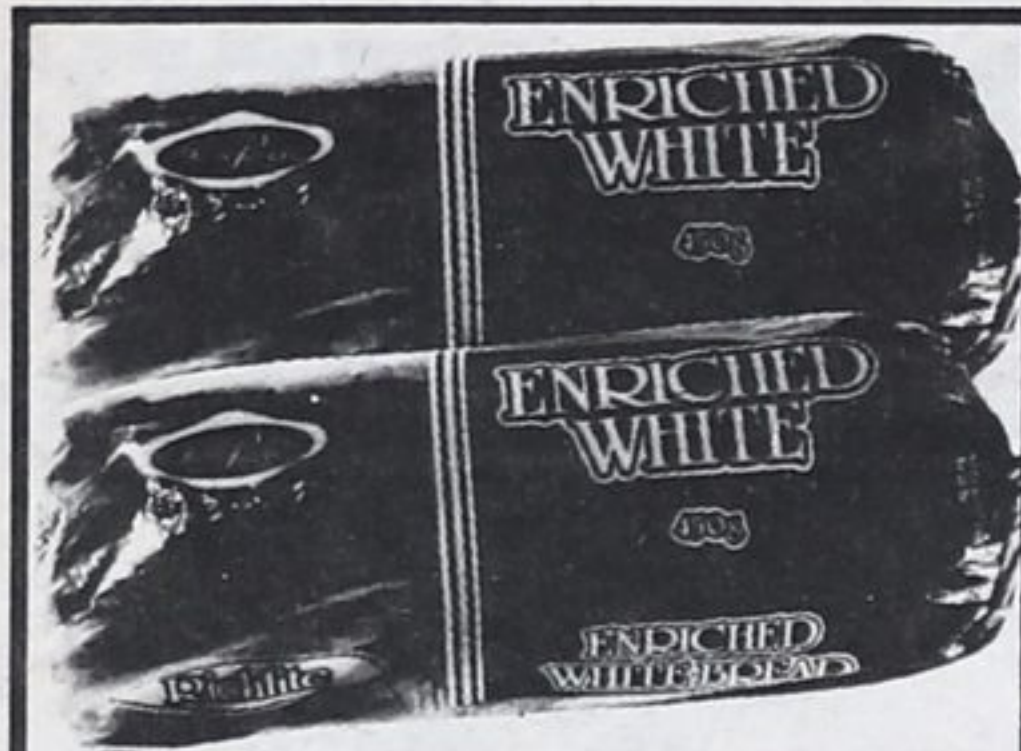




# OUR BEST TO YOU IN '86!

Prices effective thru Saturday, January 11th, 1986.  
We reserves the right to limit quantities to normal family requirements.  
Savings shown in this ad based on A&P current regular retails.

We redeem all food store coupons.  
Some illustrations are for design only and do not necessarily represent items on sale.



## ACTION PRICES

JANE PARKER  
(made with 100% pure vegetable shortening)

### Rich-Lite White Bread

450 g LOAF

**.39**

ASSORTED VARIETIES

BUY 3-SAVE .77

**Miss Mew Cat Food** 6 oz tin **3/1.00**

POWDERED LAUNDRY

SAVE 1.00

**All Detergent** 6 litre box **5.99**

DETERGENT

SAVE .90

**Palmolive Liquid** 1 litre pldt btl **2.49**

READY-TO-SERVE, ASST VAR

SAVE .30

**Habitant Soups** 14 fl oz tin **.69**

**ACTION PRICES** **SAVE .80**

WHITE SWAN, DECORATOR, 2-PLY, PRINTED ORANGE, GREEN OR GOLD

### Paper Towels

**.89** pkg of 2 rolls

ASSORTED VARIETIES

SAVE .30

**Colonial Cookies** 400 g tin tie bag **1.69**

GRAPE (48 FL OZ TIN OR)

