

We redeem all food store coupons!

Best Selection in Town!
A&P
 ...the BETTER STORE!

Summer Savings!



SAVE 1.70

WHITE
Heinz Vinegar
 4 LITRE PLASTIC JUG
.99



SUPER BUY!

CAPRI, BEIGE, WHITE OR YELLOW
Bathroom Tissue
 PKG OF 4 ROLLS
.99

SMALL 500 mL SIZE-3.59-LARGE 1.5 LITRE SIZE-5.79
Mason Jars Med. Size ctn of 12 1 litre **4.49**

A&P, FRUIT **SUPER BUY!**
Pectin Crystals 57 g pkg **.49**

PRESERVING (CERTO LIGHT CRYSTALS 49 g PKG. 99)
Certo Liquid 170 mL btl **1.39**

IN TOMATO SAUCE-SPAGHETTI, U.F.O.'S OR **SUPER BUY!**
Heinz Scarios 14 fl oz tin **.69**

SAVE 2.00
MOTHER PARKERS 'New Size' Instant Coffee 200 g JAR **3.49**

GENERAL MILLS, PEANUT BUTTER & CHOCO. FLAVOURED **NEW AT A&P!**
E.T. Cereal 400 g pkg **2.59**

PLAIN, WITH GARLIC OR POLSKI **SAVE .50**
Bick's Dill Pickles 1 litre jar **1.89**

10W30 **SAVE .30**
Shell Motor Oil 1 litre plast cont **1.19**

TRIPLE STRIPE, MINT OR NEW MINT **SAVE .90**
Aqua Fresh Toothpaste 100 mL tube **1.09**

BUY 3-SAVE .33
 STRAINED, MEATLESS VAR OF FOODS & JUICES 4.5 FL OZ TIN
Heinz Baby Foods **3.99**

Prices effective thru Saturday, August 18th, 1984.

SAVE 1.76/kg

The Butcher Shop

SAVE .80 lb

CUT FROM CANADA'S FINEST GRADE 'A' BEEF SEMI-BONELESS

Blade ^{or} chuck Short Rib Roast
3.73 / 1.69 /kg / lb

SAVE 1.32/kg-.60 lb

CUT FROM CANADA'S FINEST GRADE 'A' BEEF BLADE, CHUCK SHORT RIB OR SHOULDER
Boneless Beef Roasts
4.39 / 1.99 /kg / lb

SAVE .66/kg-.30 lb

COMBINATION PACK, CONTAINS: 2 RIB ENDS, 2 LOIN CHOPS, 4 CENTRE CUT CHOP
Loin Pork Chops
4.39 / 1.99 /kg / lb

EXCELLENT FOR BRAISING
Blade Steaks **3.73 / 1.69** /kg / lb

STEAKS & ROASTS
T-Bone or Wing **11.00 / 4.99** /kg / lb

ROAST OR CHOPS
Pork Loins Centre Cut **5.93 / 2.69** /kg / lb

TOWN CLUB, READY-TO-SERVE, BONELESS
Dinner Hams **5.71 / 2.59** /kg / lb

CUT FROM CANADA'S FINEST GRADE 'A' BEEF
Sirloin Steak **10.56 / 4.79** /kg / lb

TOWN CLUB, SWEET PICKLED
Cottage Rolls **4.39 / 1.99** /kg / lb

RIB OR 3 TO 3 1/2 LB TENDERLOIN PORTION
Pork Loin Roasts **4.39 / 1.99** /kg / lb

OLD MILL (LAZY MAPLE PURE PORK SAUSAGES 500 g TRAY 2.39)
Breakfast Sausages **3.51 / 1.59** /kg / lb

FRESH, MEDIUM
Ground Beef **3.73 / 1.69** /kg / lb

SWIFT PREMIUM
Wieners 450 g vac pac **1.49**

PORK LOIN RIB PORTION (COUNTRY STYLE)
Spare Ribs **4.61 / 2.09** /kg / lb

SWIFT PREMIUM, SLICED 8 VAR INCLD MAC & CHEESE
Cooked Meats 175 g vac pac **.99**

