

THE GRIPPE EPIDEMIC.

A Scourge More to be Dreaded Than Cholera.

Medical Science Powerless to Prevent Its Spread—It is Again Sweeping Over Canada With Great Severity—How Its Evil Effects can Best be Counteracted—Only Prompt Measures can Ensure Safety.

It is stated on high medical authority that an epidemic of the grippé is more to be feared than an outbreak of cholera. The latter disease can be controlled, and where sanitary precautions are observed the danger can be reduced to the minimum. But not so with the grippé. Medical science has not yet fathomed its mysteries, and is powerless to prevent its spread. Three years ago an epidemic of la grippé swept over this country, leaving death and shattered constitutions in its wake, and now once more it has appeared in epidemic form; not so severe, perhaps, as on the former occasion, but with sufficient violence to cause grave alarm, and to warn the prudent to take prompt measures to resist its inroads.

When, a few months ago, it was announced that cholera had broken out in Grimsby, one of England's important seaports, it was feared that it would reach this continent, yet this once dreaded scourge was checked and exterminated with a loss of not more than half a dozen lives. That la grippé is more to be dreaded than cholera is shown by the fact that in London last week upwards of a hundred deaths were due to this trouble, and medical science is powerless to prevent its spread, and can do nothing more than relieve those stricken with the disease. At the present moment thousands of Canadians are suffering from la grippé and the misery it is causing would be difficult to estimate. Even when the immediate symptoms of the disease disappear it too frequently leaves even the most robust constitution shattered. The after effects of la grippé are perhaps more dangerous than the disease itself, and assume many forms, such as extreme nervousness, distressing headaches, pains in the back, loss of appetite, depression of spirits, shortness of breath on slight exertion, swelling of the limbs, an indisposition to exertion, a feeling of constant tiredness, partial paralysis and many other distressing symptoms. In removing the after effects of la grippé, or for fortifying the system to withstand its shock, no remedy has met with as great success as Dr. Williams' Pink Pills. They rebuild the blood, restore shattered nerves, and place the sufferer in a condition of sound health. In proof of these statements we reproduce a few letters speaking in the strongest and most positive terms as to the value of Dr. Williams' Pink Pills in cases of la grippé or influenza.

Mr. George Rose, Rednersville, Ont., says:—"I am well to-day and do not hesitate giving Dr. Williams' Pink Pills the credit of saving my life. I had three attacks of la grippé and was so reduced in flesh and strength I could hardly stand alone. I had no appetite. I could not sleep because my legs and feet became badly swollen and cramped. The pain was at times so violent that I could not refrain from screaming, and I would tumble about in bed and long for day to come. If I attempted to get up and walk I was apt to fall from dizziness. I took medicine from the doctor, but it did not help me, and I was so discouraged I did not think I could live more than a few months, when one day I read in the paper of the cure of a man whose symptoms were like mine. I sent for a box of Pink Pills, and by the time it was gone there was an improvement. I continued the use of the pills, found that I could now get a good night's sleep, and the cramps and pains which had formerly made my life miserable had disappeared, and I felt better than I had in four years. I know that it was Pink Pills that brought about the change because I was taking nothing else. I have taken in all seven boxes, and I feel as good now as I did at forty years of age."

Capt. James McKay, Tiverton, N. S., says:—"I had la grippé about three years ago and that tied me up pretty well. I wasn't fit to take charge of a ship, so sailed south as far as Milk River, Jamaica, as nurse for an invalid gentleman. The weather was simply melting, and I used to lie on the deck at night, and in my weakened condition got some sort of fever. When I reached home I was completely used up and continued to get worse until I could hardly move about. At times my limbs would become numb with a tingling sensation as though a thousand needles were being stuck into me. Then my eyesight began to fail. It was difficult for me to distinguish persons at a distance. My face became swollen and drawn, and my eyes almost closed. The doctors could do nothing for me. I suffered terribly, was a burden to my friends and actually longed for death, which all thought was in store for me. At this time the statement of a man down in Cape Breton came to my notice. He attributed his cure to Dr. Williams' Pink Pills, and I thought there might be a chance for me. I began the use of Dr. Williams' Pink Pills and soon found that they were helping me, and their continued use put me on my feet again, and I went to work after months of enforced idleness, to the great astonishment of my acquaintances, who never expected to see me around again. I feel it my duty to advise the use of Pink Pills by people who are run down or suffer from the effects of any chronic ailment. They saved my life, and you may be sure I am grateful."

