



Lets the Sunshine in



IGA COUPON VALUE 1.00

Pepsi-Cola or 7UP

MOUNTAIN DEW, DR. PEPPER OR REGULAR OR DIET

UNIT COST 8.9¢ PER 100 mL

Feature price without coupon **\$6.99**

Limit one coupon per family, one case per coupon, coupon valid at IGA until closing Sat. Feb. 25, 1989.

PLU 2498 A.C. NIELSEN, BOX 3000, ST. JOHN, N.B. E2L 4L3 5244435

5.99 CASE OF 24 x 280 mL TINS

THE IGA

FREE DIET PEPSI

Taste Drive 6

BUY ANY 6 - 750 mL BOTTLES OF THESE VARIETIES AND GET...

FREE 2L bottle of Diet Pepsi

750 mL Returnable Bottles **2.99**

PLUS DEPOSIT Unit cost 6.6¢ per 100 mL

Sun Splash Orange Juice

SAVE .50

FROZEN, CONCENTRATED

12-FL. OZ. TIN

LIMIT: 4 TINS PER FAMILY PURCHASE

.69

IGA Sliced White Bread

TERRIFIC VALUE! Compare the Size

675 g LOAF

.69

Red, Green or Black Seedless Grapes

SAVE 1.00 lb.

PRODUCT OF CHILE, NO. 1 GRADE

2.18 kg

.99 lb.

Fresh Mushrooms

SAVE .90 pkg.

PRODUCT OF ONTARIO

227 g 8-OZ. PKG.

.99

Del Monte Tetra Juices

SAVE .90

ASSORTED FLAVORS, UNSWEETENED

3 x 250 mL TETRA BOXES

.99

Green Giant Fancy Vegetables

SAVE .56

CUT GREEN BEANS, FRENCH STYLE GREEN BEANS, SEASONED GREEN BEANS, CUT WAX BEANS, SUMMER SWEET PEAS, SWEETLET PEAS, CREAM STYLE, WHITE, VALLEY CRISP OR WHOLE, KERNEL CORN

12-14-OZ. TIN

.79

Facelle Royale Bathroom Tissue

ASSORTED COLORS, 2-PLY

SAVE 1.30

8-ROLL PKG.

2.99

Red Delicious Apples

SAVE 1.00 bag

PRODUCT OF ONTARIO, CANADA FANCY GRADE

1.36 kg 3-LB. BAG

1.49

Beefsteak Tomatoes

SAVE .50 lb.

PRODUCT OF VENEZUELA, NO. 1 GRADE, FIELD GROWN

2.27 kg 5-LB. BAG

2.99 lb.

ASSORTED CUTS, PACKED IN ITS OWN JUICE

Libby's Pineapple 540 mL TIN **.99**

CREAMED OR LIQUID

Beemaid Squeeze Honey 500 g SOZ. CTR. **1.99**

ASSORTED VARIETIES

Betty Crocker Super Moist Cake Mixes 510 g PKG. **1.29**

ASSORTED VARIETIES

Betty Crocker Creamy Deluxe or Mini Morsels Frostings 450 g TUB **1.99**

ASSORTED VARIETIES

Catelli Pasta Sauce 750 mL JAR **1.99**

RASPBERRY OR STRAWBERRY

Laura Secord Jams 500 mL JAR **2.99**

ASSORTED VARIETIES

Habitant Deli Pickles 750 mL JAR **1.79**

ASSORTED FLAVORS

Catelli 'Applesnax' Mini Dessert SLEEVE OF 4x5-OZ. CUPS **1.99**

PROCESS CHEESE FOOD

IGA Cheese Spread 500 g JAR **2.99**

ALL PURPOSE OR CAKE & PASTRY

Five Roses Flour 2.5 kg BAG **2.99**

ASSORTED VARIETIES

Luvs Diapers For Boys or Girls PKG. **10.99**

ASSORTED VARIETIES, 250 mL + 50 mL SPRITZ, 150 g + 50 g MOUSSE, 300 mL + 50 mL HAIRSPRAY OR 300 mL + 100 mL SHAMPOO OR CONDITIONER

Finesse CONT. **2.99**

ASSORTED VARIETIES, 100 + 50 mL BONUS TUBE OR 100 + 25 mL BONUS PUMP

Aquafresh Toothpaste CONT. **1.69**

PRODUCT OF CALIFORNIA

Fresh Kiwi Fruit PKG. OF 4 **1.49**

PRODUCT OF CENTRAL AMERICA

Pineapples EACH **2.59**

PRODUCT OF U.S.A.

