



ASSORTED VARIETIES
Heinz B.B.Q. Sauces
455 mL GLASS JAR

.99

1/2 price-save 1.00

Jane Parker

save 1.00

Jane Parker Angel Cake 400 g size **.99**

MARVEL, HAMBURGER BUNS OR WIENER ROLLS SAVE .36 pkg of 12 **.99**
JANE PARKER, VANILLA MACARON CUP CAKES SAVE .60 pkg of 6 **.99**
JANE PARKER, WHEAT 'N RAISIN OR RAISIN BREAD SAVE .60 450 g loaf **.69**
JANE PARKER, PLAIN OR SUGAR MINI DONUTS SAVE .20 pkg of 24 **1.39**

save .30

IN TOMATO SAUCE, WITH PORK, WITH PORK & MOLASSES
Heinz Beans 14 fl oz tin **.59**

save up to .90

REGULAR OR HONEY NUT 350 g
Kellogg's Corn Flakes 675 g pkg **1.99**

save 1.20

PROCESS CHEESE FOOD
Kraft Cheez Whiz 500 g jar **2.99**

HEINZ, FANCY
Tomato Juice 48 fl oz tin **.99**

PREPARED
Heinz Mustard 500 mL jar **.99**

ASSORTED VARIETIES
Lancia Pastas 500 g box **.69**

A&P

Famous for...

QUALITY

We're making it our business to give you top quality at a price you can afford. Our shelves are stacked with only the finest products. There is no 'Second Best' at A&P.

VARIETY

Another reason shoppers keep returning to A&P is our wide selection of so many items. We stock favourite brand names, as well as our own A&P label products.

VALUE

We try to make your grocery dollar go a little bit farther by offering your favourite brands at reasonable prices. Every week there are new specials and new ways to save at A&P.

Prices effective at A&P Stores only thru Saturday, June 28th, 1986. We reserve the right to limit quantities to normal family requirements. We redeem all food store coupons.

Savings shown in this ad based on our current regular retail. Some illustrations in this ad are for design only and do not necessarily represent items on sale.

save up to .60

REFRIGERATED, CRESCENT OR BUTTERFLAKE
Pillsbury Rolls 227 g pkg **.99**

BEATRICE, REFRIGERATED
Sour Cream 500 L ctn **1.19**

BEATRICE, REFRIGERATED, FRESH
Whipping Cream 250 mL cont **.99**

SEALTEST OR GOOD HUMOR, ASST VAR
Popsicles 24 pkgs **2.49**

FROZEN, CONCENTRATED, LIMEADE, WHITE & PINK REGULAR OR DIET LEMONADE, FRUIT PUNCH
Lemonade Minute Maid 355 mL tin **.59**



Heinz Ketchup

2.49

save 1.50

save .70

1-PLY BATHROOM, ASSORTED COLOURS
White Swan Tissue pkg of 4 rolls **1.29**

WHITE SWAN, 2-PLY, WHITE, YELLOW OR BEIGE
Facial Tissue box of 200 sheets **.89**

CAPRI, 1-PLY, WHITE, YELLOW OR BEIGE
Bathroom Tissue pkg of 4 rolls **.99**

WHITE SWAN (60'S .99-SAVE .26) (150'S 1.29-SAVE .36)
Paper Serviettes pkg of 240 **2.49**

WHITE SWAN, 2-PLY DECOLORATOR-PLAIN WHITE, PRINTED ORANGE, GREEN OR GOLD
Paper Towels pkg of 2 rolls **.99**



Miracle Whip

2.49

save up to 1.10



buy 6 save 2.35
REGULAR OR DIET
Pepsi-Cola
6-PACK OF 750 mL BTL

6/2.99
Plus .30 per btl deposit
(Unit cost 6.6¢ per 100 mL)

FREE 2 Litre DIET PEPSI-COLA with every purchase of 6-750 mL btls

More Friendly Service

a tradition

A SUPERB BLEND, RICH IN BRAZILIAN COFFEES (3 lb bag 14.79-SAVE .90)

8 O'Clock Bean Coffee 1 lb bag **4.99**

HOSTESS, ASSORTED VARIETIES
Potato Chips 200 g pkg **1.19**

ALPHA BITS 275 g OR SUGAR CRISP 250 g (Honey Comb 275 g pkg 1.49-SAVE .90)
Post Cereals pkg **1.49**

SUN PAC, ORANGE, APPLE, GRAPE OR FRUIT PUNCH FLAVOURS
Snoopy Fruit Drinks case of 3 250 mL pkgs **7.99**

FROZEN, CONCENTRATED, UNSWEETENED ORANGE, GRAPE OR APPLE
Sun Pac Juices case of 24 11 fl oz tins **17.99**

save up to 2.50

REGULAR INSTANT 227 g OR DECAFFEINATED COFFEE (Sanka Regular or Dark Roast)

Maxwell House or Sanka 170 g jar **5.99**

save .70

ASSORTED VARIETIES INCLUDING DILL BITS & CUBITS

Bick's Relishes 375 mL jar **.99**

SWEETENED CONDENSED MILK WITH THIS COUPON
Eagle Brand Milk 300 mL tin **1.69**
Limit one per coupon. VALID UNTIL JUNE 28th, 1986. (Feature price 1.99 without coupon) V.C. # 1405307-4

