

Community calendar

Aug. 1

Visitor Services programs in Provincial Parks are organized for the enjoyment and education of park users.

In Huronia, programs will be offered at Awenda, Earl Rowe, Six Mile Lake and Wasaga Beach Provincial Parks. An array of experiences are offered, ranging from demonstrations of canoeing, camping and other recreational skills, to nature hikes, guest speakers and film programs.

Campers, day-users and the general public are all welcome to participate. A valid campsite or daily vehicle permit is the only fee applicable. The \$2.50 per vehicle day use fee provides entry into the park as well as use of all park facilities for the day.

Aug. 1

Couchiching Music Theatre presents Theatre Sheridan Productions in "A Funny Thing Happened on the Way to the Forum," a hilarious musical comedy. The performance will be staged at the Orillia Opera House at 8:30 p.m. Tickets are available at the Opera House Box Office or by call 326-8011.

Aug. 1

The special presentation at the Wye Marsh Wildlife Interpretation Centre has been changed because guest speaker Roger Chittenden cannot attend. Instead wildlife slides and film showing is scheduled, starting at 7:30 p.m. Telephone 526-7809 for details.

Aug. 2, 3

Couchiching Music Theatre presents Theatre Sheridan Productions in Cole Porter's "Kiss Me Kate," a musical adaptation of Shakespeare's "Taming of the Shrew." Performances will be staged at the Orillia Opera House at 8:30 p.m. Tickets are available at the Opera House Box Office or by calling 326-8011.

Aug. 3

Waubashene Parks and Recreation third annual street dance and fun day, 2 p.m. to 1:30 a.m., St. John's Church yard, Pine Street. Free admission. Entertainment all day children's races, games, prizes, crafts and bake table.

Aug. 4

Tanglefoot presents songs, stories and images of early Canada at 8:30 p.m. in the Cedar Spring picnic area, Beausoleil Island. Performances also in the afternoon on Bone Island, Pan Bay and Ojibway Bay. Weather permitting.

Old fashioned picnic in the Cedar Spring picnic area, Beausoleil Island. At 2 p.m. meet some of the "former residents" of Beausoleil Island in the play Island Views. Family games to follow. Sand castle building contest from 12 p.m. to 5 p.m. Weather permitting.

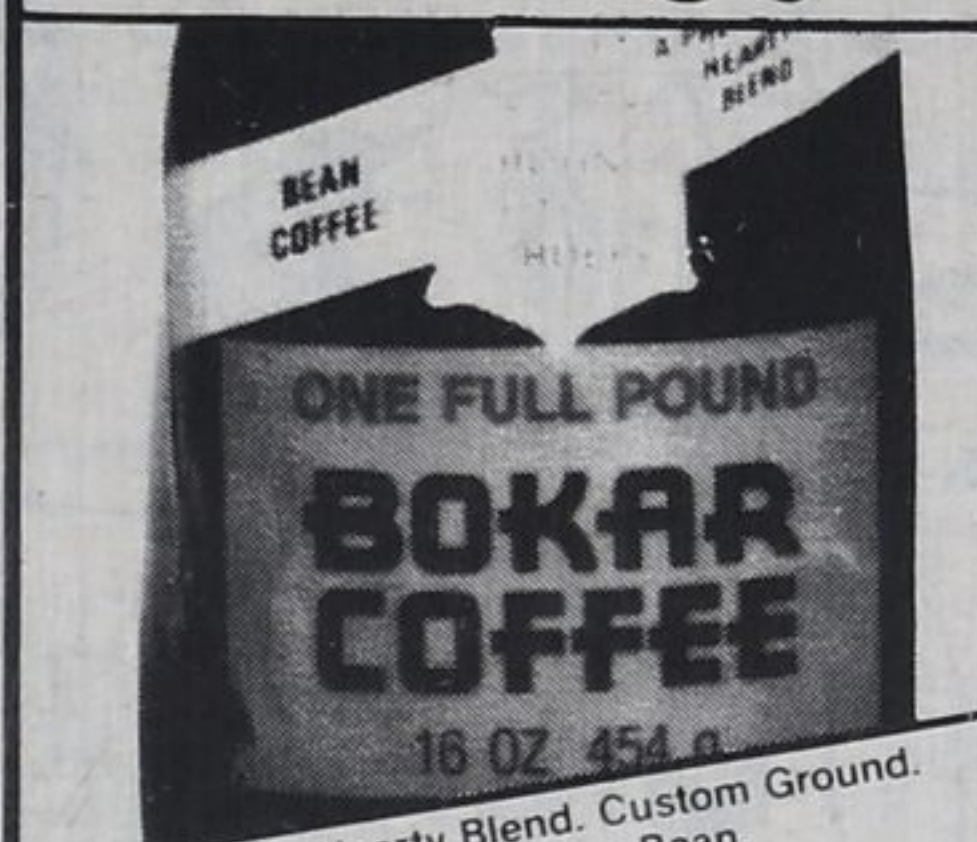
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SALE

