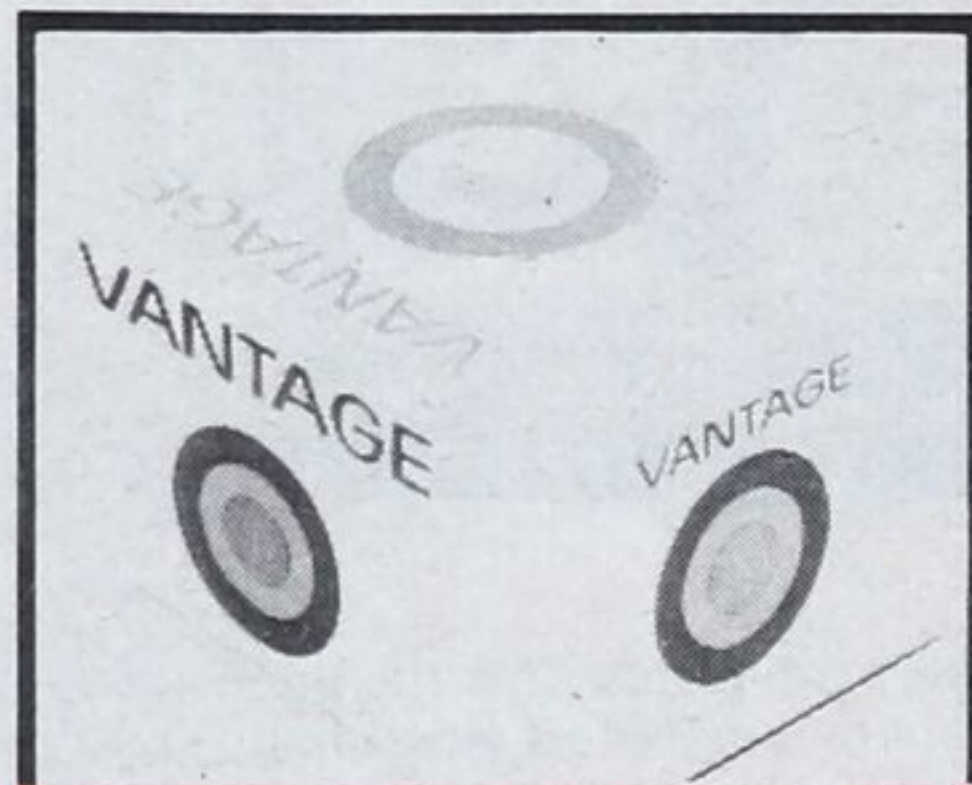


Don't miss our **great pre-summer**

A&P sale!

Prices effective thru Sat., June 22nd, 1985.



SAVE UP TO 1.90

ALL POPULAR BRANDS
REGULAR OR KING SIZE
Canadian Cigarettes
CARTON OF 20'S OR 25'S

15.99

WARNING: Health & Welfare Canada advises that danger to health increases with amount smoked—avoid inhaling

JANE PARKER, SLICED, WHITE
Bread 450 g loaf **.39**

YORK, EXTRA SMOOTH OR EXTRA CRUNCH **SAVE .80**
Peanut Butter 750 g jar **2.69**

FLAKED ALBACORE **SAVE .70**
Clover Leaf Tuna 6.5 oz tin **1.69**

REGULAR OR DEODORANT-BONUS PACK 30'S PLUS 6 FREE
Stayfree Mini Pads box of 36 **2.99**

ASSORTED VARIETIES **SAVE .40**
Habitant Soups 28 fl oz tin **1.19**

SAVE 1.20

ORANGE PEKOE
Tetley Tea Bags pkg of 72 **2.49**

MARTINS, RECONSTITUTED **SAVE .50**
Apple Juice 48 fl oz tin **.99**

MAPLE LEAF **SAVE UP TO .50**
Flakes of Ham 184 g tin **1.39**

A&P **BUY 4-SAVE .71**
Mac & Cheese 225 g pkg **4/1.49**

SAVE .50

PLAIN 28 FL OZ TIN
Primo Spaghetti Sauce **.99**
Primo assorted varieties
Pastas 900g **99¢**

