

# You'll do better at...



QUALITY • VARIETY • VALUES  
We have it all!

Prices effective thru Saturday, July 13th, 1985.  
A&P reserves the right to limit quantities to normal family requirements.  
Savings shown in this ad based on A&P current regular retail.  
Some illustrations in this ad are for design only and do not necessarily represent items on sale.



**SUPER BUY!**

GRADE "A"  
**Sunnyfield Large Eggs**  
PER DOZEN

**.99**

Limit 3 dozen per family purchase

MARTINS, RECONSTITUTED **Apple Juice** 48 fl oz tin **.99** SAVE .86

CHRISTIE'S, REGULAR, CHEESE, NUTTY **Bits & Bites** 200 g pkg **1.49** SAVE .90

ORANGE, PINEAPPLE, GRAPEFRUIT OR TROPICAL FRUIT **Del Monte Juices** tetra pack 1 litre **.99** SAVE .50

PALANDA, 'IN OWN JUICE', TIDBITS, CRUSHED OR **Sliced Pineapple** 19 fl oz tin **.89**

**SAVE .30**

ASSORTED VARIETIES  
**Lancia Pastas**

**.99**

900 g pkg

INSTANT COFFEE **Maxwell House** 8 oz jar **4.99** SAVE 1.50

PURE VEGETABLE **Bravo Oil** 1 litre btl **1.99** SAVE .90

HEINZ, REGULAR, ONION, GARLIC OR MEAT TENDERIZER **B.B.Q. Sauces** 455 mL jar **1.09** SAVE .40

BRavo **Spaghetti Sauce** 28 fl oz tin **.99** SAVE .70

**SAVE .70**

WHITE, YELLOW OR CHAMPAGNE **Viva Paper Towels** PKG OF 2 **.99**

TISSUE, ASSORTED COLOURS **Scotties Facial** box of 20 sheets **.89** SAVE .50

MONARCH, ASSORTED VARIETIES **Sponge Pudding Mixes** 225 g pkg **3/1.57** BUY 3-SAVE 1.40

SOFT 250 g, CRISP 275 g, CLUSTERS 200, CHEWY 225 g **Nature Valley Granola Bars** pkg **1.79** SAVE .60

CHRISTIE'S COOKIES **Chewy Chips Ahoy** 500 g pkg **2.49** SAVE .50

**SAVE .96**

1-PLY, WHITE, YELLOW OR CHAMPAGNE **Cottonelle Bathroom Tissue** PKG OF 8 **2.99**  
Duvet, plain or printed **Bathroom Tissue** SUPER BUY! pkg of 4 rolls **1.89**

**SAVE 1.98/kg** *the Butcher Shop* **SAVE .90 lb**

CUT FROM CANADA'S FINEST GRADE 'A' BEEF  
OUTSIDE CUT, EYE REMOVED

**Boneless Round Roasts**  
**5.93 / 2.69**

/kg / lb

**SAVE 1.76/kg-.80 lb**

CUT FROM CANADA'S FINEST GRADE 'A' BEEF  
SIRLOIN TIP, RUMP OR INSIDE CUT ROUND BEEF  
**Boneless Roasts**

**6.37 / 2.89**

/kg / lb

**SAVE 1.10/kg-.50 lb**

PREMIUM, FULLY SKINLESS, SMOKED,  
COOKED, 16 TO 19 LB AVERAGE  
**Swift Whole Hams**

**3.06 / 1.39**

/kg / lb

COMBINATION PACK CONTAINS: 2 RIB ENDS,  
2 LOIN ENDS, 4 CENTRE CUT CHOPS  
**Loin Pork Chops** **4.17 / 1.89**

/kg / lb

FRESH LEAN, "GREAT ON THE B.B.Q."  
**Ground Beef** **4.39 / 1.99**

/kg / lb

CUT FROM CANADA'S FINEST GRADE 'A' BEEF, FULL SLICE  
**Round Steak** **6.15 / 2.79**

/kg / lb

PORK LOIN RIB PORTION (COUNTRY STYLE)  
**Spare Ribs** **5.05 / 2.29**

/kg / lb

RIB OR 3 TO 3 1/2 LB CUT TENDERLOIN PORTION  
**Pork Loin Roasts** **4.17 / 1.89**

/kg / lb

FROZEN, NEW ZEALAND (SHOULDER CHOPS 4.39/kg-1.99 lb)  
**Loin Lamb Chops** **6.59 / 2.99**

/kg / lb

TOWN CLUB, SWEET PICKLED  
**Cottage Rolls** vac pac **4.39 / 1.99**

/kg / lb

BURNS, REGULAR OR B.B.Q., PRIDE OF CANADA  
**Wieners** vac pac **1.59**

450 g

BURNS  
**Smokie Dogs** vac pac **1.99**

450 g

BREAKFAST  
**Burns Sausages** **3.51 / 1.59**

/kg / lb

CUT FROM CANADA'S FINEST WHITE VEAL SHOULDER  
**Veal Chops** **5.49 / 2.49**

/kg / lb

**Shank or Butt Half** **3.28 / 1.49**

/kg / lb

**Ham Quarters** **3.73 / 1.69**

/kg / lb

BURNS PRIDE OF CANADA, BONELESS, PICNIC STYLE  
**Pork Shoulders** **5.05 / 2.29**