Prices effective Monday July 29th thru Saturday, August 3rd, 1985.
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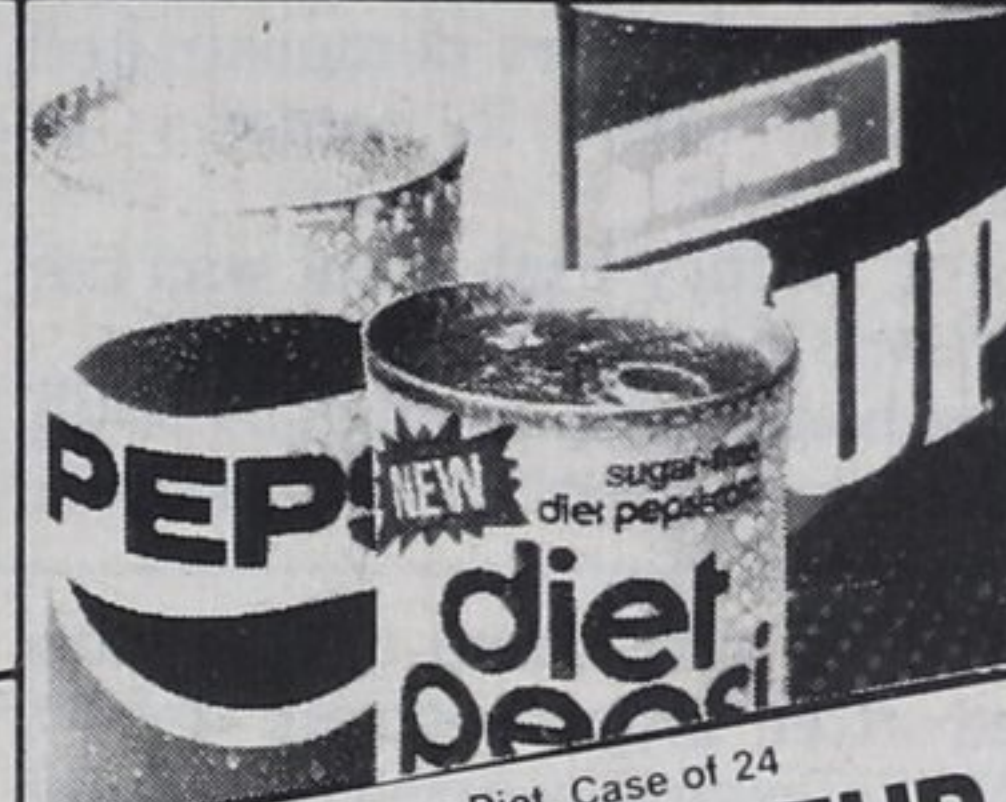


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8 oz jar

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Outside Cut, eye removed, Boneless

Round Roast

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/kg / lb

Cut from Canada's Finest Grade 'A' Beef
Boneless Sirloin Steak or

T-Bone or Wing Steak or Roast

8.80 / 3.99
/kg / lb

Schneider's, sliced, Regular, Thick
Maple or Hickory

Side Bacon

2.99
500 g
vac pac

Sirloin Tip, Rump or Inside Cut Round
Boneless Roasts 6.37 / 2.89
/kg / lb
Fresh, Lean 'Great on the B.B.Q.'
Ground Beef 4.17 / 1.89
/kg / lb
Cut From Canada's Finest Grade 'A' Beef-Tenderized
Cube Steak 7.70 / 3.49
/kg / lb
(Inside Cut 6.59/kg-2.99 lb)
Round Steak (Full Slice) 6.15 / 2.79
/kg / lb

New Zealand spring, Frozen (Shoulder Chops 4.39/kg-1.99 lb)
Loin Lamb Chops 6.59 / 2.99
/kg / lb
New Zealand Spring, Frozen, Butterflied (Semi-Boneless 5.49/kg-2.49 lb)
Lamb Legs 7.70 / 3.49
/kg / lb
Coorsh Colelaw or
Potato Salad 500 g
ctn 1.19
Coorsh, sliced
Corned Beef pack of 4
50 g pouches 2.49

