AN ATTIC PLAY-ROOM.

"The pleasantest recollections of my childhood," said a sweet little woman one day when speaking of that time, "center about the old attic in our house." There she and her playmates romped and played to their heart's content through cold winter days. This attic was roughly floored and the ceiling and walls were covered with papers; but there was plenty of sunlight, and an old stove afforded heat enough to make it comfortable if the children were warmly dressed. In every home where there are children some place must be given them for their own, where they can keep undisturbed all of their playthings and can come and go as they please. Many a severe winter day a mother keeps her little ones indoors for fear of their taking colds if let out to play, and she knows only too well how distracted she becomes by their noise; and yet she cannot forbid that, for then they besome so discontented and cross that there would soon be trouble.

As almost every house is provided with an attic, it seems that it would afford the very nicest of play-rooms. If the whole attic would be too large or cannot all be given up to the little folks, then a part could be partitioned off. An old stove would keep the place warm and the mother need have no worry for their safety. Here they could have swings and hammocks, punching bags and Indian clubs, doll houses, and in fact everything to amuse themselves with. No special attention need be given to "cleaning up" such a place. The girls could cut papers and rags as much as they pleased and the boys could manufacture with hammers and saw all kinds of probable and improbable articles, which only a boy is capable of doing. Such an attic would be most pleasant on rainy days when the little ones cannot go out. Their noise would disturb no one and the remainder of the house could be kept neat and orderly.

SUGGESTIONS TO HOUSEKEEPERS.

M. F. says buckwheat cakes can be baked without filling the house with began some two years and a half ago. smoke if the copk will wash her gridiron after each meal and grease with a bit of butter dropped on a piece of folded light brown paper. Rub the the friends of the family. In con- failed them. That Ryckman's Kootgriddle with the paper and the first bit of butter is all that will be need-

A housekeeper tells an exchange that she washes her carpets by scrubbing them on the floor. They are first taken up and dusted, then tacked down on the bare floor. She then has them scrubbed as one would wash a floor, using plenty of water and soap, and after they have dried, with the doors and windows all open, she says they look as nice as new. She washes an ingrain carpet by drawing it over a kitchen table from one tub of suds to anit is on the table.

One of the nuisances of the farm kitchen or wood shed is the necessary but unsightly swill pails, that freeze in winter and draw flies in summer. An inventive woman has solved the problem of how to dispose of them in a most practical and effectual manner. She had a box made, wide enough and long enough to admit two pails side by side. This was furnished with a hinged cover and painted a dark green. When the cover was raised it protected the wall; when it was closed there was nothing that suggested its contents to the casual observer. In short, the slop pails were most neatly disposed of.

Almost every woman knows how convenient it is when pitting cherries, paring peaches or potatoes, looking over huckleberries, etc., to set a basin inside the large pan to receive the fruit as it is looked over and save drizzling they were tried. To the sunprise of the fruit juices or water over the table and keep it from running down her to improve soon after beginning the arms and dripping off her elbows. Why use of the pills. Her appetite returned, do we not have double pans, with a partition in the centre, one side fitted with a removable pan, especially for such uses. much improved under the treatment

Remember, when you begin to put up fruit this summer, that it keeps color and looks better if you use an agate parents are looking for a complete or earthen dish to gook it in, and stir it with a wood or silver spoon.

GOOD RECIPES.

Irish Fruit Cake .- One pound of gran- she took. ulated sugar, one pound of sweet butter, ten eggs, one pound of browned flour, sifted with two teaspoonfuls of baking-powder, one-half cupful of syrup, one-half cupful of black molasses, five tablespoonfuls of rose-water, ten tablespoonfuls of fruit juice, three tablespoonfuls of cinnamon, one tablespoonful of cloves, five teaspoonfuls of trade mark, "Dr. Williams' Pink Pills allspice, four teaspoonfuls of nutmeg, for Pale People." Refuse all others. one-half teaspoonful of tmace, four pounds, of chopped, seeded raisins, four pounds of currants, one pound of finelysliced citron, one-half pound of finely-sliced candied lemon, and onehalf pound of bitter almonds, blanched and pounded fine. Do not bake it too long, or it will become dry. When it does not taste of raw flour when tested with a broom-straw, it will be done.

Vanilla Ice Cream.-Take two drams of vanilla, one quart of milk, half pound of caster sugar, one pint of cream, and the yolks of three eggs; beat the yolks well, and stir them with the milk, then add the other ingredients; set it over a moderate fire, and stir constantly with a silver spoon until it is boiling hot, then take out, and when cold freeze it in the usual way.

A Strawberry Sherbet .- Take fourteen ounces of picked strawberries, crush them in a mortar, then add to them a quart of water; pour this into cures neuralgia in five minutes; tootha basin, with a lemon sliced, and a teaspoonful of orange-flower water; let it application; headaune in a few moremain for two or three hours. Put eighteen ounces of sugar into anoth- Give it a trial. er basin, cover it with a cloth, through which pour the strawberry juice. Alter as much has run through as will, gather up the cloth and squeeze as much juice as possible from it; when the sugar is all dissolved, strain it again, set the vessel containing it on ice until ready to serve

A Lemon Sherbet .- One pound of icing sugar, one and one-half ounces bicarbonate of abda, one ounce of tartaric acid, four drops of essence lemon, added to sugar. Mix, sift, and bottle all druggists.

securely. For use one heaping teaspoonful in a tumbler of water.

