

INSANITY FROM TEA DRINKING.

The Excessive Use of Badly Prepared Tea a Cause of Mental Failure in Ireland.

A report upon insanity in Ireland, which has just been issued, enumerates, among the causes of mental failure, the unwholesome dietary of the poorer population, tending to produce anæmia and constitutional weakness, which favor the development of scrofulous and neurotic disease, and the immoderate use of certain nervous stimulants, particularly tea and tobacco.

"While the moderate use of properly prepared tea," the report adds, "is regarded as innocuous, or even beneficial in its action on the nervous system, its ill effects when decocted or over-infused, on persons who make it their staple article of dietary, are dwelt on by almost all the resident medical superintendents in their several reports. Undoubtedly the method of preparation adopted, and the excessive use of this article of diet, now so general among our poorer population, tends to the production of dyspepsia, which in its turn leads to states of mental depression highly favorable to the production of various forms of neurotic disturbance. The excessive use of tobacco also, especially among the young, whether by smoking or chewing, in the opinion of certain of our medical superintendents, acts, though perhaps in a minor degree, injuriously on the nervous system."

In many parts of Ireland it has been found that bread and tea have been substituted for porridge and milk, and for potatoes also; that the tea used is generally of an inferior quality, and the method of preparation is to put a quantity in the teapot early in the morning and to allow it to stew during the day, water being added as required.

200 MURDERS IN A YEAR

Organized Outlaws Terrorize a Section of Pennsylvania—200 Murders and Two Millions Damaged.

For a long period lawlessness has prevailed in the Wyoming, Pa., coal fields, and hardly a week has passed since January that a crime of a heinous character has not been committed. Within the last three months crime has been on the increase, and Captain Whalen, chief of the detective department, states that 35 mysterious and brutal assaults have been committed, besides other atrocious deeds.

In every instance the crimes have been traced to Hungarians and Slavonians, who have managed to escape. Entire communities have been terrorized by members of an oath-bound organization, whose influence appears to reach from the anthracite coal regions of Northern Pennsylvania to the boundary of Central Pennsylvania and west of the Alleghany Mountains to the coke country.

The criminal record of the sections of the state enumerated shows that during the last year over 200 murders have been perpetrated and but seven of the murderers apprehended. The same body of organized outlaws committing these crimes has also been guilty of the wholesale destruction of property, and the value alone of the coal-breakers and other mine works destroyed in the anthracite country amounts to nearly \$2,000,000. So great has been outlawry within a recent period that the authorities have determined to adopt more resolute measures to apprehend the law-breakers.

SMALL-POX IN MEXICO.

Ignorant Natives Look Upon it as a Visitation of Divine Wrath.

"The poor and ignorant class of Mexicans have an uncanny religious superstition about small-pox," said a traveler recently. "On a recent visit to the interior of Mexico I saw mothers carrying around in their arms babies whose little bodies were almost eaten up by small-pox. I was of course shocked at the frightful spectacle, and even offered one deluded mother money if she would take her terribly afflicted child home and call in a physician to attend to it. But she refused my proffer with scorn, and began to croon some weird incantation as she tenderly caressed the little half-clad sufferer in her arms. I afterward learned that the ignorant class of Mexicans consider an outbreak of the red pest in their miserable hovels a visitation of divine wrath for some sin they have committed. So set are they in this belief that they will do nothing whatever to check the ravages of the disease, except when it attacks their infants, to take the victim in their arms, press them closely to their breast, and pray devoutly and continuously to God to forgive them for their wickedness. Of course the small-pox runs its course after a while, though never before claiming several members of every family as victims; but not until it does are the afflicted parents purged of their sins."

Wounds on Trees.

