



BACK TO SCHOOL



Easy care hairstyling

Lindsay Daniels models her new easy care hairstyle for school. Both students and moms appreciate a style that requires little fuss and

will keep hair tidy during the entire school day.

Easy care hairstyle

Sending the kids back to school with easy care hairstyles does more than make them look good, it makes things easier for Mom.

Hairdresser, Kate Lasalle, suggests washing your child's hair with only professional hair products. These products are available at most beauty salons. Use shampoo designed for normal hair and follow with a normalizer such as Herbal Konzil. A conditioner only coats your child's hair and gets rid of tangles, whereas a normalizer opens the cuticles in the hairshaft and brings the pH level back down to where it should be. As well, it gets rid of tangles.

Depending on the child, Lasalle suggests washing hair two to three times a week. Despite what has been said, you can wash hair too much.

Lasalle suggests easy hairstyles for school that avoid a lot of fuss. A body perm that creates soft curls can be left to air dry and the use of gel or mousse can create a quick style. The crimping iron is still

being used to create wavy hair similar to the effect of braiding wet hair, letting it dry and combing it out.

The "in" look for back to school this Fall includes the wedge look, layered wedges and layered bobs. One popular unisex look is the short layered wedge which leaves hair fuller on top and clipped or shaved right into the hairline around the ears and back of neck. This is a very updated preppy look.

Popular among teens is the streaked look. Teens may opt for one or more streaks through their hair with blond being the most popular color chosen. Teen boys are wearing their hair really short, much like an army cut, clipped very short around the ears. Little boys still favor the popular spike, and for all, it seems the emphasis is on short for school this Fall.

For girls who still like long hair, Kate Lasalle cautions against using elastics. She says only covered elastics should be used, so as not to damage the hair.

Head lice problem needs immediate treatment

Once the insects of summer fade and the kids are settled back in school, you may find a new problem arises — head lice. Children are more at risk of getting head lice than adults because they are grouped closely together at school.

The Ontario Ministry of Health says head lice multiply quickly and can spread easily from one person to another. Because these pesky critters spread so rapidly, it is important to do something quickly once you know your child has

picked them up.

While head lice are a real nuisance and are difficult to get rid of, they are not a serious health hazard if treated promptly. Once you get over the horror of knowing your child has head lice, it is important to realize having lice has nothing to do with cleanliness. Anyone can get head lice as these bugs know no social barriers.

Head lice are tiny, wingless insects that have flattened bodies. They live mostly in the hair and on the head. You can

usually find them behind the ears and on the nape of the neck. They are also known to live in a person's eyebrows, eyelashes and beards.

The eggs or nits are no bigger than half the size of a pin head. They can be found lying very close to the skin and attach themselves very firmly to the hair shaft with a cement like substance. The nits are often mistaken for dandruff, as they are oval shaped, opaque and yellowish-white in color.

A nit will live for up to one month with adults living only

10 days. In those 10 days an adult female louse can produce from 50 to 150 nits. This is why it is so important to do something about head lice at the very first sign.

By using a magnifying glass you can be certain your child has head lice not just dandruff. Head lice cannot be blown away, as they are firmly attached.

Head lice are transmitted by head to head contact and can be spread indirectly through personal items such as towels, hats and clothing. Everything

must be treated.

The Ontario Ministry of Health suggests washing hair with a medicated shampoo which is recommended for use against head lice. Two of the most common generic types are Lindane and pyrethrins.

They can be found in cream shampoo, liquid, in spray form or powder and are sold at most drug stores without prescription.

When the hair is dry it must be combed with a very fine tooth comb to remove any re-

maining nits. A stiff brush or tweezers may also be used. This is a very important step because if the nits are not removed properly the problem could persist. Any nits removed should be put in a plastic bag, tied carefully and disposed of.

The Ontario Ministry of Health reminds you to notify your school if your child appears to have lice and to treat this problem as soon as possible to avoid these insects from spreading.

BACK TO SCHOOL SPECIALS

JVC



PC-V2

CD Portable Component System

• CD player built-in • LCD display of track • Hyper-Bass Sound System with 3D super woofer • U-Turn auto-reverse (REC/PLAY) mechanism • 5-Element S.E.A. graphic equalizer • Dolby B noise reduction • Metal and Chrome tape playback • Detachable 10cm ARC (Acrylic Resin Composite) speakers • Four-band tuner (FM/AM/SW₁/SW₂) • ALC (Automatic Recording Level Control) with variable monitor • FM stereo indicator **Output Power:** 16W (8W + 8W) + 24W max. **D:** 593 (W) x 228 (H) x 230 (D)mm **W:** 7.8kg.

