



Sod turning

Reverend Harvey Markle and Elmvale Reeve Ken Knox were on hand Friday afternoon to turn the first bit of ground at a celebration at Bayweb Limited. The pair broke the ground for the major expansion of the publishing plant in the Village.

Marsh volunteers honoured

Volunteers are the key to success for the Wye Marsh Wildlife Centre - and Wye Marsh's volunteers are proud of the role they play in keeping the Centre alive.

Wye Marsh staff and volunteers celebrated their happy relationship when they met last Tuesday, for a Volunteer Appreciation night at the Centre. Over 50 volunteers came out to enjoy a huge cake, look at a scrapbook of photos and clippings from the recent Wildlife Festival, and bask in applause and praise from Anne Connell, volunteer co-ordinator and Executive Director Bob Whittam.

"We can never thank you enough for all you've done," said Connell as she presented volunteers with certificates, Wye Marsh lapel pins and wildlife posters as tokens of appreciation from the staff. "Your energy, enthusiasm and hard work is what makes it all possible."

The tremendous success of the first Wye Marsh Wildlife Festival testifies to

New toys

Organizers of an upcoming sale of new books and toys suggest the sale as a chance for people to do some early Christmas shopping.

The sale of new books and toys is being organized to benefit the Penetanguishene Co-op Nursery School. The sale will be held in Penetang's First Presbyterian Church on Oct. 2 at 7:30 p.m.

the devotion of Wye Marsh volunteers. Over 120 volunteers contributed time and talent on the weekend of Sept. 20 and 21. However, the Festival is only one example of how Wye Marsh depends on its volunteer friends.

"Saturday night Bingo, our most successful fundraising effort so far, has raised over \$60,000 for Wye Marsh," said Connell. Each week, five volunteers

give their Saturday evenings to run Bingo. Altogether, volunteers gave over 5,000 hours to Wye Marsh this past summer, working in the store, office, and workshop, doing a wide variety of jobs which help to keep the Centre afloat.

More help is always needed. Since budget cuts ended government funding in 1985, Wye Marsh Wildlife Centre has

depended on donations, memberships and volunteer help for survival. Volunteer workers believe the centre is vital to the community as a conservation education centre, a tourist attraction and an irreplaceable wildlife habitat.

For more information on volunteering at Wye Marsh Wildlife Centre or joining the Friends of Wye Marsh, call the Centre at 526-7809.



Cheque presentation

Penetanguishene Minor Hockey League a cheque from the service club's President President Dave Brooks (left) was on hand John Arbour (right). The local hockey at the regular weekly luncheon of the league is only one of the many groups the Penetanguishene Rotary Club to accept Penetang Rotarians aid every year.

PMS common among women

Pre-menstrual Syndrome will be the subject of a discussion being organized by the Simcoe County District Health Unit.

Health care professionals will discuss PMS, its causes, treatment and recent advances in research.

An estimated one of every two women of child-

bearing age suffer from premenstrual syndrome. PMS is a complex group of symptoms that a woman experiences starting one to 14 days before each menstrual period.

The symptoms vary in type and severity, and include depression, irritability, breast discomfort, and

fluid retention. More than 150 symptoms are associated with PMS.

Dr. Dianne McGibbon will talk about PMS in Barrie on Oct. 30, in the Blue Flame Room, 165 Ferris Lane. Dr. McGibbon has researched PMS and has designed and tested a charting tool for PMS.

Rec department holds coach's clinic

The Midland Recreation Department is hosting a Level On Theory Coaches Clinic this fall. The Clinic starts Wednesday, October 29 and goes until November 19. It runs from 7 p.m. to 10:30 p.m. each night at St. Theresa's High School. Rick Presse will be the Instructor.

Pre-registration is necessary by October 22. The fee is \$10 and you can register at the Recreation

Office or call 526-4770 for information.

The NCCP is the coaching of coaches program. It is an educational and learning program for coaches encompassing some 50 sports and extending from one coast of Canada to the other. It is designed to make the rewards of coaching that

much better. And the more you get out of coaching, the more your athletes get out of their sport.

The theory component of the program offers coaches information on such things as leadership, motivation, nutrition and fitness. In many situations, it also gives coached of different sports the opportunity to

get together to discuss common needs. The technical section complements the Theory and instructs you in tried and proven methods to help you be a truly effective and dynamic coach. The technical program also applies the principles in the theory courses specifically to your sport.



The Penetanguishene General Hospital
L'Hôpital Général de Penetanguishene

75th ANNIVERSARY CELEBRATIONS

Saturday, October 25, 1986

All past and present employees, volunteers, patients and associates of the hospital are invited to join us in our celebrations.

2:00 p.m. - Open House and Tea
Hospital Cafeteria

4:00 p.m. - Thanksgiving Mass
St. Ann's Church, Penetanguishene

6:00 p.m. - Reception and Dinner
Highland Inn, Midland

Sunday, October 26, 1986

10:00 a.m. - Continental Breakfast
till
Noon
Georgian Manor Community Room

Tickets (required for the dinner only) will be available till October 15th at \$15.95 per person.

For further information and/or to reserve tickets please contact:

Penetanguishene General Hospital
P.O. Box 670
Penetanguishene, Ontario L0K 1P0
Telephone (705) 549-7431

Premier showing

This Saturday evening the 20-member Simcoe County Connection will give their Premier Performance at the Wyebridge Community Hall.

At 8 p.m. the Connection, the local, newly-formed chapter of the International Harmony Incorporated, will take to the stage with special performances by Black Magic, the Silvertones and the County Chordsmen.

Tickets to the show in four part harmony are only \$6.50 for adults and \$5 for seniors and children under 12-years.

For more information about the show contact 549-7163 or 728-6026.

Correction

The location of the C in CKMP's Find the Missing C contest was a Coke machine in Midland's Centennial Arena.

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