



Spring Celebration

You'll do better at A&P!

We redeem all food store coupons. Some illustrations are for design only and do not necessarily represent items on sale.



REAL VALUE

ENRICHED
Marvel White Bread
LARGE 675 g LOAF

.59

(made with 100% pure vegetable shortening)

JANE PARKER Pecan Pie 565 g size 2.29 SAVE .40
Spanish Bar Cake 540 g size **.99**

JANE PARKER, WHEAT 'N RAISIN OR 450 g loaf **.89**

JANE PARKER (made with 100% pure vegetable shortening) 675 g loaf **.99**

JANE PARKER (PKG OF 8 1.39) 12 pkgs of **1.99**

JANE PARKER-EGG BUNS OR 8 pkgs of **.99**

ACTION PRICES **SAVE .70**
DECORATED-PRINTED ORANGE, GREEN, GOLD OR PLAIN WHITE
White Swan Paper Towels pkg of 2 rolls **.99**

ORANGE PEKOE 216 pkgs of **5.99**

INSTANT, REGULAR 227 g jar **6.99**

ASSORTED VARIETIES 5 oz tins 4 pkgs of **1.99**

NEW! KELLOGG'S 400 g pkg **1.99**

ACTION PRICES **SAVE .80**
1-PLY BATHROOM, ASSORTED COLOURS
White Swan Tissue pkg of 4 rolls **1.49**

REG. GARLIC, ONION & BITS, SWEET & SOUR OR CHILI & RIBS 455 mL jar **1.49**

ASSORTED VARIETIES 900 g pkg **.99**

BRAVO, PLAIN 28 fl oz tin **.99**

KRAFT ACTION PRICES 1 kg jar **2.79**

ACTION PRICES **SAVE UP TO 2.00**
ASSORTED VARIETIES
Crush Beverages 5⁹⁹ .59

SAVE 2.21/kg *The Butcher Shop* **SAVE 1.00 lb**
with supermarket prices

CUT FROM CANADA'S FINEST GRADE 'A' BEEF, BLADE, CHUCK SHORT RIB, OUTSIDE CUT, EYE REMOVED
Boneless Round Roast
6.15 / 2.79
/kg / lb

SAVE 1.77/kg-.80 lb **SAVE 4.19/kg-1.90 lb**

SIRLOIN TIP, RUMP OR INSIDE CUT ROUND
Boneless Beef Roasts
6⁵⁹ / 2⁹⁹
/kg / lb

SCHNEIDER'S, HALVES
Olde-Fashioned Hams
8⁸⁰ / 3⁹⁹
/kg / lb

FRESH, LEAN
Ground Beef **4³⁹ / 1⁹⁹**
/kg / lb

POINT END CUTS (CENTRE CUTS 5.93/kg-2.69 lb)
Beef Brisket **5⁴⁹ / 2⁴⁹**
/kg / lb

PREVIOUSLY FROZEN, WHOLE
Turkey Breasts **5⁴⁹ / 2⁴⁹**
/kg / lb

RED HOTS, SKINLESS, ALL BEEF DINNER FRANKS, DUTCH TREAT ALL BEEF DINNER FRANKS
Schneider's Wieners vac pac 450 g **1.99**

TENDERIZED, FROM THE HIP
Cube Steak **7²⁵ / 3²⁹**
/kg / lb

FRESH
Medium Ground Beef **3⁹⁵ / 1⁷⁹**
/kg / lb

COMBINATION PACK CONTAINS 2 RIB ENDS, 2 LOIN ENDS, 4 CENTRE CUT CHOPS
Loin Pork Chops **4³⁹ / 1⁹⁹**
/kg / lb

SCHNEIDER'S, FAST FRY BY THE PIECE
Back Bacon **12¹¹ / 5⁴⁹**
/kg / lb

RIB PORTION (BONELESS 6.59/kg-2.99 lb)
Pork Loin Roasts **4³⁹ / 1⁹⁹**
/kg / lb

SCHNEIDER'S, SLICED, REGULAR, MAPLE, MELLOW
Cooked Ham vac pac 175 g **1.99**

TENDERLOIN PORTION, 3 TO 3 1/2 LB CUT
Pork Loin Roasts **5²⁷ / 2³⁹**
/kg / lb

SCHNEIDER'S, REGULAR OR ALL BEEF
Sliced Bologna vac pac 375 g **1.99**

ROAST OR CHOPS (BONELESS 7.70/kg-3.49 lb)
Pork Loin Centre Cut **6³⁷ / 2⁸⁹**
/kg / lb

SCHNEIDER'S, SLICED, 12 POPULAR VARIETIES
Cooked Meats vac pac 175 g **1.19**

FROZEN NEW ZEALAND SPRING LAMB, SHORT CUT
Lamb Legs **3⁹⁵ / 1⁷⁹**
/kg / lb

SCHNEIDER'S, 5 VARIETIES
Self-Serve Rolls 250 g size **1.49**

FROZEN NEW ZEALAND SPRING LAMB, BONELESS
Lamb Shoulders **3⁹⁵ / 1⁷⁹**
/kg / lb

SCHNEIDER'S, SLICED BOLOGNA, CHICKEN SALAD OR LUNCHEON
Lifestyle Meats 125 g pkg **1.19**