THE TOILER'S HOME.

Home is the wage-earner's paradise. When on returning from his daily task almost worn out he finds his wife cheerful, a substantial, well-cooked supper on the table, plain, though it be, his children clean and orderly and his house neat and in good trim, his heart is cheered and his arms grow strong. In such a presence he soon forgets his weariness, and after a night's refreshing sleep in a clean bed he feels as thoroughly equipped for another hard day's toil as David did when with five smooth stones in his shepherd's bag, he went out to meet Goliath. bless the homes of the toilers of America! They are the foundation of our free institutions, the laboring man's paradise, the hope of the country. And God bless the wives and mothers who turn their thoughts from the fashions and gayeties of society and give their heart's best energies to husbanding the earnings of their companions in toil and to the making of happier homes for them and their children.

DISTRESSING RESULTS FOLLOWING VACCINATION.

Young Daughter of David McHardy, of Fergus, the Victim-Has Suffered the Most Intense Agony-Dectors Failed to Help Her.

From the Fergus News-Record. Nearly every person in this section is acquainted with Mr. David Mc-Hardy, the popular leader of St. Andrew's church choir, Fergus. Our reporter called upon Mr. McHardy at his home in Upper Nichol recently and from him and his estimable wife a tale of terrible suffering was elicited, suffering that has brought a once excep- payment of a death claim. tionally strong and healthy child to the verge of the grave. The subject of the sketch, Lena McHardy, is fourteen years of age, and her parents say she has not grown any since her illness Her terrible suffering dates from the time she was vaccinated in June, 1894, and what she has since undergone has people who have found Kootenay Cure aroused the deepest sympathy of all their salvation when everything else versation with Mr. McHardy and enay Cure is without doubt the soverhis wife, the following facts were eign remedy for Kidney Disease in all elicited:- "Two years ago last its varied forms, can no longer be June," said the father, "Lena was doubted. If you want further informavaccinated by a doctor in Fergus. The tion write to the S. S. Ryckman Mediarm was very sore and swollen all cine Co., Limited, Hamilton, Ont., and summer, and became so bad that it was sworn testimony of the above persons a mass of sores from the shoulder to will be sent you, together with hunthe elbow. In October, 1894 a large dreds of other testimonials. Chart lump appeared on her back, over one book free on application. of her lungs. The doctor who vaccinated her, treated her all that summer, calling very frequently, but the medicine he gave her did no good and she was growing weaker and weaker. other, and scrubbing each width while When the lump broke out on her back another doctor was consulted, who dation of promenaders. said she was in a very bad state of health. Her constitution appeared to be completely undermined, and her appetite had completely failed. The last doctor called in gave some outward applications, and lanced the gathering, but it did not give the patient any benefit. Nine such gatherings have appeared since that time, but each broke and disappeared of its own accord, only, however, to child became very puny, and little or no food would remain on her stomach. At night she would fairly rave with the pain in her arm and back, and consequently her trouble was aggravated by a loss of sleep. She had the best of attendance, but to no avail, and she was slowly bur surely sinking. Friends advised a treatment with Dr. Williams' Pink Pills, and as a last resort, both parents and friends Lena began

> done her more good than the scores of bottles of doctor's medicine which Dr. Williams' Pink Pills are a blood builder and nerve restorer. They supply the blood with its life and healthgiving properties, thus driving disease from the system. There are numerous pink colored imitations, against which the public is warned. The genuine Pink Pills can be had only in boxes the wrapper around which bears the full

she became stronger, and her general

health much improved. The sores

have not yet left her back and arm,

but her constitution is being so very

with Dr. Williams' Pink Pills that her

cure. Mr. and Mrs. McHardy thank

Pink Pills for the present improved

condition of their child, as they have

AND HE HAD IT, OF COURSE.

Cora-What did you say when Dick expressed a desire to kiss you? Dora-I told him that I supposed he was just mean enough to have his

The best Cough Cure. Relieves Croup he knows nothing. promptly. One million bottles sold last year. 40 doses for 25 cents. Sold by all druggists.

The advance movement of the Anglo-Egyptiah expedition will commence in August, and Khartoum will be the objective point.

WHY SUFFER?

When there is such a good remedy as Nerviline for all kinds of pain. It ache in one minute; lame back at one ments; and all pain just as rapidly

HOME COMFORTS.

How did you happen to go to sleep n church? The women's hats looked so much like lamp shades that I forgot where I was.

Be Not Deceived, A Cough, Hoarseness or Croup, are not to be trifled with. A dose in time of Shiloh's Cure will save you much trouble. Sold by

THE TWENTIETH CENTURY

Enters upon the heritage of a remedy that is sure, safe and painless. Putnam's Painless Corn Extractor never fails, never causes pain nor the slightest discomfort.