CONVERTED
Uncle Ben's Rice 2 kg pkg **3.99**

GRAPE DRINK (48 fl oz tin .99-SAVE .50)
Welchade pack of 3-250 mL tetra packs **.99**

GOODTIMES
Foam Cups pkg of 51 **.99**

The Butcher Shop

save 2.86/kg-1.30 lb

T-BONE OR WING CUT FROM CANADA'S FINEST GRADE 'A' BEEF
Steaks & Roasts **8.80/kg / 3.99/lb**

RED HOTS, SKINLESS, ALL BEEF DINNER FRANKS, DUTCH TREET, BIG REIS, ALL BEEF DINNER FRANKS, R.B.Q. & 1 LB BEEF FRANKS
Boneless Beef Roasts 615/279

INSIDE CUT ROUND, 55kg-7.99 lb-SAVE 2.11kg-1.00 lb FULL SLICE
Round Steak 615/279

CUT FROM CANADA'S FINEST GRADE 'A' BEEF TENDERIZED FROM THE HIP
Cube Steak 725/329

FRESH, 'GREAT ON THE B.B.Q.'
Lean Ground Beef 439/199

VEAL CUTLETS OR
Veal Scallopini 1762/799

(SHOULDER 5.43/kg-2.69 lb-SAVE 56kg-30 lb)
Loin Veal Chops 1188/539

CANADA PACKERS' DEVON BRAND
Breakfast Sausage 351/159

PREVIOUSLY FROZEN, SLICED (Calves' Liver 4.39kg-1.99 lb)
Beef Liver 196/kg-.89

450 g vac pac **1.99**

SCHNEIDER'S SLICED REGULAR, THICK, MAPLE OR HICKORY, SAVE 1.20
Side Bacon 500 g vac pac **2.99**

FROZEN, CUT UP, 'GREAT ON THE B.B.Q.'
Turkey Legs 306/139

FROZEN, CUT UP, 'GREAT ON THE B.B.Q.'
Turkey Breasts 615/279

FROZEN, HADDOCK OR COD IN LIGHT TEMPURA BATTER 350 g OR FAMILY SIZE FISH & CHIPS IN BATTER
High Liner Fish 750 g pkg **2.49**

SEA FRESH, FROZEN
Battercrisp Fish 350 g pkg **1.39**

BLUEWATER, FROZEN IN LIGHT TEMPURA BATTER
Boston Blue Fish 350 g pkg **1.99**

SAU SEA, FROZEN
Cooked Shrimp 8 oz pkg **5.99**

save 3.30/kg-1.50 lb

CUT FROM CANADA'S FINEST GRADE 'A' BEEF
Boneless Sirloin Steak 836/379

save 2.65/kg-1.20 lb

OUTSIDE CUT, EYE REMOVED
Boneless Round Roast 571/259

FRESH, NEW ZEALAND SPRING, SHORT CUT
Lamb Legs 836/379

FRESH, NEW ZEALAND SPRING, 'GREAT ON THE B.B.Q.'
Shoulder Lamb Chops 725/329

FRESH, NEW ZEALAND SPRING, 'GREAT ON THE B.B.Q.'
Loin Lamb Chops 946/429

FRESH, NEW ZEALAND SPRING, 'GREAT ON THE B.B.Q.'
Rib Lamb Chops 836/379

SCHNEIDER'S, 'GREAT ON THE B.B.Q.'
Ham Steaks 175 g pkg **1.99**

SCHNEIDER'S, HALVES
Olde Fashioned Ham 836/379

SCHNEIDER'S, REGULAR OR CHUNKY
Headcheese 375 g bowl **2.49**

SCHNEIDER'S
Smoked Sausage 836/379

SCHNEIDER'S, 9 VARIETIES
Mini Deli Chubs 250 g size **2.29**

SCHNEIDER'S SAUSAGE, REGULAR, ALL BEEF & HICKORY, SAVE .80
Mini Sizzlers 500 g pkg **2.49**

SCHNEIDER'S, FROZEN, 'GREAT ON THE B.B.Q.'
Steakettes cello pkg 454 g **2.49**

The Farm

real value

PRODUCT OF ONTARIO, FRESH
Romaine Lettuce **2.99**

real value

PRODUCT OF MEXICO, SWEET, RIPE
Jumbo Pineapple each **1.99**

CANADA NO. 1, PRODUCT OF ONTARIO, DELICIOUS IN SALADS
Seedless Cucumbers each **.99**

PRODUCT OF ONTARIO, ASSORTED FLAVOURS
J.B. Fruit Drinks 1.5 litre btl **1.29**

PRODUCT OF NEW ZEALAND
Fresh Kiwi Fruit **2.99**

CANADA FANCY, PRODUCT OF ONTARIO, ALL PURPOSE
Ida Red Apples 5 lb bag **2.99**

PRODUCT OF U.S.A., CALIFORNIA, DELICIOUS WITH CHEESE SAUCE
Fresh Broccoli bunch **.99**

PRODUCT OF U.S.A.
Fresh Blueberries pint **1.99**

PRODUCT OF U.S.A. JUICY, SEEDLESS
Fresh Lemons **12/1.99**

PRODUCT OF U.S.A., SWEET RIPE
Whole Watermelon **3.99**



Now Open 24 Hours Daily From 8:00 a.m. Monday to 10:00 p.m. Saturday
HUGEL AVENUE, MIDLAND

We Redeem all food store coupons