

BONUS BUYS



FINEST QUALITY PRODUCTS

Plain or Printed, Assorted Colours
Hi-Dri Paper Towels pkg of 2 rolls **BONUS BUY** **.99**

Superman, Creamy or Crunchy
Peanut Butter 500 g cont **SAVE .40** **1.99**

Welch's (48 fl oz btl 1.39-Save .40)
Grape Drink 250 mL tetra packs pack of 3 **SAVE .30** **1.29**

Welch's Pure Grape Jam or
Grape Jelly 500 mL jar **SAVE .56** **1.99**

Glad Plastic
Kitchen Catchers pkg of 24 **SAVE .40** **1.79**

Motts, Regular or Extra Spicy
Clamato Cocktail 1 litre btl **SAVE .30** **1.99**

Christie, Plain or Salted
Premium Plus Crackers 450 g box **SAVE .26** **1.49**

Product of Chile, Fresh

Sweet, Juicy Nectarines **3.28 / 1.49** /kg / lb

Product of Spain, Easy to Peel
Sweet, Seedless Clementines **1.99** 2 lb tray

Product of U.S.A., The Medicine Plant
Aloe Vera Plants **7.99** 5 inch pot

Bravo, Plain **SAVE .50**
Spaghetti Sauce 28 fl oz tin **1.19**

Chick Peas, Red or White Kidney, Romano, Lentils, Blackeye, Small Fava **SAVE .30**
Bravo Beans 19 fl oz tin **.69**

Lancia Garden Recipe, Extra Mushroom or Extra Peppers **SAVE .46**
Spaghetti Sauce 375 mL jar **.99**

Bravo **BUY 3-SAVE .77**
Tomato Paste 5 1/2 fl oz tin **3/1.00**

Bravo **SAVE .30**
Plum Tomatoes 28 fl oz tin **.89**

Ragu, Old World Style, Plain, Meat or Mushroom **SAVE .40**
Spaghetti Sauce 28 fl oz jar **1.79**

In Tomato Sauce **SAVE .46**
Heinz Spaghetti 19 fl oz tin **.99**

Carnation, Instant **SAVE .30**
Coffee Mate 750 g box **3.49**

Welch's, Pure **BONUS BUY**
Prune Nectar 40 fl oz btl **2.69**

Disposable, Daytime 48's, Toddler 33's, Newborn 66's **BONUS BUY**
Huggies Diapers convenience pack **9.99**

Paper **BONUS BUY**
Hi-Dri Napkins pkg of 120 **1.69**

Liquid Softener **SAVE .36**
Snuggle Softener plst btl 1 litre **1.89**

Powdered Laundry **SAVE .50**
All Detergent 6 litre box **6.49**

Assorted Varieties **SAVE .20**
Kal Kan Cat Food 369 g tin **.79**

Kleenex, Assorted Varieties **SAVE .40**
Facial Tissue box of 200 sheets **.99**

Glad, Plastic (pkg of 20 3.49-Save .50) **SAVE .30**
Garbage Bags pkg of 10 **1.79**

SAVE 1.10

White, Yellow or Beige
Delsey Bathroom Tissue
pkg of 4 rolls

1.29

Canada No. 1
All Purpose P.E.I. Potatoes

.20 / .99 /kg / lb

Product of U.S.A., Ideal for Stuffing
Fresh Avocados **2/.99**

Product of U.S.A.
Popping Corn 2 lb pkg **.99**

Canada No. 1, Product of U.S.A. or Spain, Green or
Red Grapes 218 / lb **.99**

Product of U.S.A., Sweet, Seedless, Size 88
Navel Oranges bag of 12 **3.99**

Product of U.S.A., Indian River, Florida is Citrus, Large
Red Grapefruit **4/1.99**

Free 2 kg bag of Wild Bird Food with the purchase of a Bird Feeder

SAVE .80

(Lasagna 500 g pkg 1.19-Save .30)

Assorted Lancia Pastas
900 g pkg

.89

(Colombo or Arabica Coffee-Maxwell House Gold 4.29-Save .60)
Automatic Drip, Fine or Regular **SAVE 1.30**

Maxwell House Coffee vac pac 369 g **2.99**

Powdered Laundry **SAVE 1.50**
Sunlight Detergent 12 litre box **8.99**

Asst Var Including Whole Niblets Corn 12 fl oz **SAVE .40**
Green Giant Vegetables 14 fl oz tin **.69**

Baker's Oven
available at most stores

Fresh From

the deli

AVAILABLE AT SELECTED STORES

Fresh **Baked Fresh Daily in the Store**
Pumpnickel Bread 450 g loaf **.89**

Fresh **Apple Strudel** 500 g size **1.89**

San Francisco **Sour Dough Bread** 450 g loaf **.89**

Soft **Dinner Rolls** pkg of 12 **1.19**

Ben's Montreal **Smoked Meat** .100 g / lb **.88 / 3.99**

Pillars, Ring **Polish Sausage** .100 g / lb **.51 / 2.29**

Fearmans **Mock Chicken Loaf** .100 g / lb **.35 / 1.59**

Pillars, Fine or Herb **Liverwurst** .100 g / lb **.35 / 1.59**

Fearmans, Deli Sliced **Cooked Ham** .100 g / lb **.62 / 2.79**

Fearmans Cooked **Pepperoni or Salami** .100 g / lb **.51 / 2.29**

Quadelco Cheese **Colby or Marble** .100 g / lb **.79 / 3.59**

A&U Hanus **Macaroni Salad** .100 g / lb **.26 / 1.19**