of the earliest kinds made, and it was baked and covered with twigs and leaves of the sycamore tree.

The process of preparing the grain for bread is to be gathered from a wall inscription which has been discovered at Thebes. It is a graphic picture of the entire process. This picture shows that at that early period even the hand mill was not yet invented. The flour was, of course, far from fine, and the bread resulting was of the kind found in the tombs. It was not baked in ovens, but after being kneaded into dough, by the addition of water was placed between two heated stones, or was put on a plate and laid upon the red-hot coals.

**WOMEN PROPOSE? HORRORS!**

The average woman would be horrified, as a rule, if you made the assertion in her presence that her sex ever propounded the momentous question and proposed marriage to the man. But when you stop and quietly go over the question you will find that in many instances woman has taken the initiative—not in words, perhaps, but in cleverly devised plots and by just helping some bashful lover along.

Is not the wooing of Priscilla a good example? Did she not propose when she said, "Why not speak for yourself, John?"

Experienced devotees of the fair sex say the widows are more expert at proposing marriage than the debutante or reasonably up-to-date girl. But the widow is a hard proposition to cope with. She feels it imminently her privilege to "coo" over a man, say sweet things to him, tell him he is the sweetest thing in town and make him so absolutely comfortable that he dreads renewed acquaintance with his bachelor apartments. But the widow is dangerous. She knows how to manage a man with skilful tact. If she decides to marry him she will and he is helpless.

More desirable bachelors have been made benedicts through the influence of an after dinner cigar, shaded lamps and a grate fire than books ever tell of—a case of cause and effect. One frank woman remarked: "Well, looking seriously at it, I guess I did propose to Jim. He had loved me long enough and deserved to be rewarded, only he was too busy with law to form the proper speech. I dressed up in his pet gown and my big hat and went and sat in the moonlight when I knew he was coming, with a sad, far away look in my eyes. He took my hand and simply said: 'The weather is so lovely I wish we might have a few days by the sea before the summer closes,' and in the most coy manner I said, 'Let us go!' In three weeks we were married."

And who says women never propose?

Johnson—What do you do when you have any stomach trouble?  
Thompson—I just keep still about it. In that way I escape advice from everybody I meet.

SERVED A DOUBLE PURPOSE.

Widow Farrelly—Do ye mind the beautiful booky Mr. Googan presinted me this mawmin'? Ah, the poor mon! his woife died jist tin days ago.  
Widow Murphy—Begorra, they kipt well, didn't they?

**WHAT HE DID.**

Widow Farrelly—Do ye mind the beautiful booky Mr. Googan presinted me this mawmin'? Ah, the poor mon! his woife died jist tin days ago.  
Widow Murphy—Begorra, they kipt well, didn't they?

**LUBY'S**

Gives new life to the hair. It makes it grow and restores the color.  
Sold by all druggists. 50c. a bottle.

CIRCUMSTANTIAL EVIDENCE.

Husband—after the performance—I didn't enjoy the show very much. I forgot my glasses.  
Wife—Perhaps you did, dear, but your breath doesn't indicate it.

**Hotel Carlslake.**

European Plan. Room 4 from \$1 a day up. Opp. G.T.R. Station, Montreal. Geo. Carlslake & Co., Prop.

**SPADE'S ADVANTAGE.**

First Amateur Gardner—"Why do you buy your seeds of spade instead of Barrow? Are they of better quality?"  
Second ditto—"Not that I know of; but the pictures in his catalogue are much finer than those in Barrow's book."

**O'KEEFE'S LIQUID MALT**

W. LLOYD WOOD, Toronto, GENERAL AGENT.

**HEARD THE BETROTHAL KISS.**

First Boarder—Did you hear the report of the engagement of our landlady's daughter?  
Second Boarder—I should say I did. I was sitting in the next room at the time, and it was a pretty loud report, let me tell you.

**TO CURE A COLD IN ONE DAY**

Take Laxative Bromo Quinine Tablets. All Druggists refund the money if it fails to cure. 25c.

**REPARTEE.**

I come to steel, said the humorous rat.  
Pleased to welcome you, replied the matter-of-fact steel trap, as it sprang to embrace the newcomer.

**W P C 976**

**CALVERT'S**

Carbolic Disinfectants, Soaps, Ointment, Tooth Powders, etc., have been awarded 100 medals and diplomas for superior excellence. Their regular use prevent infectious diseases. Ask your dealer to obtain a supply. Lists mailed free on application.

