

We redeem all food store coupons!



For variety and value you'll do better at...A&P!

Summer FARM Spectacular



SUPER BUY!

CANADA NO. 1, PROD. OF U.S.A., GREAT BARBECUED, FRESH
Corn on-the-Cob
5/.99



SUPER BUY!

ALL POPULAR CANADIAN BRANDS, REGULAR OR KING SIZE
Cigarettes
CARTON OF 20'S OR 25'S
12.99
(Limit 3 cartons per family purchase)
WARNING: Health & Welfare Canada advises that danger to health increases with amount smoked-avoid inhaling.

REGULAR OR DEODORANT **SAVE .60**
New Freedom Maxi 30 pkgs **3.49**

SILVERWOOD, DELUXE SANDWICH **SAVE .36**
Ice Cream Bars 6 pkgs **1.89**

ASSORTED FLAVOURS (750 mL btl .59 plus 30 btl deposit)
Crush Beverages 24 cases of 280 mL tins **6.99**

CHRISTIE **SAVE .50**
Ritz Crackers 450 g pkg **1.99**

SAVE 1.00
EXTRA FINE, FINE OR REGULAR GRIND
Nabob Tradition Coffee 369 g vac pac **2.99**
(Fine or Regular Decaffeinated-3.99-SAVE .76)

ASSORTED VARIETIES **SAVE .36**
Duncan Hines Cake Mixes 520 g pkg **1.39**
(Frosting Mixes 470 g pkg-1.89-SAVE .30)

NO. 1, GRADE, CREAMED **SAVE .50**
Bee Maid Honey 500 g plast tub **1.99**

BROOKE BOND'S, ORANGE PEKOE **SAVE 1.00**
P.G. Tips Tea 72 pkgs **1.99**

CARNATION, INSTANT **SAVE .60**
Coffee-Mate 500 g jar **2.39**

SAVE 1.60
Instant Nescafe Coffee 10 oz jar **5.99**
(Viva or Columbia 8 oz jar-5.99-SAVE 1.60)

Prices effective thru Sat., June 23rd, 1984.



CANADA NO. 1, PROD. OF U.S.A., SWEET, JUICY
Fresh Peaches 1.52/.69 lb

PROD. OF ONTARIO, FRESH, CRISP
Romaine Lettuce 2/.99 lb

CANADA NO. 1, PROD. OF CHILE
Spanish Type Sweet Onions 3 pkgs **.99**

PROD. OF ONTARIO, GRAPE COCKTAIL, TROPICAL FRUIT PUNCH, LEMONADE
J.B. Fruit Drinks 1.5 litre btl **.99**

PROD. OF U.S.A., SWEET, RIPE
Whole Watermelon each **3.99**

PROD. OF U.S.A.
Fresh Blueberries pint **1.69**

CANADA NO. 1, PROD. OF U.S.A., VINE RIPE
Fresh Cantaloupe each **.99**

CANADA NO. 1, PROD. OF U.S.A., THE NATURAL SNACK
Seedless Grapes 439/1.99 lb

SAVE UP TO .50
FROZEN, CONCENTRATED, GRANNY SMITH APPLE, GRAPEFRUIT, GRAPE OR ORANGE
Sun Pac Juices 12 1/2 FL OZ TIN
1.09

REGULAR OR MINT FLAVOURS **SAVE 1.00**
Aquafresh Toothpaste 100 mL tube **1.09**

NEW, ASSORTED VARIETIES INCLUDING CHOCOLATE CHIP AND BUTTERSCOTCH CHRISTIE COOKIES **SAVE .20**
Crisp 'N Chewy 350 g tin tie bag **1.99**

10W30 **SAVE .30**
Shell Motor Oil 1 litre cont **1.19**

ASSORTED VARIETIES, LUXURY **BUY 3-SAVE .53**
Miss Mew Cat Food 3 6 oz tins **1.00**

CANADA NO. 1, PROD. OF ONTARIO, DELICIOUS IN SALADS
Seedless Cucumbers each **.99**

