



GRADE 'A'
Large Eggs

.99
dozen

LIMIT: 2 per family purchase



ASSORTED VARIETIES
Primo Pastas

.99
900 g pkg
(Primo Plain Spaghetti Sauce 28 fl oz - .99)

1/3 off



PURE, PRIMO
Vegetable Oil

2.69
3 litre plast jug

save up to 2.30



LUCKY CHARMS 400 g, ROCKY ROAD, COUNT CHOCULA, PAC MAN, COCOA PUFFS 375 g OR TRIX

General Mills Cereal **2.49**
325 g pkg



WITH THIS COUPON - BUY ANY 2 PRE-SWEETENED CEREALS AND GET ONE 675 g LOAF OF MARVEL WHITE BREAD

FREE

The Butcher Shop

real value

WITH PART BACKS ATTACHED

Fresh Chicken Legs **262/119**
/kg /lb

save 1.54/kg-.70 lb

'GREAT ON THE B.B.Q.'

Rib Eye Steak **1431/649**
/kg /lb

real value

FROM CANADA'S FINEST WHITE VEAL

Veal Loin Chops **1188/539**
/kg /lb

save .86/kg .39 lb

PRIDE OF CANADA, 2 1/2 - 3 lb AVERAGE

Dinner Hams **813/369**
/kg /lb

save .66/kg .30 lb

COMBINATION PACK-CONTAINS: 2 RIB ENDS, 2 LOIN ENDS, 4 CENTRE CUT CHOPS

Loin Pork Chops **549/249**
/kg /lb



Prices effective thru Sunday, September 14th, 1986. (Where Applicable)
WE RESERVE THE RIGHT TO LIMIT QUANTITIES TO NORMAL FAMILY REQUIREMENTS.
WE REDEEM ALL FOOD STORE COUPONS.
SAVINGS SHOWN IN THIS AD BASED ON OUR CURRENT REGULAR RETAILS.
SOME ILLUSTRATIONS IN THIS AD ARE FOR DESIGN ONLY AND DO NOT NECESSARILY REPRESENT ITEMS ON SALE.

September Savings Spectacular!

Come on down and Save!



CASE OF 24 - 280 mL TINS

6.99
(unit cost 10.4¢ per 100 mL)

REGULAR OR DIET
Coca-Cola or Sprite



750 mL BOTTLE

6/2.99
(unit cost 6.6¢ per 100 mL plus .30 bottle deposit)