"But papa, you mustin't be hard on Mr. Saply," said his pretty daughter. He is of a retiring disposition, you know." "Retiring!" snorted the old man. "Retiring thunder! He doesn't leave until 12 every night he comes

Have to Yield to the "New Ingredient." Read the roll of cured ones who pin their faith to Kootenay and make sworn declarations:-

Mrs. A. Wilson, 125 John St., Toronto, cured of Kidney Disease. William Burns, formerly of Grimsby, now of Hamilton, cured of Bright's Disease and Hemorrhage of the Kid-

William Walker, 84 Colborne street, Hamilton, Ont., brakeman on the G.T. R. cured of Railway Kidney.

F. A. Gendron, lumber measurer, Ottawa, Ont., cured of Kidney Disease and Locomotor Ataxia. A most remarkable cure, one which caused a great sensation in Ottawa.

Thomas W. Nichols, 190 King Street West, Hamilton, Ont., cured of Inflammation and Congestion of the Kidneys. Was so bad he had to be propped up in a rocking chair. James Osborne. 62 Catherine Street,

Hamilton, Ont., cured of Bright's Disease. He belonged to the Maccabees, and was thought to be in a dying condition, but Kootenay Cure saved the Charles E. Newman, 13 Marlborough

Street, Toronto, Ont., cured of Rheumatism and Constipation as well as severe Kidney Trouble. James Clark, 198 York Street Hamil-

ton, Ont., cured of Kidney Disease and general weakness.

The above are the names of a few

THRIFTY FRENCH.

Paris manages to make 150,000 francs a year from permits to let chairs in the squares and gardens for the accommo-

Beware of Ointments for Catarrh that Contain Mercury,

as mercury will surely destroy the sense of smell and competely derange the whole system when entering it through the mucous surfaces. Such articles should never be used except on prescriptions rom reputable physicians, as the damage they will do is ten fold to the good you can possibly derive from F. J. Cheney & Co., Toledo, O., contains no mercury, and is taken internally, acting directly upon the blood and mucous surfaces of the system. In buying Hall's Catarrh Cure be sure you get the genuine. It is taken internally, and made in Toledo, Ohio. by F. J. Cheney & Co. Testimonials free.

Sold by Druggists, price 75c per bottle. Hall's Family Pills are the best.

11 LAID THERE.

Mr. Bloobumper-My boy Beninie is getting to be a good artist. Mr. Spratts—Is he?

Mr. Bloobumper-He drew a picture of a hen which was so true to nature that when I threw it in my waste basket it laid there.

DREADFULLY NERVOUS.

Gents:-I was dreadfully nervous, and for relief took your Karl's Clover Root Tea. It quieted my nerves and strengthened my whole Nervous System. I was troubled with Constipation Kidney and Bowel trouble. Your Tea soon cleaned my system so thoroughly that I rapidly regained health and strength. Mrs. S. A. Sweet, Hartford, Conn. Sold by all druggists.

> ADAM'S GINGER BEER. RECIPE.

- One bottle. . dams Extract Fleischmann's Yeast - One half to one cake. One half ounce. Cream of Tartar - -Lukewarm Water - Two gallons.

Dissolve the sugar, cream of tartar and yeast in the water, add the extract, and bottle; place in a warm place for twenty-four hours until it ferments, then place on ice, when it will open sparkling, cool and delicious. The ginger beer can be obtained in all drug and grocery stores in 10 cent bottles to make two gailons.

M man is happiest when he is giving Cure the Cough with Shiloh's Cure. a woman advice on a subject of which

> For Constipation take Karl's Clover Root Tea, the great Blood Purifier. Cures Headache, Nervousness, Eruptions on the Face, and makes the head clear as a bell.

First thought. Benham-"The wolf is at the door." Mrs. Benham—"Tell him to wipe his feet."

Be Not Deceived. A Cough, Hoarseness or Croup, are not to be trifled with. A dose in time of Shiloh's Cure will save you much trouble. Sold by all druggists.

Dr. Powder. "Ah! How are you today, Mr. Glimp?" Glimp-"Do you ask as an inquiring friend, or as my family physician ?"



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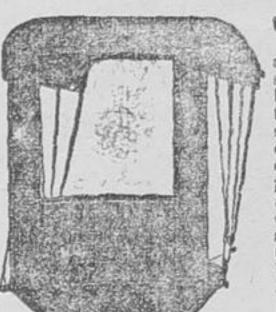
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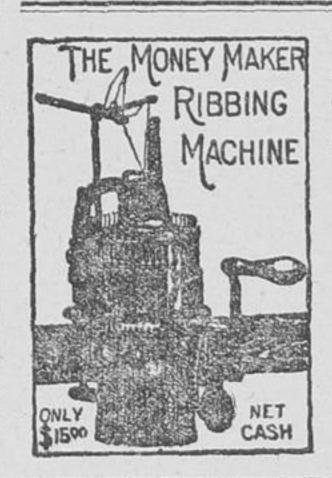
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