

X-country skiing spells fun

by VALORIE BRUCKER
Cross-country skiing is a sport that is still increasing in popularity.

Large downhill resorts have made room for the cross-country skier, with many new groomed trails.

Provincial parks such as Springwater at Midhurst cater especially to the cross-country skier, with innumerable trails which lead many a nature lover through the wilderness of the park.

Cross-country skiing can be a solitary sport, or a very competitive one depending upon the preference of the skier.

It's excellent exercise, especially for legs and the cardiovascular system and with fairly reasonably priced equipment it makes an affordable sport for most.

Never chose inferior quality skis, and always get a knowledgeable salesperson or friend to assist you in the purchase.

It may even be a good idea to head to the library and pick up several books on the subject.

Here are several hints for the novice: there are four basic types of

cross-country ski equipment; racing, light touring, touring and mountaineering.

The novice recreational skier should stick to a touring or light touring ski as they give the best combination of stability and manoeuvrability for learners.

There are wooden skis, laminated wooden skis, and fibreglass skis that are waxless or waxable.

Wooden skis are tricky. They require a lot of maintenance. Laminated wooden skis are better as they offer better resistance to breakage and warping.

Fibreglass skis are durable; require little maintenance and often are cheaper than wooden skis.

Waxable skis are usually the best for beginners. If properly waxed they give excellent grip and glide.



Kings on move

Gravenhurst Indians netminder clears the puck as a Penetang King forward sweeps in to block the attempt Friday night at

Penetang Arena. Kings had little trouble as they took the contest by a 10-2 count.

-Photo by Arnold Burgher

Marauders sweep match-up in Orillia

by GARY WATSON

Last Thursday the three boys basketball Marauders continued their dominance in league play, by sweeping Twin Lakes

squads of Orillia.

In the midget game, Midland totally dominated every aspect of the game, demolishing Twin Lakes 85-29. Midland was led by Chuck Quesnelle with

12, Steve Kirdeikis and Bob Dundas had 11. Scott Bales added 10. Midland's offence was balanced as everybody had at least one point. The defence played well also, allowing only nine

second half points.

In the senior match, Midland had a tougher time than the midgets only beating Twin Lakes by 27, 79-52. Jim Faragher had the first eight points of the game,

and was hot the rest of the game as he had the game high 20 points. Ken Shearer kept up his steady play adding 13. Brad Price, Kevin Gray and Gary Watson each had eight. Next action for all three teams is against the Crusaders of St. Theresa's on Wednesday.

Monsignor Castex capture crown

The Monsignor Castex Boys Volleyball team capped a successful year of volleyball by capturing their third straight Simcoe County Elementary School Volleyball championship Saturday in Orillia.

Twelve teams from across Simcoe County earned the right to compete in the Simcoe County Championship by either winning or placing second in each of the six area championships.

The Monsignor Castex squad went undefeated for the tournament.

This was due to the strong hitting of David Forrest and Derek Taylor, combined with the fine setting of Dean Scott, Dennis Desjardins, and Stephen Bernard and the strong defensive play of Jason LeClair and Kipp Edwards. There was also some fine spot play by Robert Marchand,

Jeff Hodgins and Chris Irvine.

Castex emerged first in their pool and met Tottenham in the quarter-finals whom they defeated 15-12 and 15-3. In the semi-finals Castex met a very strong Warnica squad from Barrie and defeated them 15-6, 15-12.

The final was a rematch of the Area 3

final featuring Msgr. Castex and Bayview Public School. Castex easily won the first game of the final 15-1, thanks to fine serving from Kipp Edwards who served up 12 consecutive points. In the second game Castex defeated Bayview 15-10.

The Castex team becomes the first team ever to win the Simcoe County Championship three successive years.

When you need a car, call
MARC MAURICE
Bus: 534-7251
Res. 526-8454
LOCKHART MOTORS

MOUNTAINVIEW SKI AREA PRO SHOP

- Edge sharpening, hotwaxing, binding installation
- Downhill skis, boots, etc., for sale
- Cross country skis, boots
- Children's downhill & cross country packages

Some used equipment

See us soon
526-8149

Young Drivers of Canada Midland/Penetang

"HE'S NOT STOPPING"
Drive with us first and escape

- ★ YDC GRADUATES ELIGIBLE FOR UP TO 44% DISCOUNT ON AUTO INSURANCE
- ★ COURSE FEE IS INCOME TAX DEDUCTIBLE ★ VISA ACCEPTED

Next Day Course Dec. 30-31, Jan 2 & 3
Christmas Gift Certificates available

526-8500

Over 150,000 graduates recommend us
Young Drivers of Canada 303 MIDLAND AVE., MIDLAND
The Leaders in Driver Training Coast to Coast

Hey Kids! "E-T" ...is back

you can see him at the

"FREE MATINEE"

Saturday, Dec. 21st -
12:30 & 2:30 p.m.
At The Roxy 2-Theatre
DOWNTOWN MIDLAND

Be sure and see this special showing of

Pick up your FREE E-T Matinee tickets now at

GAMES PLUS

HOME COMPUTERS & SOFTWARE

'An Authorized Commodore Dealer'

299 King St., 526-2464