

Off to Sudbury

-Carol Graham
Eleanor Edwards

Mr. and Mrs. Frank Rumney accompanied Mr. and Mrs. J.D. Walker to Sudbury to visit with Vivian Lane and then Mr. and Mrs. Rumney went on to visit with Mr. and Mrs. James Lane of Gore Bay on the Manitoulin.

Mr. and Mrs. Don Gordon, Paul and Laura recently visited with Mr. and Mrs. Bill Gordon and other family members of Stratroy.

The Vasey United Church Women will hold their annual Bazaar, Tea and Bake Sale on October 31 at 2 p.m. at

Vasey

the Vasey Church. There will also be a display of hand made quilts as well as a craft table.

Mrs. John Caffrey of Nashville, Tennessee and Mrs. Bertha Waples of Elmvalle were guests during the past week with Mr. and Mrs. Ken Rumney.

Sylvia Jones of London spent the weekend at her home here.

Mr. and Mrs. John Isaac and Mr. and Mrs.

Norm Widdes were in London for the weekend to visit with Mr. and Mrs. Bill Russell and family.

Several relatives and friends gathered at the Vasey Church on Sunday afternoon to express their best wishes to Mr. and Mrs. Cliff Irish on the occasion of their 45th wedding anniversary.

During last Wednesday and Thursday, Mr. and Mrs. Ted Vasey visited with Mr. and Mrs. Bill Nesbitt of Brooklin, Mr. and Mrs. Dan Pickard of Port Perry and Mr. and Mrs. Theo Parliament of Beaverton.

Mr. and Mrs. Ken Robinson were weekend guests with Dr. and Mrs. Allan Robinson and family of Milton and on Sunday attended the baptism at St. Paul's Milton for their three grandchildren.

Weekend visitors with Mrs. Olive Edwards were Mr. and Mrs. Allan Edwards of Ripley.

Mrs. Irene Smitham attended the Thompson - Raymer wedding in Orillia on Saturday.

Mr. and Mrs. Leonard Edwards and family of Orangeville spent the weekend with Mr. and Mrs. Orval Edwards and Greg.

Rodney Jones of Toronto visited with his family for the weekend.

Mrs. Gladys McLay visited during the week with friends in Bridgenorth.

Canada Post to extend rate freeze

Canada Post announced today it will extend its current rate freeze at least through to the end of the first quarter of 1985. The last postal rate increase was in early 1983.

Speaking to the Winnipeg Chamber of Commerce, R. Michael Warren, president and chief executive officer of Canada Post Corporation said, "This decision will not only provide some unexpected financial relief to our customers, but it will also enable us to concentrate our full efforts on the series of labour negotiations in which we are currently involved."

"The exact timing and the amount of any future rate increase will, of course, depend partly on the outcome of these negotiations."

In order to finance this extension of the rate freeze, Canada Post will have to find further internal savings and use some of the revenues from increased sales.

In terms of the current negotiations the corporation is pursuing two primary goals: a phased-in movement towards wage comparability with its private sector competitors and increased flexibility to manage the workforce more efficiently.

Canada Post has already reached a tentative agreement with the Letter Carriers' Union of Canada and Warren is "optimistic" that a fair and reasonable negotiated settlement will be reached with the inside postal workers in the weeks ahead.

The president also announced that Canada Post will concentrate its business development efforts on three key existing product lines: parcels, courier services and electronic mail, rather than on new business ventures.

Noting that the total overall volume growth on all products in the past year has been in

the five to six percent range, Warren said, "Our ultimate objective is to move more mail, more quickly, with proportionately fewer resources. We're developing an effective national postal production line that will, in the months ahead, enable us to continue to increase our speed and reliability in a cost-effective manner, while still processing the increased volume."



The Penetanguishene Police Department is looking for an eight-inch Rockwell trim saw owned by Perkinsfield Rustic Furniture that went missing after it fell out of a van driven last Friday afternoon on the former Beck Lumber Company property off Fox Street in Penetanguishene.