All varieties incl Red Hots & All Beef
Schneider's Wieners 450 g
vac pac 1.99
Schneider's, round sliced, 9 varieties
Cooked Meats 175 g
vac pac 1.79
Schneider's, sliced picnic or
Chopped Ham 175 g
vac pac 1.59
Schneider's Regular or All Beef
Bologna 375 g
vac pac 1.99

Schneider's popular, 12 varieties
Cooked Meats 175 g
vac pac 1.19
Schneider's, sliced, regular or maple
Cooked Ham 175 g
vac pac 1.89
Schneider's, 10 varieties incl Ham & Bacon
Mini Deli Chubs 250 g
vac pac 2.19
Schneider's, Ready-to-Serve, halves
Olde Fashioned Hams 880 / 3.99
/kg / lb

Baker's Oven
Available at most stores

Chocolate
Fudge Brownies family pack
each 1.79
Coconut Macaroons pkg of
12 1.49

Pier 19
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British Columbia, 2-5 lb average
Pink Salmon 5.71 / 2.59
/kg / lb
Boston
Bluefish Fillets 3.29 / 1.49
/kg / lb

the deli Available at
most stores.

Schneider's popular, 6 var incl Mac & Cheese
Meat Loaves .73 / 3.29
/100 g / lb
Schneider's Jumbo
Summer Sausage 1.10 / 4.99
/100 g / lb

Garden Fresh PRODUCE

Prod. of Ontario, delicious in salads
Fresh Mushrooms 12 oz
pkg 1.99
Canada No. 1, Prod. of U.S.A., Large, Fresh
Green Peppers 3/1.00

Powdered Laundry
Sunlight Detergent
12 litre box

6.99

SAVE 3.30

1-Ply Bathroom, Champagne, Blue,
Pink, White or Yellow
Cottonelle Tissue
pkg of 4 rolls

1.39

SAVE .60

Richmello
Lemon Pie
624 g size

.99

SAVE 1.00

Canada No. 1, Prod. of U.S.A., Red or Green
Seedless Grapes

2.18 / .99
/kg / lb

Frito Lay, Ruffles or Lays, assorted varieties
Potato Chips 200 g
bag .99
Liquid
Old Dutch Bleach 3.6 litre pld
jug .99
Sunny Delight
Florida Citrus Punch pack of 3
250 mL pkg .99
Post Cereal
Bran Flakes 400 g
pkg .99
Hereford
Corned Beef 12 oz
tin 1.99
Martins Reconstituted
Apple Juice 48 fl oz
tin .89
Family, Chocolate, Rice or Tapioca
Nestle's Puddings 15 1/2 fl oz
tin .99
Liquid for dishes
Sunlight Detergent 500 mL
btl .99
Dainty Patna
Long Grain Rice 10 kg
bag 5.99

Natural Mineral
Perrier Water case of 12
695 mL btl 7.99
Kraft smooth
Peanut Butter 1.5 kg
pail 3.99
Macaroni & Cheese
Kraft Dinner 225 g
pkg .59
Motts
Clamato Cocktail 1 litre
btl 1.79
Frozen, Concentrated
Minute Maid Orange Juice 355 mL
tin 1.39
Frozen, Pepperoni or Deluxe
Alora Pizza pack of 4
100 g pies 2.19
Assorted Varieties
Bicks Relishes 375 mL
jar .99
Kraft Salad Dressing
Miracle Whip 1 litre
jar 2.49
Pure Vegetable
Liberty Oil 3 litre
btl 3.99

Strained meatless varieties
Gerber Baby Food 4.5 fl oz
jars 3/1.00
FBI, apple, grape or 5 fruits
Sprint Fruit Drinks pack of 3
250 mL pkg .99
Heritage
35% Whipping Cream 250 mL
ctn 2/1.58
Assorted varieties
Primo Pastas 900 g
pkg .99
Light & Lively, Assorted Varieties
Sealtest Yogourt 175 g
tub 4/1.49
Sealtest regular
Cottage Cheese 500 g
cont .99
Bonus Pack 100 mL plus 50 mL free
Aim Toothpaste 150 mL
tube .89
10W30
Gulf Motor Oil 1 litre
tin 1.19
Daytime 46's or Toddler 33's
Huggies Diapers convenience
pack 9.99

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Fresh Cantaloupes each .99
Prod. of U.S.A.
Fresh Avocodos 2/99
Canada No. 1, Prod. of Ontario, hydro-cooled
Corn On The Cob 10/1.99
Prod. of U.S.A., large, sweet berries
Fresh Blueberries pint 1.69
Prod. of New Zealand, Fresh
Kiwi Fruit 2/.99
Prod. of Eastern U.S.A., large size
Ripe Watermelon each 3.99
Canada No. 1, Prod. of Ontario, large size
Green Cabbage each .59

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