



REGULAR

# Ground Beef



# 1.29 lb.

SAVE .70 lb.

2.84 kg

Medium **1.59** lb. **1.89** lb.

SAVE .80 lb.

3.51 kg

SAVE .80 lb.

4.17 kg

ALL SAVINGS ARE BASED ON OUR REGULAR PRICES

Gay Lea Yogurt	ASSORTED VARIETIES, SWISS STYLE	175 g CUP	<b>.69</b>
Royal Chinet Paper Lunch Plates	8.75 INCH	PKG. OF 20	<b>1.69</b>
QUICKI Sandwich Bags		PKG. OF 50	<b>.59</b>
PET'S CHOICE Cat Litter		7 kg BAG	<b>1.99</b>
FOR DISHES, LIQUID Dove Detergent		500 mL BTL.	<b>.99</b>
HI-DRI Table Napkins		PKG. OF 150	<b>1.49</b>
ASSORTED VARIETIES, FRITO LAY Potato Chips		200 g BAG	<b>1.49</b>
ASSORTED VARIETIES, FRITO LAY Corn Snacks		200 g BAG	<b>1.49</b>
Generic Diapers		PKG. OF 33	<b>7.49</b>
18 INCH WIDTH, STUART HOUSE Aluminum Foil	25-FT. ROLL	BOX	<b>1.99</b>
ASSORTED COLORS, DELSEY Bathroom Tissue		4 ROLL PKG.	<b>1.69</b>
ASSORTED COLORS, FACIAL TISSUE Kleenex		BOX OF 200	<b>.99</b>
Charcoal Briquets	GOURMET KING	10-LB. BAG	<b>2.99</b>
Raid Cockroach Traps		PKG. OF 2	<b>2.79</b>
Cocktail Glasses	9-OZ., DIXIE	PKG. OF 20	<b>1.29</b>
Mott's Clamato Juice	REGULAR OR EXTRA SPICY	1 L BTL.	<b>1.79</b>

SHOPSYS'S, SLICED Side Bacon		500 g PKG.	<b>2.99</b>
ASSORTED COLORS, HI-DRI Paper Towels	2 ROLL PKG.		<b>.89</b>
DECAFFEINATED OR REGULAR Maxwell House Instant Coffee		170-227 g JAR	<b>4.99</b>
Canada Dry Soft Drinks	REGULAR OR DIET, GINGER ALE OR 'C' PLUS ORANGE OR	750 mL RET. BTL.	<b>.49</b>
Corn on the Cob	PRODUCT OF ONTARIO, CANADA NO. 1 GRADE	DOZEN	<b>1.29</b>
Bananas	PRODUCT OF CENTRAL AMERICA DOLE OR CHIQUITA	1.08 kg	<b>.49</b>
Cauliflower	PRODUCT OF ONTARIO CANADA NO. 1 GRADE	ea.	<b>.99</b>

SHOPSYS'S Wieners	REGULAR OR BEEF	450 g PKG.	<b>1.99</b>
SHOPSYS'S Beef Sausages		500 g PKG.	<b>2.69</b>
SHOPSYS'S, SLICED Cooked Ham		175 g PKG.	<b>1.99</b>
SHOPSYS'S, SLICED, SELECTED SPECIALTY VARIETIES Sandwich Meats		125 g PKG.	<b>.99</b>
ASSORTED VARIETIES Shopsy's Salads		500 g TUB	<b>1.49</b>
<b>DELI</b>			
AVAILABLE IN MOST STORES			
SHOPSYS'S, COOKED Roast Beef		.88 100 g	<b>3.99</b>
SHOPSYS'S Jumbo Wieners		.53 100 g	<b>2.39</b>
PRODUCT OF ONTARIO Broccoli		EA.	<b>.99</b>
PRODUCT OF U.S.A. CANADA NO. 1 GRADE California Black Plums		1.96 kg	<b>.89</b>
PRODUCT OF U.S.A. California Nectarines		1.96 kg	<b>.89</b>
PRODUCT OF NEW ZEALAND CANADA FANCY GRADE Granny Smith Apples		2.18 kg	<b>.99</b>
PRODUCT OF ONTARIO CANADA NO. 1 GRADE Peaches		4 L BASKET	<b>2.99</b>
PRODUCT OF ONTARIO CANADA FANCY GRADE Clapp Pears		4 L BASKET	<b>2.99</b>

White or 100% Whole Wheat Bread	SUNSHINE SLICED	450 g LOAF	<b>.69</b>
Cream of Mushroom Soup	CAMPBELL'S	10-FL. OZ. TIN	<b>.49</b>
Fruit Drinks	FROZEN, CONCENTRATED, GRAPE, FRUIT PUNCH, APPLE OR ORANGE, SUN-SQUEEZE	12-FL. OZ. TIN	<b>.49</b>
Macaroni & Cheese Dinner	JOLLY	200 g PKG.	<b>.29</b>
Kraft Peanut Butter	SMOOTH OR CRUNCHY	750 g JAR	<b>2.79</b>

FOOD TOWN COUPON VALUE .60

POWDERED LAUNDRY DETERGENT

**ABC**

**5.99**

12 L. BOX only

Feature price without coupon \$6.59

A.C. NELSON, BOX 3000, ST. JOHN'S, N.B. E2A 4L3

LIMIT ONE BOX PER COUPON

COUPON VALID AT FOOD TOWN UNITS, CLOSING SAT. AUG. 15TH, 1987

0145640H

<b>BARBECUE DAYS</b>	170 g - 6-OZ. BONELESS STRIP LOIN NEW YORK STEAKS	BOX PRICE <b>19.59</b>	PER SERVING PRICE <b>2.18</b>
	125 g - 4 1/2-OZ. BEEF TENDERLOIN FILET MINGON	BOX PRICE <b>23.49</b>	PER SERVING PRICE <b>1.96</b>

FOOD TOWN COUPON VALUE .20

**Dare Peg Top Candy**

ASSORTED VARIETIES 170-300 g PKG. only

**.99**

Feature price without coupon \$1.19

A.C. NELSON, BOX 3000, ST. JOHN'S, N.B. E2A 4L3

LIMIT ONE BAG PER COUPON

COUPON VALID AT FOOD TOWN UNITS, CLOSING SAT. AUG. 15TH, 1987

1165215H

PROUD TO BE YOUR NEIGHBOUR

OLD WEST PRICES

FREE SAMPLES

**HOT DOG & COKE ONLY 25¢**

(ONE PER CUSTOMER ONLY)

THURS. 13/87  
FRI. 14/87  
SAT. 15/87

FREE DRAW ON B.B.Q.

**FOOD TOWN DUPUIS FOOD TOWN**

112 Robert St. W., Penetang

PRICES EFFECTIVE WED. AUG. 12TH TO SAT. AUG. 15TH, 1987 AT FOOD TOWN STORE ONLY. WE RESERVE THE RIGHT TO LIMIT QUANTITIES