PURE VEGETABLE **SAVE 2.00**
Primo Oil 3 litre plast jug **3.99**

CHEFMASTER **SAVE .30**
Corned Beef 330 g tin **1.49**

ALL VEGETABLE **SAVE .30**
Crisco Shortening 1 kg pkg **1.29**

PLAIN OR PRINTED, ASSORTED COLOURS
Hi-Dri Towels pkg of 2 rolls **.99**

SAVE UP TO 1.90

RICH BLEND, VIVA OR COLOMBIA 7 OZ JAR
Nescafe Instant Coffee **4.99**

SAVE 1.98/kg



SAVE .90 lb

CUT FROM CANADA'S FINEST GRADE 'A' BEEF—OUTSIDE CUT, EYE REMOVED

Boneless Round Roast
5.93 / 2.69
/kg / lb

SAVE 1.76/kg-.80 lb

SIRLOIN TIP, RUMP OR INSIDE CUT ROUND BEEF
Boneless Roasts
CUT FROM CANADA'S FINEST GRADE 'A' BEEF

6.37 / 2.89
/kg / lb

SAVE 1.54/kg-.70 lb

CONTAINS: 2 RIB ENDS,
2 LOIN ENDS, 4 CENTRE CUT CHOPS
Loin Pork Chops
COMBINATION PACK

3.95 / 1.79
/kg / lb

FRESH, WITH BACKS ATTACHED
Chicken Leg Quarters 218 / .99
/kg / lb

SHOULDER (LOIN VEAL CHOPS 10.56/kg-4.79 lb)
Veal Chops 6.59 / 2.99
/kg / lb

FRESH, GREAT ON THE B.B.Q.
Lean Ground Beef 4.39 / 1.99
/kg / lb

PORK LOIN RIB PORTION (COUNTRY STYLE)
Spare Ribs 5.05 / 2.29
/kg / lb

GRADE 'A', EVisCERATED, 2 TO 3 LB AVERAGE
Fresh Chickens 2.62 / 1.19
/kg / lb

NEW ZEALAND SPRING, FROZEN, SEMI-BONELESS
Lamb Legs 5.49 / 2.49
/kg / lb

NEW ZEALAND SPRING, FROZEN, SHOULDER
Lamb Chops 4.39 / 1.99
/kg / lb

SLICED, PREVIOUSLY FROZEN
Beef Liver 1.96 / .89
/kg / lb

LAZY MAPLE, PREMIUM OR SUGAR PLUM, SLICED
Swift Side Bacon 500 g vac pac **2.69**

PREMIUM, (REGULAR OR ALL BEEF FIREBRAND WIENERS 1.99)
Swift Wieners 450 g vac pac **1.59**

SWIFT OLD MILL
Breakfast Sausage 3.51 / 1.59
/kg / lb

SWIFT LAZY MAPLE, PURE
Pork Sausage 500 g pkg **2.29**

GAINERS, PICNIC STYLE, SMOKED, BONE-IN
Pork Shoulders 218 / .99
/kg / lb

SWIFT PREMIUM, BY THE PIECE
Bologna Chunks 3.28 / 1.49
/kg / lb

SWIFT PREMIUM, SLICED, 8 VARIETIES
Cooked Meats 175 g vac pac **.99**

SWIFT PREMIUM, SLICED
Cooked Ham 175 g vac pac **1.59**

SWIFT THINLY SLICED, 5 VARIETIES
Smoked Cooked Meats 71 g pkg **.79**

CANADIAN QUEEN, SLICED, 5 VARIETIES
Cooked Meats 375 g vac pac **1.69**

CANADIAN QUEEN, HOT OR SWEET
Sausage Italian Style **3.95 / 1.79**
/kg / lb

CANADIAN QUEEN, SMOKED
Back Bacon 8.36 / 3.79
/kg / lb

MARY MILES, SLICED
Side Bacon 500 g vac pac **2.19**

TOWN CLUB, SWEET PICKLED, HALVES
Cottage Rolls 4.17 / 1.89
/kg / lb

ALL BEEF
Shopsys Wieners 450 g vac pac **1.79**

SHOPSYS-COLESLAW OR
Potato Salad 500 g ctn **1.49**



SUPER BUY!

CAPRI, 1-PLY, BEIGE, WHITE OR YELLOW
Bathroom Tissue **.99**
pkg of 4 rolls



SUPER BUY!

