

Workshop on recreation for frail older adults

Recreation for Frail Older Adults will be the subject-matter during the Feb. 17 Recreation Workshop at Georgian Manor in Penetanguishene.

The Workshop will examine recreation for frail older adults, many over 80 years of age, perhaps with some physical and mental limitations, but still living in their own

At Georgian Manor

homes. The participants will be introduced to both theoretical and practical approaches used in designing meaningful and purposeful leisure opportunities for frail older adults.

The workshop would be of interest to staff of Day Care Facilities,

Day Hospitals, Senior Centres, as well as Community Health Nurses, Social Workers, Administrators and Volunteers / Activity Leaders in Nursing Homes and Homes for the Aged, although the workshop will not address the specific issues of the frail older adults

living in an institution.

Ms. Marty Thomas will be the workshop instructor. Ms. Thomas is a graduate of the University of Waterloo Therapeutic Recreation Program and is currently the Supervisor of Recreation, Queen Elizabeth Hospital, Toronto, and the Chairperson of Ontario Council on Therapeutic Recrea-

tion.

The workshop registration fee is \$3.50 and includes coffee, lunch, workshop and resource material. The workshop is limited to only 24 participants and

is sponsored by the County of Simcoe Recreation and Special Services Dept. in co-operation with Georgian Manor and the Ministry of Tourism and Recreation.

For further information or to request a registration form, please contact the County of Simcoe Recreation & Special Services Dept. at 726-9300 Ext. 255.

Jan. 18 - Feb. 8

James Scrimgeour, Class of '82 will hold a solo exhibition of drawings and paintings Jan. 18 to Feb. 8 at the Barrie Campus of Georgian College.

This Alumni Exhibition, which will be held in Room D101 of the Design and Visual Arts Building, will be open from 6 to 10 p.m. weekdays and from 10 a.m. to 4 p.m. on weekends.

The artist will be present from 1 to 4 p.m. on opening day, Saturday Jan. 18.

Jan. 21

The Week of Prayer for Christian Unity will be celebrated in Sacred Heart Roman Catholic Church, Port McNicoll, at 7 p.m. All people most welcome to attend this ecumenical service.

Jan. 26

Annual general meeting of the Penetanguishene Progressive Conservative Association to be held on Monday, Jan. 20 at 7:30 p.m. in the Normandy Room, Canadian Legion, Penetang.

Election of officers. All welcome.

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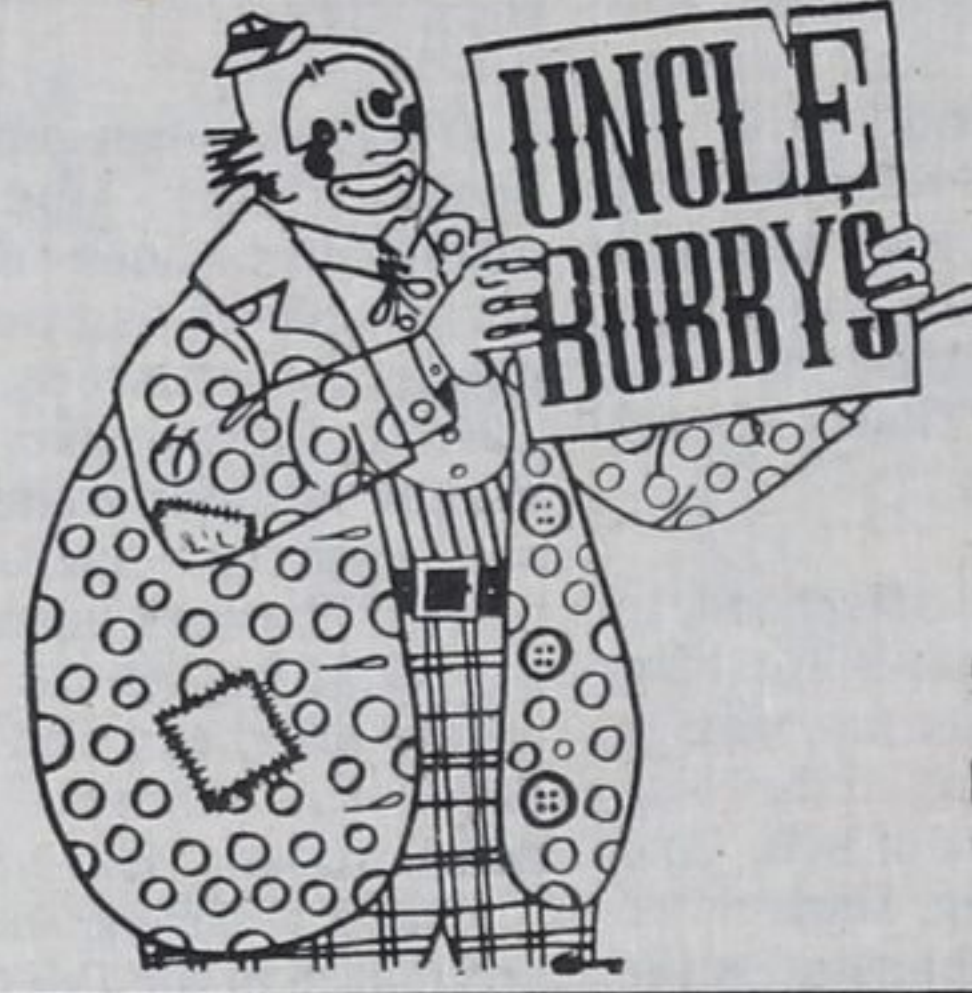
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For more information call the school at 549-3202