

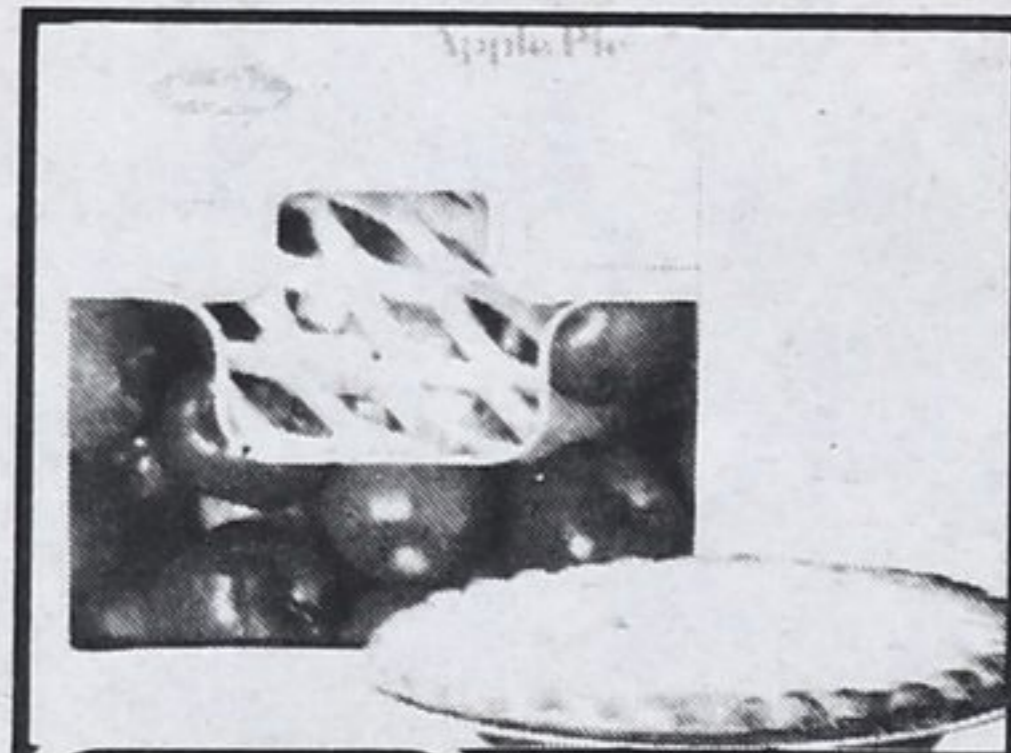
Prices effective: One Saturday, 5:00 p.m., 1986.
 To reserve the right to limit quantities to meet family requirements.
 Savings shown in this ad based on A&P current regular retail.

HAPPY MOTHER'S DAY FROM ALL OF US AT A&P

Spring Appreciation 2nd BIG WEEK Days SALE



We redeem all food store coupons.
 Some illustrations are for design only and do not necessarily represent items on sale.
 MULTIPLE SCLEROSIS - CARNATION DAY (May 8th to 10th) - Make a Donation... Wear a Carnation!



ACTION PRICES SAVE 1.00

(BLUEBERRY PIE 625 g SIZE 1.99-SAVE .70)

**Jane Parker
Apple Pie**

625 g SIZE

1/2 PRICE .99

(Robin Hood, asst var Pudding Cake Mixes 250 g pkg 69)

JANE PARKER (MADE WITH 100% PURE VEGETABLE SHORTENING) SAVE 26
Cracked Wheat Bread 675 g loaf **.79**

JANE PARKER, RICH-LITE ACTION PRICES
White Bread 450 g loaf **2.99**

JANE PARKER ACTION PRICES
Mini Sub Rolls pkg of 6 **.99**

MARVEL, HAMBURGER BUNS OR ACTION PRICES
Wiener Rolls pkg of 12 **.99**

JANE PARKER, GOLD SAVE .60
Pound Cake 500 g size **1.39**

ACTION PRICES SAVE .46
 WHITE, ALMOND OR YELLOW
Royale Facial Tissue box of 100 sheets **.89**
 (White Facettes Tissue box of 400 sheets 1.69-Save .40)

MOTHER PARKERS SAVE 2.50
Instant Coffee 200 g jar **4.99**

ORANGE, GRAPE, RASPBERRY OR FRUIT PUNCH FLAVOURS SAVE 30
Wylers Crystals 95 g envs pkg of 2 **.99**

CHOCOLATE ALMOND, DARK OR MILK CHOCOLATE, PEANUT BUTTER SAVE 50
Nature Valley Dandy Bars 185 g pkg **1.99**

