

We redeem all food store coupons!

Come on down & SAVE!



...the BETTER STORE!

Open 7 a.m. Thurs., Fri., & Sat.
Open Evenings til 10 p.m.
Monday Thru Saturday.

Summer Savings!

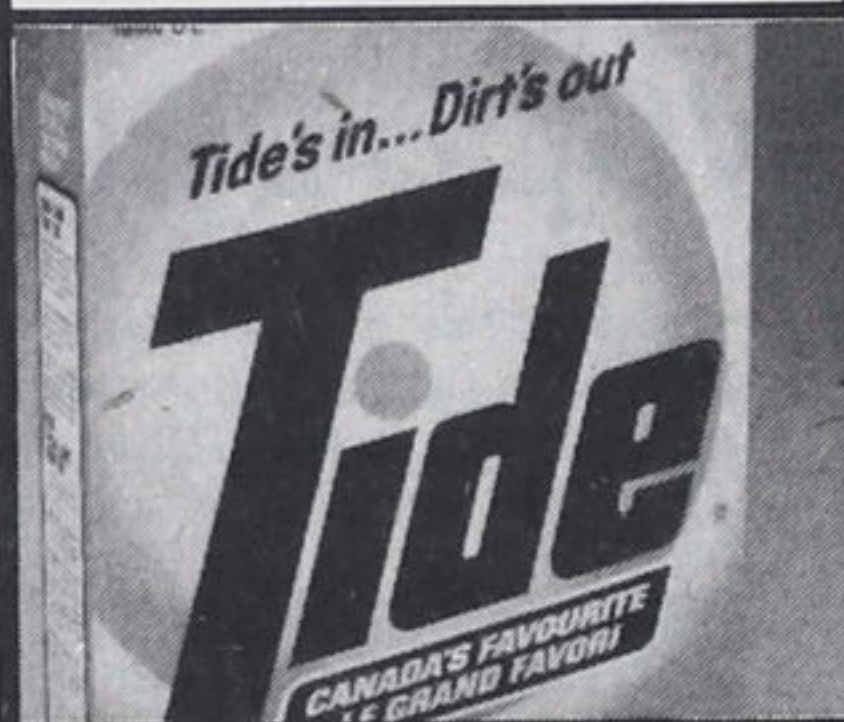


SUPER BUY!

PARTLY SKIMMED
Fresh 2% Milk
4 LITRE BAG

1.99

Illustration for design only and not necessarily item on sale.



SAVE 1.40

POWDERED LAUNDRY
Tide Detergent
6 LITRE BOX

3.99

HEREFORD **Corned Beef** 12 oz tin **1.99** SAVE .74

ASSORTED VARIETIES, READY-TO-SERVE **Habitant Soups** 3/8 fl oz tins **1.00** BUY 3-SAVE .59

ASSORTED FLAVOURS, BESSEY **Fruit Drinks** 6 pk of 7 fl oz ctns **1.09** SAVE .30

MCCAIN, FROZEN, PEPPERONI 16 OZ, DELUXE 17 OZ **Tendercrisp Pizza** pkg of 4-5 inch pies **2.69** SAVE .70

SAVE .50
AUTOMATIC, DRIP OR REGULAR **Mothers Parkers Coffee** 369 g vac pac **2.99**

ECONOMY **Mother Parkers Tea Bags** pkg of 100 **1.99** SAVE .70

REGULAR 72'S, SUPER 54'S, TODDLERS 48'S **Pampers Diapers** pkg **9.99** SAVE .40

REGULAR, MINT OR GEL **Crest Toothpaste** 150 ml tube **1.99** SAVE 1.00

10W30 **Shell Motor Oil** 1 litre plast cont **1.19** SAVE .40

SUPER BUY!
STRAINED, MEATLESS VAR OF FOODS & JUICES 4.5 OZ JAR **Heinz Baby Foods** **3.99**

Prices effective thru Saturday, August 11th, 1984.