The wound made on a tree, by a horse peeling away the bark, should be immediately covered with grafting wax applied when hot with a paint brush, or some similar implement. If the surface of the exposed wood was left rough by the teeth of the horse, scrape it smooth before applying the wax. A few cents' worth of wax, to be obtained at almost any seed store, will be sufficient, and it may be melted in a tin dish or small iron kettle. After applying the wax you may dust the surface with dry sand soil, or any dry coloring matter to hide the wound and make it less conspicuous should you desire to do so. The object of applying wax, paint, tar and other similar materials is merely to protect the exposed parts until it is recovered by a new growth of wood and bark, which may require one or a half dozen years, according to the size of the original wound.

CANADIAN CATTLE

To Be Marked Isolated and Slaughtered at Special Abattoirs.

A London despatch says:—The official Gazette publishes an order directing that Canadian cattle imported to England be marked at the ports of arrival, and that they be isolated and killed at special abattoirs. The carcasses of such cattle are not to be removed without the permission of the inspectors of the Board of Husbandry. In addition the lungs of these cattle are not to be touched until examined by the inspectors. The order went into force on May 15.

How Editors are Treated in China.

Nineteen hundred editors of a Peking paper are said to have been beheaded. Some would shudder at such slaughter, who are heedless of the fact that Consumption is ready to fasten its fatal hold on themselves. Dr. Pierce's Golden Medical Discovery is the efficient remedy for weak lungs, spitting of blood, shortness of breath, bronchitis, asthma, severe coughs, and kindred affections.

Stamps, La Fayette Co., Arkansas.

DR. R. V. PIERCE: Dear Sir—I will say this to you that consumption is hereditary in my wife's family; some have already died with the disease. My wife has a sister, Mrs. E. A. Cleary, that was taken with consumption. She used your "Golden Medical Discovery," and, to the surprise of her many friends she got well. My wife has also had hemorrhages from the lungs, and her sister insisted on her using the "Golden Medical Discovery." I consented to her using it, and it cured her. She has had no symptoms of consumption for the past six years.

Yours very truly,
W. C. ROGERS, M. D.

Delicate diseases in either sex, however induced, speedily cured. Book sent securely sealed, 10 cents in stamps. Address, in confidence, World's Dispensary Medical Association, Buffalo, N. Y.

THE SCIENCE OF MEDICINE

WONDERFUL ADVANCES MADE IN THE LAST FEW YEARS.

Mr. John McGovern, of Toronto, Relates an Experience of Deep Interest—Utterly Helpless and Suffered Greatly Before Relief Came.

From the Toronto Globe.

Very little is heard by the general public of the great discoveries in medicine, and the countless scores of lives that are saved by the advancing knowledge of medical science. People who a few years ago were left to drag out a miserable existence as hopeless invalids, or helpless cripples, are now, thanks to the advance medicines made, restored to the fulness of health and strength. Mr. John McGovern, who resides at No. 2 Alpha avenue, in this city, has good cause to appreciate the truth of the above statements. Mr. McGovern was formerly an agent for agricultural implements, and is well-known in different parts of Ontario. A Globe reporter who had heard that he had been restored to health, after an illness which threatened to leave him a hopeless cripple, called upon him at his residence, recently, and was given the following interesting account of his case:—

"My trouble first began," said Mr. McGovern, "two years ago when I was living in the Village of Bolton, in the County of Peel. The trouble was all in my elbows and knees, and the doctors thought it was rheumatism. I couldn't walk a block without wanting to sit down, and even to walk downstairs was hard work. It afflicted me terribly. I was all right in other ways but for this terrible weakness. For a year and a half I suffered from this, but by sheer force of will held out against it, and managed to get about, but six months ago I broke down completely, and had to give up my business. I then removed to Toronto, and for three months after this I was in terrible shape. I was almost always confined to my bed, being able to come down stairs for a little while perhaps once a day. I suffered all the time from a terrible soreness in the joints, and at this juncture my appetite began to fail, and I was only able to eat the lightest food, and not much of that. I could find nothing to help me or give me relief. All this time I was unable to do anything, and had I not fortunately had a little money laid by which enabled me to go on, I would have been dependent upon my family for support. Well, while I was in this terrible shape, my eldest son prevailed upon me to try Dr. Williams' Pink Pills, and early in last July I began to use them, and I took them steadily during that month and the two following months. Before the first box was finished I began to get relief, and from that out I steadily improved until I was able to discontinue the use of the Pink Pills, feeling that I was fully restored to health. I am satisfied in my own mind that had it not been for Dr. Williams' Pink Pills I would have still been helpless and suffering, and I have much reason to be thankful that my son persuaded me to use them. Thanks to Pink Pills I am now a new man and intend soon to resume my work."

