



# Lets the Sunshine in



**Sealtest Parlour Ice Cream**  
ASSORTED FLAVORS  
**SAVE 2.60**  
**2.69**  
2 L DRUM

**Sara Lee Layer Cakes**  
FROZEN, CHOCOLATE OR VANILLA  
369 g PKG.  
**1/2 OUR REG. PRICE**  
**.99**

REGULAR OR DIET  
**7-UP or Pepsi-Cola**  
750 mL RET. BTL. PLUS 40¢ DEP. PER BTL. UNIT COST 5.2¢ PER 100 mL  
**.39**  
REGULAR OR DIET  
**Pepsi-Cola or 7UP**  
CASE OF 24x 280 mL TINS  
**6.99**

**Gold Seal Pink Salmon**  
75-OZ. TIN  
**SAVE 1.00**  
**1.99**

**Betty Crocker Super Moist Cake Mixes**  
ASSORTED VARIETIES  
510 g PKG.  
**SAVE .70**  
**.99**

**Heinz Canned Pasta or Baked Beans**  
IN TOMATO SAUCE, UFO & SCARLOS OR SPAGHETTI OR BEANS WITH PORK OR BEANS IN TOMATO SAUCE  
14-FL. OZ. TIN  
**SAVE UP TO .75**  
**.69**

**Sliced White Bread**  
TERRIFIC VALUE! Compare the Size  
675 g LOAF  
**.69**

**P.E.I. Potatoes**  
PRODUCT OF CANADA, CANADA NO. 1 GRADE  
9.07 kg 20-LB. BAG  
**SAVE 2.50 bag**  
**2.49**

**Peaches or Nectarines**  
PRODUCT OF CHILE, CANADA NO. 1 GRADE  
2.18 kg  
**SAVE .50 lb.**  
**.99**

ASSORTED VARIETIES  
**Betty Crocker Creamy Deluxe or Mini Morsels Frostings**  
450 g TUB  
**1.99**

**Honey Nut Cheerios**  
400 g BOX  
**2.49**

ASSORTED FLAVORS  
**Farmers Milkshakes or Jor Yogourt Beverages**  
3x200-250 mL TETRA BOXES  
**1/2 OUR REG. PRICE**  
**.99**

WHITE, FACELLE, 2 PLY  
**Royale Bathroom Tissue**  
12 ROLL PKG.  
**SAVE 1.70**  
**4.99**

WHITE OR ALMOND, FACELLE 3 PLY  
**Royale Facial Tissue**  
BOX OF 100  
**SAVE .50**  
**.99**

VEGETABLE COCKTAIL OR CANADA FANCY  
**Heinz Tomato Juice**  
48-FL. OZ. TIN  
**1/2 OUR REG. PRICE**  
**.99**

ASSORTED VARIETIES  
**Heinz Pickles**  
1 L JAR  
**1.99**

CANADA CHOICE  
**Heinz Tomatoes**  
28-FL. OZ. TIN  
**.99**

ASSORTED VARIETIES  
**Heinz Strained Baby Foods or Juices**  
2 4.5-OZ. JARS  
**.79**

CONDENSED  
**Heinz Tomato Soup**  
3 10-FL. OZ. TINS  
**SAVE .78**  
**.99**

REGULAR OR EXTRA SPICY  
**Mott's Clamato Juice**  
48-FL. OZ. TIN  
**SAVE .90**  
**1.99**

PLAIN, DARK OR CARAWAY  
**Dempster's Rye Bread**  
450 g LOAF  
**.99**

ASSORTED VARIETIES  
**Hostess Potato Chips or Snacks**  
200 g BAG  
**SAVE .50**  
**1.49**

BONUS PACK, RITZ BITS OR CHEESE RITZ BITS  
**Ritz Bits**  
300 g BOX  
**SAVE .90**  
**1.49**

PROCESS CHEESE FOOD SLICES, 16 SLICE VELVEETA OR 24 SLICE  
**Kraft Singles**  
500 g PKG.  
**SAVE 1.50**  
**2.99**

**Seedless Clementine Oranges**  
PRODUCT OF SPAIN  
907 g 2-LB. TRAY  
**SAVE .30 tray**  
**1.29**

**Large Size Tomatoes**  
PRODUCT OF U.S.A., CANADA NO. 1 GRADE  
1.96 kg  
**SAVE .10 lb.**  
**.89**

PRODUCT OF CANADA, CANADA EXTRA FANCY GRADE  
**Anjou Pears**  
1.96 kg  
**.89**

PRODUCT OF U.S.A., ONTARIO NO. 1 GRADE  
**Sweet Green Peppers**  
2.18 kg  
**.99**

PRODUCT OF ONTARIO, CANADA NO. 1 GRADE  
**Fresh Carrots**  
907 g 2-LB. BAG  
**.79**