POWDERED LAUNDRY
Surf Detergent **4.99**
12 litre box



PROD. OF ONTARIO
Romaine Lettuce **.49**
each

CANADA NO. 1, PROD. OF U.S.A., VINE RIPE
Fresh Cantaloupe **.99**
each

CANADA NO. 1, PROD. OF U.S.A.
Fresh Broccoli each **.99**

CANADA NO. 1, PROD. OF U.S.A., GREEN
Seedless Grapes 4.39 / 1.99
/kg / lb

CANADA NO. 1, PROD. OF ONTARIO, SEEDLESS
Cucumbers each **.99**

CANADA FANCY, PROD. OF ONTARIO, ALL PURPOSE
Ida Red Apples 5 lb bag **2.99**

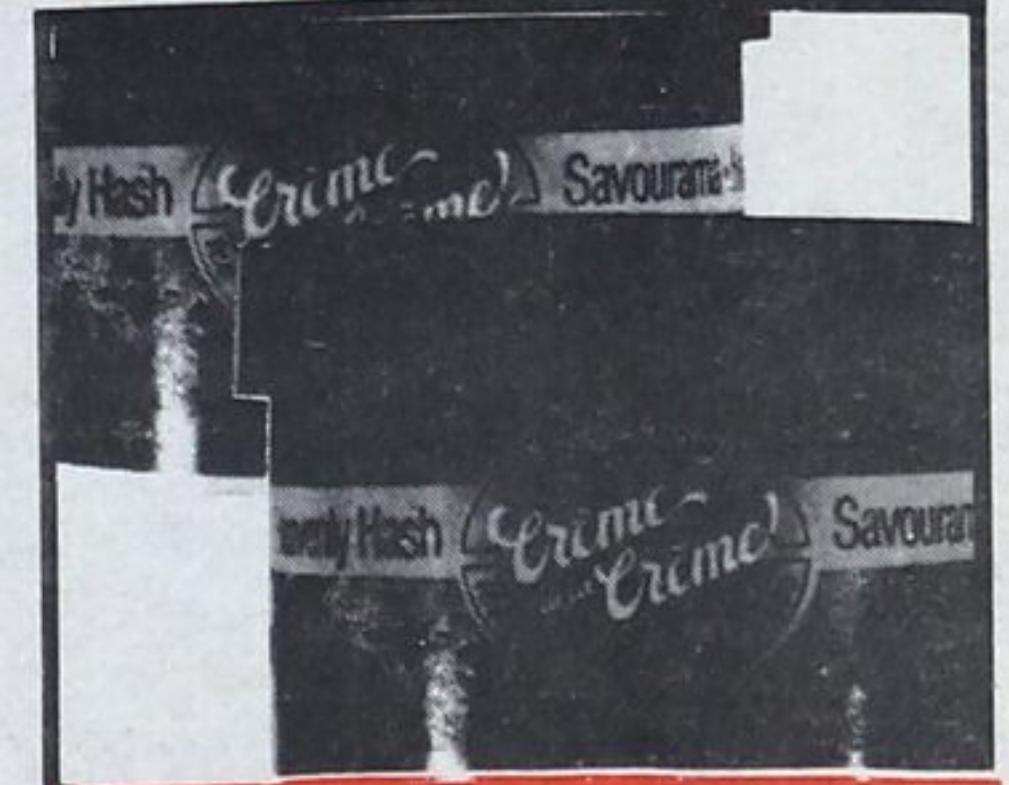
CANADA NO. 1, PROD. OF U.S.A.
Fresh Peaches 2.18 / .99
/kg / lb

CANADA NO. 1, PROD. OF U.S.A., LARGE, FRESH
Cauliflower each **1.99**

PROD. OF NEW ZEALAND, FRESH
Kiwi Fruit 2 / .99

PROD. OF ONTARIO
Fresh Mushrooms 12 oz pkg **1.99**

We redeem all food store coupons!



SAVE 1.00

ASST FLAVOURS, SILVERWOODS ICE CREAM
Creme de la Creme
1 LITRE CONT

.99

CHRISTIE, CUPLLET OR CADET **SAVE .60**
Ice Cream Cones pkg of 48 **1.99**

LIGHT 'N LIVELY **BUY 3-SAVE 1.06**
Sealtest Yogourt 175 g tubs **3/1.49**

MAPLE LEAF, PROCESS **SAVE .30**
Cheese Slices 500 g pkg **2.99**

MARGARINE **SAVE 1.40**
Blue Bonnet 3 lb pkg **2.99**

SAVE 1.00

JANE PARKER
Gold Pound Cake 510 g pkg **.99**

JANE PARKER, SLICED **SAVE .30**
Cracked Wheat Bread 675 g loaf **.69**

DR. OLINDO'S, SLICED **SAVE .50**
Fibread 675 g loaf **.99**

JANE PARKER, SLICED **SAVE .20**
Protein Bread 450 g loaf **.79**

MARVEL, HAMBURGER BUNS OR **SAVE .30**
Wiener Rolls pkg of 12 **.99**

SAVE .40

REGULAR & DIET, ASSORTED FLAVOURS 750 mL BTL
(PLUS .30 BTL DEPOSIT)
Canada Dry Beverages **.39**

OLD SOUTH, FROZEN, CONC, 100% FLORIDA **SAVE .60**
Orange Juice 12 1/2 fl oz tin **1.39**

SUPERMAN, FROZEN, CRINKLE OR STRAIGHT CUT **SAVE .64**
French Fries 1 kg **1.19**

FRITO LAYS, LAYS OR RUFFLES, ASST VAR **SAVE .50**
Potato Chips 200 g pkg **1.29**

CANADA PACKERS LUNCHEON MEATS **SAVE UP TO .50**
Klik or Kam 340 g tin **1.89**

SAVE .70

VEGETABLE 28 FL OZ BTL
E.D. Smith Garden Cocktail **.89**

Savings shown in this ad based on A&P current regular retails.

A&P reserves the right to limit quantities to normal family requirements.

•MON.-WED. 9 a.m.-10 p.m. •THURS.-SAT. 8 a.m.-10 p.m.



HUGEL AVENUE MIDLAND