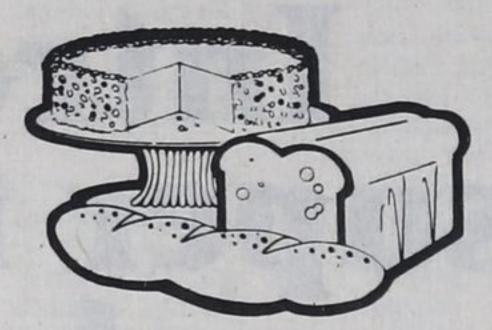
# SUPER

# A SUPER Fresh



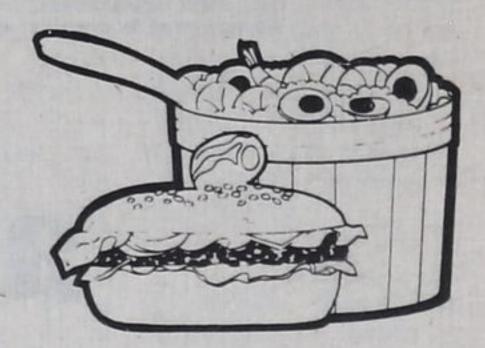
FRESH PRODUCE

Our Produce Department is full of the biggest, freshest displays you'll ever find.



FRESH BAKERY

Mmmm... You can smell the cakes, pastries, bread and rolls baking fresh daily in the store.



#### FRESH DELI DELIGHTS

Choose from the tastiest of savory lunch meats, salads and cheeses, plus delectable hot foods.



Scott Paper Sale

White, yellow or champagne

Cottonelle Bathroom Tissue

pkg of 8 rolls

2.69 SAVE

Scotties Facial Tissue	box of 200 sheets - 89
Assorted Colours	SAVE .70
Viva Paper Towels	pkg of 2 99 rolls
Spaghetti, Alpha-Getti, Zoodles, Smurf-A-Getti	SAVE .50
Libby's Pastas	14 fl oz .69
Assorted Varieties	BUY 3-SAVE .77
Miss Mew Cat Food	6 oz 3/1.00
Jergens, Refill	SAVE .50
Cream Soap	700 mL 3.49

\$

**SAV€ .50** 

Red or Chili Style Kidney, with pork, tomato sauce, pork & molasses

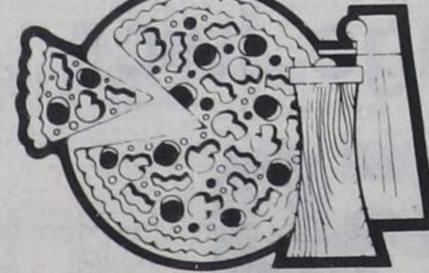
Deep Brown Libby's Beans

59

Cream of Mushroom Soup	BUY 2-SAVE .51 10 fl oz 2/.99
PREMIUM, REGULAR OR FINE GRIND  Melitta Coffee	vac pac 3.99
McCormicks Cookies	600 g 2.49

### Health'N Beauty and other non-foods

Aim Toothpaste	50 mL 159
Reg. Extra Body, Highlights Conditioner or	SAVE .50
Silkience Shampoo	plst btl 1.99
Powder or Scented Deodorant	SAVE .30
Soft'N Dri	200 mL <b>2.99</b>
Rubbermaid (Laundry Basket 4.49)	SUPER BUY
Clothes Hamper	each 9.99
Rubbermaid, Swing-Top	SUPER BUY
Waste Basket	each 9.99
Rubbermaid	SUPER BUY
Mircrowave Cookware	each 19.99



FRESH

We make. You bake it. That way you can enjoy Fresh Pizzeria Pizza right in your own home. Bon Appetito.