John W. Boothe, Newcombe Mills, Ont., says:—"Words cannot express the gratitude I feel for the great good I have received from the use of your Pink Pills. I had my full share of la grippé and it left me in a weak and debilitated condition. My nerves were unstrung and I was unable to hold anything, such as a saucer of tea in my hands without spilling it. I had terrible pains in my head and stomach, and although I consulted a good physician I derived no benefit. I made up my mind to use your Dr. Williams' Pink Pills, and I now look upon the decision as an inspiration, so great is the benefit I have derived from the use of this marvelous remedy. My pains have vanished, my nerves are strengthened, and I am feeling better than I have done before in years."

Mr. A. W. Marshall, principal of the Clementsport, N. S., Academy, says:—"I had a bad attack of la grippé which left me weak,

nervous and badly used up. I suffered almost continually with terrible headaches, backache and pains through the body. I tried many remedies without receiving any benefit until I began the use of Dr. Williams' Pink Pills, and the use of seven boxes has made me feel like a new man, as I am now as strong as I was before my sickness. I can heartily recommend them to others so afflicted."

Mr. B. Crouter, Warkworth, Ont., brother of Rev. Darius Crouter, who some years ago represented East Northumberland in the House of Commons, says:—"Two years ago I had an attack of la grippé which nearly cost me my life. My legs and feet were continually cold and cramped, and I could get little or no sleep at night, and you can understand what a burden life was to me. One day I read of a remarkable cure by the use of Dr. Williams' Pink Pills, and I made up my mind to give them a trial. When I began using the Pink Pills there was such a numbness in my feet that I could not feel the floor when I stepped on it. As I continued the use of the pills this disappeared; the feeling returned to my limbs, the cramps left me, I felt as though new blood were coursing through my veins, and I can now go to my bed and sleep soundly all night. When I get up in the morning instead of feeling tired and depressed, I feel thoroughly refreshed, and all this wonderful change is due to Dr. Williams' Pink Pills. I believe Pink Pills have no equal for building up the blood, and I strongly recommend them to all sufferers, or to any who wish to fortify their system against disease."

Scores of other equally strong recommendations might be quoted, but the above will suffice to prove the undoubted efficacy of Dr. Williams' Pink Pills in removing all the evil effects of la grippé or influenza, and those who have in any degree suffered from this dangerous malady should lose no time in fortifying the system by the judicious use of Pink Pills. They are the only remedy that strike at the root of the trouble and thoroughly eradicate its bad effects. Ask for Dr. Williams' Pink Pills and do not be persuaded to try something else. Sold by all dealers or sent by mail, post paid, on receipt of 50 cents a box, or six boxes for \$2.50, by addressing the Dr. Williams' Medicine Co., Brockville, Ont., or Schenectady, N. Y.

THE LADIES' JOURNAL FOR DECEMBER

To the Busy Editor:

If on examination of this number of THE LADIES' JOURNAL you think it worthy the following notice, or the substance of it, in your columns we will be pleased to have you send us marked copy of your paper containing what you say. Let us know if you would care to have our publication sent you regularly as an exchange.

Fraternally yours,

THE WILSON PUBLISHING COMPANY,
73 to 81 Adelaide St. W., Toronto.