FROZEN NEW ZEALAND SPRING LAMB (LOIN LAMB CHOPS 6.59/kg-2.99 lb)
Shoulder Lamb Chops **4³⁹ / 1⁹⁹**
/kg / lb

SCHNEIDER'S, LIFESTYLE, TURKEY & HAM OR
Turkey Breast 125 g pkg **1.89**

VEAL CUTLETS OR
Scallopini **17⁶¹ / 7⁹⁹**
/kg / lb

SCHNEIDER'S SAUSAGE, REGULAR, ALL BEEF, MAPLE
Mini Sizzlers 500 g pkg **2.49**

SHOULDER
Veal Chops **5⁹³ / 2⁶⁹**
/kg / lb

SCHNEIDER'S, BEEF, STEAK, PORK, CHICKEN (400 g PKG 2.59)
Meat Pies 250 g pkg **1.59**

(RIB VEAL CHOPS 10.78/kg-4.89 lb)
Loin Veal Chops **11⁸⁸ / 5³⁹**
/kg / lb

YOUR CHOICE-FROZEN, COQUILLE ST. JACQUES, CRAB AU GRATIN, SOLE CONTINENTALE, SOLE AMANDINE, SOLE CORDON BLEU
Haute Cuisine 227 g pkg **3.59**



ACTION PRICES **SAVE 1.00**
Martin's Pure Apple Juice 48 fl oz tin **.99**



ACTION PRICES **SAVE 1.10**
SALAD DRESSING, REGULAR OR LIGHT
Kraft Miracle Whip 1 litre jar **2.49**



SAVE .86
RED PACIFIC
Clover Leaf Sockeye Salmon 7 1/2 OZ TIN
1.99

SCHNEIDER'S, PROCESS CHEESE FOOD 500 g carton **2.99**

A&P PROCESS **SAVE UP TO 1.40**
Cheese Slices 250 mL carton **2.99**

Soft Cream Cheese 1 lb tub **1.69**

SILVERWOOD OR BEATRICE, REFRIGERATED 250 mL carton **.99**

BEATRICE, ASST FLAVOURS, REFRIGERATED BUY 4-SAVE 1.81
Whipping Cream 125 g tubs **4/1.99**

FAIRLEA, REFRIGERATED, FROM CONCENTRATE 2 litre cont **1.99**

ACTION PRICES **SAVE .20**
CHEFMASTER, 100% VEGETABLE OIL
Soft Margarine 1 lb tub **.49**

FROZEN, CONCENTRATED, UNSWEETENED 12 1/2 fl oz tin **.99**

FROZEN, CHICKEN BREAST, CHICKEN, SALISBURY, TURKEY 11 oz pkg **1.39**

FROZEN, BEEF, CHICKEN, TURKEY 8 oz pkg **.79**

FROZEN, ASSORTED VARIETIES INCLUDING LITE DELITE 36 poly pkg 1 kg **1.39**

ACTION PRICES **SAVE .90**
ASSORTED FLAVOURS, COUNTRY BEST OR
Clover Cream Ice Cream 4 litre plastic pail **3.49**

ASST VAR INCL WHOLE KERNEL NIBLETS CORN 12 FL OZ 14 fl oz tin **.69**

REGULAR OR MINT FLAVOURS ACTION PRICES pump tube 90 mL **1.99**

ANTI-PERSPIRANT-POWDER, SILVER OR BRONZE ACTION PRICES aerosol tin 200 mL **2.99**

A&P (BABY OIL 500 mL 2.29-SAVE .40) 500 mL pstl btl **1.99**

ACTION PRICES **SAVE .80**
HUMPTY DUMPTY, ASSORTED VARIETIES
Potato Chips 200 g pkg **.99**

THE FARM
CANADA NO. 1, PRODUCT OF CHILE, THE NATURAL SNACK, RIBBER
Black Grapes 2¹⁸ / .99
/kg / lb

PRODUCT OF U.S.A., FLORIDA IS CITRUS
Valencia Oranges 5 lb bag **1.99**

CANADA NO. 1, PRODUCT OF ONTARIO
Seedless Cucumbers each **.99**

PRODUCT OF MEXICO, RIPE, SWEET
Jumbo Pineapples each **1.99**

PRODUCT OF MEXICO, SWEET, RIPE, FRESH
Cut Watermelon 1³⁰ / .59
/kg / lb

PRODUCT OF U.S.A., FLORIDA IS CITRUS, LARGE
Red Grapefruit **4/1.99**

CANADA NO. 1, PRODUCT OF U.S.A. TENDER GREEN SPEARS
Fresh Asparagus 4³⁹ / 1⁹⁹
/kg / lb

CANADA NO. 1, PRODUCT OF ONTARIO, YELLOW
Cooking Onions 5 lb bag **.99**

CANADA NO. 1, PRODUCT OF B.C., SWEET, JUICY
Anjou Pears 2¹⁸ / .99
/kg / lb

CANADA FANCY, PRODUCT OF ONTARIO, ALL PURPOSE
Ida Red Apples 5 lb bag **2.89**



HUGEL AVENUE, MIDLAND

Mon.-Tues.-Wed. 9 a.m.-10 p.m.
Thurs.-Fri.-Sat. 8 a.m.-10 p.m.

We Redeem all food store coupons.