

Recipe found inside new cookbook

Ever sample muskrat hash?

by
PAUL SANDERSON
People who have never sampled muskrat hash, just might be tempted to give it a try, after reading a new rural and native heritage cookbook that appeared in Midland stores last week.
Muskrat hash is the favourite recipe with Beverly Brown, one of six women writers who compiled 200 recipes for wild game and plants, into a handsome 164 page cookbook titled *The Gathering*.

The recipes, collected primarily from native

reserves all over Ontario, are designed to make wild game like bear and squirrel, or plants like milkweed and crabapples, palatable to the average person.
In addition to discussing preparation of all North American wild game species, as well as bread, sauces, stuffings, and fish, *The Gathering* offers easy reading insights into cleaning, skinning, and tanning, recognizing and collecting edible plants, the distinctive characteristics and habitat of each wild

game animal, along with many pen and ink drawings and several native poems.
The six women are members of Lovesick Lake Native Women's Association, in Burleigh Falls (north of Peterborough), which has undertaken to publish the unique book.
Along with fellow writer Brenda Burns, who grew up in Midland, Brown visited this area last week to confer with Mary Hunt, Anne Connell, and Jean Leavens, three of the Midland women who compiled the popularly

successful Georgian Bay Gourmet series of cookbooks.
After working on the new cookbook, Brown and Burns now derive 60 percent of their diets from wild game and natural foods.
They hope their book will give more people another way to appreciate our natural resources, while its sales will aid funding for Camp Tuc-Qua-Shin, (he or she comes) a new Peterborough area heritage camp for native and non-native youths.



Making the most of Nature's best

Just in time for Christmas, Volume I of the Rural and Native Heritage Cookbook is appearing upon shelves in Midland stores. Brenda Burns (left), and Beverly Brown (right), two of the unique book's six writers, compilers,

and publishers, visited Midland last Tuesday to confer with the local women who produced the popular Georgian Bay Gourmet series of cookbooks.

Holt wants to be part of progressive council

Ray Holt is one of seven candidates for the three Ward 1, Midland, aldermanic seats. The voters, says Holt, have a choice between a new council which will point to the next century, and a council which will go backwards in time. The text of his election platform appears below:

"The key issue, as I see it, is whether a progressive council will be elected which will point Midland towards the 21st century or one which will gallop madly towards the past. You, the electorate, must decide whether you want a council which governs by negotiations and consensus or by confrontation, a council which is aware of the complexity of municipal government, weighs all the possibilities and comes to a democratic solution, or a council whose members propose simplistic solutions and then behave like spoiled children when their suggestions are turned down by the majority."
"I think the answer is obvious and I hope, with your help, to be a member of a progressive council."

"The incoming council will have a number of issues to contend with."
"Probably uppermost in most people's mind at this time is the question of the annexation of the commercial strip on Highway 93. I prefer the term integration rather than annexation. Annexation conjures up the image of Midland as the Big Bad Wolf stealing the cookies from Tiny Township as Little Red Riding Hood. Nothing could be farther from the truth. It would seem logical to me both from the economic and environmental point of view that a built up area with the density that this area has, should be administered by an urban council rather than a rural township council, particularly in view of the proximity to the Midland town boundary."
"I do have some reservations about the total area, 2,400 acres, which it has been suggested should be integrated into Midland,

and, if elected, I would examine this closely before giving my unqualified support."
"The opponents of integration have raised the spectre of cost for such a move. They seem to ignore the income from such a source. They also ignore the possibility that expenditures would be spread over a number of years and not require a massive outlay in one shot."

"These same people promote industrial development, citing the tax income that this would generate. This is a good example of their tunnel vision, since they conveniently ignore the expenses involved in servicing industrial land and at the same time ignore potential income from the Highway 93 strip."

"I too am in favour of industrial development but I am not blind to the costs involved."

"There are many other advantages to integration which I would be glad to discuss with residents."

"While we are on the topic of industry there is one which is already very important in this area, but which I feel should be promoted even further, and that is tourism."

"Recently there was a report in the Toronto Star that the Toronto Blue Jays playoff series pumped \$85 million into the Toronto economy in the space of a week. While we are obviously not going to generate that kind of income, it gives one some idea of the kind of money that is circulation. Tourism is also recognised as being the second largest industry in Ontario."
"Mr. (Art) Argue, (a) candidate for deputy reeve, described tourism as a dead issue. Eighty-five million dollars a week is a pretty substantial dead issue."

"I feel that tourism should be encouraged in two directions. First in the area of family vacations. It should be possible for a family to visit Midland and have a different experience everyday for a week. At the moment this is not the case. Secondly in the area of conventions.

At the moment facilities for conventions are limited. I would like to encourage development in that direction."

"Another area of concern to me are the municipal facilities and services. There are areas where certain facilities are lacking, for example, storm sewers, and these must be added or improved as and when funds become available. There are other facilities which I feel are underused, for example, the Civic Centre. This could be a modest source of income for the municipality if it were used more frequently. I intend to pursue the lack or underuse of facilities and services if I am elected."

"As you are probably aware, I am a teacher and concern has been expressed to me by the teenagers young people that there is not enough for them to do, particularly if they are not inclined towards sports. This sector of the community, not being voters, is quite often overlooked and I would like to be able to rectify this situation."

Let's face it, they are, after all, Midland's future."

"The concerns which I have expressed so far have one common theme - money. Part of the complexity of municipal government is the many sources of income - federal, provincial, municipal or user fees. It is essential that every avenue of funds be fully probed. At the same time it is essential that none of these funds are wasted. You and I contribute these funds and I intend to take the same care of them as I would if they were coming out of my own pocket, as indeed they are."

"I will not however, cut funds based on some philosophy which smacks of Reaganomics as has been suggested by other candidates. The town of Midland has a deficit as have most municipalities in Canada and certain candidates claim that they can reduce this deficit by some penny-ante cost cutting schemes."
"President Reagan in the U.S. tried and their deficit grew even bigger

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at the expense of social services."
"Prime Minister Mulroney tried with the same result."
"Apparently these candidates have some secret formula which will preserve, indeed improve, services and facilities, in the town of Midland and at the same time reduce the

deficit."
"If they have I wish they would pass it on to the federal and provincial governments."
"Let me conclude by saying that I cannot promise you the moon in good conscience, but I can promise you that I will be responsive to your needs, responsible

in handling the affairs of the town of Midland and reasonable in my dealings with others members of council.



ALDERMAN WARD 2 ELECT

DON SHERK

FOR: INDUSTRIAL & JOB CREATION

LEADERSHIP

CO-OPERATIVE ATTITUDE



Graduate of Ryerson Institute in Business Administration

Age 41, Married to Pat, Father of two children, 17, and 11

Member - Public Safety Committee Town of Midland

Chairman of Waterworks & Computer Committee
Member - Finance Committee Town of Midland
Vice-Chairman of PUC

SHERK DON