

Winterama Countdown

by
PAT FORGET
Activities are falling into place as we countdown to only three weeks from the 39th Annual Winterama in Penetanguishene.

Le Centre D'Activites Francaises has many traditional and exciting events planned for our weekend. Friday evening the First Annual Armwrestling Tournament will take place at 8:30 p.m. A full lineup is planned for Saturday starting at 11:00 a.m. with the Restaurant "Chez Nous" in the Centre and Le "Cage de La Cour" serving in their French tradition.

Tourtiere, Sugar Pie, pea soup maple syrup donoughs, homemade bread and caribou wine will all be available for hungry people. A new

item this year, will be a free baby sitting service to be held downstairs in the Cafe de La Cour for children under the age of ten from 11 a.m. to 5 p.m. to accommodate the patrons of the Centre.

Starting at 1 p.m. to 5 p.m. locals will be able to enter the "Performance by Local Musicians contest" and visitors will be able to hear great talent. Contestants must apply at the Centre for this contest on or before Feb. 7, 1986 and must be francophone. Many great prizes include; first prize - an Electric JZ 300 guitar worth \$600.00, second prize - a Phoenix Headless base guitar at a value of \$500.00 and third prize is an electronic tuner valued at \$100.00. Prizes for this contest were

donated by the Saxophone And Brass Wind Shop. From 4 to 5 p.m. the Centre will hold a Children's Step Dancing Contest. Registration takes place from 11 a.m. to noon on Saturday.

The Casino will be in full swing on the Third floor of Le Centre d'Activites Francaises starting at 3 p.m. and going through to midnight. The all time favorite "Soires du Carnaval" begins at 8 p.m. through to 1 a.m. with an old fashioned fiddling contest as well as a step dancing contest and "Les Petits Bonhomme Jigreur" competition. Trophies can be found galore for these events.

The Huronia Quota Club reports commemorative buttons

and \$1000.00 draw sales are going well. Many members of this Club are working diligently so that everyone will have the opportunity to buy a button and have a chance at the big draw to be held at the Penetanguishene Legion, Branch 68 just prior to midnight. The buttons this year, are unique being the first year that they are numbered for this big draw. So hurry and get your button as there is a limited supply.

The second elimination draw was held last Saturday evening Feb. 25, 1986 and the winner was Paul Quesnelle of 47 Maria Street in Penetanguishene. Congratulations Paul!

Remember to get your collectors Winterama Cap this year. Hats can be bought at many outlets in the Penetanguishene area and are in limited supply as well.

The Parade sponsored by the Penetanguishene Volunteer Firefighters Association is looking for sponsors so that they may be able to bring in bands to make our Parade and even larger success. Please contact Ken Quesnelle at 549-3707 or the Penetanguishene Chamber of Commerce at 549-2232.

Marlynn Specialties will hold an E.S.P. contest prior to Winterama with the winner to be announced on Saturday Feb. 15, at 5 p.m. This contest will start Feb. 1, 1986 and be in the form of a box filled with a value of \$85 worth of goodies.

Contestants must be



adults and will be given a ballot with 20 items on it that are contained in the box. Contestants must check off 10 of the 20 items that they think are in the box. The winner will win the contents of the box. The winner will be announced on Saturday, Feb. 15, at 5 p.m.

Koch's Dominion Hardware is sponsoring a contest of "Guess how many nails in a jar". This contest starts now with the winner of a Skill Saw worth \$75 being announced at 5 p.m. on Saturday, Feb. 15, 1986.

The Queen Contest is going full tilt. A surprise this year will be our local Member of Provincial Parliament, Earl Rowe. Mr. Rowe has agreed to be in attendance at the Contest to be held at 9:15 p.m. on Friday Feb. 14, at the Pen Theatre. All contestants of the Queen contest spent a fun filled day at Vincent's Hair Design on Sunday, Jan. 26, 1986 receiving beauty tips, perms and hair cuts. Many thanks goes to Vincent and his staff for the donation of their time and talents to the Queen contestants. This day was one of the many activities planned for the contestants prior to the big evening.