Radishes 454 g 1-LB. BAG **.89**

PRODUCT OF ONTARIO, CANADA NO. 1 GRADE

Fresh Carrots 2.27 kg 5-LB. BAG **1.69**

PRODUCT OF ONTARIO, CANADA NO. 1 GRADE

Cooking Onions 2.27 kg 5-LB. BAG **1.69**

PRODUCT OF ONTARIO, CANADA NO. 1 GRADE

Rutabagas .86 kg **.39** lb.

MADE IN CANADA

Mr. Kindling Firewood 2.27 kg 5-LB. BAG **1.99**

MADE IN CANADA, THOMPSON BRAND

Wild Bird Seed 2 kg BAG **1.79**

BRILLIANT BLOOMS

Potted Mums 15.24 cm 6" POT **3.99**

DECORATOR ITEM

Assorted Tropical Plants 15.24 cm 6" HANGING BASKET **4.99**

ASSORTED VARIETIES

Chef Boyardee Canned Pasta 15-OZ. TIN **.99**

ASSORTED VARIETIES

Yoplait Yogurt 175 g CUP **.59**

ASSORTED VARIETIES

High Liner Sole Fillets 16-OZ. PKG. **2.99**

IGA COUPON VALUE .30

Kraft Singles

PROCESS CHEESE FOOD, 16 SLICE PACK OR 25 SLICE PACK VEEVEETA

Feature price without coupon **\$3.29**

Limit one coupon per family, one pkg. per coupon, coupon valid at IGA until closing Sat. Feb. 25, 1989.

PLU 2510 A.C. NIELSEN, BOX 3000, ST. JOHN, N.B. E2L 4L3 33703901

500 g PKG. **2.99**

Tetley Tea Bags

SAVE 1.00

NO COUPON REQUIRED!

1.99 BOX OF 72

BONELESS & LEAN

Stewing Beef 5.05 kg **2.29** lb.

FROZEN, CUT UP

Stewing Hens 1.96 kg **.89** lb.

MAPLE LEAF, COOKED SMOKED

Boneless Country Kitchen Hams 8.80 kg **3.99** lb.

MAPLE LEAF, SLICED

Cooked Ham 1.75 kg PKG. **2.29**

CUT FROM CANADA GRADE A BEEF, SEMI BONELESS

Blade or Short Rib Roasts CHUCK **1.59** lb.

SAVE 1.09 lb.

3.51 kg

MAPLE LEAF, SLICED

Side Bacon 500 g PKG. **1.99**

LESS THAN 1/2 REG. PRICE

CUT FROM CANADA GRADE A BEEF

Blade Steaks 3.73 kg **1.69** lb.

SAVE 1.19 lb.

MAPLE LEAF

Wieners 450 g PKG. **1.69**

SAVE 1.30 pkg.

MAPLE LEAF, SWEET PICKLED

Boneless Cottage Rolls 3.73 kg **1.69** lb.

LESS THAN 1/2 REG. PRICE

MAPLE LEAF

Golden Fry Sausages 500 g PKG. **1.69**

LESS THAN 1/2 REG. PRICE

MAPLE LEAF, SLICED

Bologna 500 g PKG. **1.59**

LESS THAN 1/2 REG. PRICE

ASSORTED VARIETIES

Ritz Crackers 250 g BOX **1.99**

ASSORTED VARIETIES

Humpty Dumpty Potato Chips 200 g BAG **1.59**

RINGLOS, MEXITOS OR CORN CHIPS

Humpty Dumpty Corn Snacks 150 g BAG **1.59**

PLAIN, DARK OR CARAWAY

Dempster's Rye Bread 450 g LOAF **.99**

RICH BLEND, VIVA OR COLUMBIA

Nescafe Instant Coffee 150-200 g JAR **4.99**

REGULAR OR DECAFFEINATED

Encore Instant Coffee 150-175 g JAR **4.49**

PERSONAL SIZE BARS

Ivory Soap BUNDLE OF 3x90 g BARS **.99**

LIQUID, BONUS 25% MORE

Joy 2 Liquid Detergent 1.25 L BTL. BONUS **2.99**

LEMON OR REGULAR, LIQUID OR POWDER

Cascade Dishwasher Detergent 1.4 L BTL. OR 1.8 kg BOX **4.99**

CUT FROM CANADA GRADE A BEEF

Cross Rib Steaks 5.05 kg **2.29** lb.