Dr. Williams' Pink Pills are a perfect blood builder and nerve restorer, curing such diseases as rheumatism, neuralgia, partial paralysis, locomotor ataxia, St. Vitus' dance, nervous headache, nervous prostration and the tired feeling therefrom, the after effects of la grippe, diseases depending upon humors in the blood, such as scrofula, chronic erysipelas, etc. Pink Pills give a healthy glow to pale and sallow complexions, and are a specific for the troubles peculiar to the female system, and in the case of men they effect a radical cure in all cases arising from mental worry, overwork, or excesses of any nature.

Bear in mind Dr. Williams' Pink Pills are never sold in bulk, or by the dozen or hundred, and any dealer who offers substitutes in this form is trying to defraud you and should be avoided. Ask your dealer for Dr. Williams' Pink Pills for Pale People and refuse all imitations and substitutes.

Dr. Williams' Pink Pills may be had from all druggists, or direct by mail from the Dr. Williams' Medicine company, Brockville, Ont., or Schenectady, N. Y., at 50 cents a box, or 6 boxes for \$2.50. The price at which these pills are sold makes a course of treatment comparatively inexpensive as compared with other remedies or medical treatment.

Cheap, Efficient, Prompt.

A marvel of cheapness, of efficacy, and of promptitude is contained in a bottle of that famous remedy, Putnam's Painless Corn Extractor. It goes right to the root of the trouble, there acts quickly but so painlessly that nothing is known of its operation until the corn is shelled. Beware of substitutes offered for Putnam's Painless Corn Extractor—safe, sure, and painless. Sold at druggists.

The play of color in the opal is due to minute fissures in the stone.

Wash your linen with Wide Awake Soap and see how beautifully white it will be.

AMONG THE GEMS.

Curiosities of the Precious Stones—Where They are Found and What Used For.

Obsidian is a lava glass.

Wide Awake Soap is a mammoth bar of pure soap. Try it.

Nerve Pain Cure

Polson's Nerviline cures flatulence, chills and spasms. Nerviline cures vomiting, diarrhoea, cholera, and dysentery. Nerviline cures headache, sea sickness and summer complaint. Nerviline cures neuralgia, toothache, lumbago and sciatica. Nerviline cures sprains, bruises, cuts, &c. Polson's Nerviline is the best remedy in the world, and only costs 10 and 25 cents to try it. Sample and large bottles at any drug store. Try Polson's Nerviline.

Moontstone is a variety of feldspar.

Wide Awake Soap will do more work and do it better than any other soap in the world. Try it.

Jet is a species of bituminous coal.

What a Toronto Man Says.

For some time I have been a sufferer from dyspepsia, so much so that I completely lost my appetite, and through weakness could hardly walk. Three weeks ago I commenced drinking St. Leon Water, resulting in a sharpened appetite, good digestion, and am now completely cured. D. CURRAN, 188 Berkeley Street, Toronto. Sold by all Grocers, Druggists and Hotels.

The best rubies come from Burmah.

I say, Tom, my wife got a bar of Wide Awake Soap last week; she says it is the best she ever used for washing. I tried it in my bath on Saturday night and I tell you it beats them all for a toilet soap. You just try it.

The finest turquoises come from Persia.

Recipe—For Making a Delicious Health Drink at Small Cost.

Adams' Root Beer Extract.....one bottle
Fleischmann's Yeast.....half a cake
Sugar.....two pounds
Lukewarm Water.....two gallons

Dissolve the sugar and yeast in the water, add the extract, and bottle; place in a warm place for twenty-four hours until it ferments, then place on ice, when it will open sparkling and delicious.

