

Colgate Women's Games June 22-23

All prospective entrants for the eighth annual Colgate Women's Games, to be held at Etobicoke's Centennial Stadium in Toronto on June 22-23, should take special notice of the entry deadline of May 24 for the two day track and field extravaganza.

Acknowledged as the largest women's track and field meet in Canada, the event is open to all females ten years of age or older as

of December 31, 1985 (born in 1975 or earlier).

Sponsored by Colgate-Palmolive Canada, the Games were established in 1978 in an effort to expand the level of participation in the sport of track and field in Canada at the grassroots level. The result has given both youngsters and veterans alike an opportunity to compete in their own age levels.

Having recognized the vast physiological

differences between a ten-year-old and a fifteen-year-old, Colgate-Palmolive has divided the competitors between the ages of 10 and 15 into three separate two year age categories, with a fourth age category for those females 16 years of age or older. This format has become very popular amongst the younger competitors and their parents in that it allows both for equality and a greater

opportunity for the younger competitors to become finalists or medalists, and thus qualify for additional rewards.

The Colgate Women's Games are a unique corporate-sponsored event in that there is no entry fee, all entrants receive a free T-shirt, all finalists will receive special awards of Etonic running shoes, and the top three finishers in each event will receive a Colgate

Women's Games medal.

In addition, for those fortunate enough to finish in the top three of their particular event, Colgate-Palmolive offers Grants-In-Aid of Education in varying amounts depending on the athlete's age category and overall placing. Colgate-Palmolive has disbursed more than \$83,000 through the Grants-In-Aid of Education program in the previous seven

years in an attempt to encourage the recipients to expand their knowledge in the activity of their choice.

The first day of competition will feature those athletes between the ages of 12 and 15 inclusive, while the second day is to be devoted to the 10 and 11 year old girls and those women 16 years of age and older.

Several new features have been added to the Colgate Women's Games this year. There will be two open relay events: An Elementary School 4x100 metre relay on June 22 and a Secondary School 4x400 metre relay on June 23. While these events have been held in past years, they were previously restricted to invited entrants only. The

overwhelming popularity of the relays has resulted in their expanded format.

Yet another change is the inclusion of an invitational 800 metre race to join the traditional invitational 100 metre hurdle event - with both races to be conducted on June 23. Already confirmed for the invitational 800 metres is 1984 Olympic semi-finalist Ranza Clark of Calgary. Clark also won a gold medal in the 1500 metres and a silver medal in the 800 metres at the 1983 Pan American Games in Caracas, Venezuela.

Both the stars of tomorrow and many of the nation's top track and field talents of the present will be on display June 22nd and 23rd.



Active Parkview gymnasts take a well deserved break

It's a rare moment to find these young gymnasts, from Midland's Parkview Elementary School, standing still. The boys and girls posed for a photo,

after competing with 300 other students in an Area 3 (Waubushene to Penetanguishene) gym meet, sponsored by the Hurons Gymnastic

Club at MSS, May 4. No school was declared the winner, but individual gymnasts were received gold, silver, bronze, or merit awards.

Ask the ump

Where is the strike zone?

This does appear to vary from umpire to umpire at times.

Nevertheless, the strike zone is defined in the rule book (1-55a) as "that space over any part of home plate which is between the batter's armpits and the top of his knees when the batter assumes his natural batting stance."

It is common knowledge that major league umpires consider the strike zone to be between the belt and the knees.

This makes more sense due to the fact that that is more within the umpires area of vision.

More and more amateur umpires are adopting the major league strike zone.

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