



CUT FROM CANADA GRADE A BEEF

# Blade Steaks

SAVE 1.41 lb.

**1.49** lb.  
3.28 kg

ALL SAVINGS ARE BASED ON OUR REGULAR PRICES

EVERFRESH Orange Juice	2 L JUG	<b>1.89</b>
ASSORTED FLAVORS Cavalier Flavored Crystals	3x80-92 g PKG	<b>.79</b>
CAVALIER FANCY Tomato Juice	2 19-FL OZ TINS	<b>.99</b>
MCCORMICKS Champagne Crackers	200 g PKG	<b>1.39</b>
REGULAR OR PUDDING MCCORMICKS Puffs Cookies	400 g PKG	<b>1.89</b>
MCCORMICKS Wagon Wheels	350 g PKG	<b>1.59</b>
CAVALIER FANCY Apple Sauce	28-FL OZ JAR	<b>1.49</b>
PLAIN OR WITH MUSHROOMS Prego Spaghetti Sauce	750 mL JAR	<b>1.59</b>
Habitant Assorted Soups	ASSORTED VARIETIES 28-FL OZ TIN	<b>.99</b>
ALL PURPOSE Robin Hood Flour	10 kg BAG	<b>8.99</b>
QUAKER CEREAL Corn Bran	450 g BOX	<b>1.99</b>
ASSORTED VARIETIES FRITO LAY Potato Chips or Snacks	200 g BAG	<b>1.59</b>
ASSORTED VARIETIES Colgate Toothpaste	BONUS OF 50 mL MORE 150 mL TUBE	<b>1.59</b>
Charcoal Briquets	ROYAL OAK 10 lb BAG	<b>2.99</b>
GLAD Sandwich Bags	PKG OF 100	<b>1.09</b>
ASSORTED VARIETIES KEN-L RATION Society Dog Food	LUXURY STYLE 418 g TINS	<b>2 .99</b>

**Chuck Short Rib Roasts** Cut From Canada Grade A Beef **1.59** lb. 3.51 kg  
SAVE 1.17 lb.

**White Bread** HOSPITALITY, SLICED **.69** 675 g LOAF  
LARGER LOAF

**Chunk Light Tuna** PANTRY SHELF **.89** 6 1/2-OZ. TIN  
SAVE .30

**Maxwell House Coffee** REGULAR, EXTRA FINE OR FINE GRINDS "GOLD", COLUMBA OR ARABICA BLENDS **2.49** 369 g VAC PAK PKG.  
WITH COUPON FEATURE PRICE WITHOUT COUPON \$2.79

**Chefmaster Margarine** 100% PURE VEGETABLE OIL **.39** 1 lb. PARCH. PKG.  
SAVE .10

**Red or White Potatoes** PRODUCT OF ONTARIO, CANADA NO. 1 GRADE **1.99** 4 L BASKET  
SAVE 1.00

**Bartlett Pears** PRODUCT OF ONTARIO, CANADA FANCY GRADE **2.99** 4 L BASKET  
SAVE 1.00

FROM OUR MEAT DEPARTMENT

BONELESS & LEAN Stewing Beef	4.17 kg	<b>1.89</b> lb.
CUT FROM CANADA GRADE A BEEF BONELESS Shoulder Roasts	4.17 kg	<b>1.89</b> lb.
MAPLE LEAF, COOKED, BONELESS Dinner Hams	6.59 kg	<b>2.99</b> lb.
MAPLE LEAF, SLICED Side Bacon	500 g PKG.	<b>3.99</b>
MAPLE LEAF Wieners	450 g PKG.	<b>1.99</b>
MAPLE LEAF Sausage Rounds	500 g PKG.	<b>2.59</b>
MAPLE LEAF, SLICED Cooked Ham	175 g PKG.	<b>1.99</b>
MAPLE LEAF, SLICED Bologna	500 g PKG.	<b>1.99</b>
MAPLE LEAF "EUP" PEAN CURSINE Pepperoni Sticks	250 g PKG.	<b>2.29</b>
FROM OUR IN-STORE DELI AVAILABLE IN MANY STORES		
MAPLE LEAF, COIL Polish Sausage	.44 100 g	<b>1.99</b> lb.
MAPLE LEAF, COOKED, REGULAR OR SMOKED Turkey Breast	1.32 100 g	<b>5.99</b> lb.
Fresh Mushrooms	PRODUCT OF ONTARIO	<b>4.39</b> <small>1.99</small> lb.
Sunkist Valencia Oranges	PRODUCT OF U.S.A. SIZE 138'S DOZ.	<b>1.99</b>
Fresh Carrots	PRODUCT OF ONTARIO, CANADA NO. 1 GRADE 2.27 kg 5-lb. BAG	<b>.99</b>
Cooking Onions	PRODUCT OF ONTARIO, CANADA NO. 1 GRADE 2.27 kg 5-lb. BAG	<b>.99</b>

**Boni Pasta** ASSORTED VARIETIES **.89** 900 g BAG  
SAVE .20

**Savarin Pot Pies** FROZEN BEEF CHICKEN TURKEY OR BEEF & KIDNEY **.69** 8-OZ. PKG.  
SAVE .10

**Coca-Cola or Sprite** CLASSIC COCA-COLA OR REGULAR OR DIET **.49** 750 mL RET. BTL PLUS .30 DEP PER BTL (UNIT COST 6.5c PER 100 mL BTL)  
SAVE .50

**Beans With Pork** CAVALIER IN TOMATO SAUCE **.69** 14-FL. OZ. TIN  
SAVE .50

**Prune Plums** PRODUCT OF ONTARIO, CANADA NO. 1 GRADE **2.99** 4 L BASKET  
SAVE 1.00

**Atlantic Paper Towels** WHITE OR ALMOND **.89** 2-ROLL PKG.  
SAVE .86

**Pork Back Ribs** FRESH! **3.99** lb. 8.80 kg  
SAVE 1.49 lb.

**Chicken Breasts** FRESH! BONELESS **3.99** lb. 8.80 kg  
SAVE 2.93 lb.

**Cross Rib Steaks** CUT FROM CANADA GRADE A BEEF **1.89** lb. 4.17 kg  
SAVE 1.79 lb.

**COUPON VALUE .30**  
Value .30 REGULAR, EXTRA FINE OR FINE GRINDS "GOLD" COLUMBA OR ARABICA BLENDS  
**Maxwell House Coffee** **2.49**  
369 g VAC PAK PKG. only  
Feature price without coupon \$2.79  
LIMIT ONE COUPON PER FAMILY, ONE PER PKG PER COUPON  
COUPON VALID AT FOOD TOWN UNITS, CLOSING SAT SEPT 17TH 1987  
A.C. NELSON 800 3000 ST. JOHN N.B. E2A 4J3 0306383r



**PROUD TO BE YOUR NEIGHBOUR**  
**DUPUIS FOOD TOWN**  
112 Robert St. W., Penetang

PRICES EFFECTIVE WED. SEPT. 2ND TO SAT. SEPT. 5TH, 1987  
AT THIS FOOD TOWN STORE ONLY. WE RESERVE THE RIGHT TO LIMIT QUANTITIES.