PRODUCT OF ONTARIO, CANADA NO. 1 GRADE  
**Cooking Onions**  
907 g 2-LB. BAG  
**.79**

PRODUCT OF U.S.A., CANADA NO. 1 GRADE  
**Brussels Sprouts**  
2.18 kg  
**.99**

PRODUCT OF U.S.A., CANADA NO. 1 GRADE  
**Sweet Red Peppers**  
3.73 kg  
**1.69**

PRODUCT OF U.S.A.  
**Fresh Radishes**  
2 170 g 6-OZ. PKGS.  
**.69**

MAPLE LEAF, SWEET PICKLED  
**Corned Beef Brisket**  
SAVE 1.59 lb.  
**1.99**  
4.39 kg

CUT FROM CANADA GRADE 'A' BEEF  
**Prime Rib Steaks**  
SAVE 2.29 lb.  
**2.99**  
1ST TO 6TH RIB  
6.59 kg

**Chef Style Prime Rib Roasts**  
SAVE 2.29 lb.  
**2.99**  
CUT FROM CANADA GRADE 'A' BEEF  
1ST TO 6TH RIB  
6.59 kg

MAPLE LEAF, SLICED  
**Side Bacon**  
LESS THAN 1/2 REG. PRICE  
**1.99**  
500 g PKG.

MAPLE LEAF, SLICED  
**Cooked Ham**  
SAVE .70 pkg.  
**1.99**  
175 g PKG.

**2.99**  
CUT FROM CANADA GRADE 'A' BEEF  
1ST TO 6TH RIB  
6.59 kg

MAPLE LEAF  
**Wieners**  
SAVE 1.30 pkg.  
**1.69**  
450 g PKG.

MAPLE LEAF, SLICED  
**Bologna**  
SAVE 1.30 pkg.  
**1.99**  
500 g PKG.

**1.89**  
CUT FROM CANADA GRADE 'A' BEEF  
Short Ribs  
4.17 kg

MAPLE LEAF  
**Veal Steakettes**  
750 g BOX  
**4.29**

FRESH UTILITY GRADE  
**Stewing Hens**  
1.96 kg  
**.89**

CUT FROM CANADA GRADE 'A' BEEF  
**Ham Steaks**  
175 g PKG.  
**1.99**

GRIMMS, FROZEN, STORE PACKED  
**Crispy Lite Sole Fillets**  
9.46 kg  
**4.29**

MAPLE LEAF, COOKED, SMOKED  
**Boneless Country Kitchen Hams**  
8.36 kg  
**3.79**

MAPLE LEAF, COOKED, SMOKED, "MICROWAVEABLE"  
**Ham Steaks**  
175 g PKG.  
**1.99**

SCHNEIDER'S  
**Lifestyle Sausage**  
375 g PKG.  
**2.49**

MAPLE LEAF, SWEET PICKLED  
**Boneless Cottage Rolls**  
5.93 kg  
**2.69**

MAPLE LEAF, DELI STYLE  
**Thin Sliced Smoked Meats**  
125 g PKG.  
**1.99**

SCHNEIDER'S, MICROWAVEABLE, ALL VARIETIES  
**Lifestyle Entrees**  
330 g PKG.  
**3.29**

MAPLE LEAF, SWEET PICKLED  
**Boneless Cottage Rolls**  
5.93 kg  
**2.69**

MAPLE LEAF, DELI STYLE  
**Thin Sliced Smoked Meats**  
125 g PKG.  
**1.99**

**SUPER BOWL SPECIALS**

MAPLE LEAF  
**Deli Sausage**  
250 g STICK  
**2.49**

GRIMMS, FROZEN, STORE PACKED  
**Crispy Lite Chicken Breast Fingers**  
11.00 kg  
**4.99**

CLAUSSEN  
**Dill Pickles**  
750 mL JAR  
**2.49**

HILLSHIRE, VACUUM PACKAGED  
**Smoked Sausage**  
8.80 kg  
**3.99**

SHOPSY'S  
**Football Salami**  
1 kg CHUB  
**4.99**

ASSORTED VARIETIES  
**Shopsy Salads**  
500 g TUB  
**1.59**

**NEW ZEALAND SPRING LAMB**  
FRESH!

**Lamb Shoulder Chops**  
7.69 kg  
**3.49**

**Lamb Loin Chops**  
9.46 kg  
**4.29**

**Leg O' Lamb Roasts**  
8.58 kg  
**3.89**

**Lamb Leg Steaks**  
8.80 kg  
**3.99**

**FRESH FROM OUR IN-STORE DELI** AVAILABLE IN MANY STORES

SHOPSY'S, EYE OF ROUND PASTRAMI OR  
**Corned Beef**  
SAVE 2.81 lb.  
**4.49**  
.99 100 g