PROD. OF U.S.A., CALIFORNIA, SWEET, JUICY
Fresh Nectarines 218/1.99 lb

PROD. OF U.S.A., DELICIOUS WITH CHEESE SAUCE
Fresh Broccoli bunch **.99**

CANADA NO. 1, PROD. OF U.S.A.
Fresh Cauliflower each **1.99**

PROD. OF ONTARIO, DELICIOUS IN SALADS
Fresh Mushrooms 12 oz pkg **1.99**

PROD. OF U.S.A. OR ONTARIO, LARGE SIZE BUNCHES
Green Onions 3/1.00

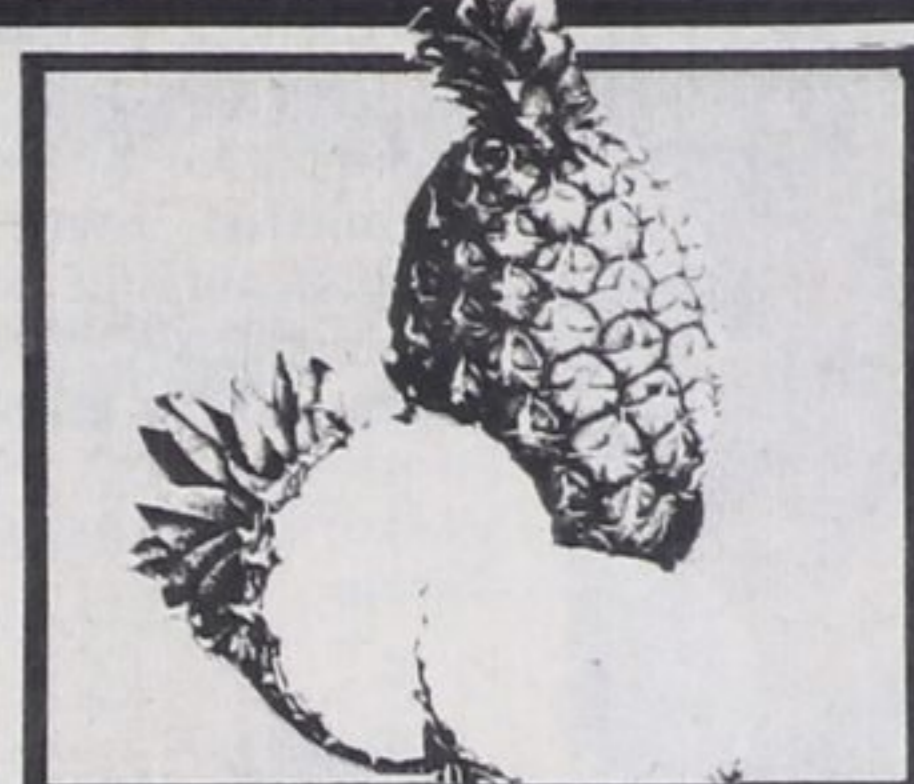
SUPER BUY!
ATLANTIC, YELLOW, ALMOND OR WHITE
Paper Towels PKG OF 2 ROLLS
.89

MAPLE LEAF, FIRST GRADE, SOFT **SAVE .27**
Meadowlite Butter 754 g size **2.29**

APPLE, GRAPEFRUIT, ORANGE, PINEAPPLE, NATURES BLEND JUICES
Del Monte tetra brik packs 250 mL **1.39**

CHOICE, IN PEAR JUICE, APRICOT PEAR HALVES, PEACH HALVES OR SLICES **SUPER BUY!**
A&P Canned Fruit 14 fl oz tin **.99**

TOMATO (CREAM OF MUSHROOM 3 FOR 1.49) **BUY 6-SAVE .35**
Heinz Soup 6 10 fl oz tins **1.99**



SUPER BUY!