RIB PORTION
Boneless Pork Loins **5.71 / 2.59** /kg / lb

SWIFT PREMIUM
Sliced Bologna 375 g vac pac **1.79**

SLICED, PREVIOUSLY FROZEN, SKINLESS & DEVEINED
Beef Liver 218 g / lb **.99**

LAND O' FROST, THIN SLICED, 5 VAR INCLD CORNED BEEF
Cooked Meats 71 g pkg **.79**

TOWN CLUB, SLICED
Side Bacon 500 g vac pac **2.69**

SIENA, HOT, SWEET OR B.B.Q. FLAVOUR
Sausage Italian Style **5.49 / 2.49** /kg / lb

BLUE WATER, FROZEN
Fish & Chips 750 g pkg **2.29**

BOSTON BLUE, FROZEN
Fish Fillets **2.40 / 1.09** /kg / lb

SAVE .86
 SARA LEE, FROZEN, VANILLA CAKE WITH CHOCOLATE PUDDING OR CHOCOLATE CAKE WITH VANILLA PUDDING
Puddin' in Middle Cakes
1.99 16 oz cake

SAVE .70
 ASSORTED FLAVOURS
Beatrice Ice Cream
1.99 1 litre ctn

BEATRICE, ASST FLAVOURS **BUY 3-SAVE 1.12**
Fruit Bottom Yogurt 3 175 g tubs **1.49**

SUN SPLASH, FROZEN, CONC. **SUPER BUY!**
Orange Juice 12 1/2 fl oz tin **.89**

SEALTEST REGULAR, 4% **SAVE .56**
Cottage Cheese 500 g ctn **1.59**

SUPERMAN, FORZEN, ASSORTED CUTS **SAVE .50**
French Fries 1 kg pkg **1.29**

VILLAGE, 100% VEGETABLE OIL **SUPER BUY!**
Soft Margarine 1 lb tub **.89**

WESTVALE, FROZEN, CONCENTRATED **SAVE .40**
Raspberry Juice 250 mL tin **.99**

BBQ **SAVE .79**
Heinz Meat Varieties 3 1/2 oz jar **.79**

FROZEN, CONCENTRATED, PINK OR WHITE **SUPER BUY!**
McCain Lemonade 12 1/2 fl oz tin **.69**

THE FARM at A&P

PROD. OF ONTARIO, FRESH, TENDER
Green or Yellow Beans
1.08 / .49 /kg / lb

PROD. OF B.C. PEAK OF THE CROP
Fresh Apricots
9.99 2.18/kg .99 lb 11 lb case

CANADA NO.1 PROD. OF ONTARIO, SNOW WHITE
Fresh Cauliflower each **.99**

PROD. OF U.S.A., CASABA, SANTA CLAUS, CRENSHAW
Fancy Melons each **2.99**

PROD. OF ONTARIO, DELICIOUS IN SALADS
Fresh Broccoli each **.99**

PROD. OF U.S.A., JUICY, SEEDLESS, REFRESHING
Fresh Limes **10 / .99**

ONTARIO MINI GRADE, PROD. OF ONTARIO
New Potatoes 4 litre basket **1.99**

PROD. OF U.S.A., SWEET, JUICY
Fresh Mangos each **.79**

CANADA NO.1 PROD. OF ONTARIO, HYDRO-COOLED
Corn-On-The-Cob **12 / 1.99**

CANADA NO.1, PROD. OF U.S.A., CALIFORNIA, THE NATURAL SNACK
Seedless Grapes 218 g / lb **.99**

