

## Duivesteyn-Farquhar December wedding

Emmanuel Reformed Church in Woodstock provided the setting for the Dec. 27 wedding of Cynthia Christina Duivesteyn to Brent Stephen Farquhar.

The bride is the eldest daughter of Mr. and Mrs. Kryn Duivesteyn of Woodstock, Ont.

The groom is the only son of Mr. and Mrs. Lloyd Farquhar of Midland.

Rev. R.A. Hartmans of Emmanuel Reformed Church of Woodstock and Rev. David Mitchell of the Alliance Church, Midland, officiated at the marriage ceremony.

Organist Bert Witteveen played traditional hymns and a group of male singers comprised of Harold Duivesteyn, Ed Haas, Jim Haas, John Oosterink, Neil Verbeek and Brian Spriel sang Our Father. A trumpet and organ duet, Holy, Holy, Holy was rendered by John Oosterink and Bert Witteveen.

The bride was given away by her father and mother Kryn and Ann Duivesteyn and the groom was given away

by his parents Lloyd & Gail Farquhar.

The bride was radiant in a gown of white bridal satin, styled with high neckline, net yoke, fitted bodice, re-embroidered aleion lace, seed pearls and sequins decorated yoke and bodice and the wrist length fitted sleeves.

The A line skirt gathered at the back to form a cathedral train. Re-embroidered lace edged the entire hemline. Appliques of the same lace enhanced the front of the skirt and Train. There were covered satin buttons at back closure of bodice and at wrists of sleeves. The brides headpiece was a tiara of pearls and crystal with a fingertip-length veil. She carried a cascade of silk poinsettias, carnations and roses in shades of pink and burgundy.

The matron of honour was Anita Bartley, sister of the bride.

The maid of honour was Carolyn Duivesteyn, sister of the bride.

Bridesmaids were Sheri Friesen and Kri-

sta Farquhar, sisters of the groom, Cathy Jo Zylstra, cousin of the bride, and Marilyn Shewfelt, friend of the bride.

The winsome flower girl was Karlie Shewfelt. She wore a gown of white with ruffles and pink trim and carried a basket of silk flowers.

The other attendants wore floor length gowns of cerise satin brocade, styled with spaghetti straps, natural waistline, gathered skirts, short bolero jackets with elbow length gathered sleeves and standup collars, and carried cascades of silk flowers in shades of pink, burgundy and grey.

The best man was Mark Boda, Youth Pastor of Rexdale Alliance Church, friend of the groom. Ushers were Harold Duivesteyn, brother of the bride, Kevin Friesen, brother-in-law of the groom, Brad Farquhar, cousin of the groom, Peter Hammore, friend of the groom, and John Shewfelt, friend of

the bride and groom. The groom and male attendants were dressed in slate grey tuxedos.

There was an impressive presentation of a wedding Bible made by John Nykam to the bride and groom following the ceremony.

The bride's mother received the guests in a periwinkle floor length gown with corsage of pale apricot roses.

The groom's mother assisted, wearing a floor length gown of sapphire blue with a corsage of pink roses.

A reception for the 150 guests was held in Oxford Centre Community Hall.

The church and reception hall were both decorated with appropriate floral arrangements of flowers and candelabra.

John Shewfelt was master of ceremonies at the reception.

Guests attended from Newmarket, Toronto, Midland, Owen Sound, Thunder Bay, Aylmer, Barrie, Caledon East, Acton, Stoney Creek,



Cindy and Brent Farquhar

Grimsby, Alliston, the newlyweds are residing in Midland where the groom is the assistant pastor of Woodstock.

Following a honeymoon in Ottawa Midland Alliance

Church.

A special thank you to the parents, family & friends who helped to make this day special.

## Risk always present for diabetic people

by ALLEYNE ATTWOOD

The Complications of Diabetes was the subject of the video cassette presentation to a very good turnout of members of the local Diabetes Association at Georgian Manor recently. The film probes the feelings and attitudes of nine diabetics in a round table gathering, as well as discussing the complications from high blood sugar with which they each have to cope.

From this resume it would appear to be a rather frightening presentation but it was done with sympathy, humour and in a very positive way.

Complications, the local group were told, are always a risk of diabetes. The most important of these involves blood vessels' both small and large. Diabetes is characterized by a thickening and degeneration of the walls of the very small blood vessels all over the body. In the eye, these changes lead to a

weakening and bulging of the tiny blood vessels, showing up as micro-aneurysms. However these changes do not occur early nor do they occur in all diabetics. The news is made better by recent advances in treatment which can further delay possible loss of eyesight.

A similar process occurs in the kidneys, in the heart, in the feet and legs, resulting in poor skin health, an increased risk of infection and poor healing following injury, to the skin. Small vessel disease in the brain can lead to minor strokes.

This presents a rather dismal picture but the group facilitator in the film had been insulin dependent for 42 years, but, outside of some mild peripheral neuropathy of the toes, and having laser treatment for her eyes, resulting in no visual loss, she lives a very normal, healthy life. In the film she expresses the fact that living successfully with diabetes is being willing to make the necessary compromises its management demands in order to feel well.

The point that was made by all those taking part was that, although living with complications is a difficult process, it is not the end of life. If a person can accept himself for what he is despite an impairment, he can learn to utilize his potential

and cope with each day as it comes.

Hope is a very vital element in adjustment to difficult life and is a great motivating factor in recovery. In this regard the support of one's family is very important. This does not mean overprotectiveness: this attitude by the family can diminish the person's feeling of selfworth.

With the knowledge that the complications arise from high levels of blood sugar, the first aspect of learning to cope, is to learn how to keep the blood sugar as close to normal as possible. Counselling by doctors, in diabetes' clinics, through support groups such as the Diabetes Association, and most importantly be educating oneself through the excellent material that is available, are all ways of doing this.

