

You'll do Better and Like it Better at



Prices effective thru Saturday, March 4, 1988.
We reserve the right to limit quantities to normal family requirements.
Savings shown in this ad based on A&P current regular retail.

We redeem all food store coupons.
Some illustrations are for design only and do not necessarily represent items on sale.

SPECIAL FINE Granulated SUGAR 2 kg

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White Sugar 2 kg BAG

79

(LIMIT: 10 bags per family purchase)

Marvel White Bread 675 g loaf **.69**

Angel Cake 400 g size **1.49**

English Muffins pkg of 6 **.79**

Wiener Rolls pkg of 12 **.99**

Cracked Wheat Bread 675 g loaf **.79**

White Swan Tissue 1-PLY BATHROOM, ASSORTED COLOURS

1.29 pkg of 4 rolls

White Swan Paper Towels ORANGE, GREEN OR GOLD

.99 pkg of 2 rolls

Bathroom Tissue CAPRI, WHITE, YELLOW OR BEIGE

.99 pkg of 4 rolls

Facial Tissue WHITE SWAN, WHITE, YELLOW OR BEIGE

.99 box of 200 sheets

Mini Desserts LAURA SECORD, ASST YOGOURTS & PUDDINGS

1.99 142 g envs pkg of 4

Five Roses Flour ALL PURPOSE, WHOLE WHEAT OT UNBLEACHED

2.99 2.5 kg bag

Post Bran Flakes CEREAL

.99 400 g pkg

Jell-O Powders ASSORTED FLAVOURS

3/1.00 85 g pkgs BUY 3-SAVE .65

Habitant Soups READY-TO-SERVE, ASSORTED VARIETIES

3/1.00 8 fl oz tin BUY 3-SAVE .59

York Meat Pies FROZEN, BEEF, CHICKEN, TURKEY

.69 8 oz pkg SAVE .30

Whole Tomatoes AYLMER, CHOICE (19 fl oz .75-SAVE .40)

.79 28 fl oz tin

SAVE 3.30/kg *The Butcher Shop* **SAVE 1.50 lb**

CUT FROM CANADA'S FINEST GRADE 'A' BEEF (Boneless Sirloin Steak 7.70/kg-3.49 lb)

T-Bone or Wing Steaks & Roasts

7.70 / 3.49 /kg / lb

SAVE 1.54/kg-.70 lb

OUTSIDE CUT, EYE REMOVED

Boneless Round Roast

6.59 / 2.99 /kg / lb

SAVE 1.33/kg-.60 lb

SIRLOIN TIP, RUMF OR INSIDE CUT ROUND

Boneless Beef Roasts

7.03 / 3.19 /kg / lb

CUT FROM CANADA'S FINEST GRADE 'A' BEEF

Strip Loin Steaks

13.21 / 5.99 /kg / lb

COMBINATION PACK CONTAINS 2 RIB ENDS, 2 LOIN ENDS, 4 CENTRE CUT CHOPS

Loin Pork Chops

4.39 / 1.99 /kg / lb

CUT FROM CANADA'S FINEST GRADE 'A' BEEF, TENDERIZED

Cube Steaks

7.70 / 3.49 /kg / lb

TENDERLOIN PORTION, 3 TO 3 1/2 LB CUT

Pork Loin Roasts

5.05 / 2.29 /kg / lb

CUT FROM CANADA'S FINEST GRADE 'A' BEEF, INSIDE CUT

Round Steaks

7.25 / 3.29 /kg / lb

RIB PORTION COUNTRY STYLE

Pork Loin

5.27 / 2.39 /kg / lb

PREVIOUSLY FROZEN, SLICED (Calves Liver 4.17/kg-1.89 lb)

Beef Liver

1.96 / .89 /kg / lb

ROAST OR CHOPS (Boneless Piece or Chops 7.70/kg-3.49 lb)

Pork Loin Centre Cut

6.37 / 2.89 /kg / lb

A&P, REGULAR OR THICK SLICED

Side Bacon

2.49 500 g vac pac

FRESH CHICKENS 2 to 3 lb average

2.84 / 1.29 /kg / lb

TOWN CLUB, SWEET PICKLED

Cottage Rolls

4.17 / 1.89 /kg / lb

WHOLE CHICKEN LEGS

2.84 / 1.29 /kg / lb

REGULAR, ALL BEEF OR B.B.O.

Maple Leaf Wieners

1.79 450 g vac pac

CHICKEN BREASTS

4.39 / 1.99 /kg / lb

MAPLE LEAF, REGULAR OR BAVARIAN

Sausage Rounds

2.49 500 g pkg

VEAL CUTLETS OR SHOULDER

Veal Chops

5.71 / 2.59 /kg / lb

MAPLE LEAF, HALVES, VAC PAC

Sausage Meat

1.59 500 g roll

FROZEN NEW ZEALAND SPRING, SEMI-BONELESS

Lamb Legs

5.49 / 2.49 /kg / lb

MAPLE LEAF, READY-TO-SERVE

Country Kitchen Hams

9.68 / 4.39 /kg / lb

SHOPSYS, PASTRAMI OR PURE BEEF

Corned Beef

2.49 pkg of 4 50 g pouches

MAPLE LEAF, SLICED

Cooked Meats

1.19 175 g vac pac

SHOPSYS, COLE SLAW OR POTATO SALAD

Potato Salad

1.39 500 g ctn

MAPLE LEAF, COIL

Polish Sausage

4.17 / 1.89 /kg / lb

BLUE WATER, FROZEN, BOSTON BLUE

Fish Fries

1.59 227 g pkg

Soft Margarine CHEFMASTER OR CAROL, 100% VEGETABLE OIL

.49 1 LB TUB

Tomato Juice AYLMER, FANCY

.79 48 fl oz tin

Fresh 2% Milk PARTLY SKIMMED

2.69 4 litre bag

Delisle Yogourt SWISS STYLE OR FIRM STYLE, ASST FLAVOURS

3/1.49 175 g tubs BUY 3-SAVE 1.36

Maxwell House FROZEN, ASSORTED CUTS

4.99 227 g jar

Very Special Ice Cream HERITAGE FARM, ASST FLAVOURS

3.49 2 litre ctn

Potato Chips A&P, REGULAR, RIPPLE OR SALT & VINEGAR

.99 200 g pkg

Tetley Tea Bags ORANGE PEKOE

1.99 pkg of 72

Added Touch Cake Mixes MONARCH, ASST VAR INCL CHOCOLATE BROWNIE

.79 520 g pkg

Fresh Spinach PROD. OF U.S.A., GOOD SOURCE OF VITAMIN C

.69 10 oz pkg

Seedless Cucumbers CANADA NO. 1, PROD. OF ONTARIO, CONTAINS VITAMIN A

.99 each

Fresh Cut Watermelon PROD. OF MEXICO, SWEET, RIPE

.49 108 / lb

Large Red Grapefruit PROD. OF U.S.A., FLORIDA IS CITRUS

4/1.99

Red Delicious Apples CANADA FANCY, PROD. OF ONTARIO, GREAT FOR SNACKS & LUNCHEONS

2.69 5 lb bag

Fresh Lemons PROD. OF U.S.A., DELICIOUS WITH MEAT & FOOD

4/.99

Canada Dry Beverages ASST FLAVOURS (Unit cost 9.2¢ per 100 mL) (Plus .30 bill deposit)

.69 750 mL bit