/kg / lb

BURNS, HALVES  
**Vintage Hams** vac pac **7.70 / 3.49**

/kg / lb

PRIDE OF CANADA, SLICED, 5 VARIETIES  
**Cooked Meats** vac pac **.99**

175 g

PRIDE OF CANADA, SLICED  
**Cooked Ham** vac pac **1.59**

175 g

PRIDE OF CANADA, BY THE PIECE  
**Bologna Chunks** vac pac **3.95 / 1.79**

/kg / lb

PRIDE OF CANADA  
**Polish Sausage** **4.93 / 1.99**

/kg / lb

PRIDE OF CANADA, STAMPEDE OR SHAMROCK BRANDS, SLICED  
**Side Bacon** vac pac **2.69**

500 g

PRIDE OF CANADA, SUMMER, SALAMI, PEPPERONI, BIERWURST  
**Party Sticks** 500 g size **2.99**

size

CLIFFSIDE, BEEF, CHICKEN OR TURKEY  
**Meat Pies** 567 g pkg **2.59**

pkg

BLUE WATER, FROZEN, STICKS, FRIES, KRISPS  
**Boston Blue Fish** 700 g pkg **3.29**

pkg



**SAVE 3.30**

POWDERED LAUNDRY  
**Sunlight Detergent**

**6.99**

12 litre box



**SAVE .84**

BETTY CROCKER, ASSORTED VARIETIES  
**Super-Moist Cake Mixes**

**.99**

510 g pkg

**THE FARM**  
at A&P

PRODUCT OF ONTARIO  
**Romaine Lettuce**

**.49**

each

CANADA NO. 1, PRODUCT OF U.S.A., VINE RIPE  
**Fresh Cantaloupe** **1.52 / .69**

/kg / lb

CANADA NO. 1, PRODUCT OF U.S.A., CALIFORNIA  
**Santa Rosa Plums** **2.18 / .99**

/kg / lb

PRODUCT OF U.S.A., LARGE SIZE  
**Blueberries** pint **1.69**

pint

PRODUCT OF U.S.A., LARGE SWEET  
**Whole Watermelon** each **3.99**

each

PRODUCT OF ONTARIO  
**Fresh Spinach**

**2 / 1.49**

10 oz pkg

PRODUCT OF U.S.A.  
**Fresh Nectarines** **2.18 / .99**

/kg / lb

PRODUCT OF ONTARIO  
**Fresh Broccoli** bunch **.99**

bunch

CANADA NO. 1, PRODUCT OF U.S.A.  
**Celery Stalks** bunch **.99**

bunch

PRODUCT OF ONTARIO  
**Fresh Mushrooms** 12 oz pkg **1.99**

12 oz pkg

**We redeem all food store coupons**

Mon.-Sat. 8 a.m.-10 p.m.



**HUGEL AVENUE MIDLAND**



**SAVE 1.00**

NOTHING BEATS THE BEAN. A PREMIUM HEARTY BLEND. CUSTOM GROUND

**Bokar Bean Coffee**

1 LB BAG

**2.99**

(3 lb bag 8.79-SAVE 3.00)

PROCESS CHEESE SLICES **Kraft Single Thins** 500 g pkg **2.99** SAVE 1.00

SCHNEIDER'S, MILD, MEDIUM, OLD WHITE OR COLOURED **Cheddar Cheese** 340 g pkg **2.99** SAVE UP TO .80

PARTLY SKIMMED COTTAGE CHEESE **Nordica 2%** 500 g ctn **1.49** SAVE .64

SWISS STYLE, ASSORTED FLAVOURS **Gay Lea Yogourt** 175 g tub **3/1.49** BUY 3-SAVE 1.00

**SAVE 1.00**

JANE PARKER  
**Lemon Pie**

**.99**

624 g size

(Blueberry Pie 624 g size 2.19-SAVE .50)

JANE PARKER, SLICED **Bran Bread** 675 g loaf **.69** SAVE .40

MARVEL, HAMBURGER BUNS OR **Wiener Rolls** pkg of 12 **.99** SAVE .30

JANE PARKER **English Muffins** pkg of 6 **.69** SUPER BUY!

MARGARINE, BONUS PACK-3 LBS FOR THE PRICE OF 2 **Fleischmann's** 3 lb pkg **2.99** SUPER BUY!

**SUPER BUY!**

ASSORTED FLAVOURS 4 LITRE PAIL  
**Meadowgold Ice Cream** **2.99**

FROZEN, CONCENTRATED, REGULAR OR PINK **A&P Lemonade** 12 1/2 fl oz tin **3/1.00** SUPER BUY!

KRAFT SALAD DRESSING, REGULAR OR LIGHT **Miracle Whip** 1 litre jar **2.49** SAVE .50

SWEET, **Bick's Relish** 1 litre **2.59** SAVE .30

POST CEREAL **Bran Flakes** 400 g pkg **.99** SAVE .50

**SUPER BUY!**

(Plus .30 per btl deposit) 750 mL BTL  
**A&P Assorted Beverages** **3/1.00**