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Centennials live on!

The Midland Stoneleigh Centennials will mittee headed by McLaren. operate for the 1988-89 season. At a press conference Monday afternoon at the Centennial Arena Board Room, the new executive was introduced.

Parks and Arena Superintendant Jim McLaren was introduced as the new team president.

The team was taken over last Tuesday from supply the uniforms for the team and the name will be maintained. The operation of the team, however, will be left up to a com-

The Junior B franchise fell through due to a lack of interest on the part of last year's executive. Stone felt he didn't wish to try to carry the team through another year as Junior C without strong executive support.

McLaren introduced his new executive, which includes Ross Palmer as vice-president and Midland Recreation Director Bryan previous owner Mike Stone. Stone will still Peter as secretary-treasurer. Directors of the club were announced as John Burns, Dave Hamelin, Harold McAllen, Bryan McKell, Bob Merkley and Rob Wilson.

Vasey Seniors take lead in semi-finals

Vasey Seniors took a two point lead in the six point semi final playoff series with Midland Stoneleigh Firebirds Sunday night in Vasey.

Vasey won the contest 1-0 after 2-2 and 1-1 tie games. A third contest that was called on account of rain was tied 3-3 after two and a half innings of play.

Vasey has outscored Midland by only one run, 4-3, in the three official contests, but has outhit their opponents 17-8.

Sunday night, Vasey counted the only run they needed in the fourth when Keith Ball led off the frame with a double but was thrown out at third on Brent Gordon's fielder's choice. Rob McLean's single sent Gordon to

third. Bob Widdes lofted a fly ball to left field deep enough to score Gordon. Bruce Guthrie singled, but the rally came to a halt when Brian Fowler flied out to left.

Keith Ball was the offensive leader for Vasey with a 3-3 night including a double and two singles.

Mike Puddicombe took the loss for Midland allowing just five base hits, striking out a batter and issued no walks.

Fowler took the win scattering four base hits, walking a pair, hit a batter and fanned three.

Game four was scheduled for Midland Monday night.

Ross McConnell will return as coach and general manager while Wayne Marchand has been appointed as assistant coach. Brian Lemieux returns as trainer. The club is seeking an equipment manager.

The club will play a 36-game schedule with two practices a week. Three exhibition games are planned for the pre-season, two at home which will feature teams that will not be seen here during the regular season.

The club will engage in an aggressive fund raising campaign to operate the franchise. A booster club will be held each weekday home date, along with a program, team calendar, two dances, a golf tournament and bingos.

Stone was pleased that interested parties approached him to keep the team going. He feels that the spirit that is shown by the committee will make for a happier and healthier team.

The club will consider applying for a Junior B franchise next year if the team has a good year on the ice and in the books. Stone indicated that he would likely be involved with the franchise next year if it moved to Junior B. Stone said that he preferred to "put my

promotional dollars into the sports communi-

McLaren made the point that the team would function next year as Junior B or Junior C. "There are too many good young hockey players out there," stated McLaren.

The team will be making changes to the dressing rooms to allow for separate lockers for the players.

McConnell thanked Stone for his involvement over the past few years and also heaped praise on Marchand and Lemieux.

McConnell expects to have a young team but looks forward to three or four years with the same nucleus to have a provincially strong team. McConnell stated that his efforts on the Junior C level gave him the opportunity to advance to the Junior B level, but it didn't work out and he's happy to be back.

The Midland Stoneleigh Centennials will be playing once again in the Georgian Bay Junior C League with Stayner, Huntsville, Penetang, Innisfil, Oro and Parry Sound, returning after a year's absence.

The first day of tryouts will be Sunday, September 25 from 4 p.m.-7 p.m.

The new Centennials are alive and well.



Team exec

The new Executive for the Midland Stoneleigh Centennials Hockey Club were introduced at a press conference Monday afternoon at Centennial Arena. Pictured above front row, left to right are, Bryan Peter, Secretary-Treasurer, Jim McLaren, President,

Ross Palmer, Vice-President. Back row, from left to right are: Bob Merkley, Rob Wilson, Dave Hamelin, and John Burns, all directors. Harold McAllen and Bryan McKell, also both directors, are missing from picture.

Weight room at Y gets workout

Personal exercise prescriptions will become a dependable and informative service this fall at the Midland YMCA With the help of Wes Hawkins (B. Ph. E.), Christine Beck and the guidance of Paul Robinson (senior program manager), members will come to expect qualified workout instruction.

Hawkins, who is a Y volunteer, is from Huntsville and graduated from McMaster University in Hamilton with a Bachelor of Physical Education.

The renovation of the weight room has sparked favourable comments from the Y members and a renewed interest in weight training. Many are pleased with the relocation of one universal to the Adult Fitness Center as well as the additional free weights, new equipment and the new mirrors along the end wall.