SAVE UP TO .60

**Welchade Drink** pack of 3-250 mL tetra packs **1.19**

ASSORTED VARIETIES

SAVE .66

**Primo Pastas** 900 g pkg **.99**

PRIMO, PLAIN

SAVE .50

**Spaghetti Sauce** 28 fl oz tin **.99**

**ACTION PRICES** **SAVE 1.00**

1-PLY, BATHROOM, ASSORTED COLOURS

### White Swan Tissue

pkg of 4 rolls **1.29**

PURE VEGETABLE

SAVE 2.50

**Primo Oil** 3 litre pldt cont **3.49**

CHRISTIE, PLAIN OR SALTED

SAVE .26

**Premium Plus Crackers** 450 g pkg **1.49**

A&P CHOICE

ACTION PRICE

**Canned Tomatoes** 19 fl oz tin **.69**

ANN PAGE

ACTION PRICE

**Whole Mushrooms** 10 fl oz tin **.89**

**ACTION PRICES** **SAVE .60**

REGULAR, RIPPLE OR SALT & VINEGAR

### A&P Potato Chips

200 g pkg **.89**

**SAVE 1.76/kg**



**SAVE .80 lb**

CUT FROM CANADA'S FINEST GRADE 'A' BEEF, SEMI-BONELESS

## Blade or Short Rib Roasts

**4.17 / 1.89** /kg / lb

**SAVE 1.76/kg-.80 lb**

**SAVE 2.20/kg-1.00 lb**

EXCELLENT FOR BRAISING

### Blade Steaks

**4.17 / 1.89** /kg / lb

CUT FROM CANADA'S FINEST GRADE 'A' BEEF

### Rib Eye Steaks

**13.21 / 5.99** /kg / lb

6 BONE SEMI-BONELESS, CHEF STYLE

**Prime Rib Roast** 7.25 / 3.29 /kg / lb

BLADE, CHUCK SHORT RIB OR SHOULDER

**Boneless Beef Roasts** 4.83 / 2.19 /kg / lb

FRESH

**Medium Ground Beef** 3.73 / 1.69 /kg / lb

FRESH

**Lean Ground Beef** 4.39 / 1.99 /kg / lb

BLUE WATER, FROZEN

**Haddock Fish Fries** 227 g pkg **2.69**

HIGH LINER, FROZEN, BOSTON BLUE FISH IN BATTER OR

**Fish Fries & Sticks** 700 g pkg **2.99**

BLUE WATER, FROZEN, HADDOCK FISH KRISPS OR FRIES 227 g OR

**Haddock Fish & Chips** 283 g pkg **1.89**

PREVIOUSLY FROZEN (CALVES LIVER 4.17/kg-1.89 lb)

**Sliced Beef Liver** 1.96 / .89 /kg / lb

REGULAR, ALL BEEF OR B.B.O.

**Maple Leaf Wieners** 450 g vac pac **1.89**

MAPLE LEAF, SLICED, REGULAR, THICK OR MAPLE

**Side Bacon** 500 g vac pac **2.99**

MAPLE LEAF, 17 POPULAR VARIETIES, SLICED

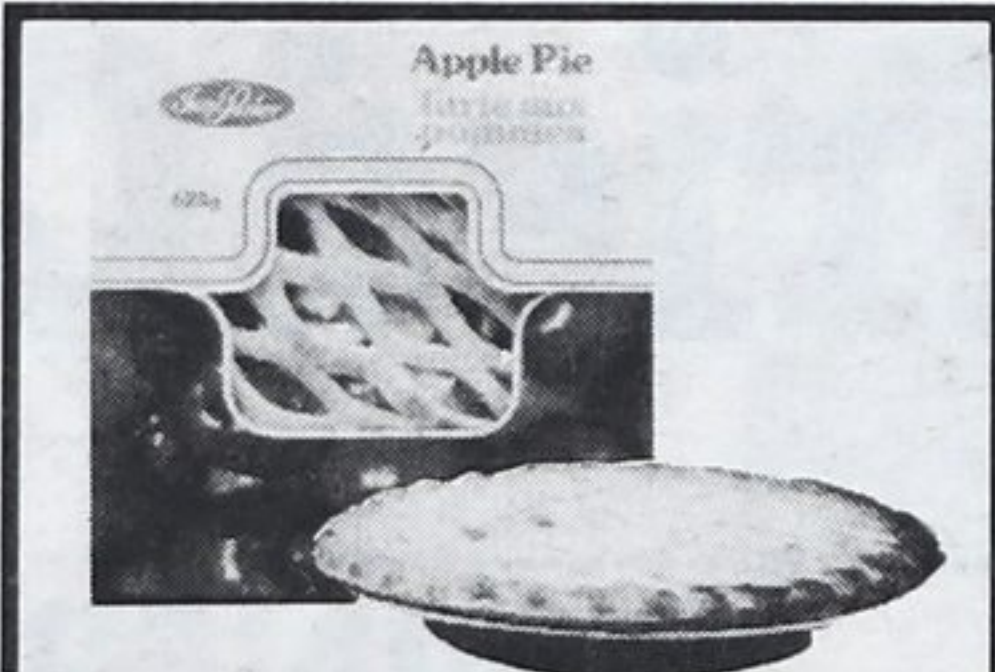
**Cooked Meats** 175 g vac pac **.99**

MAPLE LEAF, SLICED

**Cooked Ham** 175 g vac pac **1.99**

MAPLE LEAF, SWEET PICKLED

**Cottage Rolls** 5.05 / 2.29 /kg / lb



**SAVE 1.00**

JANE PARKER (made with 100% pure vegetable shortening)