save up to 2.00

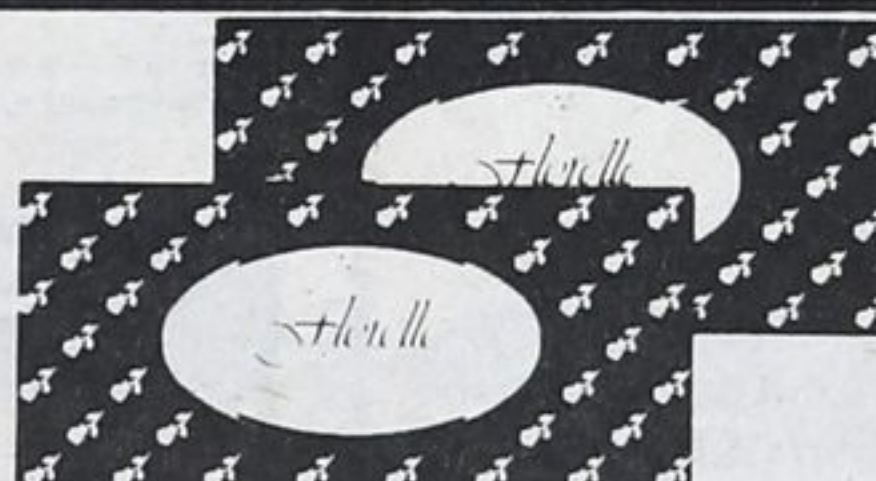


WHITE, ALMOND OR YELLOW

Pronto Paper Towels

.89
pkg of 2 rolls

stock up

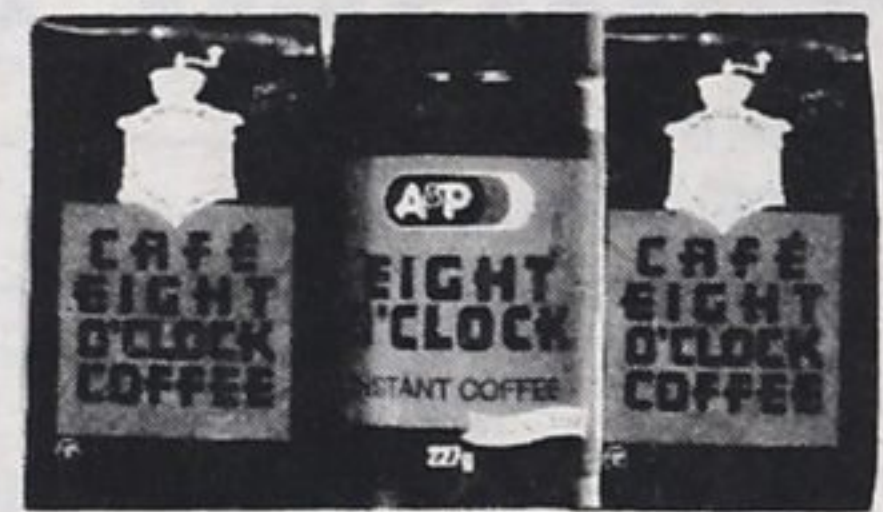


FACIAL, WHITE OR ALMOND

Florelle Tissue

.89
box of 200 sheets

save .60



A SUPERB BLEND, RICH IN BRAZILIAN COFFEES
8 O'Clock Bean Coffee

3.99
1 lb bag
(8 O'Clock Instant Coffee 8 oz jar 3.99)

save .70



ORANGE PEKOE

Tetley Tea Bags

1.99
pkg of 72

1/3 off



QUICK COOKING (1 kg) OR ONE MINUTE

Quaker Oats

.75
900 g pkg

1/2 price



with this coupon **A&P** POWDERED, LAUNDRY **SAVE .50**

Sunlight Detergent

3.49
6 litre box

LIMIT: 1 box per coupon
VALID UNTIL SEPTEMBER 13th, 1986
(Feature price 3.99 without coupon)
(A&P regular price 5.79)

save 1.76/kg-.80 lb

BLADE STEAK, SEMI BONELESS
Blade or Chuck Short Rib Roasts

417/189
/kg /lb

product of Ontario

CANADA NO. 1
Bartlett Pears

2.99
4 litre basket

save 1.32/kg .60 lb

BLADE, CHUCK SHORT RIB OR SHOULDER

Boneless Beef Roasts

505/229
/kg /lb

save 3.30/kg 1.50 lb

6 BONE CUT, CHEF STYLE, OVEN READY

Prime Rib Roast

770/349
/kg /lb

save 2.87/kg 1.30 lb

(CAP OFF - 8.80/kg-3.99 lb)

Rib Steak

813/369
/kg /lb

The Farm

fresh and sweet

CANADA NO. 1, PRODUCT OF U.S.A., VINE RIPENED

Fresh Cantaloupe **.99**
each

product of Ontario

CANADA NO. 1, LARGE, SNOWY WHITE

Fresh Cauliflower **.99**
each

dieter's delight

CANADA NO. 1, PRODUCT OF ONTARIO

Fresh Celery Stalks **.69**
each

sweet & juicy

PRODUCT OF SWAZILAND

Valencia Oranges **2.99**
bag of 16

product of Ontario

CANADA NO. 1, LARGE, IDEAL FOR STUFFING, SWEET

Fresh Green Peppers **4/.99**



HUGEL AVENUE, MIDLAND We Redeem all food store coupons

Open 24 Hours Daily From 8:00 a.m. Monday to 10:00 p.m. Saturday