Prevention of high blood sugar, by becoming an informed diabetic, by not

smoking, by following a diet plan, be reducing if overweight, are all ways of delaying complications.

Following the meeting over coffee and light refreshments, members had an opportunity to discuss the film, and themselves, with each other, as well as professionals who are members of the local association.

The next meeting is in March. The date will be announced in community news and on cable tv. A meeting of the executive is held the first Thursday of each month and any member is most welcome to attend. Place, the board room of Penetang Hospital. The executive would be very pleased to hear your views regarding the Association. Any ideas for future programs or needs of members would be welcome.

For further information regarding CDA, call Fran Moreau (549-7441).

## College hires first artist-in-residence

The Georgian College School of Design and Visual Arts has scored another coup. Professional glass blower Gregor Herman will be its first artist-in-residence, from Jan. 6 until April 25.

He'll be teaching hot glass for three hours a week. While practising his craft in the College hot glass studio, he'll be accessible to students.

Teaching mast Ted Fullerton said the artist-in-residence concept "brings students in contact, in an informal way, with another professional artist." Herman, he said, will bring new blood and a different experience to the College.

A former Georgian College Design Arts student who majored in glass, Herman also studied for two years at the Alberta College of Art.

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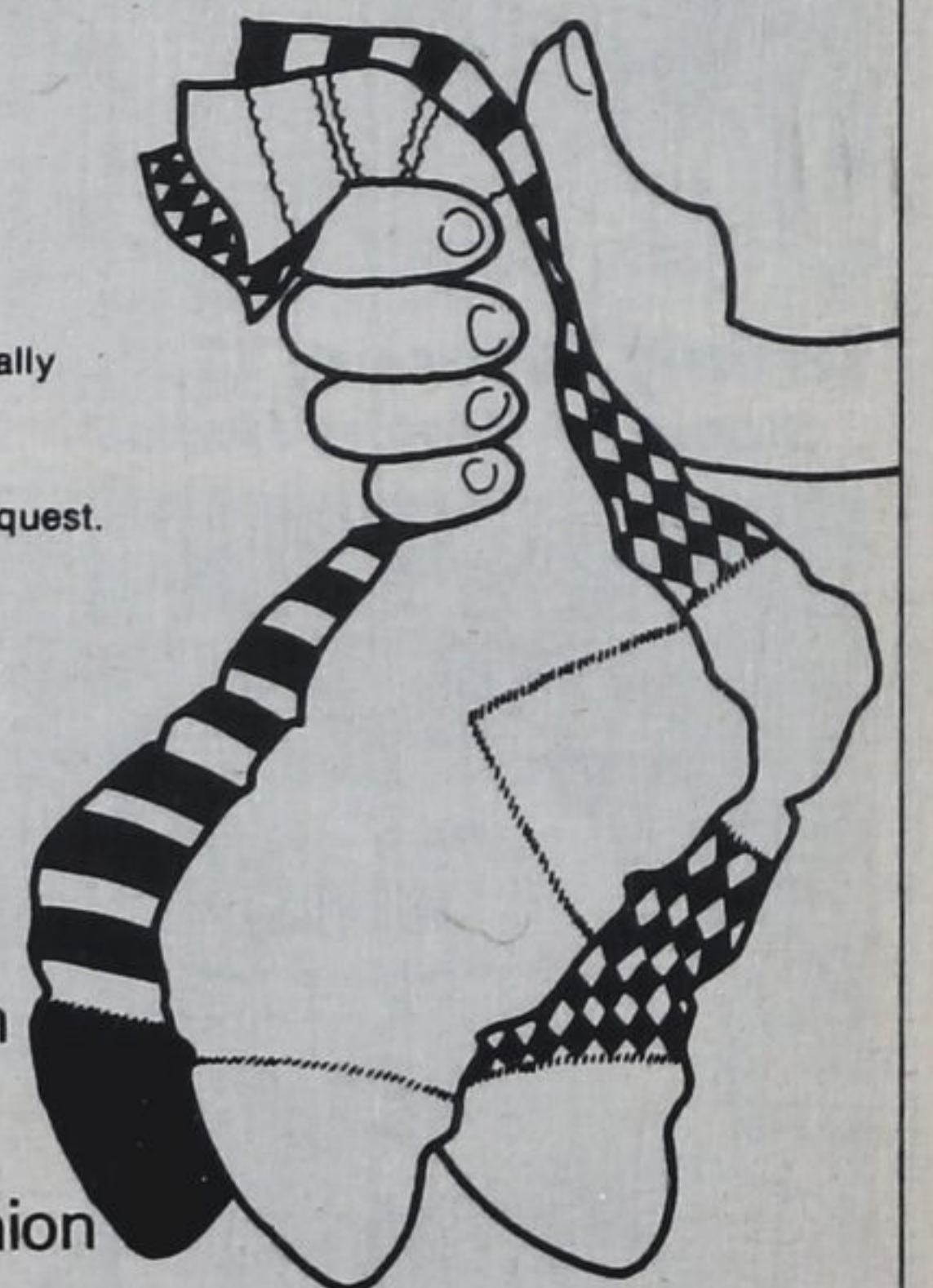
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## Camera Club meets twice in February

Midland and District Camera Club holds its first of two meetings in February on Feb. 3. Karl Berdan is in charge of the program. On Feb. 19, Janet and Doug Phillips are responsible for the program. Feb. 3's competition is a photographer's choice (regional). The second competition of the month is of photo essays. Camera Club meetings begin in the Wye Marsh Wildlife Centre at 7:30 p.m.

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