This large monthly closes its fourteenth year with a brilliant Christmas number under the joint editorship of Mr. Thos. Bengough and Miss J. H. Wetherald. Everything about the JOURNAL shows new life and vigor. New type, new paper, beautiful new title-page, new department headings, specially designed by a Toronto lady, Miss Jeffrey, and new features, all go to make up a first-class publication that is a credit to Canada. Beautiful half-tone portraits of well known ladies abound, a large one of Lady Aberdeen sitting at a spinning wheel adorning the front page. An outline is given of this famous lady's life and work, together with a full report of her fine address to women at the mass meeting in Toronto in October. A special article by Miss Wetherald relates to the King's Daughters, and is embellished with portraits of Mrs. Isabella Davis and Mrs. Dickinson, of New York, Mrs. Tilly of London, and Miss Brown of Toronto. A sketch of the new movement among the Methodists relating to the order of Deaconesses is illustrated with portraits of Sister Dora Stevenson (formerly of Hamilton), and Mrs. Lucy Rider Meyer. An interesting page headed "Language Learning by Mother's Methods," contains articles by Mr. Bengough based on personal interviews with Mrs. Jennie Drewry, who is introducing the Gouin method in teaching French; Herr Haupt—"German in five weeks;" and Mr. Des Brisay—"Latin in six weeks." There are portraits of these three notable teachers.

Charming Christmas stories have been especially written for the JOURNAL by Mrs. Westlake Yeigh and Mrs. Fanny Crawford Firstbrook, the latter's being specially illustrated by a Canadian artist. The serial, "Mary St. John," is also continued, and a new and thrilling romance, "A Fight For a Fortune," is commenced. "Madge Merton" contributes a clever interview with Editor Stead on Women—their work, their needs, etc., and Mrs. McDonnell on "Women's Duty in the Plebiscite." All the regular departments are in full swing—a special feature for boys being an article by a boy on the amateurs camera, with an engraving from one of the pictures taken by the young author. The fashion plates have been selected with the co-operation of experts in leading dry goods houses in Toronto. Altogether there are 32 pages of interesting, profitable, varied matter, suitable for women of all ranks and tastes. \$1 a year, 10 cts. a number. Wilson Publishing Co., 73 Adelaide St. West, Toronto.

PEARLS OF TRUTH.

Remorse is virtue's root; its fair increase are fruits of innocence and blessedness.

A panic is a sudden desertion of us, and a going over to the enemy of our imagination.

Ill-deeds are doubled with an evil word; the sting of a reproach is the truth of it.

An orator or author is never successful till he has learned to make his words smaller than his ideas.

There are few things reason can discover with so much certainty and ease as its own insufficiency.

Duty is carrying on promptly and faithfully the affairs now before you. It is to fulfill the claims of to-day.

Remembered joys are never past; at once the fountain, stream and sea, they were, they are, they yet shall be.

There are two kinds of repentance; one is that of Judas, the other that of Peter; the one is ice broken, the other ice melted.

The bow can not possibly always stand bent, nor can human nature or human frailty subsist without some lawful recreation.

South Sea on Pirates Trial.

A writer of thrilling stories of adventure for boys would find a plot ready to his hand in the charges brought against two Frenchmen named Rorique, brothers, who are at present awaiting their trial at Brest. According to the case for the prosecution, these men are latterday pirates of a particularly daring description. On Dec. 15, 1891, the French schooner Ninroahiti, trading with Tahiti, left that place under the command of a native skipper named Tehac a Tara. The first mate was Joseph Rorique, one of the accused, and the crew consisted of an Englishman named William Gibson, who was the supercargo, four natives, and a half caste, who acted as cook. The vessel carried 40,000 francs' worth of goods, to be exchanged in some South Sea islands for mother-of-pearl and other products. At one of these out-of-the-way ports Joseph Rorique's brother, Alexander, came on board, and then planned the mutiny. The Captain and the Englishman were shot, and the crew, all but the cook, were killed by means of poisoned food; whereupon the brothers took command of the vessel, painted out the name, substituting that of "Le Roi," and making a descent on a little island forced some of the inhabitants to come and man the ship. Possibly they might have remained undiscovered, but for the fact that some time afterward they threatened to kill the half caste, who thereupon went and gave information to the authorities of one of the Caroline Islands.

A Skeleton in the Closet.