CUT FROM CANADA GRADE A BEEF

Cross Rib or Boneless Shoulder Roasts 4.39 kg **1.99** lb.

MAPLE LEAF, SEASONED

Boneless Pork Loin Steaks 11.00 kg **4.99** lb.

MAPLE LEAF, PEPPER SEASONED PICNIC

Boneless Pork Shoulder 5.49 kg **2.49** lb.

MAPLE LEAF, MICROWAVEABLE

Cooked & Seasoned Pork Side Ribs 8.13 kg **3.69** lb.

FRESH! SLICED

Beef Liver 2.18 kg **.99** lb.

GRIMMS, FROZEN, STORE PACKED

Crispy Lite Chicken Breast Fingers 9.90 kg **4.49** lb.

FROZEN, "FISH FOR LENT", STORE PACKED

Sole Fillets 8.13 kg **3.69** lb.

HIGH LINER, INDIVIDUALLY QUICK FROZEN "FISH FOR LENT"

Cod Fillets 400 g PKG. **3.69**

SCHNEIDER'S, SLICED

Lifestyle Turkey 125 g PKG. **2.29**

MAPLE LEAF, COOKED, SMOKED

Ham Steaks "MICROWAVEABLE" 175 g PKG. **1.79**

MAPLE LEAF, "BABY BAG", CHUB

Bologna 4.83 kg **2.19** lb.

MAPLE LEAF

Beef Burgers 750 g BOX **4.29**

MAPLE LEAF

Deli Sausage 250 g CHUB **2.49**

MAPLE LEAF, SLICED, SELECTED SPECIALTY VARIETIES

Sandwich Meats 175 g PKG. **1.69**

Fresh from Our In-Store Bakery AVAILABLE IN MANY STORES

Italian Bread

BREAD IS A GOOD FOOD BUY

450 g **.89**

SAVE .10

SERVE WITH YOUR FAVORITE ICE CREAM

Blueberry or Cherry Pie 625 g **2.99**

ASSORTED FLAVORS

Coffee Cake 400 g **2.49**

pyrex STORAGE PLUS

THE VERSATILE CLEAR GLASS STORAGE SYSTEM

750 mL All Purpose Bowl with Plastic Cover

THIS WEEK'S FEATURE **\$4.99**

FRESH! NEW ZEALAND SPRING LAMB

Lamb Shoulder Chops 7.69 kg **3.49** lb.

Lamb Loin Chops 9.46 kg **4.29** lb.

Leg O' Lamb Roasts 8.58 kg **3.89** lb.

Lamb Leg Steaks 8.80 kg **3.99** lb.

FRESH FROM OUR IN-STORE DELI AVAILABLE IN MOST STORES

STILLMEADOW, COOKED OR SMOKED

Chicken Breast **6.29** lb.

SAVE 1.78 lb.

1.39 100 g

MAPLE LEAF, CELLO OR

Wax Bologna **1.99** lb.

SAVE .92 lb.

.44 100 g

STORE MADE, 12"

Deluxe Pizza 820 g PIE EACH **3.99**

MAPLE LEAF, REGULAR OR CHEESE

Summer Sausage .95 100 g **4.29** lb.

MAPLE LEAF

Beef Salami .88 100 g **3.99** lb.

MAPLE LEAF, CANADIAN

Edam Cheese .88 100 g **3.99** lb.

MAPLE LEAF, CANADIAN

Old Cheddar Cheese 1.10 100 g **4.99** lb.

BLUE RIDGE, POTATO OR

Macaroni Salad .33 100 g **1.49** lb.

PRICES EFFECTIVE FROM MON. FEB. 20 TO SAT. FEB. 25, 1989.

ALL SAVINGS ARE BASED ON OUR REGULAR PRICES.

WE RESERVE THE RIGHT TO LIMIT QUANTITIES.

People come first at Penetang Village Square, Penetanguishene



Mon. & Tues. 8:30 - 6
Wed. - Fri. 8:30 - 9
Sat. 8:30 - 6



BRING YOUR FILMS HERE FOR QUALITY PHOTOFINISHING