POWDERED LAUNDRY SAVE 1.90
Fab Detergent 6 litre box **3.99**

ACTION PRICES SAVE 1.00
 2-PLY BATHROOM, WHITE, ALMOND, YELLOW
Royale Tissue pkg of 4 rolls **1.49**

CHRISTIE, REGULAR, DOUBLE STUF, MINT SAVE 50
Oreo Cookies tin tie bag 350 g **1.99**

ASSORTED VARIETIES SAVE 40
Catelli Pastas 500 g pkg **.79**

CATELLI, PLAIN SAVE 10
Spaghetti Sauce 375 mL jar **.99**

PURINA SAVE 3.20
Dog Chow 8 kg bag **9.99**

ACTION PRICES SAVE .90
 WHITE, ALMOND OR YELLOW
Royale Paper Towels pkg of 2 roll **.99**

SAVE 2.20/kg *The Butcher Shop* **SAVE 1.00 lb**
 with supermarket prices
 BLADE, CHUCK SHORT RIB OR SHOULDER
Boneless Beef Roasts
4.17 / 1.89 /kg / lb

SAVE 2.20/kg-1.00 lb
 SEMI-BONELESS, BLADE OR CHUCK
Short Rib Roasts
3.73/1.69 /kg / lb

SAVE 1.50 MAPLE LEAF
Country Kitchen Hams
6.59/2.99 /kg / lb

COMBINATION PACK CONTAINS 2 RIB ENDS, 2 LOIN ENDS, 4 CENTRE CUT CHOPS
Loin Pork Chops **4.39/1.99** /kg / lb

MAPLE LEAF, SLICED, 10 VARIETIES
Cooked Meats vac pac 175 g **1.09**

EXCELLENT FOR BRAISING
Blade Steaks **3.73/1.69** /kg / lb

RIB PORTION, RIB OR TENDERLOIN HALF
Pork Loin Roasts **4.39/1.99** /kg / lb

6-BONE CUT, CHEF STYLE, OVEN READY
Prime Rib Roast **6.59/2.99** /kg / lb

TENDERLOIN PORTION, 3 TO 3 1/2 LB CUT
Pork Loin Roasts **5.05/2.29** /kg / lb

CUT FROM CANADA'S FINEST GRADE "A" BEEF
Rib Eye Steak **13.21/5.99** /kg / lb

ROAST OR CHOPS
Pork Loin Centre Cut **6.37/2.89** /kg / lb

FRESH, "GREAT ON THE B.B.Q."
Medium Ground Beef **3.73/1.69** /kg / lb

COUNTRY STYLE SPARE RIBS, PORK
Loin Rib Portion **5.49/2.49** /kg / lb

(BONELESS 4.39/kg-1.99 lb)
Short Beef Ribs **3.73/1.69** /kg / lb

VEAL CUTLETS OR
Veal Scallopini **17.62/7.99** /kg / lb

STRIP OR CUBED
Stewing Beef **5.05/2.29** /kg / lb

SHOULDER, "GREAT ON THE B.B.Q."
Veal Chops **5.93/2.69** /kg / lb

POINT (CENTRE CUTS 5.93/kg-2.69 lb)
Brisket Beef **5.49/2.49** /kg / lb

PREVIOUSLY FROZEN, SLICED (CALVES LIVER 4.39/kg-1.99 lb)
Beef Liver **1.96/1.89** /kg / lb

FRESH, WITH PART BACKS ATTACHED
Chicken Leg Quarters **1.74/1.79** /kg / lb

CANADA GRADE "A", FROZEN, EVISCERATED, CORNISH
Game Hens 20 to 24 oz average **4.39/1.99** /kg / lb

MAPLE LEAF SAUSAGE, SKINLESS OR
Golden Fry 500 g pkg **1.99**

HIGHLINER, IN LIGHT TEMPURA BATTER, FROZEN
Cod Fish Sticks 350 g pkg **2.39**

MAPLE LEAF, SLICED, REGULAR, THICK OR MAPLE
Side Bacon vac pac 500 g **2.89**

BLUE WATER, FROZEN, BOSTON BLUE KRISPS OR
Fish Fries 680 g pkg **3.39**

MAPLE LEAF, SLICED, 11 VARIETIES
Cooked Meats vac pac 375 g **1.99**

FROZEN
Rainbow Trout 10 oz pkg **2.29**

MAPLE LEAF, ASSORTED VARIETIES, STICKS OR
Deli Chubs 250 g size **1.99**

FRAZERVALE, FROZEN
Fish & Chips 500 g pkg **1.99**

MAPLE LEAF, SWEET PICKLED
Cottage Rolls **4.39/1.99** /kg / lb

SAU SEA, FROZEN
Cooked Shrimp 5 oz pkg **1.79**



ACTION PRICES SAVE 1.60
 REGULAR, AUTOMATIC DRIP OR FILTER DRIP
 GOLD ARABICA OR GOLD COLOMBIA
Maxwell House Coffee vac pac bag 369 g **3.99**