SAVE 1.54/kg

The Butcher Shop

SAVE .70 lb

CUT FROM CANADA'S FINEST GRADE 'A' BEEF
OUTSIDE CUT, EYE REMOVED

Boneless Round Roast
5.93 / 2.69 /kg / lb

SAVE .66/kg-.30 lb

COMBINATION PACK CONTAINS: 2 RIB ENDS, 2 LOIN ENDS, 4 CENTRE CUT CHOPS
Loin Pork Chops
4.39 / 1.99 /kg / lb

SAVE 1.32/kg-.60 lb

SIRLOIN TIP RUMP OR INSIDE CUT ROUND
Boneless Beef Roasts
6.37 / 2.89 /kg / lb

TOWN CLUB, SWEET PICKLED, VAC PAC
Cottage Rolls **4.39 / 1.99** /kg / lb

FRESH LEAN **Ground Beef** **4.39 / 1.99** /kg / lb

CUT FROM CANADA'S FINEST GRADE 'A' BEEF, TENDERIZED
Cube Steak **7.25 / 3.29** /kg / lb

RIB OR 3 TO 3 1/2 LB TENDERLOIN PORTION
Pork Loin Roasts **4.39 / 1.99** /kg / lb

ROAST OR CHOPS (BONELESS 6.37/kg-2.89 lb)
Pork Loin Centre Cut **5.49 / 2.49** /kg / lb

APPROXIMATELY 50% MEDIUM GROUND BEEF & 50% GROUND PORK
Ground Meat Combination **3.28 / 1.49** /kg / lb

FRESH, END CUTS
Boneless Pork Loin **5.71 / 2.59** /kg / lb

STORE PACK
Breakfast Sausages **3.51 / 1.59** /kg / lb

PREVIOUSLY FROZEN, SKINLESS & DEVEINED
Beef Liver **2.18 / .99** /kg / lb

TOWN CLUB, READY-TO-SERVE, VAC PAC
Dinner Hams **5.27 / 2.39** /kg / lb

PORK LOIN RIB PORTION (COUNTRY STYLE)
Spare Ribs **4.39 / 1.99** /kg / lb

CANADIAN QUEEN, SLICED, MAC & CHEESE, CHICKEN, BOLOGNA, MINCED HAM & VARIETY
Cooked Meats vac pac 375 g **1.69**

CANADIAN QUEEN, HOT OR SWEET
Sausage Italian Style **4.17 / 1.89** /kg / lb

CANADIAN QUEEN, SLICED
Cooked Ham vac pac 175 g **1.69**

SCHNEIDER'S SLICED, REG. THICK OR MAPLE
Side Bacon vac pac 1 lb **2.99**

RED HOTS, DUTCH TREET, SKINLESS, DINNER FRANKS
Schneider's Wieners vac pac 450 g **1.99**

SCHNEIDER'S, REGULAR, BEEF OR MAPLE MINI SIZZLERS OR
Oktoberfest Sausage 500 g pkg **2.69**

BLUE WATER, FROZEN, STICKS OR IN LIGHT BATTER
Boston Blue Fish 350 g pkg **1.89**

MARY MILES
Wieners vac pac 450 g **1.59**

TOWN CLUB OR MARY MILES, SLICED
Side Bacon vac pac 500 g **2.49**

SAVE UP TO .30
DEEP BROWN, WITH PORK & MOLASSES, IN TOMATO SAUCE, REGULAR OR CHILI STYLE RED KIDNEY BEANS
Libby's Beans 14 fl oz tin **.79**

FROZEN, FANCY, 4 ASSORTED VARIETIES **Green Giant Vegetables** 250 g boil bag **1.59** SAVE .16

GENERAL MILLS **Cheerios Cereal** 300 g pkg **1.59** SAVE .26

CHICKEN A LA KING (2.49), SALISBURY STEAK (215 g) OR BEEF STEW 250 g **Magic Pantry Dinners** pkg **2.09**

VICEROY, WITH PECTIN, RASPBERRY OR **Strawberry Jam** 750 ml jar **1.59** SUPER BUY!

