

## HOW TO TREAT LA GRIPPE.

Some Advice by Eminent New York Doctors.

The physicians of New York are urging their patients and their friends to take the greatest care of themselves during this trying weather owing to a third annual visit of that deadly influenza, which has been given the name "grip." They urge everyone to be on the watch for the intruder, in order to throttle him at first sight. A Press reporter visited several eminent physicians and asked their advice as to the best method of dealing with the malady when it first appears.

"Take the influenza by the throat and shake the life out of it at once," said Dr. Lewis Delafield. "Don't stop to argue with it a moment. How would I advise a patient to do this? Well, that is a question so meow hard to answer. The conditions of the patients are rarely the same. I would say, generally speaking, go to bed and send for a doctor. Suppose we can't afford that? Can we afford to pay funeral expenses, then? No one can tell to what a seemingly slight attack will lead. Keep your feet dry. Keep your circulation good. Be careful of your habits and your digestion. Do not submit yourself to exposure, and, as I said before, go and ask some one who knows what you need in the way of medicines. Do not do that most foolish of all things, wait for the attack to wear away and cure itself."

Dr. Alfred Loomis said:—"This talk about grip makes me angry. I do not believe in the so-called disease. I have been in practice quite a number of years, and ever since I began we have had the same kind of influenza to deal with. Colds may be a little more prevalent because of the warmth and dampness of the weather, but we have no new disease to deal with. If you have what is commonly called the grip now I should advise you in the same way I would have done ten years ago had you come to me and told me you had a cold. Go to your room and cure it. Don't expose yourself. Keep your skin pores open, your conditions good and the temperature of the body in a good condition."

Dr. E. Bradley said: "The greatest care should be exercised as soon as you feel the first symptoms. It would be impossible to prescribe any specific medicines in a general way. The condition of the health of patients is never alike in any two cases. In some the influenza attacks the head, in others the throat and then, again, the kidneys, the liver or the stomach may be attacked. Take the greatest care of yourself in all cases. Do not submit yourself to draughts; keep your body warm, but do not overheat it. If you feel the slightest attack be careful, above all things of your digestion. Hot foot baths, hot lemonade and good, hard rubbing of the body before retiring will do a great deal of good. By no means wait for a cold to cure itself."

Dr. Beekman said: "The slightest evidence of trouble should be at once attended to. Stay at home and let business go for a day or so. If you go out there is danger of overheating, getting your feet or body wet and living in an uneven temperature. Stay at home and keep the atmosphere about you at the same temperature. Be careful of your digestion and if you need it take a cathartic like castor oil or rhubarb root. Either will serve your purpose well. Do not allow any bile to accumulate on your stomach, and if you find any bile get rid of it at once. It requires only mild treatment to eject the visitor when he first comes, but if you let him get much hold there will be trouble ahead."

## CORN FROM THE EARTH.

A Frugal Man's Treasure Found by His Son After Death.

Just one week ago two men drove up to the Northwestern Savings Bank in St. Louis and, lifting an old soap box out of the wagon entered the bank. Opening the box, they revealed to the astonished eyes of the employees heaps of silver dollars, and gold pieces. When the money was counted it was found to amount to about \$3,030. This event brought out a story which has the air of a romance.

For many years there lived in that city a man named John F. Holman. He went there before the war and bought some ground in an unsettled portion of the city, and there built a small frame house. He married soon after, and the couple being very economical managed to save enough money to build a double two-story brick house. They lived in one part of the house with their son, John F. Holman, Jr., and the other part they rented out. A few years later they built another building in the rear. Holman's wife died about twenty years ago, and several years later his son married and left him. Holman moved to the rear dwelling, occupying only one room. Between the two buildings was an old shed which they had formerly used for a smoke house. This shed Holman was observed to watch closely, but no one paid any attention to this. Holman was known to be wealthy and it was supposed that he had his money in a bank, but he had a friend, Charles Kern, who knew different, as the old man had often spoken to him of his distrust of banks.

Mr. Holman became ill about three weeks ago, and his son and daughter-in-law were sent for. They nursed him until he died on the 14th inst. Three days before he died he told his son to send for Mr. Kern, whom he made administrator of his estate which was thought to amount to about \$10,000 of real estate. When he was alone with his son he told him that he would not only receive all the property, but also some money, which he would find by digging in the old shed. The son did not put much confidence in this, thinking that his father's mind was unbalanced from his illness. The father died three days later, and was interred on the 16th.