The root beer can be obtained in all drug and grocery stores in 10 and 25 cent bottles to make two and five gallons.

The beautiful green of malachite is due to copper.

Wide Awake Soap can be used in hot water, in cold water, in hard water, in soft water, in any way you choose; it makes the clothes clean and sweet and leaves the hands soft and smooth.

Sunstone is only a variety of aventurine feldspar.

RECIPE.

For Making Root Beer

During the summer months a more delicious drink than Root Beer could not be desired. For the benefit of our readers we give this recipe. Take

Snider's Root Beer Extract.....one bottle
Yeast.....half a cake
Sugar.....4 lbs.
Luke Warm Water.....6 gallons

Dissolve the sugar and yeast in the water, add the extract, and bottle, place in a warm place for twenty-four hours until it ferments, then place on ice, when it will open sparkling and delicious.

The Root Beer Extract can be obtained at all Grocers' and Drug Stores, at 25c. per bottle. Snider Mfg Co., Toronto.

The star sapphire shows in its depths a white star with five rays.

Do you use soap? Why not use Wide Awake then? It is guaranteed absolutely pure and is the best in the world.

Hood's Cured After Others Failed

Scrofula in the Neck—Bunches All Gone Now.



"C. I. Hood & Co., Lowell, Mass.: 'Gentlemen:—I feel that I cannot say enough in favor of Hood's Sarsaparilla. For five years I have been troubled with scrofula in my neck and throat. Several kinds of medicines which I tried did not do me any good, and when I commenced to take Hood's Sarsaparilla there were large bunches on my neck so sore that I could not bear the slightest touch. When I had taken one bottle of this medicine, the soreness had gone, and before I had finished the second the bunches had entirely disappeared.' BLANCHE ATWOOD, Sangerville, Maine.

N. B. If you decide to take Hood's Sarsaparilla do not be induced to buy any other.

Hood's Pills cure constipation by restoring the peristaltic action of the alimentary canal.

Hood's Sarsaparilla Cures

not bear the slightest touch. When I had taken one bottle of this medicine, the soreness had gone, and before I had finished the second the bunches had entirely disappeared." BLANCHE ATWOOD, Sangerville, Maine.

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DOCTORS DISTURBED.

A Peculiar Case in Philadelphia—The Story of a Pretty Girl.

PHILADELPHIA, May 1.—A case that is creating a great flutter among the medical dove-cots is that of Nellie Taylor, whose parents reside on Powieton avenue. Miss Taylor is a pretty brunette with red cheeks and a smile that would set the heart of the sternest reporter fluttering in two seconds. The facts of the case are sooner told in her own words. "Three years ago," she said, "my father moved from the country into Philadelphia. I determined to seek some employment, not wishing to be a burden on the family. I obtained employment in Wannamaker's store and I had not been long there, when the indoorwork began to tell on me. I lost the color in my cheeks and I grew pale and thin. My food did not agree with me and I had a headache all the time. I finally grew so ill that I had to quit work. The doctor was called in and he said that I was suffering from chronic dyspepsia and habitual constipation and he gave me very little hope of recovery. He gave me several doses that nearly doubled me up with pain but gave no permanent relief. Finally I was that ill that food would only stay on my stomach for a couple of hours. After eating I would suffer from dizziness, and I would see everything double. Then a terrible headache would set in, followed by vomiting and pain. I tried a lot of medicines of different kinds but they did me no good. At last a friend advised me to take Schiller's Sarsaparilla Pills. I followed his advice, and much to the wonder of my friends I began to recover at once. Ten boxes of Schiller's Sarsaparilla Pills have completely cured me. My mother was completely run down nursing me and Schiller's Sarsaparilla Pills have cured her also." Know your own mind. If your druggists will not get Schiller's Sarsaparilla Pills send to us and we will mail you a box on receipt of 50c. or six boxes for \$2.50. Address K. H. Schiller and Co., Toronto.

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