



Mitchell's
Pure Apple Juice
48 FL OZ TIN

1/2 PRICE
.99

save 1.00

Jane Parker

half price

(Peach Pie 625 g size 1.89-Save .40)

Jane Parker Apple Pie 625 g size **.99** SAVE 1.00

MARVEL, HAMBURGER BUNS OR **Wiener Rolls** 12 pkgs **.99** SAVE .36

JANE PARKER, A GOOD SOURCE OF NATURAL FIBRE **Bran Bread** loaf **.79** SAVE .40

JANE PARKER, MADE WITH 100% PURE VEGETABLE SHORTENING **Buttermilk Bread** loaf **.99** SAVE .26

JANE PARKER, PLAIN, SUGAR, CINNAMON **Cake Donuts** 8 pkgs **.99** SAVE .40

1/3 off

KRAFT, SMOOTH OR CRUNCHY **Peanut Butter** 500 g jar **1.49** SAVE .90

WITH THIS COUPON **A&P** **Tide Detergent** 6 litre box **3.74** SAVE .75
Limit one per coupon. VALID UNTIL JULY 5th, 1986. (Feature price 4.49 without coupon) TDE 011

over 1/3 off

2-PLY BATHROOM, WHITE, ALMOND OR YELLOW **Royale Tissue** pkg of 4 rolls **1.39** SAVE 1.10

PLAIN OR PRINTED, WHITE, ALMOND OR YELLOW **Royale Paper Towels** pkg of 2 rolls **.99** SAVE .90

TISSUE, WHITE, ALMOND OR YELLOW **Royale Facial** box of 100 sheets **.89** SAVE .50

DOVE, WHITE OR ALMOND **Bathroom Tissue** pkg of 4 rolls **.99** ACTION PRICE

A&P

Famous for...

QUALITY

We're making it our business to give you top quality at a price you can afford. Our shelves are stacked with only the finest products. There is no 'Second Best' at A&P.

VARIETY

Another reason shoppers keep returning to A&P is our wide selection of so many items. We stock favourite brand names, as well as our own A&P label products.

VALUE

We try to make your grocery dollar go a little bit farther by offering your favourite brands at reasonable prices. Every week there are new specials and new ways to save at A&P.

Prices effective at A&P Stores only thru Saturday, July 5th, 1986. We reserve the right to limit quantities to normal family requirements. We redeem all food store coupons.

Savings shown in this ad based on our current regular retail. Some illustrations in this ad are for design only and do not necessarily represent items on sale.

save up to .50

Del Monte Vegetables 14 fl oz tin **.59**

PREPARED **French's Mustard** 500 mL jar **.99** SAVE .46

PURE CORN **St. Lawrence Oil** 3 litre cont **5.99** SAVE 2.40

READY-TO-SERVE, ASST VAR INCLUDING CHOCOLATE CHIP **Duncan Hines Cookies** 350 g pkg **1.69** SAVE .70

TOMATO **A&P Ketchup** 1 litre btl **1.99** SAVE .40



REGULAR OR DIET **7-UP or Dr. Pepper**

6/1.99 750 mL btl

(Plus .30 btl deposit)
(Unit cost 4.4¢ per 100 mL)

buy 3-save .44

Heinz Baby Foods 4 1/2 fl oz jar **3/1.00**

KLEENEX DISPOSABLE, NEWBORN 86'S, DAYTIME 48'S, TODDLERS 33'S **Huggies Diapers** convenience pack **9.99**

CONCENTRATED INFANT **Enfalac Formula** 425 mL tins case of 24 **39.99** SAVE 2.00

ALL VEGETABLE **Crisco Oil** 1 litre btl **2.49** SAVE 1.30

(Single 6 oz tin 3/1.00-Buy 3-Save .89) ASSORTED VARIETIES **Miss Mew Cat Food** case of 24 6 oz tins **7.49** SAVE 7.63