\$599⁹⁵



PC-27

4-Band (FM/AM/SW₁/SW₂) Portable Component System

• New diagonal design • 5-Element S.E.A. graphic equalizer • Detachable 12cm full-range speakers • One-touch recording **Output Power:** 16W (8W + 8W) max. **D:** 562 (W) x 182 (H) x 170 (D)mm **W:** 4.2kg.

\$169⁹⁵



PC-37

4-Band (FM/AM/SW₁/SW₂) Portable Component System

• U-Turn auto-reverse mechanism • 5-Element S.E.A. graphic equalizer • Detachable speakers with 10cm woofers and 1.5cm tweeters • Soft-touch mechanism **Output Power:** 16W (8W + 8W) max. **D:** 556 (W) x 182 (H) x 188 (D)mm **W:** 5.2kg.

\$209⁹⁵

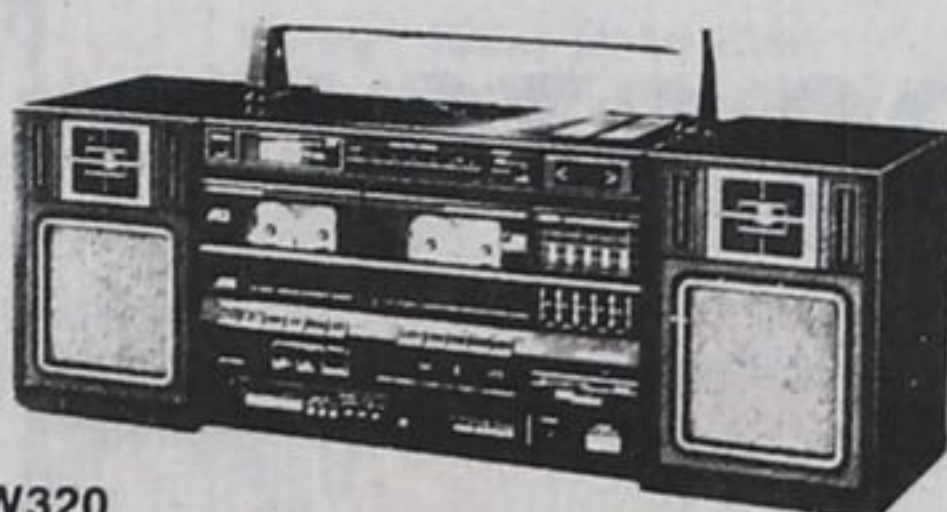


PC-168

4-Band (FM/AM/SW₁/SW₂) Portable Component System

• 5-Element S.E.A. graphic equalizer • Dolby NR • Logic-control mechanism • Music scan • Detachable 2-way speakers with 12cm woofers and 2cm tweeters **Output Power:** 30W (15W + 15W) max. **D:** 596 (W) x 261 (H) x 193 (D)mm **W:** 6.4kg.

\$319⁹⁵



PC-W320

DIGI-COMPO System

• Synthesizer tuner with LCD digital display and 12-station preset • CD player direct-interface system • Synchro Start high-speed dubbing • 5-band S.E.A. • Detachable speakers, 12cm woofers and 1.5cm tweeters **Output Power:** 34W (17W + 17W) max. **D:** 671 (W) x 312 (H) x 228 (D)mm **W:** 10.0kg.

\$459⁹⁵



PC-V1

CD Portable Component System

• CD player built-in • Remote control CD operation • LCD display of track • U-Turn auto-reverse mechanism (Rec/Play) (Deck A) • CD Synchro Start Recording • High-Speed tape-to-tape dubbing • 5-Element S.E.A. graphic equalizer • Detachable 12cm ARC (Acrylic Resin Composite) Hi-Carbon speakers and Passive Radiators **Output Power:** 27W (13.5W + 13.5W) max. **D:** 595 (W) x 249 (H) x 218 (D)mm **W:** 8.4kg.

\$799⁹⁵

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