

CHRISTMAS RECIPES.

**Mince Meat and Mince Pie.**—Last year we gave a rule for a large quantity of mince meat but this year we illustrate this time honored Christmas dessert by a recipe for two pies so every housekeeper can try her rule without much trouble. Mix together one cup of chopped apple, one half cup of raisins stoned and chopped, one half cup of currants, two tablespoonfuls of butter, one tablespoonful of molasses, one tablespoonful of boiled cider, one cup of sugar, one teaspoonful cinnamon, one half teaspoonful of cloves, one half nutmeg grated, one salt spoonful of mace, one teaspoonful of salt. Add enough of the stock in which the meat was cooked to moisten. Heat gradually to the boiling point and simmer one hour. Then add one cup of chopped meat and two tablespoonfuls of barley jelly. Cook fifteen minutes longer. This mince meat was baked in chopped paste with a rim of puff paste.

**Chopped Paste.**—Use pastry flour of course and chop one cup of butter into one pint of flour with one teaspoonful of salt until well mixed. Moisten with ice water until it is a stiff dough then roll very thin. Now roll up like a jelly roll and keep on ice until ready to use. In making this paste you can roll it out in any direction but do this by patting it with short strokes. There is no particular advantage in a glass rolling pin; a wooden one with a revolving roller is better than the old fashioned one with stationary roller. In fitting the paste to a plate full it on so that it will not shrink from the plate in baking; have the roller fluted also.

**Puff Paste.**—One pound of flour, the yolk of one egg, one tablespoonful of salt and one teaspoonful of lemon juice. Mix with ice water to a stiff dough; toss it on to the board which has been floured and knead until smooth; pat and roll out. Fold in one pound of butter, washed, chilled, and divided into four parts. Fold, turn half way round, pat and roll out; repeat seven times. Chill thoroughly before baking. This is the rule but unless one has seen puff paste made of has more minute directions she will not make a success of her pastry by simply following the rule. It is much easier to make half the rule than the whole. Washing the butter is of great importance; this is done, not to take out the salt but to take out the buttermilk which would make the pastry tough. Scald the bowl with boiling water then fill it with ice water, this makes it very smooth; then scald your hands by putting them in to the same water first dipping in the finger tips then the palms of the hands; afterwards dip the hands in ice water. Wash the butter by squeezing it in the bowl of ice water; divide it into three parts if a half pound is used. Pat each one of these portions between the hands until no moisture exudes and the butter is waxy. Put the butter between the folds of a napin in a pan which is set in to another of the same size and filled with ice, then set another pan of ice on top of the butter. You can not hurry puff paste, for it must be kept thoroughly chilled in all stages. In using half the rule use half of the egg yolk and lemon juice; put these ingredients and the salt directly into the flour and add the ice water to the centre of the mixture. Roll out the paste into a long sheet. Flour the board generously and lay on one piece of the chilled butter, sprinkle this well with flour and roll out as thin as possible. Now if the butter was not well washed and well chilled you will have trouble. Begin at the centre to roll the butter and roll each way. Lay the thin sheet of butter on the rolled out paste and fold the sides over and then the ends over towards the centre; always keep it in good shape. Roll out a second piece of butter and add to the paste after it has been rolled out again; repeat for the third piece. Roll puff paste from you the whole length but towards you only sufficient to keep it in shape. Use short quick pats of the rolling pin. Don't try to roll puff paste on a sticky board; keep it so well chilled that it will not stick. After all the butter is rolled in set it away to chill then roll out and fold over seven times, setting it away on ice whenever it shows signs of being warm. This folding over and patting out into a sheet and refolding so many times is to include air which should show itself in blisters all over the surface as the paste is being rolled.

**Horseflesh and Mule Meat.**

Horseflesh, ass-flesh, and even mule-flesh are now eaten in such large quantities in France that the regular butchers who deal in beef and mutton are getting uneasy. At a conference of the trade, which is being held in Paris, one of the principal subjects for discussion was the manner in which the competition of the horse-butchers was to be met.

In the result, a resolution was carried to the effect that horseflesh, ass-flesh and mule-flesh should be subjected to the same duties as those on other meats, in proportion, that is to say, to the selling value, and that dealers in horseflesh should be forbidden to sell what may be designated as the staple articles of the butcher's trade. The Congress also expressed a unanimous opinion in opposition to the special military butcher's stores, their view being that the supply of meat should be left to private enterprise. With regard to the trade in preserved meats for the use of the army, which was not lost sight of, the Government was called upon, in the interests of the French dealers (but not, of course, of the poor French taxpayers), not to give contracts to any foreign firms.

**Via the Balloon Line.**

Two adventurous aeronauts, M. Mallet and M. de Fonvielle, have undertaken to make a sky trip around France, keeping their balloon as near the earth as possible, so as to be able to descend with ease occasionally. They want to prove that agreeable and economical journeys can be made by balloons as well as by rail or water.

Dr. Charlotte E. Benton, the New York dental surgeon at the Institution for the Deaf and Dumb, had 350 cases placed in her hands during her first year of service.