ALL POPULAR CANADIAN BRANDS, REG OR KING SIZE, PKG OF 20 OR 25, CARTON OF 200

Cigarettes

16.99

LIMIT: 3 per family purchase
WARNING: Health & Welfare Canada advises that danger to health increases with amount smoked-avoid inhaling

save 2.65/kg 1.20 lb

571/259 /kg /lb

save .66/kg-.30 lb

Loin Pork Chops 505 /kg 229 /lb

RIB PORTION **Pork Loin Roasts** 505 /kg 229 /lb

TENDERLOIN PORTION, 3 LB AVERAGE **Pork Loin Roasts** 549 /kg 249 /lb

ROAST OR CHOPS **Pork Loin Centre Cut** 659 /kg 299 /lb

COUNTRY STYLE SPARE RIBS 'GREAT ON THE B.B.Q.' **Pork Loin Rib Portion** 549 /kg 249 /lb

RIB PORTION (Centre Cut Piece or Chops 7.70kg-3.49 lb) **Boneless Pork Loins** 659 /kg 299 /lb

VEAL CUTLETS OR **Veal Scallopini** 1762 /kg 799 /lb

VEAL 'GREAT ON THE B.B.Q.' **Loin Chops** 1188 /kg 539 /lb

VEAL 'GREAT ON THE B.B.Q.' **Rib Chops** 1078 /kg 489 /lb

real value

PREVIOUSLY FROZEN, CUT UP 'GREAT ON THE B.B.Q.' **Turkey Legs** 306 /kg 139 /lb

CUT FROM CANADA'S FINEST GRADE 'A' BEEF OUTSIDE CUT, EYE REMOVED

Boneless Round Roast

save 2.65/kg-1.20 lb

Boneless Beef Roasts 615 /kg 279 /lb

CUT FROM CANADA'S FINEST GRADE 'A' BEEF INSIDE CUT 'GREAT ON THE GRILL' **Round Steak** 659 /kg 299 /lb

CUT FROM CANADA'S FINEST GRADE 'A' BEEF TENDERIZED, FROM THE HIP **Cube Steak** 725 /kg 329 /lb

FRESH 'GREAT ON THE B.B.Q.' **Lean Ground Beef** 439 /kg 199 /lb

POINT (Centre Cuts 5.93kg-2.69 lb) **Brisket Beef Ends Cuts** 549 /kg 249 /lb

FRESH 'GREAT ON THE B.B.Q.' **Medium Ground Beef** 395 /kg 179 /lb

FROZEN, NEW ZEALAND SPRING, BONELESS, BUTTERFLIED **Lamb Legs** 791 /kg 359 /lb

FROZEN, NEW ZEALAND SPRING, BONELESS, SQUARE CUT **Lamb Shoulders** 395 /kg 179 /lb

FROZEN, NEW ZEALAND SPRING (Loin Chops 7.25kg-3.29 lb) **Lamb Chops Shoulder** vac 505 /kg 229 /lb

save .66/kg-.30 lb

FROZEN, NEW ZEALAND SPRING (Semi-Boneless) **Lamb Legs Short Cut** 439 /kg 199 /lb

The Butcher Shop

save up to 1.00

RED HOTS, SKINLESS, ALL BEEF, DINNER FRANKS, DUTCH TREET, BIG REDS, ALL BEEF DINNER FRANKS, B.B.Q. & 1/4 LB BEEF FRANKS **Schneider's Wieners** 450 g vac pac **1.99**

SCHNEIDER'S, SLICED PICNIC OR **Chopped Ham** 175 g pkg **1.69**

SCHNEIDER'S SLICED REGULAR, THICK, MAPLE OR HICKORY **Side Bacon** 500 g vac pac **2.99**

SCHNEIDER'S SAUSAGE, REGULAR, ALL BEEF & HICKORY **Mini Sizzlers** 500 g pkg **2.49**