#### Groceries

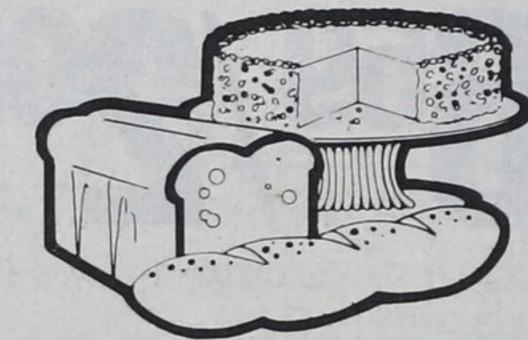
Hereford	SAVE .40
Corned Beef	12 oz 2.29
Nabisco Quick	SAVE .20
Cream of Wheat	800 g 1.59
Parboiled, Long Grain	SAVE .70
Dainty Rice	2 kg 2.99
Regular or Butter Flavour	SAVE .30
Old Tyme Syrup	750 mL 2.49
Kraft, Smooth or Crunchy	cont 3.99
Peanut Butter	1 kg U. J J
Campbell's Beans	3/1.00
Assorted Varieties, Ready-To-Eat	SAVE .30
<b>Duncan Hines Cookies</b>	350 g 2.09
Assorted Varieties Including Oatmeal 450 g	SAVE .80
Dad's Cookies	400 g 1.99
Natural Mineral	695 mL 89
Perrier Water Zesty Cheese, Taquitos, Nacho Chips, Crisp & Cheese.	695 mL .89
Regular or B.B.O. Corn Chips, Cheese Sticks, Crunchets, Cheese Balls	150 g 1.29
Hostess Snacks	
Post Alpha Bits 275 g or  Sugar Crico Coroal	250 g 1 1Q
Sugar Crisp Cereal Burns Turkey or	pkg 1.43 SAVE .20
Tenderflake Ham	184 g 1.59

## Dairy Department

Beatrice, Assorted Flavours

**BUY 3-SAVE 1.30** 

Yog	Refrigerated Beatrice Sou	r Crean	n 500 g 1.49
Refrigerated Beat	rice Chip Dip		250 g 99 cont 99
	Soft Margaria Mild, Medium, Old White or Co Schneider's Coll	ne loured	SAVE .50 1 lb 1.29 SAVE UP TO .70 2 340 g 2.99
Heritage, Re 2 % (	Cottage Chee	ese	500 g 1.69
	t Cheese	500 g pkg of 24 slices	2.99



# The Baker's Oven.

	Fresh Hot Cross Buns	pkg of . 99
8	Raisin Bread	450 g 1.09
	Pan Rolls	pkg of .99
	st Doughnuts	pkg of 1.99
Rye	Bread	450 g 1.09



**SAVE 3.00** 

Pure Vegetable Primo Oil

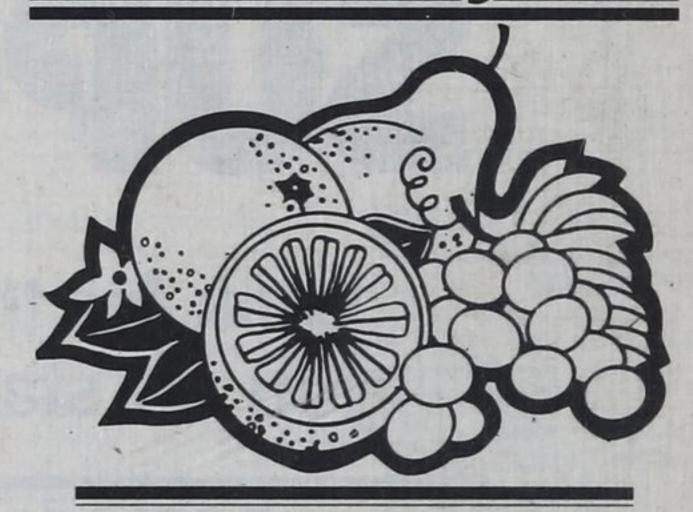
3 litre plst jug

2.99

Limit 3 per family purchase

Spaghetti Sauce	28 fl oz .99
Assorted Primo Pastas	900 g 900 g pkg
Mexicasa, Cheese Sauce 250 g or Nacho Chips	200 g 1.99 pkg 1.99
Taco Pack	128 g 1.89 pkg 1.89

# Fresh Fruits & Vegetables



SAV€ 1.10/kg-.50 lb

Product of Chile, Sweet

Fresh, Juicy Nectarines 218/99

/kg lb	
Product of U.S.A., Sweet, Seedless	
Large Navel Oranges	10 lb 6.99
Product of U.S.A.	0/00
Fresh Avocados	2/.99
Product of U.S.A., Florida is Citrus	44.00
Large Red Grapefruit	4/1.99
Product of Spain, Sweet, easy to peel	
Seedless Clementines	2 lb 1.99
Product of U.S.A., Delicious with Cheese Sauce	00
Fresh Broccoli	bunch .99
Canada No. 1, Product of U.S.A., The Natural Snack	218/b.99
Red Grapes	Z/kg/1b.33
Red Delicious Apples	5 lb 2.69
Canada No. 1. Product of P.E.I.	bag <b>2.03</b>
All Purpose Potatoes	20 lb 2.99
Canada No. 1. Product of Spain	bag Z.OO
Red Sweet Peppers	439/199
Canada No. 1, Product of Ontario	# /kg/ # 1b
Yellow Cooking Onions	5 lb .99
Product of Ontario. Choice of Colours	oug -
Reiger Begonias	4 inch 1.79