**F. C. CALVERT & CO., MANCHESTER, ENGLAND**

**ONE NIGHT**

Corn Cure. Ask your druggist for it. Price 10c.

**COMMON SENSE KILLS ROACHES, BED BUGS, RATS AND MICE.**

Sold by all Druggists, or 381 Queen W. Toronto.

**The "Balmoral," Free Bus**

Am. Plan. \$1.50 & up

**FARMS FOR SALE - BRUCE COUNTY**

Some Great Bargains. Apply to JAMES MCK. STEWART, Drawer 16, Kincaidine P. O., Ont.

**CUTTING SCHOOL - Tailors and Dressmakers**

Send for catalogue. C. & D. SCHOOL CO., Montreal.

**BRASS BAND**

Instruments, Drums, Uniforms, etc. Every town can have a band.

Lowest prices ever quoted. Fine catalogue, 500 illustrations, mailed free. Write us for anything in Music or Musical Instruments.

**WHALEY ROYCE & CO., Toronto, Can.**



**1899 MODELS**

are the best RAMBLERS ever built, at any price, and the 1899

**PRICE IS \$50.00.**

RAMBLER builders are confident, after 20 years' experience, that they can build and are building the

**"BEST BICYCLES IN THE WORLD"**

and no wheel at a lower price can be of RAMBLER quality, none at a higher price worth more.

Catalogue is free.

**BERTRAM, WILSON & CO., CANADIAN AGENTS.**

RAMBLER BICYCLES \$50.00. Gormully & Jeffery Mfg. Co., Chicago.

IDEAL BICYCLES, \$25 TO \$40.00. Shelby Cycle Mfg. Co., Shelby, Ohio.

If there is no Agent in your town for the above wheels, write us for prices.

53 YONGE STREET, TORONTO.

**WHAT THE MINISTER SAID.**

Jingso—What did the minister say when the plate came up?  
Hingso—He said he wouldn't mind so much if the buttons were all alike.

**"Pharaoh 10c."**

Payne, of Granby, Que' Cigar Manufacturer.

**MATURE CONSIDERATION.**

Miss Peachblow—Was your marriage to old Moneybags the result of love at first sight?  
Mrs. Moneybags—No; of second thought.

**La Toscana, 10c. RELIANCE CIGAR FACTORY, Montreal**

**MUST TRY SOMETHING ELSE.**

Binks—Say, old man, do you know of any cure for insomnia?  
Jinks—Counting 1,000 is said to be a remedy.

Binks—Confound it; that's what everybody tells me, but the baby's too young to count.

**For Over Fifty Years**

MRS. WINSLOW'S SOOTHING SYRUP has been used by mothers for their children teething. It soothes the child, softens the gums, allays all pain, cures wind colic, and is the best remedy for diarrhoea. 25c. a bottle. Sold by all druggists throughout the world. Be sure and ask for "Mrs. Winslow's Soothing Syrup."

**RECORDS OF TWO OLD FAMILIES.**

Your grandfather used to saw wood for my grandfather.

Yes; I've heard him tell how your grandfather beat him down on his price and half the time didn't pay him.

*"The greatest good to the greatest number" is one reason why everybody should drink Blue Ribbon Ceylon Tea.*

**FORESEEING DISEASE.**

In a recent lecture on electricity Prof. Elihu Thomson related how Boston physicians had been able, with an X-ray tube, to detect the presence of the microbes of pneumonia in the lungs before any symptoms of that disease were felt by the patient, or were even perceptible by ordinary pathological examination.



**FREE CAMERA.**

For selling two dozen packages of Toledo Pens at ten cents a package, we give this Camera. It is made by the Yale Camera Co., has a Henschel & Lomb lens, and a shutter that can be used for snap-shot or time-exposures. With it we send full instructions, so that a child of ten years can make, after a little experience, pictures almost as good as those taken by high-priced cameras. Many cameras are sold separately, and the purchaser has to buy the outfit afterward. We give the complete outfit, as shown, with every camera. The outfit consists of:  
1 "Yale" Camera, 1 Package Developer.  
1 Box Dry Plates, 1 Set Directions.  
1 Package Hypo, 1 Toning Tray.  
1 Printing Frame, 1 Package Fixing Powder.  
1 Developing Tray, 1 Package Silver Paper.  
1 Package Ruby Paper.

We require no money in advance. Send us your name and address, and we will forward the Pens, which you sell for us. Then return the money to us, and the Camera will be forwarded, all charges paid.  
Toledo Pen Co. Dept. Z., Toronto, Can.