SCHNEIDER'S SLICED **Lifestyle Bologna** 250 g vac pac **1.79**

SCHNEIDER'S, CHOPPED HAM, POLISH SAUSAGE, KIELBOSSA, BEERWURST **Lifestyle Luncheon Meat** 125 g vac pac **1.49**

SCHNEIDER'S, LIFESTYLE, TURKEY BREAST OR TURKEY & HAM **Turkey Breast Square** 125 g vac pac **1.89**

SCHNEIDER'S FROZEN 'GREAT ON THE B.B.Q.' **Steakettes** 454 g cello pkg **2.49**

SCHNEIDER'S, 9 VARIETIES **Mini Deli Chubs** 250 g vac pac **2.29**

save 4.19/kg-1.90 lb

SCHNEIDER'S, HALVES **Olde Fashioned Ham** 836 /kg 379 /lb



Pepperidge Farm Cakes 369 g PKG

1/2 PRICE
.99

save 1.00

More Friendly Service

1/3 off

ORANGE PEKOE **Salada Tea Bags** pkg of 72 **1.99** SAVE 1.00

NORDICA, 2% PARTLY SKIMMED, REFRIGERATED **Cottage Cheese** 500 g ctn **1.69** SAVE .60

SCHNEIDER'S, PROCESS CHEESE FOOD, REGULAR, MOZZARELLA OR NEW 'LIFESTYLE' **Cheese Slices** 500 g pkg **2.99** SAVE UP TO 1.10

COLBY, FARMER, MILD OR MEDIUM OR OLD COLOURED CHEDDAR, MOZZARELLA **Schneider's Cheese** 227 g stick **1.99** ACTION PRICE

FROZEN, CONCENTRATED, ORANGE, APPLE OR RASPBERRY **McCain Juices** 12 1/2 fl oz tin **.99** SAVE UP TO .50

summer specials

PLAIN, RIPLE OR SALT & VINEGAR **A&P Potato Chips** 200 g bag **.99**

1/3 off

KELLOGG'S **Raisin Bran Cereal** 525 g pkg **1.99** SAVE 1.00

1/3 off

PURE VEGETABLE **Primo Oil** 3 litre plast cont **2.99** SAVE 2.00

ASSORTED (Spinach Lasagna 500 g pkg 1.59-Save .20) **Primo Pastas** 900 g pkg **.50**

PRIMO, PLAIN **Spaghetti Sauce** 28 fl oz tin **.99** SAVE .66

PRIMO **Tomato Paste** 5 1/2 fl oz tin **3/1.00** BUY 3-SAVE .89

The Farm

real value

PRODUCT OF U.S.A., SWEET, JUICY **Fresh Nectarines** 152 /kg .69 /lb

PRODUCT OF ONTARIO, TENDER, STRINGLESS **Fresh Green Beans** 175 /kg .79 /lb

CANADA NO. 1, PRODUCT OF U.S.A., VINE RIPENED **Cantaloupe** each **.99**

PRODUCT OF U.S.A., CALIFORNIA WHITE JUICY SEEDLESS **Grapefruit** 5/1.99

PRODUCT OF U.S.A., SWEET, RIPE **Fresh Blueberries** pint **1.99**

CANADA NO. 1, PRODUCT OF ONTARIO **Seedless Cucumbers** each **.99**

CANADA NO. 1, PRODUCT OF HOLLAND **Red Sweet Peppers** 659 /kg 299 /lb

CANADA FANCY, PRODUCT OF ONTARIO, ALL PURPOSE **Ida Red Apples** 5 lb bag **2.99**

CANADA NO. 1, PRODUCT OF ONTARIO **Green Cabbage** each **.69**

real value

PRODUCT OF U.S.A., SWEET, RIPE 'A PICNIC TREAT' **Whole Watermelon** each **3.99**



HUGEL AVENUE, MIDLAND We Redeem all food store coupons

CLOSED ALL DAY TUESDAY, JULY 1ST

Now Open 24 Hours Daily From 8:00 a.m. Monday to 10:00 p.m. Saturday