Mr. Holman, Jr., then spoke to Mr. Kern of what his father had told him, and Mr. Kern advised him to look for the money. Holman refused to do this at first, but was finally persuaded, and last Tuesday the two men began digging in the shed. They had

## Their Name is Legion.

There is no lack of so-called cures for the common ailment known as corns. The vegetable, animal, and mineral kingdoms have been ransacked for cures. It is a simple matter to remove corns without pain, for if you will go to any druggist or medicine dealer and buy a bottle of Putnam's Painless Corn Extractor and apply it as directed the thing is done. Get "Putnam's," and no other.

dug over almost all of the ground, and the son was about to give up, when Kern spied a corner in which was heaped a pile of rags. They commenced to remove the rags, when suddenly Kern uttered an exclamation and drew forth an iron pot filled with silver half dollars. Beneath it he found another one containing silver dollars. A third pot was found underneath this containing \$5, \$2.50, and \$1 gold pieces. The money was mildewed with age, and after it had been taken to the bank considerable trouble was had in counting it.

## Feathered Thieves.

Birds, notwithstanding their attractiveness in plumage and sweetness in song, are many of them great thieves. When nest-building they will steal the feathers out of the nests of other birds, and are often inclined to drive off other birds from a feeding-ground, even when there is abundance. This is especially true and of one of our greatest favourites, the robin redbreast, who will peck and run after and drive away birds much bigger than himself. Very different as the robin and the sparrow are in other things, they resemble each other in this. But the stealing of nest-building material, or of worms, is not nearly so surprising as the stealing of nests themselves. In a sense, of course, the cuckoo steals the use of the nest of another bird, when she deposits in it her own egg, and steals or procures under false pretences the services of a foster-mother for an intruder. It is a common thing for the sparrows, when there is a prospect of a mild autumn, to save themselves time and trouble in the building of a nest for a late brood, and to drive other birds from the nest they have built and still inhabit.

## A Love Song in M Flat.

"My modest, matchless Madeline!  
Mark my melodious midnight moans;  
Much may my melting music mean—  
My modulated monotonous."

This young man stayed out too late, serenading his lady love. He caught a cold, which developed into catarrh, but he cured it with Dr. Sage's Catarrh Remedy, a sovereign specific for chronic cases, "Cold in the Head," Catarrhal Headache. It corrects the tainted breath, stops the offensive discharges, heals the irritated throat and nose, leaving the head clear, and smell and taste unimpaired. It costs but 50 cents, and the proprietors offer in good faith \$500 for a case they cannot cure.

Everybody "receives" to-day—bills.

## Some Strange Misnomers.

Much of the Russia leather comes from Connecticut, Bordeaux wine from California, Italian marble from Kentucky, French lace from New York, and Spanish mackerel from New Jersey coast. Dr. Pierce's Golden Medical Discovery comes from Buffalo, N. Y., but there is nothing in its name to criticize for it is truly golden in value, as thousands gladly testify. Consumption is averted by its use, and it has wrought many positive cures. It corrects torpid liver and kidneys purifies the blood, banishes dyspepsia and scrofula renews the lease of life, and tones up the system as nothing else will do. What is more, it is guaranteed to do all this, or the price is refunded.

Call early and often, and keep sober.

## Why his Wife is "Fidgety."

I have the best cook in the town,  
Whose bread is delicious and white;  
Her coffee is fragrant and brown,  
Her pastry a perfect delight.  
But she daily complains of the worry they bring—  
She's my own darling wife, but a fidgety thing!

Your wife is worn out, and needs Dr. Pierce's Favorite Prescription, the only medicine guaranteed to cure debilitated women. How many overworked American ladies we see with lack-luster eyes and haggard faces, growing old before their time, from those exhausting ailments that men know nothing of. They can be permanently cured by this remedy, as numberless grateful women will attest. Price refunded, if it fails to give satisfaction in every case. See guarantee printed on bottle-wrapper.

The dying years go to heaven on the wings of Time.