Wally's Mens Wear is

sponsoring a "Guess How many Hangers in the Window" contest starting February 1, to February 15, 1986 with the winner to be announced at 5 p.m. on the Saturday. Prize is a \$25 gift certificate.

Ken's Billiard's "Open Class Pool Tournament" will be held on Sunday Feb. 16, with cash prizes for the winners. This event starts at noon on Sunday.

The Craft Show is shaping up to be even better this year with many new applications being received. Applications are still being accepted to a deadline of the end of January or until filled. Space is limited so please call Isabel Leroux for application at 549-7297 or the Chamber of Commerce.

The Winterama Committee is in need of convertibles for the Winterama Queen and her court. These convertibles will also provide transportation for our local dignitaries for the parade. Anyone owning a convertible and would like to drive in the Winterama parade please call Robert Cummings at the Penetang Police Station. Support our 39th Annual Winterama, Join in the fun and get involved!

Hypothermia: winter danger

If you're out enjoying the winter and your body starts sending you cold weather warning signals, pay attention. Frostbite begins with a nip you may not even notice but it can get serious. Hypothermia starts with the shivers and a touch of confusion, and it can kill you.

Sergeant Fred Thompson of the Ontario Provincial Police says it's easy to stay out of trouble if you know the signals and you're prepared to do the right thing when problems do crop up.

Sgt. Thompson teaches specialized field training at the OPP Academy in Brampton. All OPP officers take St. John Ambulance first aid courses and learn survival and rescue skills for water patrols and their work, winter and summer, in remote areas in Ontario. He recommends both for any outdoor enthusiast.

The first rule of thumb for safety is to have someone with you if you're going very far afield. Cold problems can sneak up on you, and a companion might spot them before you do.

Frostbite appears as a sudden whiteness in cheeks or ears, fingers or toes, and it can accompany hypothermia.

First aid for simple frost bite is easy. Warm the area with your hands, or tuck fingers or toes inside a jacket, under the arms.

Hypothermia is a decrease in the body's internal temperature. There are stages

beginning with intense shivering and difficulty speaking, through confusion and muscular rigidity, to unconsciousness and coma. It's brought on by getting wet and cold, and by fatigue and long exposure to cold. Children, old people, and people who are drinking or using drugs are more susceptible than the average.

It's a year round risk in parts of the province where sportsmen go fishing and diving in chilly lakes and streams.

If someone starts to shiver or appears disoriented, get him warm and into shelter immediately. Anyone who suffers cold problems beyond mild frostbite should see a doctor. If they're severe, he needs a medical help urgently.

Treat anyone with cold injuries gently. St. John Ambulance teaches that you don't rub frostbitten areas or put snow on them. You may need to loosen tight clothes and take off tight boots or jewellery that interfere with circulation. Make sure the casualty is kept dry and warm, and give him something warm to drink if possible, but nothing alcoholic.

If the problems happen because you're lost or stranded, get into the best shelter you can, and build a fire. Get warm. A candle in a closed car will provide a surprising amount of warmth. If you must try to walk out of a situation, get as warm

and dry as you can first, and be sure you know what you're doing.

Sgt. Thompson says you can get disoriented not only by the cold, but by darkness or falling snow. Often it's safest to shelter and wait.

"We occasionally have people who get caught in a storm in an ice hut. They try to walk out because they think their families will worry. They should stay put. They're safer in the hut than out on the ice."

He says when you plan a winter outing, make sure someone knows where you're going and roughly when to expect you back.

Take a small survival kit with you. Outdoor stores and safety supply companies sell them, or you can make your own to carry in a pocket or a knapsack. St. John recommends that you include a square gauze pressure bandage and a roll of gauze tape. Take a compass, windproof matches, a candle in a can, some non-perishable food, and spare socks and mittens.

If you're in a vehicle you can extend that to spare boots, a sleeping bag and a gallon can that you can cook in. Sgt. Thompson says you can store most of the kit in the can and add some dehydrated food, tea bags and sugar.

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