**The Excellence is Uniform and the High Standard Always Maintained.**

**LUDELLA**

Lead packages, CEYLON TEA. 25, 30, 40, 50 & 60c.



**A BOON FOR THE LAME!**

THE IVEY PATENT EXTENSION SHOE CO.

Are anxious to secure the address of every lame man and woman in Canada whose lame legs exist in one limb being shorter than the other, and are offering good paying employment to every lame person who will take the trouble to write for circulars and cards to act as agents. Get one of the Extensions for yourself and you will, after wearing it a week, have no trouble to convince others of its value.

This Extension is by far the best of its nature ever placed on the market, and enables the wearer to walk straight, to walk with ease and comfort, to wear any ordinary store shoe, and gives them the same appearance as their more fortunate friends. Descriptive circulars free to all. Ask for terms to agents. Address

170 BAY STREET, TORONTO, CANADA.

**WOOD & PHOTO ENGRAVING**

J. L. JONES ENG. CO. 6-8-10 ADELAIDE ST W. TORONTO.

**WHITE'S PHOSPHO SODA**

An Effervescent Phosphate, excellent cleanser for liver, kidney and stomach, takes the place of coal tar preparations in case of headache, its effect is instantaneous. Sold by all druggists, in 10c, 25c, 50c and \$1.00 packages. Queen City Drug Co., 27 1/2 Wellington St. E., Toronto.

**HEALTH RESTORED**

without medicine or expense to the most disordered Stomach, Lungs, Nerves, Liver, Blood, Bladder, Kidneys, Brain and Breasts by

**Du Barry's Revalenta Arablao Food,**

which Saves Invalids and Children, and also Rears successfully Infants whose Aliments and Debility have resisted all other treatments. It digests when all other Food is rejected, saves 50 times its cost in medicine.

**50 Years' Annual Cures of Constipation, Flatulency, Dyspepsia, Indigestion, Consumption, Diabetes, Bronchitis, Influenza, Coughs, Asthma, Catarrh, Phlegm, Diarrhoea, Nervous Debility, Sleeplessness, Dropsy.**

**DuBarry & Co.,**

(Limited), 17 Regent Street, London, W., also in Paris, 14 Rue de Castiglione, and at all Grocers, Chemists, and Stores everywhere, in tins, 2s., 3s., 6s., 10s., 15s., 20s., 25s., 30s., 40s., 50s., and 60s. Agents for Canada: The T. Eaton Co., Limited, Toronto.

**29TH ANNUAL REPORT**

**Ontario Mutual Life Assurance Co.**

THE BEST IN THE COMPANY'S HISTORY, STILL UPWARD AND ONWARD

OF THE

kind, gentle, unassuming manner, his honesty of purpose and sound judgment. Hon. E. W. Borden was appointed in his stead.

Owing to Mr. Hendry's retirement from the Management, and his appointment as Consulting Actuary, he resigned his position as a member of the Board of Directors, and the Hon. J. T. Garrow was appointed in his place.

You will be called upon to elect four Directors in the place of Alfred Hoskin, Q.C., E. P. Clement, Sir Wilfrid Laurier, and the Hon. J. T. Garrow, whose terms of office have expired, but all of whom are eligible for re-election.

On behalf of the Board,  
R. Melvin, President.

**THE PRESIDENT'S ADDRESS.**

In moving the adoption of the Report the President said that the business for 1898 was in all respects of the most gratifying character, both in the volume of new business transacted and the mortality experienced. The amount of surplus earned and the amount paid to policy holders were in excess of any former year, while with a much larger amount of insurance in force, the lapse rate was very little more than in 1897. Purchased Policies showed a decrease of \$202,915 as compared with 1897, when that item reached the sum of \$470,488, indicating the growing confidence of the assured and the enhanced value placed upon the policies they hold in the Company.

For some time after this Company commenced business, many thought that a Mutual Life Assurance Company was at best but an experiment, and in our case doomed to failure; but as the public came to understand more fully the scientific principles underlying the purely Mutual System, it became evident that time which reveals the defects of less perfect systems, left untouched the giant strength and robust vigor of Mutuals. Their success has been so pronounced that some of the oldest Stock Companies are now seeking to give their policy holders a voice, however small, in the election of Directors—a right which the members of this Company have enjoyed since its establishment in 1869. During the past year we have added largely to our Assurance, largely to our Income, largely to our Assets, largely to our Surplus, that our Lapses are few, that our Cash Surrender Values are little more than half they were in 1897, that up to the list of May our increase in business is greater than in 1898, and our death rate much below the average. May we not hope, therefore, that the progress of 1898 will be even greater in 1899?