### Apple Pie

**.99** 624 g size



**SAVE 1.00**

FANCY

### Libby's Tomato Juice

**.79** 48 fl oz tin Limit 4 per family

## Brussels Sprouts

**1.74 / .79** /kg / lb

PRODUCT OF U.S.A., DELICIOUS IN SALADS & DIPS

**Fresh Avocados** 2 / .99

CANADA NO. 1, PRODUCT OF U.S.A., OR SPAIN, RED OR

**Green Grapes** 2.18 / .99 /kg / lb

PRODUCT OF U.S.A., SWEET, SEEDLESS, SIZE 88'S

**Navel Oranges** bag of 12 **3.99**

CANADA FANCY, PRODUCT OF ONTARIO, ALL PURPOSE

**Ida Red Apples** 10 lb bag **3.99**



**FREE!**

a 2 kg bag of WILD BIRD FOOD with the purchase of a BIRD FEEDER

PRODUCT OF SPAIN, EASY TO PEEL

**Seedless Clementines** 2 lb pkg **1.99**

PRODUCT OF U.S.A., FRESH

**Kiwi Fruit** 1 lb pkg **1.49**

CANADA NO. 1, PRODUCT OF ONTARIO, YELLOW

**Cooking Onions** 5 lb bag **.99**

CANADA NO. 1, PRODUCT OF P.E.I., ALL PURPOSE

**P.E.I. Potatoes** 20 lb bag **2.99**



**SAVE .90**

FROZEN, CHOPPED BEEF, CHICKEN, TURKEY, SALISBURY STEAK

### Banquet Dinners

11 OZ PKG

**.99**

SCHNEIDER'S, PROCESS CHEESE FOOD, MOZZARELLA OR REGULAR

SAVE 1.10

**Cheese Slices** 500 g pkg **2.99**

NORDICA, REFRIGERATED

SAVE .66

**Cottage Cheese** 500 g ctn **1.49**

SEALTEST, ASST FLAVOURS, REFRIGERATED

BUY 3-SAVE 1.36

**Light 'N Lively Yogourt** 175 g tub **3/1.49**

CHEFMASTER, PARCHMENT WRAPPED

ACTION PRICES

**Margarine** lb **.49**

**ACTION PRICES** **SAVE .50**

INSTANT-RICH BLEND (VIVA OR COLOMBIA 6 OZ)

### Nescafe Coffee

**4.99** 8 oz jar

ORANGE PEKOE

SAVE 1.20

**Red Rose Tea Bags** pkg of 60 **2.29**

GREEN GIANT, FANCY, SWEET PEAS, NIBLETS CORN, FRENCH STYLE GREEN BEANS

SAVE .40

**Frozen Vegetables** 1 kg poly pkg **2.69**

ASST VAR, NOODLE RONI OR

SAVE UP TO .30

**Rice-A-Roni** 6.5 oz pkg **.99**

CHOICE, ASST VAR INCL CREAM STYLE CORN

SAVE .30

**Aylmer Vegetables** 14 fl oz tin **.59**

**ACTION PRICES** **SAVE .70**

PLAIN, MEAT OR MUSHROOM

### Ragu Spaghetti Sauce

28 fl oz btl **1.59**

WHEAT 'N RAISIN OR

SAVE .40

**Jane Parker Raisin Bread** 450 g loaf **.79**

JANE PARKER

SAVE .60

**Spanish Bar Cake** 539 g size **1.29**

JANE PARKER (MADE WITH 100% PURE VEGETABLE SHORTENING)

SAVE 1.00

**Cherry Pie** 624 g size **1.79**

FANCY, ASSORTED VARIETIES

BUY 2-SAVE .39

**Del Monte Vegetables** 10 fl oz tin **2/1.19**

**ACTION PRICES**

REGULAR OR DIET (PLUS .30 PER BTL DEPOSIT)

### Pepsi-Cola Family 6 Pack

750 mL btl **2.99** (2 litre non-returnable pldt btl 1.99-Save .50)

**A&P HUGEL AVENUE, MIDLAND**

Mon.-Tues.-Wed. 9 a.m.-10 p.m.  
Thurs.-Fri.-Sat. 8 a.m.-10 p.m.

**We Redeem all food store coupons**