**A VICTORIA CO. MIRACLE.**

**The Story of an Ex-Reeve of Carden Township.**

**Seventeen Years of Intense Suffering from Rheumatism—Local Physicians and Treatment in Toronto General Hospital Failed to Help Him—How it Was Restored to Health and Activity.**  
From the Lindsay Post.

There are few men better known in Victoria county than Mr. Richard Fitzgerald, who was one of the first settlers of the township of Carden. He was elected to the honorable position of reeve of that township for twelve successive years, and filled the position with so much acceptance to the people that he was pressed to continue in office for a longer time, but was compelled to decline the honor. It therefore goes without saying that Mr. Fitzgerald is not only known to all the residents of the township, but that his word is considered by those who know him to be as good as his bond, and that upon anything he may say the most implicit confidence may be placed.

When young, a stronger or more hearty man could not be found, but possessed of an iron constitution, he did what too many are prone to do, neglected his health, and exposed himself to all sorts of weather, often in the pursuit of his calling as a farmer, being wet to the skin for hours at a time. A little over seventeen years ago he found that he had contracted rheumatism of a muscular form, and each succeeding day found him in a worse condition. He applied to the local doctors in his neighborhood, but received no relief, and was then induced by them to apply for admission to the general hospital at Toronto for treatment, and was in that institution for several months, until he became disheartened at the want of success attending his treatment and returned home, as was thought, to die. By this time the muscles of his body had become so contracted that he could not straighten his limbs, and was forced to spend the greater part of his time in bed, and when able to get around at all it was only with the aid of a stout pair of crutches. When he attempted to raise to his feet his legs would crack at the knees like sticks of wood, caused, as the doctors told him, by the fluid in the joints being completely dried up. He was constipated to a fearful degree. When he retired at night there was not sufficient blood in his veins to keep him from feeling intensely cold, and in order to keep him warm his daughter knitted him woolen leggings and lined them with soft wool. Several times his family, a portion of whom reside in Michigan, were summoned home to see their father for the last time, as he was thought to be on his death-bed. Finally, after suffering as much bodily pain as would have killed an ordinary man, and at a time when he had not set his foot on the ground for a year, he was induced by his son to give Dr. Williams' Pink Pills a trial, as he had heard of the many remarkable cures made by that remedy. It was after much persuasion that he was induced to give them a trial, as he had then spent a small fortune in medicines and different modes of treatment under which he had steadily grown worse, and he had despaired of finding anything that would help him. At last he began the use of the Pink Pills and had not taken them long before he began to notice a decided improvement in his condition. Continuing their use he found he could get around much better than he had been able to do at any time for many years, and after a still further use of Pink Pills he was entirely relieved from all rheumatic pains, and is now a wonder to himself and all who knew him. Mr. Fitzgerald is now 70 years of age, is able to walk to Kirkfield every day, and is enjoying better health than he has had since he was first affected.

Dr. Williams' Pink Pills are a perfect blood builder and nerve restorer, curing such diseases as rheumatism, neuralgia, partial paralysis, locomotor ataxia, St. Vitus' dance, nervous headache, nervous prostration and the tired feeling therefrom, the after effects of la grippe, diseases depending upon humors in the blood, such as scrofula, chronic erysipelas, etc. Pink Pills give a healthy glow to pale and sallow complexions, and are a specific for troubles peculiar to the female system, and in the case of men they effect a radical cure in all cases arising from mental worry, overwork, or excesses of any nature.

Dr. Williams' Pink Pills may be had of all druggists, or direct by mail from Dr. Williams' Medicine Company, Brockville, Ontario, or Schenectady, N. Y., at 50 cents a box, or six boxes for \$2.50. The price at which these pills are sold makes a course of treatment comparatively inexpensive as compared with other remedies or medical treatment.

**Irving in Dublin.**

The Dublin corporation entertained the Irving-Terry theatrical company the other evening. In his speech of welcome the Lord Mayor said that Mr. Irving and Miss Terry had done more than any others to refine the stage and make it an educator of the people. Part of Mr. Irving's reply was:

"I regard our visit here as perhaps the most auspicious event of our lives. May God bless this whole noble nation. May prosperity ever be its portion. My soul shall always utter its love for you."

Mr. Irving gave £100 to the poor of Dublin.

After the performance in the Gaiety Theatre an address was presented to Mr. Irving and Miss Terry on the stage. The signers of the address included the Lord Mayor, the Lord Chancellor, the Chief Justice, and six other Judges; Lord Wolseley, the Presidents of the College of Surgeons and College of Physicians, the Provost of Trinity College, four members of the House of Commons, and the Sheriff of Dublin. Mr. Irving replied warmly to the presentation speech, and much enthusiasm was manifested. Baron Houghton, the Lord Lieutenant, attended the play and remained to witness the presentation. Crowds cheered Mr. Irving and Miss Terry when they left the theatre.

The reason why St. Leon is so popular with the masses is because St. Leon Water cures. Eight thousand carrier pigeons are kept or use in the German army.