How often do we hear of this in domestic life at this day. But what is more appalling than the living body made repulsive with skin and scalp disease, salt-rheum, tetter, eczema and scrofulous sores and swellings. Dr. Pierce's Golden Medical Discovery is the positive cure for all of these diseases. If taken in time, it also cures Lung-scrofula, commonly known as Pulmonary Consumption. By druggists.

KEYSER, N. C.

DR. R. V. PIERCE. Dear Sir,—When about three years old I was taken with mumps, also had fever, finally I had that dreaded disease Scrofula. The most eminent physicians in this section treated me to no avail. I had running scrofulous sores on left side of neck and face. I was small and weakly when eight or nine years old, and in fact was nearly a skeleton. Six bottles of Dr. Pierce's Golden Medical Discovery wrought marvelous changes. Although the sores were healed in eight months, I did not quit taking it until I was sure it had been entirely routed from my system. The only signs left of the dreadful disease are the scars which ever remind me of how near death's door I was until rescued by the "Discovery." I am now eighteen years old and weigh 148 pounds; and have not been sick in five years.

Yours respectfully,
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Too much rest itself becomes a pain.
Ostentation is the signal flag of hypocrisy.

The impromptu reply is the touchstone of the man of wit.

He that will keep a monkey should pay for the glasses he breaks.

He who reforms himself has done much toward reforming others.

Never do anything concerning the rectitude of which you have a doubt.

True eloquence consists in saying all that is proper and nothing more.

For the buyer a hundred eyes are too few; for the seller one is enough.

Beware of desperate steps; the darkest day, live till to-morrow, will have passed away.

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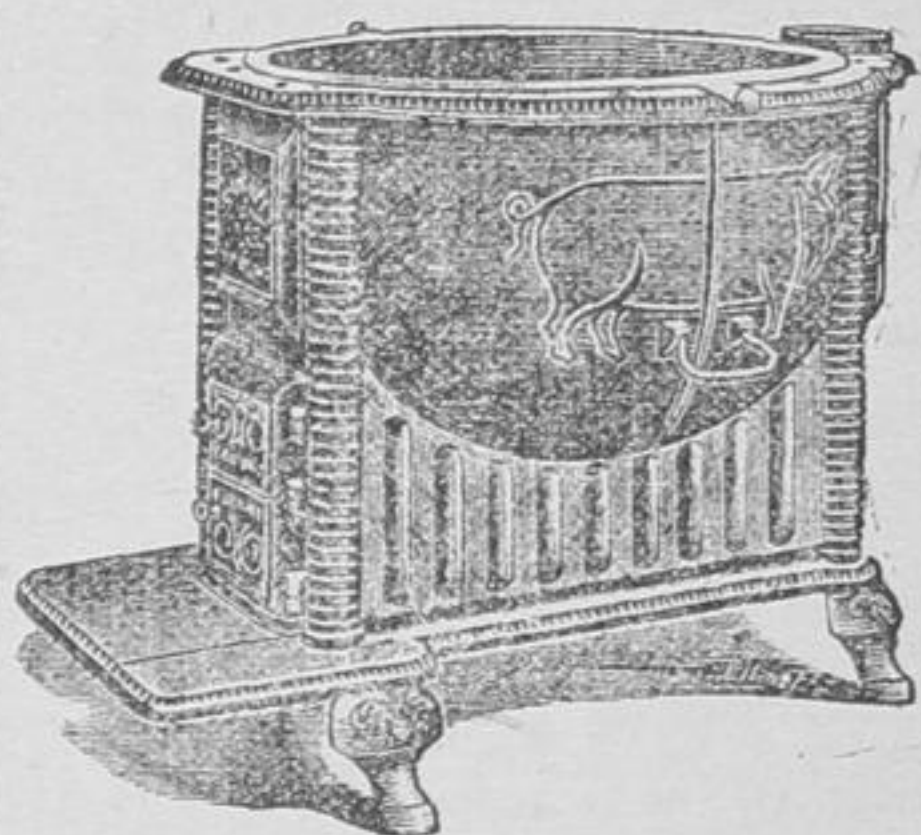
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