**VICE-PRESIDENT'S ADDRESS.**

Mr. Alfred Hoskin, Q.C., in seconding the adoption of the Report, held that the remunerative investment of its funds was one of the essentials to the permanent welfare of a Life Company. This will be conceded when it is remembered that there is to-day on deposit in our Banks the enormous sum of \$250,000,000 of which about \$88,000,000 bear no interest. The difficulty of finding desirable investments at fair rates of interest, is becoming greater every year. A decade ago the average rate was 7, but now investors are well satisfied at a much less figure. The Ontario has been more fortunate than its competitors, the rate of interest on its investments having in 1898 averaged 5.16 while that of most of the other Companies ranged from 4.43 to 4.59. This Company's percentage of foreclosures to its total investments was only 3 per cent, while its competitors ranged all the way up to 21 per cent.

In the rush there appears to be at the present time in life insurance circles, he hoped that this Company "will adhere

steadily to those traditions of insurance, which experience has shown to be essential to the true prosperity of a Company, viz., 1. Moderate expenditure; 2. High class investments producing a higher rate of interest than that assumed in the valuations, and 3. Careful selection of lives." The Report was carried unanimously.

**VOTES OF THANKS.**

In response to a hearty vote of thanks to the Directors tendered by the meeting on behalf of the Policyholders, for their great care of and vigilant attention to the Company's affairs during the past year, the Hon. J. T. Garrow said it afforded him much pleasure to state that in his opinion The Ontario was one of the best, if not the very best, Life Company in Canada to-day. Before and since he became a policy holder, he heard many pleasant things said about the Company, which, even among its rivals in business, enjoys a reputation for honorable treatment of its members second certainly to none, and equal to any, other in any part of the world—the best capital that any Company can possess.

Mr. B. M. Britton, Q.C., M.P., Kingston, said that the business of life insurance in volume and importance was enormous, the amount in force in the world to-day exceeding \$15,000,000,000 and of this immense sum Canadians carried on their lives nearly \$370,000,000, or about \$75 for every man, woman and child in the Dominion, if equally distributed among them. In this truly beneficent work The Ontario was entitled to a fair share of credit, having in force in round numbers the sum of \$24,000,000, and having written in 1898, within a few thousand, the largest amount of new business secured in Canada by any other company in that year. . . . The proud position The Ontario occupies to-day has been attained in spite of the ignorance that still exists, among men otherwise well informed, as to Mutual Life Companies. Many even in Parliament think a Mutual Life Company may levy "Assessments" or make "Calls" on their members. No one should, however confound a Mutual Company like ours with any kind of Assessment or Society Insurance, for they are as different in their methods as any two radically dissimilar systems can possibly be. The Ontario is a level premium Life Company; it takes no premium note as some Mutual Fire Companies do, and it holds at all times the full Government reserve, the same as Stock Companies.

Mr. E. P. Clement, acting Sheriff and County Crown Attorney, Berlin, in proposing votes of thanks to the Head Office Staff and Agents, paid a glowing tribute to the Manager, Secretary, Medical Director, officers, and field workers, for the very efficient manner in which the business of the Company, in their respective departments, had been looked after, and for the marked success that attended their labors during the past year.

Mr. Geo. Wegenast, Manager, returned thanks on behalf of himself and the Head Office and Agency Staff, assuring the meeting that it was a most pleasant thing to him and those who served the Company so loyally and well under him, to hear the welcome salutation of "Well done good and faithful servant." He wished to warmly thank the Board and the Agents for the generous support accorded him in the discharge of the onerous duties of Management, but especially the President, to whom he was greatly indebted for much valuable assistance and advice.

The Scrutineers, Dr. Webb and Mr. Geo. Moore, reported the re-election of the Right Hon. Sir Wilfrid Laurier, P. C., G. C. M. G., Ottawa, Mr. Alfred Hoskin, Q.C., Toronto, Mr. E. P. Clement Berlin, and the Hon. J. T. Garrow, Goderich.

On motion Messrs J. M. Scully and George Davidson, were re-appointed auditors for the present year.

The Directors met subsequently and re-elected Mr. Robert Melvin, President; Mr. C. M. Taylor, First Vice-President, and Mr. Alfred Hoskin, Q.C., Second Vice-President of the Company for the ensuing year.