## It is now

generally known that many cases of consumption of long standing as well as advanced cases of catarrh and asthma have been permanently cured by SLOCUM'S OXYGENIZED EMULSION OF PURE COD LIVER OIL. This famous medicine is manufactured at 186 West Adelaide St., Toronto, Ont., and every druggist in Canada has it for sale. 35 cents per bottle.

New Year's resolutions soon crease in the back and bulge in the knee.

Millions of people enjoy robust health by using Adams' Tutti Frutti Gum. It invigorates digestion. Sold by all druggists & confectioners; 5 cents.

New Year's calls are all right as long as they're not from bill collectors.

Use the B. F. P COUGH DROP. Ask your Druggist, Grocer or Confectioner for them. Manufactured by the TORONTO BISCUIT AND CONFECTIONERY CO., Toronto.

Bitter experience comes to the man who drinks cocktails constantly.

## Evildoers, Beware!

Judgment has been rendered in favor of the St. Leon Mineral Water Co. against one E. Masicotte. The defendant opened a business in Place d'Arms, Montreal, where he sold what he called the genuine St. Leon Water and so deceived many people. The case was instituted under the Fraudulent Marking of Merchandise Act. The trial was a long one. Numerous "experts" and "analysts" gave evidence which upheld the pretensions of the company. Judge Desnoyers found Masicotte guilty and condemned him to pay a fine or go to jail.

Once a woman has reached ninety she no longer hesitates to give her age.

## Dr. T. A. Slocum's

OXYGENIZED EMULSION OF PURE COD LIVER OIL. They who use it Live. For sale by all druggists. 35 cents per bottle.

Even the illiterate man finds pleasure in a book—if it's a plump pocket-book. At this season of the year the effects of catarrh and cold in the head are most likely to be felt, and danger to life and health will result if not promptly treated. For this purpose there is no remedy equals Nasal Balm. It is prompt in giving relief and never fails to cure. Beware of imitations and substitutes. Sold by all dealers, 5 cents a bottle.

## Astonishing Intelligence.

"Do you know, Fwed, what day of the month it is to-day?" drawled out one dude to another.

"I have no ideaw, Chawles."

"Well, perhaps you know what day of the month yetherday was?"

"I can't remember, Fwed, but last Crwist-mawth on the twenty-fifth of December."

Graduates and students of Alma Ladies College, St. Thomas, Ont., may now be found in honourable and lucrative employment, in shop, store and office, in School and College from the Atlantic to the Pacific, in both Canada and the United States. Scores are teaching successfully and others earning large salaries as Stenographers or Bookkeepers. A 60 pp. Calendar sent on application to PRINCIPAL AUSTIN, B. D.

Happy New Year—chestnut.

## GIBBONS' TOOTHACHE GUM.

For sale by Druggists. Price 15c. A. P. 588.



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Both the method and results when Syrup of Figs is taken; it is pleasant and refreshing to the taste, and acts gently yet promptly on the Kidneys, Liver and Bowels, cleanses the system effectually, dispels colds, headaches and fevers and cures habitual constipation. Syrup of Figs is the only remedy of its kind ever produced, pleasing to the taste and acceptable to the stomach, prompt in its action and truly beneficial in its effects, prepared only from the most healthy and agreeable substances, its many excellent qualities commend it to all and have made it the most popular remedy known.

Syrup of Figs is for sale in 75c bottles by all leading druggists. Any reliable druggist who may not have it on hand will procure it promptly for any one who wishes to try it. Manufactured only by the

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Of Lime and Soda. Palatable as Milk. AS A PREVENTIVE OR CURE OF COUGHS OR COLDS, IN BOTH THE OLD AND YOUNG, IT IS UNEQUALLED. Genuine made by Scott & Bowne, Belleville, N. Y. Salmon Wrapper: at all Druggists, 50c, and \$1.00.

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Sold by all Druggists and Confectioners in Packages, or for box of assorted samples which will be sent by mail, postage paid to any address on receipt of 25 cents.

Address THE TUTTI-FRUTTI, A. V. CO., 60 Yonge St., Toronto, Ont.



EVERY MAN Who finds his mental faculties dull or failing, or his physical powers flagging, should take these PINK PILLS. They will restore his lost energies, both physical and mental.

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