A van carrying the

saw was being driven down one of the rough dirt roads on the property when the saw flipped out the back of the vehicle. By the time the driver of the van noticed that the saw was missing and returned to look for it, someone else apparently spotted it and picked it up.

The saw is valued at \$300.

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Yes folks, YOU are a walking marvel...

Your hair can support the weight of a car. Your skull is as strong as steel. And your feet can stand up to a pounding of more than 1,000 tons a day says DUO writer Graham Payne.

Did you know your ears are still growing, even though the other parts of your body have stopped? And that if you lived to be 1,000, your ears would be as large as an elephant's?

The quality of your hearing varies according to the time of day. It is at its worst at lunchtime and at its keenest during the early morning.

You may not have a hairy chest, but your whole body is covered with hairs more than 500,000.

The only hairless areas are the palms of your hands and the soles of your feet.

And you may not think the hair on your head is very strong, but it is as strong as aluminium.

A narrow stretch of rope woven from human hair has supported the weight of a small car.

Your skull is as strong as steel, though proportionately it weighs only a fifth as much.

You think you've got nice big blue eyes? No so. Blue eyes are really red and only appear to be blue.

The iris, the coloured part of the eye, is covered with tiny blood vessels which, seen through the cornea at the front of the eye, look blue (in the same way veins look blue when seen through the skin).

The fact that you blink several hundred times a day means you spend a considerable amount of your waking life unable to see a thing.

The hardest part of your body is the enamel on your teeth - it is even harder than ivory.

Your hands are probably your most complex instruments, capable of performing thousands of jobs with precision.

Just to grasp something brings into play a host of muscles, joints and tendons - from the shoulders to the fingertips. Taking a spoonful of soup, for instance, involves more than 30 joints and 50 muscles.

Few people have absolutely healthy feet and you are probably no exception.

During an average day, your feet take a sledgehammer pounding equivalent to more than 1,000 tons.

They can support the weight of a 14-stone man on a base less than one third of a square foot in area without fatigue.

This is achieved by an astonishing arrangement of bones and joints - for a quarter of all the bones in your body are in your feet.

The human hearts beats about 1,000,000 times a day and about 40,000,000 times a year.

Normally it beats 70 to the minute, but it often changes its rate to keep pace with music or the rapid beat of drums. It can be made to pulse to almost any rhythm and automatically picks up the beat set for it.

You may not have noticed it, but you are a little lop-sided. If you could fold in half longways, your halves would not match perfectly.

Usually, the left leg is a shade shorter than the right. One arm is longer, one ear bigger and there is likely to be more hair on one side of the head than the other.

Your body contains four ounces of sugar, enough chlorine to disinfect two swimming pools, 50 quarts of water, three pounds of calcium and 24 pounds of carbon.

And you have enough phosphorus to make 20,000 match heads, enough fat for 10 bars of soap, enough iron to make a two-inch nail, enough sulphur to rid a dog of fleas and enough glycerine to explode a naval shell.

It all comes gift-wrapped in 20 sq. ft. of skin.

MOVIE GUIDE

ROXY TWIN THEATRES 526-5791

ROXY 1 Starts Friday 7 and 9
Brian DePalma's **BODY DOUBLE**

ROXY 2 Fri-Sat. Oct. 26-27
9 p.m.

7:15 **The Never Ending Story** also **GREMLINS** (PG)

Sat. Matinee 1:30 **Never Ending Story**

Sun. Oct. 28 to Thurs. Nov. 1

7:15 **CLASS** **LONE WOLF McQUADE** (PG)

Added feature
Thurs. Nov. 1

LONE WOLF McQUADE

ADULT ACCOMPANIMENT
VIOLENCE COARSE LANGUAGE

PEN TWIN PENETANG 549-2953

PEN 1 Starts Friday 7 and 9
FIRST BORN (PG)

Sat. Matinee 1:30 **Muppets take Manhattan**
Saturday 11:15 **Rocky Horror Picture Show - A.A.**

PEN 2 Starts Fri. 7 and 9

Coming Thurs. Nov. 1 **Karate Kid Triple Bill**

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