PROD. OF MEXICO, LARGE SIZE, DELICIOUS IN FRUIT SALAD
Fresh Pineapple EACH
.99



SAVE 1.30

KRAFT SALAD DRESSING
Miracle Whip 1 LITRE JAR
1.99
(Limit 3 per family purchase)

(Made with 100% pure vegetable shorting) **SAVE .34**
JANE PARKER, SLICED 60% Whole Wheat Bread 675 g loaf **.69**

JANE PARKER **SAVE .40**
Spanish Bar Cake 539 g cake **1.39**

JANE PARKER (RAISIN PIE-1.99) **SAVE .50**
Strawberry-Rhubarb 624 g pie **1.49**

JANE PARKER (LAYER 75 g SIZE .79) **SAVE .20**
Dessert Shells pkg of 6 **.99**

SAVE 1.95
REGULAR ONLY (Plus btl. & Carrier Deposits)
Coca-Cola Family Pack 6-750 mL btl **2.79**
(Regular & Sugar Free Sprite or Diet Coke 6-750 mL btl. 2.79) (Case of 24-280 mL tins 6.99-SAVE 1.00)

HOSTESS, ASSORTED VARIETIES **SAVE .30**
Potato Chips 200 g pkg **1.39**

KRAFT (BONUS PACK 1 kg PLUS 500 g FREE) **SUPER BUY!**
Peanut Butter 1.5 kg pail **3.99**

PEANUT BUTTER CHIP, CHOCOLATE FUDGE, VANILLA OR CHOCOLATE VANILLA CREAM, CHOCOLATE CHIP OR ASSORTED **SUPER BUY!**
A&P Cookies 400 g tin tie bag **1.49**

A&P **SAVE .50**
White Vinegar 4 litre plast btl **1.49**

STORE COUPON SAVE 1.50
CHARCOAL
Kingsford Briquets 10 lb bag **1.99**
Limit one bag per coupon. VALID UNTIL JUNE 23rd, 1984 (Feature price 3.49 with-out coupon V.C. #0125500H)

SAVE 1.32/kg *The Butcher Shop* **SAVE .60 lb**

CUT FROM CANADA'S FINEST GRADE "A" BEEF OUTSIDE CUT, EYE REMOVED

Boneless Round Roast 6¹⁵/2⁷⁹ /kg lb

SAVE .88/kg-.40 lb **SAVE 1.10/kg-.50 lb**

COMBINATION PACK CONTAINS: 2 RIB ENDS, 2 LOIN ENDS, 4 CENTRE CUT CHOPS, "GREAT ON THE B.B.Q."

Loin Pork Chops 4¹⁷/1⁸⁹ /kg lb

FRESH, END CUTS **SAVE 1.76/kg-.80 lb**
Boneless Pork Loins 5⁴⁹/2⁴⁹ /kg lb

BONELESS, POINTS (CENTRE CUTS 6.37/kg-2.89 lb)
Brisket Beef End Cuts 5⁴⁹/2⁴⁹ /kg lb

RIB OR 3 TO 3 1/2 LB CUT TENDERLOIN PORTION
Pork Loin Roasts 4¹⁷/1⁸⁹ /kg lb

PORK LOIN RIB PORTION (COUNTRY STYLE)
Spare Ribs 4³⁹/1⁹⁹ /kg lb

APPROX. 50% MEDIUM GROUND BEEF & 50% GROUND PORK
Ground Meat Combination 3²⁸/1⁴⁹ /kg lb

SWEET PICKLED
Sliced Back Bacon 5⁷¹/2⁵⁹ /kg lb

SWEET PICKLED (CENTRE CUTS 5.27/kg-2.39 lb)
Back Bacon End Cuts 4⁸³/2¹⁹ /kg lb

"GREAT ON THE B.B.Q.", FRESH, MEDIUM

Ground Beef 3.73/1.69 /kg lb

A&P reserves the right to limit quantities to normal family requirements.

SAVINGS SHOWN IN THIS AD BASED ON A&P CURRENT REGULAR RETAILS.

A&P HUGEL AVENUE MIDLAND

Mon./Thurs. 9 a.m. - 10 p.m.; Fri./Sat. 8 a.m. - 10 p.m.