Robinson feels that the weight room has been

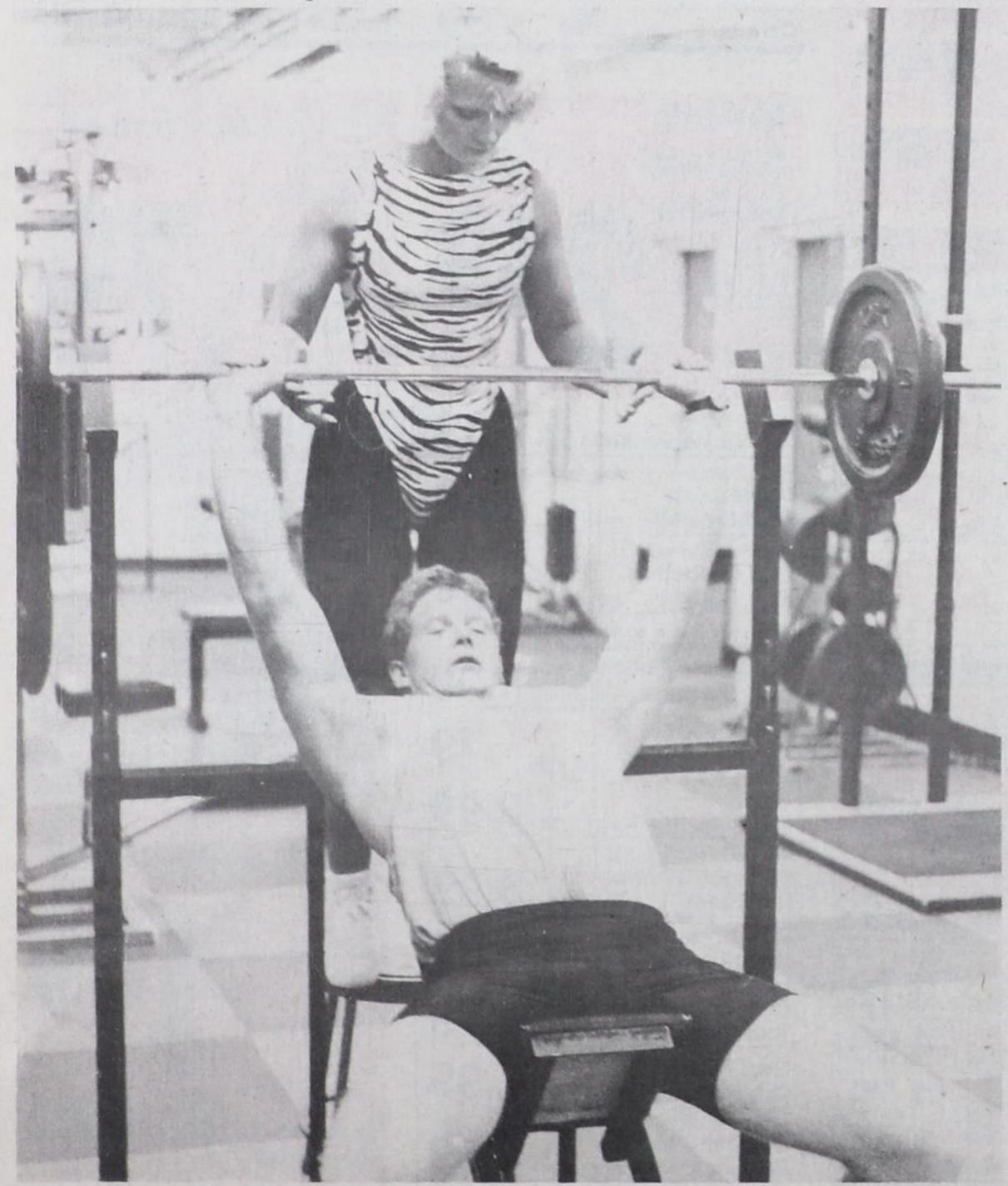
somewhat stagnant over the past few years. In the future, he hopes to make use of the membership as a sounding board in order to satisfy training needs.

Through Beck and Hawkins, Robinson is interested in setting up different programs fpr different sports and activities.

The weight room staff will be available Mondays-Fridays from 8:30 a.m.-10 p.m. to answer your questions and to provide programs.

Whether you are interested in toning, strength training, body building or simply becoming active, come to the Y and make an appointment to meet one of the fitness consultants.

For further information on this or other Midland YMCA programs, contact the Y at 526-7828.



Fitness experts

Wes Hawkins works out on the weights as Christine Beck spots him. Hawkins and Beck are the resident fitness experts at the Midland YMCA weight room. New Senior Program Manager, Paul Robinson has had the weight room renovated to better serve the needs of the community. Programs will be available to members regardless of their needs.

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