SAVE UP TO .50
SOFT (REGULAR OR DIET TWIN PACK OF 2-8 OZ TUBS)
Imperial Margarine 1 lb tub **1.19**

CHOCO. CHIP, ASST OR ASST CREAM **McCormick's Cookies** 600 g tin tie bag **1.99** SAVE .90

A&P ASSORTED VARIETIES **Cat Food** 5/14 oz tin **1.99** BUY 5-SAVE .46

A&P SOFT CHUNKS **Deluxe Dog Food** 8 kg bag **7.99** SAVE .80

OLD WHITE OR COLOURED OR MEDIUM **Schneider's Cheese** 375 g wedge **3.49**

THE FARM at A&P
PRODUCT OF ONTARIO, DELICIOUS IN SALADS **Fresh Spinach** 10 oz pkg **.69**
CANADA NO. 1, PROD. OF ONTARIO, LARGE SIZE **Celery Stalks** each **.49**

PROD. OF CANADA, TENDER, SWEET **Mini Carrots** 12 oz pkg **.69**

CANADA NO. 1, PROD. OF ONTARIO, LARGE SIZE, NEW CROP **Green Cabbage** **2.99**

PROD. OF ONTARIO, 'SNOW WHITE' **Fresh Mushrooms** 12 oz pkg **1.99**

PROD. OF ONTARIO, DELICIOUS RAW OR COOKED **Fresh Broccoli** bunch **.99**

CANADA NO. 1, PROD. OF ONTARIO, LONG GREEN SLICERS **Seedless Cucumbers** each **.59**

CANADA NO. 1, PROD. OF ONTARIO, GOLDEN, TENDER, HYDRO-COOLED, SWEET **Corn-On-The-Cob** **12/1.99**

PROD. OF ONTARIO, TENDER, FRESH **Green or Wax Beans** 152 / lb **.69**

CANADA NO. 1, PROD. OF U.S.A., CALIFORNIA, THE NATURAL SHACK, GREEN OR RED **Seedless Grapes** 328 / 149 /kg / lb



SAVE 3.00

REGULAR & DIET
7UP Case of 24
280 mL TINS

4.99

Limit one case per \$5.00 purchase, exclud this item. Max. 3 cases per family purchase. (750 ml. btl. 59-plus .30 btl dep)



SAVE .96

PROCESS CHEESE SLICES
Kraft Single Thins
500 g PKG OF 24

2.99

KRAFT SALAD DRESSING **Miracle Whip** 1 litre jar **2.49** SAVE .80

FLAKED ALBACORE (SOLID WHITE 7 OZ TIN 1.49-SAVE .24)
Clover Leaf Tuna 6 1/2 oz tin **1.99**

IN TOMATO SAUCE, ZOODLES, SPAGHETTI OR **Libby's Alpha-Getti** 14 fl oz tin **.79** SAVE .26

FROZEN, BEEF, CHICKEN, SALISBURY STEAK OR TURKEY **Savarin Dinners** 11 oz pkg **1.49** SAVE .40

SAVE .20
CONC., FROZEN, REVIVE OR (APPLE JUICE .99)
McCain Orange Juice 12 1/2 fl oz tin **1.29**

RED CIRCLE **Instant Coffee** 10 oz jar **3.99** SUPER BUY!

PEANUT BUTTER CHIP, CHOCOLATE VANILLA CREAM, CHOCOLATE FUDGE, VENETIAN, CHOCOLATE CHIP OR ASSORTED **A&P Cookies** 400 g tin tie bag **1.49**

CHICK PEAS, ROMANO, RED OR WHITE KIDNEY, LENTILS **Primo Beans** 19 fl oz tin **.69**

PRIMO, PLAIN **Spaghetti Sauce** 28 fl oz tin **1.19** SAVE .30

SAVE .66
ALL VARIETIES **Assorted Primo Pastas** 900 g pkg **.99**

SAVINGS SHOWN IN THIS AD BASED ON A&P CURRENT REGULAR RETAILS.

A&P HUGEL AVENUE MIDLAND

Mon/Wed 9 a.m.-10 p.m.; Thurs/Sat 7 a.m.-10 p.m.