ACTION PRICES SAVE 1.00
Bright's Pure Apple Juice 48 fl oz tin **.99**



ACTION PRICES SAVE .20

REGULAR, DIET COKE, CLASSIC COKE, REGULAR OR DIET SPRITE

Coca-Cola

CASE OF 24-280 ml TINS

6.59 (Unit Cost 9.8¢ per 100 mL)

LIMIT: 3 per family purchase

750 mL BTL-PLUS .30 BTL DEPOSIT

.49

(Hostess Potato Chips, Assorted Var. 200 g pkg 1.19-Save .70)

PROCESS CHEESE FOOD, REGULAR OR MOZZARELLA SAVE UP TO 1.40
Schneider's Cheese Slices 500 g pkg **2.99**

QUARTERS
Imperial Margarine 3 lb pkg **2.99**

SOFT, REGULAR OR UNSALTED MARGARINE SAVE UP TO .56
Fleischmann's 2 lb tub **2.99**

SWISS STYLE, ASSORTED FLAVOURS SAVE .80
Yoplait Yogourt pkg of 2 175 g tubs **.99**

REFRIGERATED SAVE .50
Astro Sour Cream 500 mL ctn **1.49**

ACTION PRICES SAVE .46
 REFRIGERATED, REGULAR 4%
Nordica Cottage Cheese 500 g ctn **1.69**

FRESHWAY, SLICED, CHOICE SAVE 20
Frozen Strawberries 225 g carton **.79**

FROZEN, CHICKEN CHOW MEIN, LINGUINE & CLAM SAUCE, ZUCCHINI LASAGNA, SPAGHETTI WITH BEEF & MUSHROOM SAUCE
Lean Cuisine Entrees 273 g pkg **2.79**

FROZEN, CHOCOLATE, CARROT, CHOCOLATE BROWNIES, ORANGE
Sara Lee Dessert Cakes 397 g pkg **2.19**

FRAZERVALE, CALIFORNIA MIX, ITALIAN STYLE, WINTER MIX, VALLEY BLEND SAVE 20
Frozen Vegetables poly pkg 1 kg **2.59**

ACTION PRICES SAVE .40
 ORANGE PEKOE
Galway Tea Bags pkg of 72 **1.99**

CEREAL SAVE 1.40
Nabisco Shreddies 800 g pkg **1.99**

REGULAR OR EXTRA BODY SAVE 1.00
Finesse Mousse 150 g ctn **2.99**

REGULAR, WINTERFRESH OR GEL SAVE .80
Colgate Toothpaste 100 mL tube **1.19**

(SUPER MAXI PADS, BOX OF 25 3.99-SAVE 1.00) REGULAR OR DEODORANT SLIM MAXI OR
New Freedom Maxi Pads box of 30 **3.99**

ACTION PRICES SAVE .60
 (GRAPEFRUIT OR GRAPE JUICES 12.5 FL OZ TIN 1.29-SAVE .40) FROZEN, CONCENTRATED, REGULAR OR PULP FREE
Old South Orange Juice 12.5 fl oz tin **.99**

THE FARM
 for Freshness & Savings
 PRODUCT OF U.S.A., CALIFORNIA, SWEET RIPE
Fresh Strawberries heaping quart **1.99**
 CANADA NO. 1, PRODUCT OF ONTARIO, DELICIOUS IN SALADS
Seedless Cucumbers each **.99**

PRODUCT OF U.S.A.
Green Onions 3 bunches for **1.00**
 PRODUCT OF U.S.A., DELICIOUS WITH HOLLANDAISE SAUCE
Fresh Artichokes 3/1.00
 CANADA FANCY, PRODUCT OF ONTARIO, ALL PURPOSE 5 lb bag **2.89**
 CANADA NO. 1, PRODUCT OF U.S.A., HIGH IN VITAMIN C
Green Cabbage 10 lb bag **.49**

PRODUCT OF MEXICO, HIGH IN VITAMIN C, FRESH
Brussels Sprouts 2 lb /kg **.99**
 CANADA NO. 1, PRODUCT OF U.S.A., DELICIOUS IN SALADS 12 oz bag **.99**
 MINI CARROTS
Mini Carrots **.99**
 PRODUCT OF G.A.F., FLORIDA IS CITRUS
Red Grapefruit **4/1.99**
 CANADA NO. 1, PRODUCT OF ONTARIO
Dutch Sets pkg of 100 **.99**



HUGEL AVENUE, MIDLAND

Mon.-Wed. 9 a.m.-10 p.m.
 Thurs.-Sat. 8 a.m.-10 p.m.

We Redeem all food store coupons.