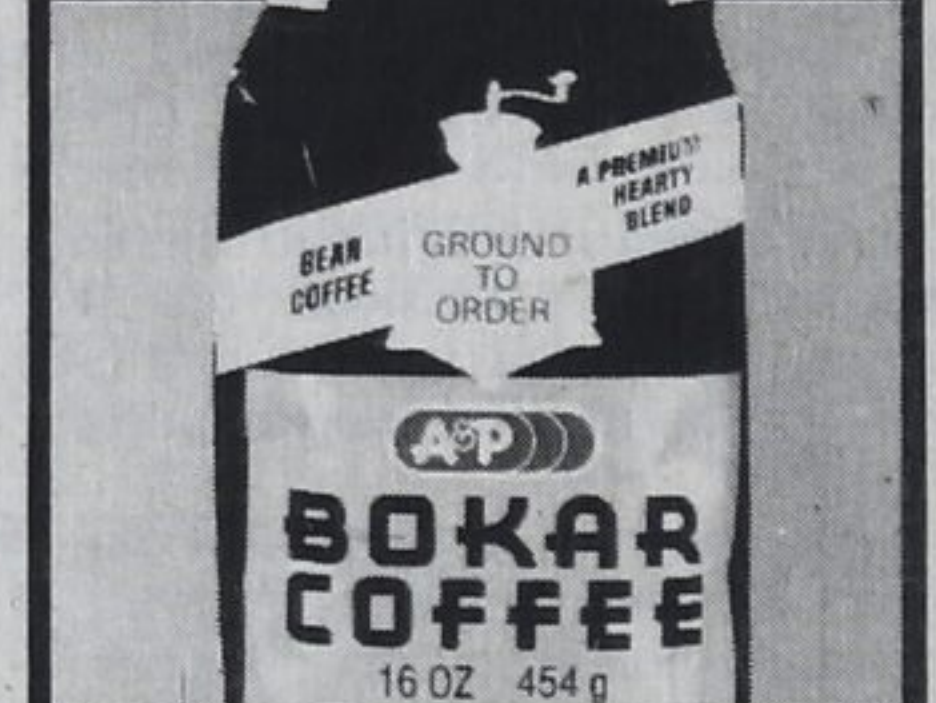
A&P reserves the right to limit quantities to normal family requirements!

SAVINGS SHOWN IN THIS AD BASED ON A&P CURRENT REGULAR RETAILS.



SAVE .60

CHUNK LIGHT IN WATER OR OIL
Star Kist Tuna
 6 1/2 OZ TIN
.99



SAVE 1.00

A PREMIUM BLEND, CUSTOM GROUND
Bokar Bean Coffee
 1 LB BAG
3.29
 (3 lb bag 9.69-SAVE 3.00)

CHEFMASTER **SUPER BUY!**
Corned Beef 12 oz tin **1.29**

SKIPPY, CREAMY OR SUPER CRUNCH **SAVE .36**
Peanut Butter 500 g jar **2.39**

STUFFED MANZANILLA **SAVE .70**
Unico Olives 375 mL jar **1.29**

PURE CORN **SAVE .50**
St. Lawrence Oil 1 litre ctn **2.59**

SAVE .70
 PRINTED ORANGE, GREEN OR GOLD **PKG OF 2 ROLLS**
White Swan Towels **.99**

WHITE SWAN, B. ICE, WHITE OR YELLOW **SUPER BUY!**
Facial Tissue box of 200 sheets **.89**

NEW, POWDERED LAUNDRY **SAVE 2.00**
All Detergent 5 litre box **4.99**

ASSORTED FLAVOURS INCLUDING PURE SPRING GINGER ALE
Crush Beverages case of 24 280 mL tins **5.99**

ASSORTED FLAVOURS INCLUDING PURE SPRING GINGER ALE
Crush Beverages 750 mL btl plus .30 btl dep **.59**

WITH THIS **A&P** COUPON **SAVE .80**
Luvs Diapers pkg of 48 **9.99**
 (OUR REGULAR PRICE IS 11.49)
 Limit one pkg per coupon. VALID UNTIL AUGUST 18th, 1984
 (if feature price 10.79 without coupon)

A&P HUGEL AVENUE MIDLAND

Mon/Wed 9 a.m.-10 p.m.; Thurs/Sat 7 a.m.-10 p.m.