MAPLE LEAF, COIL  
**Polish Sausage**  
.50 100 g  
**2.29**

MAPLE LEAF, REGULAR OR  
**Peppercorn Salami**  
.50 100 g  
**2.29**

SHOPSY'S, COLE SLAW OR  
**Potato Salad**  
.33 100 g  
**1.49**

STORE MADE 9", 455 g PIE  
**Deluxe Pizza**  
**2.59**  
EACH

CANADIAN, PART SKIM  
**Mozzarella Cheese**  
.88 100 g  
**3.99**

**IGA COUPON VALUE 1.00**

YOU CAN BUY ONE 500 g PKG. OF  
**Maple Leaf Sausage Rounds**  
FOR ONLY  
**1.69**

Special price without coupon \$2.69  
Limit one coupon per purchase, coupon valid at IGA until closing Sat. Jan. 21, 1989.  
PLU 2458 A.C. NIELSEN, BOX 3000 ST. JOHN, N.B. E2L 4L3 5640002

**IGA COUPON VALUE .30**

**Aylmer Jams**  
RASPBERRY OR STRAWBERRY  
500 mL JAR  
Feature price without coupon \$1.29  
Limit one coupon per family, one jar per coupon, coupon valid at IGA until closing Sat. Jan. 21, 1989.  
PLU 2448 A.C. NIELSEN, BOX 3000 ST. JOHN, N.B. E2L 4L3 0040016

**IGA COUPON VALUE .35**

**Hereford Corned Beef**  
Feature price without coupon \$2.34  
12-OZ. TIN  
Limit one coupon per family, one tin per coupon, coupon valid at IGA until closing Sat. Jan. 21, 1989.  
PLU 2447 A.C. NIELSEN, BOX 3000 ST. JOHN, N.B. E2L 4L3 5830013

FROZEN, CHICKEN PARMIGIANA, SLICED TURKEY, LASAGNA ROMANO, BEEF SIRLOIN TIPS, BEEF STROGANOFF OR BBQ CHICKEN  
**Le Menu Gourmet Dinners**  
300-357 g PKG.  
**SAVE 1.00**  
**3.99**

FROZEN  
**Fraser Vale Onion Rings**  
113 g PKG.  
**.89**

FROZEN, CHEESE, PEPPERONI OR DELUXE, 5 INCH  
**Totinos Pizza**  
320-385 g PKG.  
**2.79**

FROZEN  
**Holiday Farms Lasagna**  
2 LB. PKG.  
**3.99**

SANKA, REGULAR OR DECAFFEINATED  
**Maxwell House Instant Coffee**  
150-200 g JAR  
**SAVE .80**  
**4.89**

RICH, MARSHMALLOW, MILK CHOCOLATE, LITE OR MINT  
**Carnation Hot Chocolate Envelopes**  
104-280 g PKG.  
**1.99**

PACKED IN ITS OWN JUICE, SLICED, CRUSHED OR TIDBITS  
**Palanda Pineapple**  
SAVE .50 19-FL. OZ. TIN  
**.69**

ASSORTED VARIETIES  
**Purr Luxury Cat Food**  
1/2 OUR REG. PRICE 3 170 g TINS  
**.99**

REGULAR OR LIGHT  
**Sealtest Sour Cream**  
500 mL TUB  
**SAVE .50**  
**1.99**

ASSORTED VARIETIES  
**Sealtest Country Choice Cottage Cheese**  
500 g TUB  
**SAVE .60**  
**1.99**

**Chefmaster Soft Margarine**  
1 lb. TUB  
**SAVE .30**  
**.69**

CONDITIONING OR REGULAR, 450+100 mL MORE  
**Head & Shoulders Shampoo**  
550 mL PLAST. BTL.  
**SAVE .80**  
**4.99**

ASSORTED VARIETIES, 100+50 mL MORE  
**Crest Toothpaste**  
150 mL TUBE  
**SAVE .50**  
**1.79**

**Fresh from Our In-Store Bakery**  
AVAILABLE IN MANY STORES

**Baguettes**  
GREAT AT A SUPER BOWL PARTY  
350 g  
**SAVE .10**  
**.89**

A TASTY DESSERT  
**Carrot Cake**  
SAVE .20 279 350 g

PRICES EFFECTIVE UNTIL CLOSING SAT. JAN. 21, 1989. WE RESERVE THE RIGHT TO LIMIT QUANTITIES. ALL SAVINGS ARE BASED ON OUR REGULAR PRICES.

## People come first at Penetang Village Square, Penetanguishene



Mon. & Tues. 8:30 - 6  
Wed. - Fri. 8:30 - 9  
Sat. 8:30 - 6