**TO DRAW A FOWL.**

**The Interior Parts Should be Taken Out Without Separation and Fat Removed.**

It is not every housekeeper that understands how to draw a fowl so that all the interior parts come out in one piece. A correspondent thus describes the process: First split the skin on the back of the neck and turn it back over the neck. Loosen the pipes around the neck with the finger. Remove all the fat that can be reached under the skin and lay it aside for use. When this is done, cut with a sharp pointed knife from the leg to and around the vent, in order to open the chicken. Pass the hand up the back of the chicken on the inside carefully till you reach two little ligaments near the wings, which seem to bind the intestines down to the back. Loosen them and pull slowly and firmly and all the pipes in the neck, with the entire mass of the intestines, will come out together without any breaking. When they are on a plate it is easy enough to cut out the gall bladder, and separate the liver and other giblets from the parts that are to be thrown away.

The fat of poultry should always be taken out of the bird, because it gives a strong taste if cooked in it, but it should be saved, as it has many uses in cookery, except in the case of turkeys, geese and ducks, when it is too strong. Goose oil is saved for medicinal purposes by prudent mothers, and that of turkeys and ducks may well be added to the soap-fat can.

The late keeper of printed books in the British Museum, Dr. George Bullen, LL.D., C. B., has served fifty-two years in that department, invaluable to students and authors and all literary men. When he joined the museum staff the library consisted of 250,000 volumes; when he left it he handed over to his successor in the keepership no less than 1,750,000 volumes.

**Get Rid of Neuralgia.**

There is no use in fooling with neuralgia. It is a disease that gives way only to the most powerful remedies. No remedy yet discovered has given the grand results that invariably attends the employment of Polson's Nerviline. Nerviline is a positive specific for all nerve pains, and ought to be kept on hand in every family. Sold every where, 25 cents a bottle.

William K. Vanderbilt imports his carriage horses from England.

Cold in the head—Nasal Balm gives instant relief; speedily cures. Never fails.

General Wagner has several hundred dollars on hand belonging to the Survivors' Association of Philadelphia, and it is proposed to make this sum the nucleus of a fund for the erection of an equestrian statue of General Hartranft, to be placed beside that of General Reynolds in front of the city hall.

**Charlatans and Quacks**

Have long plied their vocation on the suffering pedals of the people. The knife has pared to the quick; caustic applications have tormented the victim of corns until the conviction shaped itself—there's no cure. Putnam's Painless Corn Extractor proves on what slender basis public opinion often rests. If you suffer from corns get the Extractor and you will be satisfied. Sold everywhere.

Dr. H. N. Van der Tunk, whose death has just been announced, is said to have been the greatest Malayan scholar of this century.

**Observe.**

For a delightfully refreshing beverage, and a quick cure for sick headache, and derangements of the Stomach and Liver—"Dunn's Fruit Saline" is UNRIVALLED. It especially keeps the Throat clean and healthy. Doctors recommend it, because it is a PURE PRODUCT of Salts of Fruit, Soda and Potash.

Through all chemists and stores. William G. Dunn & Co., Works—Croydon, London. A. P. 741

**That Tired Feeling**

The marked benefit which people overcome that Tired Feeling derive from Hood's Sarsaparilla, conclusively proves that this medicine "makes the weak strong." J. B. Emerton, a well known merchant of Auburn, Maine, says:



Mr. J. B. Emerton.

"About five years ago I began to suffer with very severe pain in my stomach, gradually growing worse. I took Hood's Sarsaparilla, being convinced that I was troubled with Dyspepsia complicated with Liver and Kidney troubles. I improved at once and am certainly very much better and feel more like working."

**Hood's Sarsaparilla**

always gives me relief and great comfort. It is a God-send to any one suffering as I did."

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Countess Giannotti, who is mentioned as one of the favorites among the ladies in waiting to the Queen of Italy, is an American, daughter of a cigarette-maker of Newark, N. J.

A traveler in Europe writes that in France Zola's books are displayed in greater profusion than those of all other authors combined, while in Germany he was surprised to observe the number of copies of Shakespeare exposed for sale. As a matter of fact, despite Shakespeare's popularity here and in England, it is probable that the Germans take more interest in him than do English-speaking people. In cheap editions of his plays, in commentaries, in societies for the study of his works, they excel all the other nations.

**Babies**

and rapidly growing children derive more benefit from Scott's Emulsion, than all the rest of the food they eat. Its nourishing powers are felt almost immediately. Babies and children thrive on Scott's Emulsion when no other form of food is assimilated.

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stimulates the appetite, enriches the blood, overcomes wasting and gives strength to all who take it. For Coughs, Colds, Sore Throat, Bronchitis, Weak Lungs, Emaciation, Consumption, Blood Diseases and all Forms of Wasting. Send for pamphlet. Free. Scott & Bowne, Belleville. All Druggists. 50c. & \$1.

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The most palatable, the most reliable, the safest and the most efficacious remedy for Coughs, Colds, Bronchitis, Loss of Voice, Croup, Whooping Cough, Catarrh and all affections of the Throat and Lungs

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The cheapest and best remedy for Catarrh cold in the head, etc. (25 cents a tube)

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The great Blood Purifier (only 25c. for large bottle) cures all maladies of the skin and mucous membranes.

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